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1. Applications of J. Radon's inequality in triangle

D.M. Bătinețu-Giurgiu and Neculai Stanciu

Theorem 1. If $x, y, z \in R_+^*$, $m \in R_+$, then in any triangle ABC holds

$$\begin{aligned} & \frac{\cos^{2m+2} \frac{A}{2}}{\left(x \sin^2 \frac{A}{2} + y \sin^2 \frac{B}{2} + z \cos^2 \frac{C}{2}\right)^m} + \frac{\cos^{2m+2} \frac{B}{2}}{\left(x \sin^2 \frac{B}{2} + y \sin^2 \frac{C}{2} + z \cos^2 \frac{A}{2}\right)^m} + \\ & + \frac{\cos^{2m+2} \frac{C}{2}}{\left(x \sin^2 \frac{C}{2} + y \sin^2 \frac{A}{2} + z \cos^2 \frac{B}{2}\right)^m} \geq \frac{(4R+r)^{m+1}}{2R(2(x+2y+2z)R+(2z-x-y)r)^m} \end{aligned}$$

Proof. By J.Radon's inequality we have

$$\begin{aligned} \sum \frac{\cos^{2m+2} \frac{A}{2}}{\left(x \sin^2 \frac{A}{2} + y \sin^2 \frac{B}{2} + z \cos^2 \frac{C}{2}\right)^m} &= \sum \frac{\left(\cos^2 \frac{A}{2}\right)^{m+1}}{\left(x \sin^2 \frac{A}{2} + y \sin^2 \frac{B}{2} + z \cos^2 \frac{C}{2}\right)^m} \geq \\ &\geq \frac{\left(\sum \cos^2 \frac{A}{2}\right)^{m+1}}{\left(\sum \left(x \sin^2 \frac{A}{2} + y \sin^2 \frac{B}{2} + z \cos^2 \frac{C}{2}\right)\right)^m} = \frac{\left(\sum \sin^2 \frac{A}{2}\right)^{m+1}}{\left((x+y)\sum \sin^2 \frac{A}{2} + z \sum \cos^2 \frac{A}{2}\right)^m} \end{aligned}$$

Because,

$$\sum \sin^2 \frac{A}{2} = \frac{2R-r}{2R},$$

and

$$\sum \cos^2 \frac{A}{2} = \frac{4R+r}{2R},$$

we obtain the conclusion.

Theorem 2. If $x, y \in R_+^*$, $m \in R_+$, then in any triangle ABC holds

$$\frac{\cos^{2m+2} \frac{A}{2}}{\left(x \cos^2 \frac{B}{2} + y \cos^2 \frac{C}{2}\right)^m} + \frac{\cos^{2m+2} \frac{B}{2}}{\left(x \cos^2 \frac{C}{2} + y \cos^2 \frac{A}{2}\right)^m} + \frac{\cos^{2m+2} \frac{C}{2}}{\left(x \cos^2 \frac{A}{2} + y \cos^2 \frac{B}{2}\right)^m} \geq \frac{4R+r}{2R(x+y)^m}.$$

Proof. By J.Radon's inequality we have

$$\begin{aligned} \sum \frac{\cos^{2m+2} \frac{A}{2}}{\left(x \cos^2 \frac{B}{2} + y \cos^2 \frac{C}{2}\right)^m} &= \sum \frac{\left(\cos^2 \frac{A}{2}\right)^{m+1}}{\left(x \cos^2 \frac{B}{2} + y \cos^2 \frac{C}{2}\right)^m} \geq \\ &\geq \frac{\left(\sum \cos^2 \frac{A}{2}\right)^{m+1}}{(x+y)^m \left(\sum \cos^2 \frac{A}{2}\right)^m} = \frac{\sum \cos^2 \frac{A}{2}}{(x+y)^m}. \end{aligned}$$

Since,

$$\sum \cos^2 \frac{A}{2} = \frac{4R+r}{2R},$$

we get the desired conclusion.

Theorem 3. If $x, y \in R_+^*$, $m \in R_+$, then in any triangle ABC holds

$$\begin{aligned} \frac{\cos^{2m+2} \frac{A}{2}}{\left(x \sin^2 \frac{B}{2} + y \cos^2 \frac{C}{2}\right)^m} + \frac{\cos^{2m+2} \frac{B}{2}}{\left(x \sin^2 \frac{C}{2} + y \cos^2 \frac{A}{2}\right)^m} + \frac{\cos^{2m+2} \frac{C}{2}}{\left(x \sin^2 \frac{A}{2} + y \cos^2 \frac{B}{2}\right)^m} &\geq \\ &\geq \frac{(4R+r)^{m+1}}{2R(2(x+2y)R + (y-x)r)^m}. \end{aligned}$$

Proof. By J.Radon's inequality we have

$$\begin{aligned} \sum \frac{\cos^{2m+2} \frac{A}{2}}{\left(x \sin^2 \frac{B}{2} + y \cos^2 \frac{C}{2}\right)^m} &= \sum \frac{\left(\cos^2 \frac{A}{2}\right)^{m+1}}{\left(x \sin^2 \frac{B}{2} + y \cos^2 \frac{C}{2}\right)^m} \geq \\ &\geq \frac{\left(\sum \cos^2 \frac{A}{2}\right)^{m+1}}{\left(\sum \left(x \sin^2 \frac{B}{2} + y \cos^2 \frac{C}{2}\right)\right)^m} = \frac{\left(\sum \cos^2 \frac{A}{2}\right)^{m+1}}{\left(x \sum \sin^2 \frac{A}{2} + y \sum \cos^2 \frac{A}{2}\right)^m} \end{aligned}$$

Since,

$$\sum \sin^2 \frac{A}{2} = \frac{2R-r}{2R},$$

and

$$\sum \cos^2 \frac{A}{2} = \frac{4R+r}{2R},$$

we obtain the conclusion.

Theorem 4. If $x, y \in \mathbb{R}_+^*$, $m \in \mathbb{R}_+$, then in any triangle ABC holds

$$\begin{aligned} & \frac{\cos^{2m+2} \frac{A}{2}}{\left(x \sin^2 \frac{B}{2} + y \sin^2 \frac{C}{2}\right)^m} + \frac{\cos^{2m+2} \frac{B}{2}}{\left(x \sin^2 \frac{C}{2} + y \sin^2 \frac{A}{2}\right)^m} + \frac{\cos^{2m+2} \frac{C}{2}}{\left(x \sin^2 \frac{A}{2} + y \sin^2 \frac{B}{2}\right)^m} \geq \\ & \geq \frac{(4R+r)^{m+1}}{2R(x+y)^m(2R-r)^m}. \end{aligned}$$

Proof. By J.Radon's inequality we have

$$\begin{aligned} \sum \frac{\cos^{2m+2} \frac{A}{2}}{\left(x \sin^2 \frac{B}{2} + y \sin^2 \frac{C}{2}\right)^m} &= \sum \frac{\left(\cos^2 \frac{A}{2}\right)^{m+1}}{\left(x \sin^2 \frac{B}{2} + y \sin^2 \frac{C}{2}\right)^m} \geq \\ &\geq \frac{\left(\sum \cos^2 \frac{A}{2}\right)^{m+1}}{\left(\sum \left(x \sin^2 \frac{B}{2} + y \sin^2 \frac{C}{2}\right)\right)^m} = \frac{\left(\sum \cos^2 \frac{A}{2}\right)^{m+1}}{\left((x+y) \cdot \sum \sin^2 \frac{A}{2}\right)^m} = \frac{\left(\sum \cos^2 \frac{A}{2}\right)^{m+1}}{(x+y)^m \left(\sum \sin^2 \frac{A}{2}\right)^m} \end{aligned}$$

Since,

$$\sum \sin^2 \frac{A}{2} = \frac{2R-r}{2R},$$

and

$$\sum \cos^2 \frac{A}{2} = \frac{4R+r}{2R},$$

we deduce the result.

3. Generating triangle inequalities from algebraic inequalities

(I)

Marin Chirciu ¹

Articolul prezintă inegalități în triunghi obținute din inegalități algebrice, selectate din diverse publicații de specialitate.

Aplicatia1.

If $x, y, z > 0, x + y + z = 1$ then

$$\sum \frac{x^7}{2 + 2\sqrt{yz}} \geq \frac{1}{3^8} \cdot \frac{27}{8}.$$

Konstantinos Geronikolas, Greece, MathTime 8/2023

Remarca.

If $x, y, z > 0, x + y + z = 1$ and $n \in \mathbf{N}$ then

$$\sum \frac{x^n}{1 + \sqrt{yz}} \geq \frac{1}{4 \cdot 3^{n-2}}.$$

Marin Chirciu

Remarca.

In $\triangle ABC$

$$\sum \frac{\left(\frac{r}{r_a}\right)^n}{1 + \frac{1}{p} \sqrt{rr_a}} \geq \frac{1}{4 \cdot 3^{n-2}}, n \in \mathbf{N}.$$

Marin Chirciu

Solutie.

Lema

If $x, y, z > 0, x + y + z = 1$ and $n \in \mathbf{N}$ then

$$\sum \frac{x^n}{1 + \sqrt{yz}} \geq \frac{1}{4 \cdot 3^{n-2}}.$$

Demonstrație.

¹ Profesor, Colegiul Național „Zinca Golescu” Pitești

Pentru $n = 0$ avem $\sum \frac{1}{1+\sqrt{yz}} \geq \frac{9}{4}$, vezi $\sum \frac{1}{1+\sqrt{yz}} \stackrel{CS}{\geq} \frac{9}{\sum(1+\sqrt{yz})} = \frac{9}{3+\sum\sqrt{yz}} \stackrel{(1)}{\geq} \frac{9}{3+1} = \frac{9}{4}$,

unde(1) $\Leftrightarrow \sum\sqrt{yz} \leq 1$, adevărat din $\sum\sqrt{yz} \stackrel{CBS}{\leq} \sqrt{3\sum yz} \stackrel{SOS}{\leq} \sqrt{(\sum x)^2} = 1$.

Pentru $n = 1$ avem $\sum \frac{x}{1+\sqrt{yz}} \geq \frac{3}{4}$, vezi

$$\sum \frac{x}{1+\sqrt{yz}} = \sum \frac{x^2}{x+x\sqrt{yz}} \stackrel{CS}{\geq} \frac{(\sum x)^2}{\sum(x+x\sqrt{yz})} = \frac{1^2}{\sum x + \sum x\sqrt{yz}} \stackrel{(1)}{\geq} \frac{1}{1+\frac{1}{3}} = \frac{3}{4},$$

unde(1) $\Leftrightarrow \sum x\sqrt{yz} \leq \frac{1}{3}$, adevărat din

$$ab+bc+ca \leq a^2+b^2+c^2, \text{ pentru } (a,b,c) = (\sqrt{yz}, \sqrt{zx}, \sqrt{xy}) \text{ și } yz \leq \frac{1}{3}(\sum x)^2 = \frac{1}{3}$$

Pentru $n \geq 2$ se folosește inegalitatea lui Holder.

$$LHS = \sum \frac{x^n}{1+\sqrt{yz}} \stackrel{Holder}{\geq} \frac{(\sum x)^n}{3^{n-2} \sum(1+\sqrt{yz})} = \frac{1^n}{3^{n-2}(3+\sum\sqrt{yz})} \stackrel{(1)}{\geq} \frac{1}{3^{n-2}(3+1)} = \frac{1}{3^{n-2} \cdot 4} = RHS.$$

Egalitatea are loc dacă și numai dacă $x = y = z = \frac{1}{3}$.

Se cunoaște identitatea în triunghi $\sum \frac{r}{r_a} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c}\right)$ obținem:

$$\begin{aligned} \sum \frac{\left(\frac{r}{r_a}\right)^n}{1+\sqrt{\frac{r}{r_b} \frac{r}{r_c}}} &\geq \frac{1}{4 \cdot 3^{n-2}} \Leftrightarrow \sum \frac{\left(\frac{r}{r_a}\right)^n}{1+\sqrt{\frac{r^2}{r_b r_c}}} \geq \frac{1}{4 \cdot 3^{n-2}} \stackrel{r_a r_b r_c = rp^2}{\Leftrightarrow} \sum \frac{\left(\frac{r}{r_a}\right)^n}{1+\sqrt{\frac{r r_a}{p^2}}} \geq \frac{1}{4 \cdot 3^{n-2}} \Leftrightarrow \\ \Leftrightarrow \sum \frac{\left(\frac{r}{r_a}\right)^n}{1+\frac{1}{p}\sqrt{r r_a}} &\geq \frac{1}{4 \cdot 3^{n-2}}. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Remarca.

Problema se poate dezvolta.

If $x, y, z > 0$, $x + y + z = 1$ and $n \in \mathbf{N}$, $\lambda \geq 0$ then

$$\sum \frac{x^n}{\lambda + \sqrt{yz}} \geq \frac{1}{(3\lambda + 1) \cdot 3^{n-2}}.$$

Marin Chirciu

Aplicatia2.

In $\triangle ABC$

$$\sum \frac{\left(\tan \frac{A}{2} \tan \frac{B}{2}\right)^7}{\left(\tan \frac{B}{2} \tan \frac{C}{2}\right)^6 + \left(\tan \frac{C}{2} \tan \frac{A}{2}\right)^6} \geq \frac{1}{2}.$$

Daniel Sitaru, RMM 8/2023

Solutie.

Lema

If $x, y, z > 0$, $xy + yz + zx = 1$ then

$$\sum \frac{x^7}{y^6 + z^6} \geq \frac{1}{2}$$

Demonstrație.

Folosim inegalitatea lui Chebyshev pentru tripletele la fel ordonate (x, y, z) și

$$\left(\frac{x^6}{y^6 + z^6}, \frac{y^6}{z^6 + x^6}, \frac{z^6}{x^6 + y^6}\right).$$

$$\sum \frac{x^7}{y^6 + z^6} = \sum x \frac{x^6}{y^6 + z^6} \stackrel{\text{Chebyshev}}{\geq} \frac{1}{3} \sum x \sum \frac{x^6}{y^6 + z^6} \stackrel{\text{Nesbitt}}{\geq} \frac{1}{3} \cdot 1 \cdot \frac{3}{2} = \frac{1}{2}.$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{A}{2} \tan \frac{B}{2} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\tan \frac{A}{2} \tan \frac{B}{2}, \tan \frac{B}{2} \tan \frac{C}{2}, \tan \frac{C}{2} \tan \frac{A}{2}\right)$ obținem:

$$\sum \frac{\left(\tan \frac{A}{2} \tan \frac{B}{2}\right)^7}{\left(\tan \frac{B}{2} \tan \frac{C}{2}\right)^6 + \left(\tan \frac{C}{2} \tan \frac{A}{2}\right)^6} \geq \frac{1}{2}$$

Remarca.In $\triangle ABC$

$$\sum \frac{\left(\tan \frac{A}{2} \tan \frac{B}{2}\right)^{n+1}}{\left(\tan \frac{B}{2} \tan \frac{C}{2}\right)^n + \left(\tan \frac{C}{2} \tan \frac{A}{2}\right)^n} \geq \frac{1}{2}, n \in \mathbf{N}.$$

Marin Chirciu

Soluție.**Lema**If $x, y, z > 0$, $xy + yz + zx = 1$ and $n \in \mathbf{N}$ then

$$\sum \frac{x^{n+1}}{y^n + z^n} \geq \frac{1}{2}.$$

Demonstrație.Folosind **Lema** pentru $(x, y, z) = \left(\tan \frac{A}{2} \tan \frac{B}{2}, \tan \frac{B}{2} \tan \frac{C}{2}, \tan \frac{C}{2} \tan \frac{A}{2}\right)$ obținem:

$$\sum \frac{\left(\tan \frac{A}{2} \tan \frac{B}{2}\right)^{n+1}}{\left(\tan \frac{B}{2} \tan \frac{C}{2}\right)^n + \left(\tan \frac{C}{2} \tan \frac{A}{2}\right)^n} \geq \frac{1}{2}$$

Aplicatia3.If $x, y, z > 0$, $x + y + z = 1$ then

$$\sum \sqrt{\frac{yz}{x + yz}} \leq \frac{3}{2}.$$

Kunihiko Chikaya, MathTime 8/2023

Remarca.In $\triangle ABC$

$$\sum \frac{1}{\sqrt{1 + \frac{p^2}{r_a^2}}} \leq \frac{3}{2}.$$

Marin Chirciu

Solutie.

Lema.

If $x, y, z > 0, x + y + z = 1$ then

$$\sum \sqrt{\frac{yz}{x + yz}} \leq \frac{3}{2}.$$

If $x, y, z > 0, x + y + z = 1$ then

$$\sqrt{\frac{yz}{x + yz}} \leq \frac{1}{2} \left(\frac{y}{x + y} + \frac{z}{x + z} \right).$$

Demonstratie.

$$\sqrt{\frac{yz}{x + yz}} = \sqrt{\frac{yz}{x(x + y + z) + yz}} = \sqrt{\frac{yz}{(x + y)(x + z)}} = \sqrt{\frac{y}{x + y} \cdot \frac{z}{x + z}} \stackrel{AM-GM}{\leq} \frac{1}{2} \left(\frac{y}{x + y} + \frac{z}{x + z} \right).$$

Obținem $\sum \sqrt{\frac{yz}{x + yz}} \leq \sum \frac{1}{2} \left(\frac{y}{x + y} + \frac{z}{x + z} \right) = \frac{3}{2}.$

Se cunoaște identitatea în triunghi $\frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1.$

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c} \right)$ obținem:

$$\begin{aligned} \sum \sqrt{\frac{\frac{r}{r_b} \frac{r}{r_c}}{\frac{r}{r_a} + \frac{r}{r_b} \frac{r}{r_c}}} &\leq \frac{3}{2} \Leftrightarrow \sum \sqrt{\frac{rr_a}{rr_a + r_b r_c}} \leq \frac{3}{2} \Leftrightarrow \sum \frac{1}{\sqrt{1 + \frac{r_b r_c}{rr_a}}} \leq \frac{3}{2} \Leftrightarrow \sum \frac{1}{\sqrt{1 + \frac{r_a r_b r_c}{rr_a^2}}} \leq \frac{3}{2} \Leftrightarrow \\ &\Leftrightarrow \sum \frac{1}{\sqrt{1 + \frac{rp^2}{rr_a^2}}} \leq \frac{3}{2} \Leftrightarrow \sum \frac{1}{\sqrt{1 + \frac{p^2}{r_a^2}}} \leq \frac{3}{2}. \end{aligned}$$

Remarca.

In $\triangle ABC$

$$\sum \frac{1}{\sqrt{1 + \frac{h_b h_c}{r h_a}}} \leq \frac{3}{2}.$$

Marin Chirciu

Aplicatia4.

If $a, b, c > 0, a + b + c = 3$ and $\lambda \geq 0$ then

$$\frac{(a+b)(b+c)(c+a)}{ab+bc+ca} + \frac{\lambda}{abc} \geq \lambda + \frac{8}{3}.$$

Marin Chirciu, IneMath 7/2023

Solution .

We use pqr -Method.

We note $p = a + b + c, q = ab + bc + ca, r = abc$.

We have $p = 3, (a+b)(b+c)(c+a) = \prod(3-a) = 3q - r$.

$$3 = a + b + c \geq 3\sqrt[3]{abc} = 3\sqrt[3]{r} \Rightarrow r \leq 1.$$

$$q^2 = (ab + bc + ca)^2 \geq 3abc(a + b + c) = 9r \Rightarrow q^2 \geq 9r.$$

$$\text{Inequality } \frac{(a+b)(b+c)(c+a)}{ab+bc+ca} + \frac{\lambda}{abc} \geq \lambda + \frac{8}{3} \text{ is written } \frac{3q-r}{q} + \frac{\lambda}{r} \geq \lambda + \frac{8}{3} \Leftrightarrow$$

$$\Leftrightarrow 3r(3q-r) + 3\lambda q \geq (3\lambda+8)qr \Leftrightarrow$$

$$\Leftrightarrow q[3\lambda - (3\lambda-1)r] \geq 3r^2 \Leftrightarrow q \geq \frac{3r^2}{[3\lambda - (3\lambda-1)r]}, \text{ (see: } r \leq 1 < \frac{3\lambda}{3\lambda-1} \text{)}.$$

$$\text{Using } q^2 \geq 9r \text{ is enough to show } 3\sqrt{r} \geq \frac{3r^2}{[3\lambda - (3\lambda-1)r]} \Leftrightarrow 9r \geq \frac{9r^4}{[3\lambda - (3\lambda-1)r]^2} \Leftrightarrow$$

$$\Leftrightarrow [3\lambda - (3\lambda-1)r]^2 \geq r^3 \Leftrightarrow r^3 + (1-3\lambda)r^3 + 6\lambda(3\lambda-1)r - 9\lambda^2 \leq 0 \Leftrightarrow$$

$$\Leftrightarrow (r-1)[r^2 + (6\lambda-9\lambda^2)r + 9\lambda^2] \leq 0, \text{ which result from : } (r-1) \leq 0 \text{ and}$$

$$\left[r^2 + (6\lambda - 9\lambda^2)r + 9\lambda^2 \right] > 0, \text{ for } 0 < r \leq 1 \text{ and } \lambda \geq 0.$$

Equality occurs if and only if $a = b = c = 1$.

Remark.

The problem can develop.

In $\triangle ABC$

$$\frac{\left(\frac{1}{r_a} + \frac{1}{r_b}\right)\left(\frac{1}{r_b} + \frac{1}{r_c}\right)\left(\frac{1}{r_c} + \frac{1}{r_a}\right)}{r_a + r_b + r_c} + \frac{1}{243r^4} \geq \frac{1}{F^2}.$$

Marin Chirciu

Lemma.

If $x, y, z > 0, x + y + z = 3$ then

$$\frac{(x+y)(y+z)(z+x)}{xy + yz + zx} + \frac{1}{3xyz} \geq 3.$$

Solution .

We use pqr -Method.

We note $p = x + y + z, q = xy + yz + zx, r = xyz$.

We have $p = 3, (x+y)(y+z)(z+x) = \prod(3-x) = 3q - r$.

$$3 = x + y + z \geq 3\sqrt[3]{xyz} = 3\sqrt[3]{r} \Rightarrow r \leq 1.$$

$$q^2 = (xy + yz + zx)^2 \geq 3xyz(x + y + z) = 9r \Rightarrow q^2 \geq 9r.$$

$$\text{Inequality } \frac{(x+y)(y+z)(z+x)}{xy + yz + zx} + \frac{1}{3xyz} \geq 3 \text{ is written } \frac{3q-r}{q} + \frac{1}{3r} \geq 3 \Leftrightarrow q \geq 3r^2.$$

$$\text{Using } q^2 \geq 9r \text{ is enough to show } 3\sqrt{r} \geq 3r^2 \Leftrightarrow 9r \geq 9r^4 \Leftrightarrow r \leq 1.$$

Equality occurs if and only if $x = y = z = 1$.

$$\text{The identity in the triangle is known } \sum \frac{r}{r_a} = 1 \Leftrightarrow \sum \frac{3r}{r_a} = 3.$$

Using **Lemma** for $(x, y, z) = \left(\frac{3r}{r_a}, \frac{3r}{r_b}, \frac{3r}{r_c}\right)$ we have:

$$\begin{aligned} & \left(\frac{3r}{r_a} + \frac{3r}{r_b}\right)\left(\frac{3r}{r_b} + \frac{3r}{r_c}\right)\left(\frac{3r}{r_c} + \frac{3r}{r_a}\right) + \frac{1}{3 \cdot \frac{3r}{r_a} \cdot \frac{3r}{r_b} \cdot \frac{3r}{r_c}} \geq 3 \Leftrightarrow \\ & \Leftrightarrow \frac{27r^3 \left(\frac{1}{r_a} + \frac{1}{r_b}\right)\left(\frac{1}{r_b} + \frac{1}{r_c}\right)\left(\frac{1}{r_c} + \frac{1}{r_a}\right)}{9r^2 \left(\frac{1}{r_a} \cdot \frac{1}{r_b} + \frac{1}{r_b} \cdot \frac{1}{r_c} + \frac{1}{r_c} \cdot \frac{1}{r_a}\right)} + \frac{1}{81r^3 \cdot \frac{1}{r_a} \cdot \frac{1}{r_b} \cdot \frac{1}{r_c}} \geq 3 \Leftrightarrow \\ & \Leftrightarrow \frac{\left(\frac{1}{r_a} + \frac{1}{r_b}\right)\left(\frac{1}{r_b} + \frac{1}{r_c}\right)\left(\frac{1}{r_c} + \frac{1}{r_a}\right)}{r_a + r_b + r_c} + \frac{1}{243r^4} \geq \frac{1}{r^2 p^2} \Leftrightarrow \end{aligned}$$

Equality occurs if and only if the triangle is equilateral.

Aplicatia5.

If $x, y, z > 0, x + y + z = 1$ then find min of

$$P = \frac{1}{xyz} + \frac{1}{x^2 + y^2 + z^2}.$$

Pham Van Tuyen, Vietnam, THCS7/2023

Solutie.

$$P = \frac{1}{xyz} + \frac{1}{x^2 + y^2 + z^2} = \frac{x + y + z}{xyz} + \frac{1}{x^2 + y^2 + z^2} = \frac{1}{yz} + \frac{1}{zx} + \frac{1}{xy} + \frac{1}{x^2 + y^2 + z^2}.$$

$$\text{Avem } \frac{1}{xy} + 81xy \geq 2\sqrt{\frac{1}{xy} \cdot 81xy} = 18, \text{ cu egalitate pentru } \frac{1}{xy} = 81xy \Leftrightarrow xy = \frac{1}{9}.$$

$$\text{Rezultă } \frac{1}{yz} + \frac{1}{zx} + \frac{1}{xy} + 18(xy + yz + zx) \geq 54 \Rightarrow \sum \frac{1}{xy} \geq 54 - 81 \sum xy, (1).$$

$$\text{Avem } \frac{1}{x^2 + y^2 + z^2} + 9(x^2 + y^2 + z^2) \stackrel{\text{sos}}{\geq} 6 \Rightarrow \frac{1}{x^2 + y^2 + z^2} \geq 6 - 9 \sum x^2, (2).$$

Din (1) și (2) obținem:

$$\begin{aligned} P &= \frac{1}{yz} + \frac{1}{zx} + \frac{1}{xy} + \frac{1}{x^2 + y^2 + z^2} \geq 54 - 81 \sum xy + 6 - 9 \sum x^2 = 60 - 9 \sum x^2 - 81 \sum xy = \\ &= 60 - 9 \left(\sum x^2 + 2 \sum xy \right) - 63 \sum xy = 60 - 9 \left(\sum x \right)^2 - 63 \sum xy = 60 - 9 \cdot 1^2 - 63 \sum xy = \\ &= 51 - 63 \sum xy \stackrel{\text{sos}}{\geq} 51 - 63 \cdot \frac{1}{3} = 51 - 21 = 30. \end{aligned}$$

Egalitatea are loc dacă și numai dacă $x = y = z = \frac{1}{3}$.

Deducem că $\min P = 30$ pentru $x = y = z = \frac{1}{3}$.

Remarca.

Problema se poate dezvolta.

Let $0 \leq \lambda \leq \frac{9}{2}$ fixed. If $x, y, z > 0, x + y + z = 1$ then find min of

$$P = \frac{1}{xyz} + \frac{\lambda}{x^2 + y^2 + z^2}.$$

Marin Chirciu

Remarca.

Problema se poate dezvolta.

In ΔABC

$$p^2 + \frac{\lambda}{\frac{1}{r_a^2} + \frac{1}{r_b^2} + \frac{1}{r_c^2}} \geq (27 + 3\lambda)r^2, 0 \leq \lambda \leq \frac{9}{2}.$$

Marin Chirciu

Solutie.

Lema.

If $x, y, z > 0, x + y + z = 1$ and $0 \leq \lambda \leq \frac{9}{2}$ then

$$\frac{1}{xyz} + \frac{\lambda}{x^2 + y^2 + z^2} \geq 27 + 3\lambda.$$

Solutie.

Se cunoaște identitatea în triunghi $\frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c}\right)$ obținem:

$$\frac{1}{\frac{r}{r_a} \frac{r}{r_b} \frac{r}{r_c}} + \frac{\lambda}{\left(\frac{r}{r_a}\right)^2 + \left(\frac{r}{r_b}\right)^2 + \left(\frac{r}{r_c}\right)^2} \geq 27 + 3\lambda \Leftrightarrow \frac{1}{\frac{r^3}{r_a r_b r_c}} + \frac{\lambda}{r^2 \left(\frac{1}{r_a^2} + \frac{1}{r_b^2} + \frac{1}{r_c^2}\right)} \geq 27 + 3\lambda \Leftrightarrow$$

$$\Leftrightarrow \frac{1}{\frac{r^3}{rp^2} + \frac{\lambda}{r^2\left(\frac{1}{r_a^2} + \frac{1}{r_b^2} + \frac{1}{r_c^2}\right)}} \geq 27 + 3\lambda \Leftrightarrow \frac{1}{\frac{r^2}{p^2} + \frac{\lambda}{r^2\left(\frac{1}{r_a^2} + \frac{1}{r_b^2} + \frac{1}{r_c^2}\right)}} \geq 27 + 3\lambda \Leftrightarrow$$

$$\Leftrightarrow p^2 + \frac{\lambda}{\frac{1}{r_a^2} + \frac{1}{r_b^2} + \frac{1}{r_c^2}} \geq (27 + 3\lambda)r^2.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Remarca.

In $\triangle ABC$

$$\frac{2p^2}{Rr} + \frac{\lambda}{r^2\left(\frac{1}{h_a^2} + \frac{1}{h_b^2} + \frac{1}{h_c^2}\right)} \geq 27 + 3\lambda, 0 \leq \lambda \leq \frac{9}{2}.$$

Marin Chirciu

Aplicatia6.

If $a, b, c > 0, a + b + c = 1$ and $n > 1$ then

$$\sum a^n \sqrt[n]{b} \geq \frac{1}{\sqrt[n]{3}}.$$

Marin Chirciu

Solutie.

Cu substituția $(x, y, z) = (3a, 3b, 3c)$ problema se reformulează:

If $x, y, z > 0, x + y + z = 3$ and $n > 1$ then

$$\sum x^n \sqrt[n]{y} \leq 3.$$

Lema.

If $x, y, z > 0, x + y + z = 3$ and $n > 1$ then

$$x^n \sqrt[n]{y} \leq \frac{x(y+n-1)}{n}.$$

Demonstrație

$$x^n \sqrt[n]{y} = x \sqrt[n]{y \cdot \underbrace{1 \cdot 1 \cdot \dots \cdot 1}_{n-1}} \stackrel{AM-GM}{\leq} x \frac{y + \overbrace{1+1+\dots+1}^{n-1}}{n} = \frac{x(y+n-1)}{n}, \text{ cu egalitate pentru } y=1.$$

$$LHS = \sum x^n \sqrt[n]{y} \stackrel{Lema}{\leq} \sum \frac{x(y+n-1)}{n} = \frac{1}{n} \sum xy + \frac{n-1}{n} \sum x \leq \frac{1}{n} \cdot 3 + \frac{n-1}{n} \cdot 3 = 3 = RHS.$$

Remarca.

In ΔABC

$$\sum \frac{r}{r_a} \sqrt[n]{\frac{3r}{r_b}} \leq 1, n > 1.$$

Marin Chirciu

Solutie.

If $x, y, z > 0, x + y + z = 3$ and $n > 1$ then

$$\sum x^n \sqrt[n]{y} \leq 3.$$

Lema.

If $x, y, z > 0, x + y + z = 3$ and $n > 1$ then

$$x^n \sqrt[n]{y} \leq \frac{x(y+n-1)}{n}.$$

Se cunoaște identitatea în triunghi $\frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1 \Leftrightarrow \frac{3r}{r_a} + \frac{3r}{r_b} + \frac{3r}{r_c} = 3.$

Folosind **Lema** pentru $(x, y, z) = \left(\frac{3r}{r_a}, \frac{3r}{r_b}, \frac{3r}{r_c}\right)$ obținem:

$$\sum \frac{3r}{r_a} \sqrt[n]{\frac{3r}{r_b}} \leq 3 \Leftrightarrow \sum \frac{r}{r_a} \sqrt[n]{\frac{3r}{r_b}} \leq 1.$$

Remarca.

In ΔABC

$$\sum \frac{r}{h_a} \sqrt[n]{\frac{3r}{h_b}} \leq 1, n > 1.$$

Marin Chirciu

Aplicatia7.

If $a, b, c > 0, a + b + c = 1$ then

$$\sum \sqrt[3]{a^4 + 2b^2c^2} \geq 1.$$

Nguyen Viet Hung, Vietnam, Mathematical Inequalities 7/2023

Solutie.

$$\begin{aligned} LHS &= \sum \sqrt[3]{a^4 + 2b^2c^2} = \sum \sqrt[3]{(a+b+c)(a+c+b)(a^4 + b^2c^2 + b^2c^2)} \stackrel{\text{Holder}}{\geq} \sum \sqrt[3]{\left(\sqrt[3]{a^6} + \sqrt[3]{b^3c^3} + \sqrt[3]{b^3c^3}\right)^3} = \\ &= \sum \sqrt[3]{(a^2 + bc + bc)^3} = \sum (a^2 + bc + bc) = \sum (a^2 + 2bc) = (a+b+c)^2 = 1 = RHS. \end{aligned}$$

Remarca.

In $\triangle ABC$

$$\sum \sqrt[3]{\frac{1}{r_a^4} + \frac{2}{r_b^2 r_c^2}} \geq \sqrt[3]{\frac{1}{r^4}}.$$

Marin Chirciu

Solutie.

Lema.

If $x, y, z > 0, x + y + z = 1$ then

$$\sum \sqrt[3]{x^4 + 2y^2z^2} \geq 1.$$

Se cunoaște identitatea în triunghi $\frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c}\right)$ obținem:

$$\sum \sqrt[3]{\left(\frac{r}{r_a}\right)^4 + 2\left(\frac{r}{r_b}\right)^2\left(\frac{r}{r_c}\right)^2} \geq 1 \Leftrightarrow \sum \sqrt[3]{\frac{1}{r_a^4} + \frac{2}{r_b^2 r_c^2}} \geq \sqrt[3]{\frac{1}{r^4}}.$$

Remarca.

In $\triangle ABC$

$$\sum \sqrt[3]{\frac{1}{h_a^4} + \frac{2}{h_b^2 h_c^2}} \geq \sqrt[3]{\frac{1}{r^4}}.$$

Marin Chirciu

Aplicatia 8.

J636. If $a, b, c > 0$, $ab + bc + ca = 3$ then

$$\sum \frac{1}{a^2+1} \leq \frac{a+b+c}{2}.$$

Marius Stănean, Zalău, Mathematical Reflections 4/2023, J636

Solution .

$$\begin{aligned} \sum \frac{1}{a^2+1} \leq \frac{a+b+c}{2} &\Leftrightarrow -\sum \frac{1}{a^2+1} \geq -\frac{a+b+c}{2} \Leftrightarrow 3 - \sum \frac{1}{a^2+1} \geq 3 - \frac{a+b+c}{2} \Leftrightarrow \\ &\Leftrightarrow \sum \left(1 - \frac{1}{a^2+1}\right) \geq 3 - \frac{a+b+c}{2} \Leftrightarrow \sum \frac{a^2}{a^2+1} \geq 3 - \frac{a+b+c}{2} \Leftrightarrow \sum \frac{a^2}{a^2+1} + \frac{a+b+c}{2} \geq 3, \end{aligned}$$

which result from CS:

$$\sum \frac{a^2}{a^2+1} + \frac{a+b+c}{2} \stackrel{CS}{\geq} \frac{(\sum a)^2}{\sum (a^2+1)} + \frac{\sum a}{2} = \frac{(\sum a)^2}{\sum a^2+3} + \frac{\sum a}{2} = \frac{p^2}{p^2-3} + \frac{p}{2} \stackrel{(1)}{\geq} 3,$$

$$(1) \Leftrightarrow \frac{p^2}{p^2-3} + \frac{p}{2} \geq 3 \Leftrightarrow p^3 - 4p^2 - 3p + 18 \geq 0 \Leftrightarrow (p-3)^2(p+2) \geq 0.$$

Equality occurs if and only if $a = b = c = 1$.

Remark.

In $\triangle ABC$

$$\sum \frac{1}{1+3 \tan^2 \frac{A}{2}} \leq 3 \cdot \frac{R}{2r}$$

Marin Chirciu

Solution .

Lemma.

If $x, y, z > 0$, $xy + yz + zx = 3$ then

$$\sum \frac{1}{x^2+1} \leq \frac{x+y+z}{2}.$$

Remark.

If $a, b, c > 0$, $abc = 1$ then

$$\sum \frac{1}{ab+1} \leq \frac{ab+bc+ca}{2}.$$

Marin Chirciu

Solution .

We use pqr -Method.

We note $p = a + b + c, q = ab + bc + ca, r = abc$.

$$\text{We have } r = 1, \sum \frac{1}{ab+1} = \frac{\sum (bc+1)(ca+1)}{\prod (ab+1)} = \frac{\sum a + 2\sum bc + 3}{abc + \sum a + \sum bc + 1} = \frac{p+2q+3}{p+q+2}.$$

$$\text{Inequality } \sum \frac{1}{ab+1} \leq \frac{ab+bc+ca}{2} \text{ is written } \frac{p+2q+3}{p+q+2} \leq \frac{q}{2} \Leftrightarrow q^2 + pq \geq 2p+2q+6.$$

Using $q^2 = (ab+bc+ca)^2 \geq 3abc(a+b+c) = 3rp = 3p \Rightarrow q^2 \geq 3p$ is enough to show

$$3p + pq \geq 2p + 2q + 6 \Leftrightarrow p + pq \geq 2q + 6 \Leftrightarrow p(q+1) \geq 2q + 6 \Leftrightarrow p \geq \frac{2q+6}{q+1}.$$

$$\text{Using } p^2 \geq 3q \text{ is enough to show that } 3q \geq \left(\frac{2q+6}{q+1}\right)^2 \Leftrightarrow 3q^3 + 2q^2 - 21q - 36 \geq 0 \Leftrightarrow$$

$$\Leftrightarrow (q-3)(3q^2 + 11q + 12) \geq 0 \Leftrightarrow q \geq 3, \text{ which is true from } q^2 \geq 3p \text{ and } p \geq 3,$$

see $p = a + b + c \geq 3\sqrt[3]{abc} = 3$.

Equality occurs if and only if $a = b = c = 1$.

Aplicația9.

If $a, b, c > 0, a + b + c = abc$ then

$$\frac{a}{b^3} + \frac{b}{c^3} + \frac{c}{a^3} \geq 1.$$

Sladjan Stankovik, Mathematical Inequalities, 8/2014

Soluție.

$$a + b + c = abc \Leftrightarrow \frac{1}{ab} + \frac{1}{bc} + \frac{1}{ca} = 1.$$

$$\begin{aligned} LHS &= \frac{a}{b^3} + \frac{b}{c^3} + \frac{c}{a^3} = \left(\frac{a}{b^3} + \frac{b}{c^3} + \frac{c}{a^3}\right) \left(\frac{1}{ab} + \frac{1}{bc} + \frac{1}{ca}\right) \stackrel{CBS}{\geq} \left(\sqrt{\frac{a}{b^3} \cdot \frac{1}{ab}} + \sqrt{\frac{b}{c^3} \cdot \frac{1}{bc}} + \sqrt{\frac{c}{a^3} \cdot \frac{1}{ca}}\right)^2 = \\ &= \left(\frac{1}{b^2} + \frac{1}{c^2} + \frac{1}{a^2}\right) \stackrel{SOS}{\geq} \left(\frac{1}{ab} + \frac{1}{bc} + \frac{1}{ca}\right)^2 = 1 = RHS. \end{aligned}$$

Remarca.

In $\triangle ABC$

$$\frac{\cot \frac{A}{2}}{\cot^3 \frac{B}{2}} + \frac{\cot \frac{B}{2}}{\cot^3 \frac{C}{2}} + \frac{\cot \frac{C}{2}}{\cot^3 \frac{A}{2}} \geq 1.$$

Marin Chirciu

Soluție.

Lema

If $x, y, z > 0$, $x + y + z = xyz$ then

$$\frac{x}{y^3} + \frac{y}{z^3} + \frac{z}{x^3} \geq 1.$$

Se cunoaște identitatea în triunghi $\cot \frac{A}{2} + \cot \frac{B}{2} + \cot \frac{C}{2} = \cot \frac{A}{2} \cot \frac{B}{2} \cot \frac{C}{2} = \frac{p}{r}$.

Folosind **Lema** pentru $(x, y, z) = \left(\cot \frac{A}{2}, \cot \frac{B}{2}, \cot \frac{C}{2} \right)$ obținem:

$$\frac{\cot \frac{A}{2}}{\cot^3 \frac{B}{2}} + \frac{\cot \frac{B}{2}}{\cot^3 \frac{C}{2}} + \frac{\cot \frac{C}{2}}{\cot^3 \frac{A}{2}} \geq 1.$$

Aplicația10.

J628. If $a, b, c > 0$, $ab + bc + ca = 1$ then

$$\sum bc\sqrt{2a+b+c} \geq \frac{2}{\sqrt{a+b+c}}.$$

Nguyen Viet Hung, Vietnam, Mathematical Reflections3/2023,J628

Solution .

Using Holder-inequality we have:

$$\sum bc\sqrt{2a+b+c} \cdot \sum bc\sqrt{2a+b+c} \cdot \sum \frac{bc}{2a+b+c} \stackrel{\text{Holder}}{\geq} (\sum bc)^3 = 1.$$

It is enough to show that:

$$\left(\sum bc\sqrt{2a+b+c} \right)^2 \geq \frac{1}{\sum \frac{bc}{2a+b+c}}, (1), \text{ which results from } \sum \frac{bc}{2a+b+c} \leq \frac{a+b+c}{4}, (2)$$

$$\begin{aligned} & \text{(see } \sum \frac{bc}{2a+b+c} = \sum \frac{bc}{(a+b)+(a+c)} \leq \frac{1}{4} \sum bc \left(\frac{1}{a+b} + \frac{1}{a+c} \right) = \\ & = \frac{1}{4} \sum \left(\frac{bc}{a+b} + \frac{bc}{a+c} \right) = \frac{1}{4} \sum \left(\frac{ab}{b+c} + \frac{ac}{b+c} \right) = \frac{1}{4} \sum \frac{a(b+c)}{b+c} = \frac{1}{4} \sum a = \frac{a+b+c}{4} \text{).} \end{aligned}$$

From(1) and (2) we have:

$$\begin{aligned} & \left(\sum bc\sqrt{2a+b+c} \right)^2 \geq \frac{1}{\frac{a+b+c}{4}} \Leftrightarrow \left(\sum bc\sqrt{2a+b+c} \right)^2 \geq \frac{4}{a+b+c} \Leftrightarrow \\ & \Leftrightarrow \sum bc\sqrt{2a+b+c} \geq \frac{2}{\sqrt{a+b+c}}. \end{aligned}$$

Equality occurs if and only if $a = b = c = \frac{1}{\sqrt{3}}$.

Remark.

The problem can develop.

If $a, b, c > 0, a + b + c = 1$ then

$$\sum a\sqrt{a+1} \geq \frac{2}{\sqrt{3}}.$$

Marin Chirciu

Solution .

Using Holder-inequality we have:

$$\sum a\sqrt{a+1} \cdot \sum a\sqrt{a+1} \cdot \sum \frac{a}{a+1} \stackrel{\text{Holder}}{\geq} (\sum a)^3 = 1.$$

It is enough to show that:

$$\left(\sum a\sqrt{a+1} \right)^2 \geq \frac{1}{\sum \frac{a}{a+1}}, (1), \text{ which results from } \sum \frac{a}{a+1} \leq \frac{3}{4}, (2)$$

$$\begin{aligned} & \text{(see } \sum \frac{a}{a+1} = \sum \frac{a}{2a+b+c} = \sum \frac{a}{(a+b)+(a+c)} \leq \frac{1}{4} a \left(\frac{1}{a+b} + \frac{1}{a+c} \right) = \\ & = \frac{1}{4} \sum \left(\frac{a}{a+b} + \frac{a}{a+c} \right) = \frac{1}{4} \sum \left(\frac{a}{a+b} + \frac{b}{a+b} \right) = \frac{1}{4} \sum 1 = \frac{1}{4} \cdot 3 = \frac{3}{4} \text{).} \end{aligned}$$

From(1) and (2) we have:

$$\left(\sum a\sqrt{a+1}\right)^2 \geq \frac{1}{3} \Leftrightarrow \left(\sum a\sqrt{a+1}\right)^2 \geq \frac{4}{3} \Leftrightarrow \sum a\sqrt{a+1} \geq \frac{2}{\sqrt{3}}.$$

Equality occurs if and only if $a = b = c = \frac{1}{3}$.

Remark.

In ΔABC

$$\sum \frac{r}{r_a} \sqrt{\frac{3r}{r_a} + 3} \geq 2.$$

Marin Chirciu

Solution.

Lemma.

If $x, y, z > 0, x + y + z = 1$ then

$$\sum x\sqrt{x+1} \geq \frac{2}{\sqrt{3}}.$$

Using identity in triangle $\sum \frac{r}{r_a} = 1$ and **Lemma** for $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c}\right)$ we have

$$\sum \frac{r}{r_a} \sqrt{\frac{r}{r_a} + 1} \geq \frac{2}{\sqrt{3}} \Leftrightarrow \sum \frac{r}{r_a} \sqrt{\frac{3r}{r_a} + 3} \geq 2.$$

Equality occurs if and only if the triangle is equilateral.

Remark.

In ΔABC

$$\sum \frac{r}{h_a} \sqrt{\frac{3r}{h_a} + 3} \geq 2.$$

Marin Chirciu

Remark.

The problem can develop.

If $a, b, c > 0, ab + bc + ca = 1$ then

$$\sum bc \sqrt[3]{2a+b+c} \geq \frac{2}{\sqrt[3]{2(a+b+c)}}.$$

Marin Chirciu

Aplicatia11.

If $x, y, z > 0, xy + yz + zx = 1$ then

$$\sum \frac{x}{y+z} \leq \frac{3}{2}(x^2 + y^2 + z^2).$$

Elton Papanikolla, MathOlymp, 7/2023

Soluție.

$$\sum \frac{x}{y+z} \leq \frac{3}{2}(x^2 + y^2 + z^2) \Leftrightarrow 2(\sum x^3 + \sum x) \leq 3 \prod (y+z) \sum x^2$$

Folosim pqr -method.

Notăm $p = x + y + z, q = xy + yz + zx, r = xyz$.

Inegalitatea $2(\sum x^3 + \sum x) \leq 3 \prod (y+z) \sum x^2$ se scrie:

$$2(p^3 - 3pq - 3r + p) \leq 3(pq - r)(p^2 - 2q) \stackrel{q=1}{\Leftrightarrow} 2(p^3 - 3p - 3r + p) \leq 3(p - r)(p^2 - 2) \Leftrightarrow$$

$$\Leftrightarrow p^2 - 3pr - 2 \geq 0, \text{ care rezultă din } p^2 \geq 3q = 3 \text{ și } 1 = q^2 \geq 3pr.$$

Obținem: $p^2 - 3pr - 2 \geq 3 - 1 - 2 = 0$.

Remarca.

In $\triangle ABC$

$$\frac{3}{2} \leq \sum \frac{\tan \frac{A}{2}}{\tan \frac{B}{2} + \tan \frac{C}{2}} \leq \frac{3}{2} \left(\frac{R}{r} - 1 \right).$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0, xy + yz + zx = 1$ then

$$\sum \frac{x}{y+z} \leq \frac{3}{2}(x^2 + y^2 + z^2).$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\tan \frac{A}{2}, \tan \frac{B}{2}, \tan \frac{C}{2} \right)$ obținem:

$$\sum \frac{\tan \frac{A}{2}}{\tan \frac{B}{2} + \tan \frac{C}{2}} \leq \frac{3}{2} \left(\tan^2 \frac{A}{2} + \tan^2 \frac{B}{2} + \tan^2 \frac{C}{2} \right).$$

Folosind: $\sum \tan^2 \frac{A}{2} = \frac{(4R+r)^2}{p^2} - 2 \stackrel{\text{Gerretsen}}{\leq} \frac{(4R+r)^2}{r(4R+r)^2} - 2 = \frac{R+r}{r} - 2 = \frac{R}{r} - 1$, rezultă:

$$\sum \frac{\tan \frac{A}{2}}{\tan \frac{B}{2} + \tan \frac{C}{2}} \leq \frac{3}{2} \left(\frac{R}{r} - 1 \right).$$

Aplicația12.

If $x, y, z > 0, xy + yz + zx = 1$ then

$$\frac{x^2}{x+1} + \frac{y^2}{y+1} + \frac{z^2}{z+1} \geq \frac{\sqrt{3}}{\sqrt{3}+1}.$$

Mathematics(College and High Scholl), Math for change 7/2023

Soluție.

$$LHS = \sum \frac{x^2}{x+1} \stackrel{CS}{\geq} \frac{(\sum x)^2}{\sum (x+1)} = \frac{(\sum x)^2}{\sum x+3} \stackrel{(1)}{\geq} \frac{\sqrt{3}}{\sqrt{3}+1} = RHS,$$

$$\text{unde (1)} \Leftrightarrow \frac{(\sum x)^2}{\sum x+3} \geq \frac{\sqrt{3}}{\sqrt{3}+1} \Leftrightarrow \frac{\sqrt{x}=t}{t+3} \geq \frac{\sqrt{3}}{\sqrt{3}+1} \Leftrightarrow (\sqrt{3}+1)t^2 - \sqrt{3}t - 3\sqrt{3} \geq 0 \Leftrightarrow$$

$$\Leftrightarrow (t-\sqrt{3})[(\sqrt{3}+1)t+3] \geq 0 \Leftrightarrow t \geq \sqrt{3}, \text{ vezi } 1 = \sum xy \leq \frac{1}{3}(\sum x)^2 \Rightarrow \sum x \geq \sqrt{3}.$$

Remarca.

If $x, y, z > 0, xy + yz + zx = 1$ and $\lambda \geq 0$ then

$$\frac{x^2}{x+\lambda} + \frac{y^2}{y+\lambda} + \frac{z^2}{z+\lambda} \geq \frac{\sqrt{3}}{\lambda\sqrt{3}+1}.$$

Marin Chirciu

Remarca.In $\triangle ABC$

$$\sum \frac{\tan^2 \frac{A}{2}}{\tan \frac{A}{2} + \lambda} \geq \frac{\sqrt{3}}{\lambda\sqrt{3}+1}, \lambda \geq 0.$$

Marin Chirciu

Soluție.**Lema**If $x, y, z > 0$, $xy + yz + zx = 1$ and $\lambda \geq 0$ then

$$\frac{x^2}{x+\lambda} + \frac{y^2}{y+\lambda} + \frac{z^2}{z+\lambda} \geq \frac{\sqrt{3}}{\lambda\sqrt{3}+1}.$$

Se cunoaște identitatea în triunghi: $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1$.Folosind **Lema** pentru $(x, y, z) = \left(\tan \frac{A}{2}, \tan \frac{B}{2}, \tan \frac{C}{2} \right)$ obținem:

$$\sum \frac{\tan^2 \frac{A}{2}}{\tan \frac{A}{2} + \lambda} \geq \frac{\sqrt{3}}{\lambda\sqrt{3}+1}.$$

Aplicatia13.If $x, y, z > 0$, $xy + yz + zx = 1$ then

$$x\sqrt{y^2+1} + y\sqrt{z^2+1} + z\sqrt{x^2+1} \geq 2.$$

Vasile Cartoaje, Mathematical Inequalities7/2023

Soluție.**Lema.**If $x > 0$ then

$$\sqrt{x^2+1} \geq \frac{x+\sqrt{3}}{2}.$$

Demonstrație.

$$\sqrt{x^2+1} \geq \frac{x+\sqrt{3}}{2} \Leftrightarrow (x\sqrt{3}-1)^2 \geq 0, \text{ cu egalitate pentru } x = \frac{1}{\sqrt{3}}.$$

$$LHS = \sum x\sqrt{y^2+1} \stackrel{\text{Lema}}{\geq} \sum x \cdot \frac{y+\sqrt{3}}{2} = \frac{\sum xy + \sqrt{3}\sum x}{2} \stackrel{(1)}{\geq} \frac{1 + \sqrt{3} \cdot \sqrt{3}}{2} = 2 = RHS,$$

$$\text{unde (1)} \Leftrightarrow \sum x \geq \sqrt{3}, (\text{vezi } (\sum x)^2 \geq 3\sum xy = 3 \cdot 1 = 3 \Rightarrow \sum x \geq \sqrt{3}).$$

Remarca.

If $x, y, z, \lambda > 0, xy + yz + zx = \lambda$ then

$$x\sqrt{y^2+\lambda} + y\sqrt{z^2+\lambda} + z\sqrt{x^2+\lambda} \geq 2\lambda.$$

Marin Chirciu

Remarca.

In $\triangle ABC$

$$\sum \tan \frac{A}{2} \sqrt{1 + \tan^2 \frac{B}{2}} \geq 2.$$

Marin Chirciu

Soluție.**Lema.**

If $x, y, z > 0, xy + yz + zx = 1$ then

$$x\sqrt{y^2+1} + y\sqrt{z^2+1} + z\sqrt{x^2+1} \geq 2.$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\tan \frac{A}{2}, \tan \frac{B}{2}, \tan \frac{C}{2} \right)$ obținem:

$$\sum \tan \frac{A}{2} \sqrt{1 + \tan^2 \frac{B}{2}} \geq 2.$$

Aplicatia14.

If $x, y, z > 0, xy + yz + zx = 3$ then

$$\sum \frac{1}{x^3+1} \leq \frac{3}{8xyz}.$$

AOPS, 7/2023

Soluție.**Lema.**If $0 < x < \sqrt{3}$ then

$$\frac{1}{x^3+1} \leq \frac{11-3x}{64}.$$

DemonstrațieFolosim Tangent Line Method pentru funcția $f : (0, \sqrt{3}) \rightarrow \mathbf{R}$ $f(x) = \frac{1}{x^3+1}$ în $x_0 = 1$.

$$\text{Avem } f(1) = \frac{1}{8}.$$

Ecuția tangentei în punctul $x_0 = 1$ este $y - f(x_0) = f'(x_0)(x - x_0)$.

$$\text{Avem } f'(x) = \frac{-3x^2}{(x^3+1)^2}, f'(1) = \frac{-3}{64}.$$

Ecuția tangentei în punctul $x_0 = 1$ este:

$$y - \frac{1}{8} = \frac{-3}{64}(x-1) \Leftrightarrow y = \frac{11-3x}{64}.$$

$$\text{Arătam că: } f(x) = \frac{1}{x^3+1} \leq \frac{11-3x}{64} \Leftrightarrow 3x^4 - 11x^3 + 21x - 13 \leq 0 \Leftrightarrow (x-1)^2(3x^2 - 5x - 13) \leq 0$$

, deoarece $(3x^2 - 5x - 13) < 0$ pentru $0 < x < \sqrt{3}$ și $(x-1)^2$, cu egalitate pentru $x = 1$.

$$LHS = \sum \frac{1}{x^3+1} \stackrel{\text{Lema}}{\leq} \sum \frac{11-3x}{64} = \frac{33-3\sum x}{64} \stackrel{(1)}{\leq} \frac{33-3 \cdot 3}{64} = \frac{3}{8} \stackrel{(2)}{\leq} \frac{3}{8xyz} = RHS,$$

$$\text{unde (1)} \Leftrightarrow \sum x \geq 3, \text{ care rezultă din } (\sum x)^2 \geq 3 \sum xy = 3 \cdot 3 = 9 \Rightarrow \sum x \geq 3.$$

$$(2) \Leftrightarrow xyz \leq 1, \text{ vezi } 3 = xy + yz + zx \geq 3\sqrt[3]{(xyz)^2} \Rightarrow xyz \leq 1.$$

Remarca.In $\triangle ABC$

$$\sum \frac{1}{\left(\sqrt{3} \tan \frac{A}{2}\right)^3 + 7} \leq \frac{3}{8} \cdot \frac{R}{2r}.$$

Marin Chirciu

Soluție.**Lema.**

If $x, y, z > 0$, $xy + yz + zx = 3$ then

$$\sum \frac{1}{x^3 + 1} \leq \frac{3}{8xyz}.$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1 \Leftrightarrow \sum \sqrt{3} \tan \frac{B}{2} \cdot \sqrt{3} \tan \frac{C}{2} = 3$.

Folosind **Lema** pentru $(x, y, z) = \left(\sqrt{3} \tan \frac{A}{2}, \sqrt{3} \tan \frac{B}{2}, \sqrt{3} \tan \frac{C}{2}\right)$ obținem:

$$\sum \frac{1}{\left(\sqrt{3} \tan \frac{A}{2}\right)^3 + 7} \leq \frac{3}{8 \cdot \sqrt{3} \tan \frac{A}{2} \sqrt{3} \tan \frac{B}{2} \sqrt{3} \tan \frac{C}{2}} \Leftrightarrow$$

$$\Leftrightarrow \sum \frac{1}{\left(\sqrt{3} \tan \frac{A}{2}\right)^3 + 7} \leq \frac{1}{8\sqrt{3} \tan \frac{A}{2} \tan \frac{B}{2} \tan \frac{C}{2}} \Leftrightarrow \sum \frac{1}{\left(\sqrt{3} \tan \frac{A}{2}\right)^3 + 7} \leq \frac{1}{8\sqrt{3} \cdot \frac{r}{p}} \Leftrightarrow$$

$$\Leftrightarrow \sum \frac{1}{\left(\sqrt{3} \tan \frac{A}{2}\right)^3 + 7} \leq \frac{p}{8\sqrt{3} \cdot r}.$$

Folosind inegalitatea lui Mitrinovic $p \leq \frac{3R\sqrt{3}}{2}$ obținem:

$$\sum \frac{1}{\left(\sqrt{3} \tan \frac{A}{2}\right)^3 + 7} \leq \frac{p}{8\sqrt{3} \cdot r} \leq \frac{\frac{3R\sqrt{3}}{2}}{8\sqrt{3} \cdot r} = \frac{3}{8} \cdot \frac{R}{2r}$$

Remarca.

If $x, y, z > 0$, $xy + yz + zx = 3$ and $\lambda \geq 4$ then

$$\sum \frac{1}{x^3 + \lambda} \leq \frac{3}{(\lambda + 1)xyz}.$$

Marin Chirciu

Soluție.**Lema.**

If $0 < x < \sqrt{3}$ and $\lambda \geq 4$ then

$$\frac{1}{x^3 + \lambda} \leq \frac{\lambda + 4 - 3x}{(\lambda + 1)^2}.$$

Demonstrație

Folosim Tangent Line Method pentru funcția $f : (0, \sqrt{3}) \rightarrow \mathbf{R}$ $f(x) = \frac{1}{x^3 + \lambda}$ în $x_0 = 1$.

Aplicatia15.

If $x, y, z > 0$, $xy + yz + zx = 3$ then

$$\sum \frac{x}{2y^3 + 1} \geq 1.$$

Pham Van Tuyen, Vietnam, THCS 6/2023

Soluție.**Lema.**

If $x, y, z > 0$ then

$$\frac{x}{2y^3 + 1} \geq x - \frac{2}{3}xy.$$

Demonstrație

$\frac{x}{2y^3 + 1} = x \left(1 - \frac{2y^3}{2y^3 + 1}\right) \stackrel{AM-GM}{\geq} x \left(1 - \frac{2y^3}{3y^2}\right) = x - \frac{2}{3}xy$, cu egalitate pentru $y = 1$.

$$LHS = \sum \frac{x}{2y^3 + 1} \stackrel{Lema}{\geq} \sum \left(x - \frac{2}{3}xy\right) = \sum x - \frac{2}{3} \sum xy = \sum x - \frac{2}{3} \cdot 3 = \sum x - 2 \stackrel{(1)}{\geq} 3 - 2 = 1 = RHS,$$

unde (1) $\Leftrightarrow \sum x \geq 3$, care rezultă din $(\sum x)^2 \geq 3 \sum xy = 3 \cdot 3 = 9 \Rightarrow \sum x \geq 3$.

Remarca.

In $\triangle ABC$

$$\sum \frac{\tan \frac{A}{2}}{6 \tan^3 \frac{A}{2} + \frac{1}{\sqrt{3}}} \geq 1.$$

Marin Chirciu

Soluție.**Lema.**

If $x, y, z > 0$, $xy + yz + zx = 3$ then

$$\sum \frac{x}{2y^3 + 1} \geq 1.$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1 \Leftrightarrow \sum \sqrt{3} \tan \frac{B}{2} \cdot \sqrt{3} \tan \frac{C}{2} = 3$.

Folosind **Lema** pentru $(x, y, z) = \left(\sqrt{3} \tan \frac{A}{2}, \sqrt{3} \tan \frac{B}{2}, \sqrt{3} \tan \frac{C}{2} \right)$ obținem:

$$\sum \frac{\sqrt{3} \tan \frac{A}{2}}{2 \left(\sqrt{3} \tan \frac{A}{2} \right)^3 + 1} \geq 1 \Leftrightarrow \sum \frac{\tan \frac{A}{2}}{6 \tan^3 \frac{A}{2} + \sqrt{3}} \geq 1.$$

Remarca.

If $x, y, z > 0$, $xy + yz + zx = 3$ then

$$\sum \frac{x}{3y^4 + 1} \geq \frac{3}{4}.$$

Marin Chirciu

Remarca.

If $x, y, z > 0$, $xy + yz + zx = 3$ and $n \in \mathbf{N}$ then

$$\sum \frac{x}{ny^{n+1} + 1} \geq \frac{3}{n+1}.$$

Marin Chirciu

Soluție.**Lema.**

If $x, y, z > 0$ then

$$\frac{x}{ny^{n+1} + 1} \geq x - \frac{n}{n+1} xy.$$

Aplicația 16.

If $x, y, z > 0$, $x + y + z = 1$ then

$$\sum \frac{yz}{\sqrt{x+yz}} \leq \frac{1}{2}.$$

Hoang Dot Toan, Vietnam, THCS 6/2023

Soluție.**Lema.**If $x, y, z > 0$, $x + y + z = 1$ then

$$\frac{yz}{\sqrt{x+yz}} \leq \frac{yz}{2} \left(\frac{1}{x+y} + \frac{1}{x+z} \right).$$

Demonstrație

$$\begin{aligned} \frac{yz}{\sqrt{x+yz}} &= \frac{yz}{\sqrt{x(x+y+z)+yz}} = \frac{yz}{\sqrt{x^2+xy+yz+zx}} = \frac{yz}{\sqrt{(x+y)(x+z)}} = yz \sqrt{\frac{1}{x+y} \cdot \frac{1}{x+z}} \stackrel{AM-GM}{\leq} \\ &\stackrel{AM-GM}{\leq} \frac{yz}{2} \left(\frac{1}{x+y} + \frac{1}{x+z} \right). \end{aligned}$$

$$LHS = \sum \frac{yz}{\sqrt{x+yz}} \leq \sum \frac{yz}{2} \left(\frac{1}{x+y} + \frac{1}{x+z} \right) = \frac{1}{2} \sum \frac{xy+xz}{y+z} = \frac{1}{2} \sum x = \frac{1}{2} = RHS.$$

Remarca.In $\triangle ABC$

$$\sum \frac{\sqrt{rr_a}}{\sqrt{1+\frac{p^2}{r_a^2}}} \leq \frac{p}{2}.$$

Marin Chirciu

Soluție.**Lema.**If $x, y, z > 0$, $x + y + z = 1$ then

$$\sum \frac{yz}{\sqrt{x+yz}} \leq \frac{1}{2}.$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c}\right)$ obținem:

$$\sum \frac{xyz}{\sqrt{x}\sqrt{x^2+xyz}} \leq \frac{1}{2} \Leftrightarrow \sum \frac{\frac{r}{r_a} \frac{r}{r_b} \frac{r}{r_c}}{\sqrt{\frac{r}{r_a}} \sqrt{\left(\frac{r}{r_a}\right)^2 + \frac{r}{r_a} \frac{r}{r_b} \frac{r}{r_c}}} \leq \frac{1}{2} \Leftrightarrow \sum \frac{\sqrt{rr_a}}{\sqrt{1 + \frac{p^2}{r_a^2}}} \leq \frac{p}{2}.$$

Am folosit mai sus $r_a r_b r_c = rp^2$.

Aplicatia16.

If $x, y, z > 0$, $x + y + z = 1$ then

$$\sum \frac{1}{2x^2 + 2x + yz} \geq \frac{1}{xy + yz + zx}.$$

Pham Van Tuyen, Vietnam

Soluție.

Lema.

If $x, y, z > 0$, $x + y + z = 1$ then

$$\frac{1}{2x^2 + 2x + yz} \geq \frac{yz}{(xy + yz + zx)^2}.$$

Demonstrație

$$2x^2 + 2x + yz = 2x^2 + 2x(x + y + z) + yz = 4x^2 + 2xy + 2xz + yz = (2x + y)(2x + z).$$

$$\frac{1}{2x^2 + 2x + yz} = \frac{1}{(2x + y)(2x + z)} = \frac{yz}{(2xz + yz)(2xy + yz)} \stackrel{AM-GM}{\geq} \frac{yz}{\left[\frac{(2xz + yz) + (2xy + yz)}{2}\right]^2} =$$

$$= \frac{yz}{(xy + yz + zx)^2}, \text{ cu egalitate pentru } (2xz + yz) = (2xy + yz) \Leftrightarrow y = z.$$

$$\sum \frac{1}{2x^2 + 2x + yz} \geq \sum \frac{yz}{(xy + yz + zx)^2} = \frac{1}{xy + yz + zx}.$$

Remarca.

In ΔABC

$$\sum \frac{1}{\frac{2r}{r_a^2} + \frac{2}{r_a} + \frac{r}{r_b r_c}} \geq 3r.$$

Marin Chirciu

Soluție.**Lema.**If $x, y, z > 0$, $x + y + z = 1$ then

$$\sum \frac{1}{2x^2 + 2x + yz} \geq \frac{1}{xy + yz + zx}.$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1$.Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c}\right)$ obținem:

$$\sum \frac{1}{2\left(\frac{r}{r_a}\right)^2 + 2\frac{r}{r_a} + \frac{r}{r_b} \frac{r}{r_c}} \geq \frac{1}{\frac{r}{r_a} \frac{r}{r_b} + \frac{r}{r_b} \frac{r}{r_c} + \frac{r}{r_c} \frac{r}{r_a}} \Leftrightarrow \sum \frac{1}{2\frac{r^2}{r_a^2} + 2\frac{r}{r_a} + \frac{r^2}{r_b r_c}} \geq \frac{1}{r^2 \left(\frac{1}{r_a r_b} + \frac{1}{r_b r_c} + \frac{1}{r_c r_a}\right)} \Leftrightarrow$$

$$\sum \frac{1}{2\frac{r}{r_a^2} + 2\frac{1}{r_a} + \frac{r}{r_b r_c}} \geq \frac{1}{r} \frac{4R+r}{rp^2} \Leftrightarrow \sum \frac{1}{2\frac{r}{r_a^2} + 2\frac{1}{r_a} + \frac{r}{r_b r_c}} \geq \frac{4R+r}{p^2} \Leftrightarrow$$

$$\Leftrightarrow \sum \frac{1}{\frac{2r}{r_a^2} + \frac{2}{r_a} + \frac{r}{r_b r_c}} \geq \frac{p^2}{4R+r}.$$

Folosind inegalitatea lui Doucet $p^2 \geq 3r(4R+r)$ obținem

$$\sum \frac{1}{\frac{2r}{r_a^2} + \frac{2}{r_a} + \frac{r}{r_b r_c}} \geq \frac{3r(4R+r)}{4R+r} = 3r.$$

Remarca.In $\triangle ABC$

$$\sum \frac{1}{2\frac{r}{h_a^2} + 2\frac{1}{h_a} + \frac{r}{h_b h_c}} \geq 3r.$$

Aplicatia17.If $x, y, z > 0$, $x + y + z = 1$ then

$$33(xy + yz + zx) \leq 54xyz + 9.$$

Trinh Ha, Vietnam, THCS 6/2023

Soluție.

Folosim pqr -Method.

Notăm $x + y + z = p, xy + yz + zx = q, xyz = r$.

Avem $p = 1, q^2 = (xy + yz + zx)^2 \geq 3xyz(x + y + z) = 3rp = 3r \Rightarrow q^2 \geq 3r$,

$1 = x + y + z \geq 3\sqrt[3]{xyz} = 3\sqrt[3]{r} \Rightarrow r \leq \frac{1}{27}$.

Omogenizând inegalitatea se scrie $33(xy + yz + zx)(x + y + z) \leq 54xyz + 9(x + y + z)^3 \Leftrightarrow$

$\Leftrightarrow 11qp \leq 18r + 3p^3$.

Folosind inegalitatea lui Schur $p^3 + 9r \geq 4pq$ este suficient să arătăm că:

$11pq \leq 18r + 3(4pq - 9r) \Leftrightarrow pq \geq 9r$, care rezultă din $p = 3, q^2 \geq 3r$ și $r \leq \frac{1}{27}$.

Remarca.

If $x, y, z > 0$, $x + y + z = 1$ and $0 \leq \lambda \leq 4$ then

$$\lambda(xy + yz + zx) \leq 9(\lambda - 3)xyz + 1.$$

Marin Chirciu

Remarca.

In $\triangle ABC$

$$4r^2 \left(\frac{1}{r_a r_b} + \frac{1}{r_b r_c} + \frac{1}{r_c r_a} \right) \leq 9 \frac{r^3}{r_a r_b r_c} + 1.$$

Marin Chirciu

Lema.

If $x, y, z > 0$, $x + y + z = 1$ then

$$4(xy + yz + zx) \leq 9xyz + 1.$$

Soluție.

Folosim pqr -Method.

Notăm $x + y + z = p, xy + yz + zx = q, xyz = r$.

Avem $p = 1, q^2 = (xy + yz + zx)^2 \geq 3xyz(x + y + z) = 3rp = 3r \Rightarrow q^2 \geq 3r$,

$1 = x + y + z \geq 3\sqrt[3]{xyz} = 3\sqrt[3]{r} \Rightarrow r \leq \frac{1}{27}$.

Omogenizând inegalitatea se scrie $4(xy + yz + zx)(x + y + z) \leq 9xyz + (x + y + z)^3 \Leftrightarrow$

$\Leftrightarrow 4qp \leq 9r + p^3$, (Inegalitatea lui Schur).

Egalitatea are loc dacă și numai dacă $x = y = z = \frac{1}{3}$.

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c}\right)$ obținem:

$$4\left(\frac{r}{r_a} \frac{r}{r_b} + \frac{r}{r_b} \frac{r}{r_c} + \frac{r}{r_c} \frac{r}{r_a}\right) \leq 9 \frac{r}{r_a} \frac{r}{r_b} \frac{r}{r_c} + 1 \Leftrightarrow 4r^2 \left(\frac{1}{r_a r_b} + \frac{1}{r_b r_c} + \frac{1}{r_c r_a}\right) \leq 9 \frac{r^3}{r_a r_b r_c} + 1.$$

Aplicatia18.

If $x, y, z > 0, x + y + z = xyz$ then

$$\sum \frac{y}{x\sqrt{y^2+1}} \geq \frac{3}{2}.$$

Dung Nguyen Tan, Vietnam, THCS 5/2023

Soluție.

Folosim $x + y + z = xyz \Leftrightarrow \frac{1}{xy} + \frac{1}{yz} + \frac{1}{zx} = 1$.

Cu substituția $\left(\frac{1}{x}, \frac{1}{y}, \frac{1}{z}\right) = (a, b, c)$ problema se reformulează.

If $a, b, c > 0, ab + bc + ca = 1$ then

$$\sum \frac{a}{\sqrt{b^2+1}} \geq \frac{3}{2}.$$

Demonstrație.

$$\begin{aligned} \sum \frac{a}{\sqrt{b^2+1}} &= \sum \frac{a}{\sqrt{b^2+ab+bc+ca}} = \sum \frac{a}{\sqrt{(b+a)(b+c)}} \stackrel{AM-GM}{\geq} \sum \frac{a}{\frac{(b+a)+(b+c)}{2}} = \\ &= \sum \frac{2a}{a+2b+c} = \sum \frac{2a^2}{a^2+2ab+ac} \stackrel{CS}{\geq} \frac{2(\sum a)^2}{\sum a^2+3\sum ab} = \frac{2\sum a^2+4\sum ab}{\sum a^2+3\sum ab} \stackrel{(1)}{\geq} \frac{3}{2}, \end{aligned}$$

unde (1) $\Leftrightarrow \sum a^2 \geq \sum ab$, inegalitate cunoscută.

Remarca.

In $\triangle ABC$

$$\sum \frac{\cot \frac{B}{2}}{\cot \frac{A}{2} \sqrt{1 + \cot^2 \frac{B}{2}}} \geq \frac{3}{2}.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0, x + y + z = xyz$ then

$$\sum \frac{y}{x\sqrt{y^2+1}} \geq \frac{3}{2}.$$

Se cunoaște identitatea în triunghi $\sum \cot \frac{A}{2} = \prod \cot \frac{A}{2} = \frac{p}{r}$.

Folosind **Lema** pentru $(x, y, z) = \left(\cot \frac{A}{2}, \cot \frac{B}{2}, \cot \frac{C}{2} \right)$ obținem:

$$\sum \frac{\cot \frac{B}{2}}{\cot \frac{A}{2} \sqrt{1 + \cot^2 \frac{B}{2}}} \geq \frac{3}{2}.$$

Remarca.

In $\triangle ABC$

$$\sum \frac{\tan \frac{A}{2}}{\sqrt{1 + \tan^2 \frac{B}{2}}} \geq \frac{3}{2}.$$

Marin Chirciu

Soluție.

Lema.

If $a, b, c > 0, ab + bc + ca = 1$ then

$$\sum \frac{a}{\sqrt{b^2+1}} \geq \frac{3}{2}.$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1$.

Folosind **Lema** pentru $(a, b, c) = \left(\tan \frac{A}{2}, \tan \frac{B}{2}, \tan \frac{C}{2} \right)$ obținem:

$$\sum \frac{\tan \frac{A}{2}}{\sqrt{1 + \tan^2 \frac{B}{2}}} \geq \frac{3}{2}.$$

Aplicatia19.

If $x, y, z > 0, x + y + z = 1$ then find min of

$$P = \frac{1}{x^2 + y^2 + z^2} + \frac{2022}{xy + yz + zx}.$$

Tran Anh Tai, Vietnam, THCS 5/2023

Remarca.

Let $\lambda \geq 2$ fixed. If $x, y, z > 0, x + y + z = 1$ then find min of

$$P = \frac{1}{x^2 + y^2 + z^2} + \frac{\lambda}{xy + yz + zx}.$$

Marin Chirciu

Remarca.

In $\triangle ABC$

$$\frac{1}{\sum \frac{1}{r_a^2}} + \frac{\lambda}{\sum \frac{1}{r_b r_c}} \geq 3(\lambda + 1)r^2, \lambda \geq 2.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0, x + y + z = 1$ and $\lambda \geq 2$ then

$$\frac{1}{x^2 + y^2 + z^2} + \frac{\lambda}{xy + yz + zx} \geq 3(\lambda + 1).$$

Demonstratie.

$$P = \frac{1}{\sum x^2} + \frac{\lambda}{\sum xy} = \left(\frac{1}{\sum x^2} + \frac{1}{\sum xy} + \frac{1}{\sum xy} \right) + \frac{\lambda-2}{\sum xy} \stackrel{CS}{\geq} \frac{(1+1+1)^2}{\sum x^2 + 2\sum xy} + \frac{\lambda-2}{\sum xy} =$$

$$= \frac{9}{(\sum x)^2} + \frac{\lambda-2}{\sum xy} \stackrel{CS}{\geq} \frac{9}{(\sum x)^2} + \frac{\lambda-2}{\frac{1}{3}(\sum x)^2} = \frac{9}{1^2} + \frac{\lambda-2}{\frac{1}{3} \cdot 1^2} = 9 + 3(\lambda-2) = 3(\lambda+1).$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c} \right)$ obținem:

$$\frac{1}{\sum \left(\frac{r}{r_a} \right)^2} + \frac{\lambda}{\sum \frac{r}{r_b} \frac{r}{r_c}} \geq 3(\lambda+1) \Leftrightarrow \frac{1}{\sum \frac{1}{r_a^2}} + \frac{\lambda}{\sum \frac{1}{r_b r_c}} \geq 3(\lambda+1)r^2.$$

Remarca.

In $\triangle ABC$

$$\frac{1}{\sum h_a^2} + \frac{\lambda}{\sum h_b h_c} \geq 3(\lambda+1)r^2, \lambda \geq 2.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0, x + y + z = 1$ and $\lambda \geq 2$ then

$$\frac{1}{x^2 + y^2 + z^2} + \frac{\lambda}{xy + yz + zx} \geq 3(\lambda+1).$$

Se cunoaște identitatea în triunghi $\frac{1}{h_a} + \frac{1}{h_b} + \frac{1}{h_c} = \frac{1}{r} \Leftrightarrow \frac{r}{h_a} + \frac{r}{h_b} + \frac{r}{h_c} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{h_a}, \frac{r}{h_b}, \frac{r}{h_c} \right)$ obținem:

$$\frac{1}{\sum \left(\frac{r}{h_a} \right)^2} + \frac{\lambda}{\sum \frac{r}{h_b} \frac{r}{h_c}} \geq 3(\lambda+1) \Leftrightarrow \frac{1}{\sum \frac{1}{h_a^2}} + \frac{\lambda}{\sum \frac{1}{h_b h_c}} \geq 3(\lambda+1)r^2.$$

Aplicatia20.

If $x, y, z > 0$ then

$$x^2 + y^2 + z^2 + 2xyz + \frac{18}{xy + yz + zx} \geq 11.$$

Dung Nguyen Tan, Vietnam, THCS 5/2023

Soluție.

Lema.

If $x, y, z \geq 0$ then

$$x^2 + y^2 + z^2 + 2xyz + 1 \geq 2(xy + yz + zx).$$

Darij Grinberg

$$\begin{aligned} LHS &= x^2 + y^2 + z^2 + 2xyz + \frac{18}{xy + yz + zx} \stackrel{\text{Lema}}{\geq} 2(xy + yz + zx) - 1 + \frac{18}{xy + yz + zx} = \\ &= 2(xy + yz + zx) + \frac{18}{xy + yz + zx} - 1 \stackrel{\text{AM-GM}}{\geq} 2 \cdot 2 \sqrt{(xy + yz + zx) \cdot \frac{9}{xy + yz + zx}} - 1 = 4 \cdot 3 - 1 = 11. \end{aligned}$$

Remarca.

In $\triangle ABC$

$$\frac{\sum \tan \frac{B}{2} \tan \frac{C}{2}}{\sum \tan^2 \frac{A}{2}} + \frac{\left(\sum \tan \frac{A}{2}\right)^3}{9 \prod \tan \frac{A}{2}} \geq 4.$$

Marin Chirciu

Soluție.

If $x, y, z > 0$ then

$$x^2 + y^2 + z^2 + 2xyz + \frac{18}{xy + yz + zx} \geq 11.$$

Soluție.

Lema.

If $x, y, z \geq 0$ then

$$x^2 + y^2 + z^2 + 2xyz + 1 \geq 2(xy + yz + zx).$$

Darij Grinberg

Folosind **Lema** pentru $(x, y, z) = \left(2 \sin \frac{A}{2}, 2 \sin \frac{B}{2}, 2 \sin \frac{C}{2}\right)$ obținem:

$$\begin{aligned} & \sum \left(2 \sin \frac{A}{2} \right)^2 + 2 \prod \left(2 \sin \frac{A}{2} \right) + \frac{18}{\sum \left(2 \sin \frac{A}{2} \right) \left(2 \sin \frac{A}{2} \right)} \geq 11 \Leftrightarrow \\ & \Leftrightarrow 4 \sum \sin^2 \frac{A}{2} + 16 \prod \sin \frac{A}{2} + \frac{18}{4 \sum \sin \frac{B}{2} \sin \frac{C}{2}} \geq 11 \Leftrightarrow \\ & \Leftrightarrow 8 \sum \sin^2 \frac{A}{2} + 32 \prod \sin \frac{A}{2} + \frac{9}{\sum \sin \frac{B}{2} \sin \frac{C}{2}} \geq 22 \end{aligned}$$

Aplicatia21.

If $x, y, z > 0$ then

$$\frac{xy + yz + zx}{x^2 + y^2 + z^2} + \frac{(x + y + z)^3}{xyz} \geq 28.$$

An Khanh Le, Vietnam, THCS 5/2023

Remarca.

If $x, y, z > 0$ and $\lambda \geq \frac{1}{9}$ then

$$\frac{xy + yz + zx}{x^2 + y^2 + z^2} + \lambda \frac{(x + y + z)^3}{xyz} \geq 27\lambda + 1.$$

Marin Chirciu

Soluție.

Lema

If $x, y, z > 0$ then

$$\frac{(x + y + z)^3}{xyz} \geq \frac{9 \sum x^2}{\sum yz} + 18.$$

Demonstratie.

$$\text{Avem } \sum x \sum yz \geq 9xyz \Rightarrow \frac{(x + y + z)^3}{xyz} \geq \frac{9(x + y + z)^2}{xy + yz + zx} = \frac{9 \sum x^2 + 18 \sum yz}{\sum yz} = \frac{9 \sum x^2}{\sum yz} + 18.$$

$$\text{LHS} = \frac{xy + yz + zx}{x^2 + y^2 + z^2} + \lambda \frac{(x + y + z)^3}{xyz} \stackrel{\text{Lema}}{\geq} \frac{\sum yz}{\sum x^2} + \frac{9\lambda \sum x^2}{\sum yz} + 18\lambda = \left(\frac{\sum yz}{\sum x^2} + \frac{\sum x^2}{\sum yz} \right) +$$

$$\frac{(9\lambda-1)\sum x^2}{\sum yz} + 18\lambda \stackrel{\text{sos}}{\geq} 2 + (9\lambda-1) + 18\lambda = 27\lambda + 1 = RHS.$$

Remarca.

Cazul $\lambda = \frac{1}{9}$

If $x, y, z > 0$ then

$$\frac{xy + yz + zx}{x^2 + y^2 + z^2} + \frac{(x + y + z)^3}{9xyz} \geq 4.$$

Marin Chirciu

Remarca.

In $\triangle ABC$

$$\frac{\sum \tan \frac{B}{2} \tan \frac{C}{2}}{\sum \tan^2 \frac{A}{2}} + \frac{\left(\sum \tan \frac{A}{2}\right)^3}{9\prod \tan \frac{A}{2}} \geq 4.$$

Marin Chirciu

Soluție.

$$\frac{xy + yz + zx}{x^2 + y^2 + z^2} + \frac{(x + y + z)^3}{9xyz} \geq \frac{\sum yz}{\sum x^2} + \frac{\sum x^2}{\sum yz} + 2 \stackrel{AM-GM}{\geq} 2 + 2 = 4.$$

Folosind Lema pentru $(x, y, z) = \left(\tan \frac{A}{2}, \tan \frac{B}{2}, \tan \frac{C}{2}\right)$ obținem:

$$\frac{\sum \tan \frac{B}{2} \tan \frac{C}{2}}{\sum \tan^2 \frac{A}{2}} + \frac{\left(\sum \tan \frac{A}{2}\right)^3}{9\prod \tan \frac{A}{2}} \geq 4.$$

Remarca.

In $\triangle ABC$

$$\frac{\sum \cot \frac{B}{2} \cot \frac{C}{2}}{\sum \cot^2 \frac{A}{2}} + \frac{\left(\sum \cot \frac{A}{2}\right)^3}{9\prod \cot \frac{A}{2}} \geq 4.$$

Marin Chirciu

Soluție.**Lema**

If $x, y, z > 0$ then

$$\frac{xy + yz + zx}{x^2 + y^2 + z^2} + \frac{(x + y + z)^3}{9xyz} \geq 4.$$

Folosind Lema pentru $(x, y, z) = \left(\cot \frac{A}{2}, \cot \frac{B}{2}, \cot \frac{C}{2}\right)$ obținem:

$$\frac{\sum \cot \frac{B}{2} \cot \frac{C}{2}}{\sum \cot^2 \frac{A}{2}} + \frac{\left(\sum \cot \frac{A}{2}\right)^3}{9 \prod \cot \frac{A}{2}} \geq 4.$$

Remarca.

In $\triangle ABC$

$$\frac{\sum \sin \frac{B}{2} \sin \frac{C}{2}}{\sum \sin^2 \frac{A}{2}} + \frac{\left(\sum \sin \frac{A}{2}\right)^3}{9 \prod \sin \frac{A}{2}} \geq 4.$$

Marin Chirciu

Soluție.**Lema**

If $x, y, z > 0$ then

$$\frac{xy + yz + zx}{x^2 + y^2 + z^2} + \frac{(x + y + z)^3}{9xyz} \geq 4.$$

Folosind Lema pentru $(x, y, z) = \left(\sin \frac{A}{2}, \sin \frac{B}{2}, \sin \frac{C}{2}\right)$ obținem:

$$\frac{\sum \sin \frac{B}{2} \sin \frac{C}{2}}{\sum \sin^2 \frac{A}{2}} + \frac{\left(\sum \sin \frac{A}{2}\right)^3}{9 \prod \sin \frac{A}{2}} \geq 4.$$

Remarca.

In $\triangle ABC$

$$\frac{\sum \cos \frac{B}{2} \cos \frac{C}{2}}{\sum \cos^2 \frac{A}{2}} + \frac{\left(\sum \cos \frac{A}{2}\right)^3}{9 \prod \cos \frac{A}{2}} \geq 4.$$

Marin Chirciu

Soluție.**Lema**If $x, y, z > 0$ then

$$\frac{xy + yz + zx}{x^2 + y^2 + z^2} + \frac{(x + y + z)^3}{9xyz} \geq 4.$$

Folosind **Lema** pentru $(x, y, z) = \left(\cos \frac{A}{2}, \cos \frac{B}{2}, \cos \frac{C}{2}\right)$ obținem:

$$\frac{\sum \cos \frac{B}{2} \cos \frac{C}{2}}{\sum \cos^2 \frac{A}{2}} + \frac{\left(\sum \cos \frac{A}{2}\right)^3}{9 \prod \cos \frac{A}{2}} \geq 4.$$

Remarca.In $\triangle ABC$

$$\frac{\sum \sec \frac{B}{2} \sec \frac{C}{2}}{\sum \sec^2 \frac{A}{2}} + \frac{\left(\sum \sec \frac{A}{2}\right)^3}{9 \prod \sec \frac{A}{2}} \geq 4.$$

Marin Chirciu

Soluție.**Lema**If $x, y, z > 0$ then

$$\frac{xy + yz + zx}{x^2 + y^2 + z^2} + \frac{(x + y + z)^3}{9xyz} \geq 4.$$

Folosind Lema pentru $(x, y, z) = \left(\sec \frac{A}{2}, \sec \frac{B}{2}, \sec \frac{C}{2}\right)$ obținem:

$$\frac{\sum \sec \frac{B}{2} \sec \frac{C}{2}}{\sum \sec^2 \frac{A}{2}} + \frac{\left(\sum \sec \frac{A}{2}\right)^3}{9 \prod \sec \frac{A}{2}} \geq 4.$$

Remarca.

In $\triangle ABC$

$$\frac{\sum \csc \frac{B}{2} \csc \frac{C}{2}}{\sum \csc^2 \frac{A}{2}} + \frac{\left(\sum \csc \frac{A}{2}\right)^3}{9 \prod \csc \frac{A}{2}} \geq 4.$$

Marin Chirciu

Soluție.

Lema

If $x, y, z > 0$ then

$$\frac{xy + yz + zx}{x^2 + y^2 + z^2} + \frac{(x + y + z)^3}{9xyz} \geq 4.$$

Folosind Lema pentru $(x, y, z) = \left(\sec \frac{A}{2}, \sec \frac{B}{2}, \sec \frac{C}{2}\right)$ obținem:

$$\frac{\sum \csc \frac{B}{2} \csc \frac{C}{2}}{\sum \csc^2 \frac{A}{2}} + \frac{\left(\sum \csc \frac{A}{2}\right)^3}{9 \prod \csc \frac{A}{2}} \geq 4.$$

Aplicatia22.

If $x, y, z > 0, x + y + z = xyz$ then

$$\sum \frac{1}{1 + yz} \leq \frac{3}{4}.$$

Boris Colakovic, MathAtelier 5/2023

Remarca.

In $\triangle ABC$

$$\sum \frac{1}{1 + \cot \frac{B}{2} \cot \frac{C}{2}} \leq \frac{3}{4}.$$

Marin Chirciu

Soluție.**Lema**

If $x, y, z > 0, x + y + z = xyz$ then

$$\sum \frac{1}{1+yz} \leq \frac{3}{4}.$$

Avem $x + y + z = xyz \Leftrightarrow \frac{1}{yz} + \frac{1}{zx} + \frac{1}{xy} = 1$.

Cu substituția $\left(\frac{1}{yz}, \frac{1}{zx}, \frac{1}{xy}\right) = (a, b, c)$ problema se reformulează.

If $a, b, c > 0, a + b + c = 1$ then

$$\sum \frac{a}{1+a} \leq \frac{3}{4}.$$

Demonstrație

$\sum \frac{a}{1+a} \leq \frac{3}{4} \Leftrightarrow \sum \frac{1}{1+a} \geq \frac{9}{4}$, care rezultă din :

$$\sum \frac{1}{1+a} \stackrel{CS}{\geq} \frac{9}{\sum(1+a)} = \frac{9}{3 + \sum a} = \frac{9}{3+1} = \frac{9}{4}.$$

Se cunoaște identitatea în triunghi $\sum \cot \frac{A}{2} = \prod \cot \frac{A}{2} = \frac{p}{r}$.

Folosind **Lema** pentru $(x, y, z) = \left(\cot \frac{A}{2}, \cot \frac{B}{2}, \cot \frac{C}{2}\right)$ obținem:

$$\sum \frac{1}{1 + \cot \frac{B}{2} \cot \frac{C}{2}} \leq \frac{3}{4}.$$

Aplicatia23.

If $x, y, z > 0, x + y + z = 3$ then find max of

$$P = \sum \sqrt{x + yz}.$$

Anh Duc, Vietnam, THCS 5/2023

Remarca.

Let $\lambda \geq 0$ fixed. If $x, y, z > 0, x + y + z = 3$ then find max of

$$P = \sum \sqrt{x + \lambda yz}.$$

Marin Chirciu

Soluție.

$$\begin{aligned} P &= \frac{1}{\sqrt{\lambda+1}} \sum \sqrt{(\lambda+1)(x + \lambda yz)} \stackrel{AM-GM}{\leq} \frac{1}{\sqrt{\lambda+1}} \sum \frac{\lambda+1+(x + \lambda yz)}{2} = \frac{1}{2\sqrt{\lambda+1}} \sum (\lambda+1+x + yz) = \\ &= \frac{1}{2\sqrt{\lambda+1}} (3\lambda+3 + \sum x + \lambda \sum yz) \stackrel{SOS}{\leq} \frac{1}{2\sqrt{2}} \left(3\lambda+3 + \sum x + \frac{\lambda}{3} (\sum x)^2 \right) \stackrel{SOS}{\leq} \frac{1}{2\sqrt{\lambda+1}} \left(3\lambda+6 + \frac{\lambda}{3} 3^2 \right) = \\ &= \frac{1}{2\sqrt{\lambda+1}} \cdot 6(\lambda+1) = 3\sqrt{\lambda+1}. \end{aligned}$$

Egalitatea are loc dacă și numai dacă $x = y = z = 1$.

Deducem că $\max P = 3\sqrt{\lambda+1}$ pentru $x = y = z = 1$.

Remarca.

Problema se poate dezvolta.

In $\triangle ABC$

$$\sum \sqrt{\frac{1}{r_a} + \frac{3\lambda r}{r_b r_c}} \leq \sqrt{\frac{3(\lambda+1)}{r}}.$$

Marin Chirciu

Soluție.**Lema**

If $x, y, z > 0$, $x + y + z = 3$ and $\lambda \geq 0$ then

$$\sum \sqrt{x + \lambda yz} \leq 3\sqrt{\lambda+1}.$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{3r}{r_a} + \frac{3r}{r_b} + \frac{3r}{r_c} = 3$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{3r}{r_a}, \frac{3r}{r_b}, \frac{3r}{r_c} \right)$ obținem:

$$\sum \sqrt{\frac{3r}{r_a} + \lambda \frac{3r}{r_b} \frac{3r}{r_c}} \leq 3\sqrt{\lambda+1} \Leftrightarrow \sum \sqrt{\frac{1}{r_a} + \frac{3\lambda r}{r_b r_c}} \leq \sqrt{\frac{3(\lambda+1)}{r}} \Leftrightarrow$$

Remarca.

In $\triangle ABC$

$$\sum \sqrt{\frac{1}{h_a} + \frac{3\lambda r}{h_b h_c}} \leq \sqrt{\frac{3(\lambda+1)}{r}}$$

Marin Chirciu

Aplicatia24.

If $x, y, z > 0, x + y + z = 1$ then

$$\sum \frac{yz}{x^2 + xyz} \geq \frac{1}{4x} + \frac{1}{4y} + \frac{1}{4z}$$

Quan Le, Vietnam, THCS 5/2023

Remarca.

In ΔABC

$$\sum \frac{\frac{1}{\frac{r_b r_c}{r_a^2 + p^2}}}{\frac{1}{r} + \frac{1}{4}}$$

Marin Chirciu

Soluție.

Lema

If $x, y, z > 0, x + y + z = 1$ then

$$\sum \frac{yz}{x^2 + xyz} \geq \frac{1}{4x} + \frac{1}{4y} + \frac{1}{4z}$$

If $x, y, z > 0, x + y + z = 1$ then

$$\frac{yz}{x^2 + xyz} = \frac{1}{x} - \frac{1}{(x+y)(x+z)}$$

Demonstratie.

$$\frac{yz}{x^2 + xyz} = \frac{1}{x} - \frac{1}{x+y+z} = \frac{1}{x} - \frac{1}{x(x+y+z) + yz} = \frac{1}{x} - \frac{1}{(x+y)(x+z)}$$

$$LHS = \sum \frac{yz}{x^2 + xyz} = \sum \left(\frac{1}{x} - \frac{1}{(x+y)(x+z)} \right) = \sum \frac{1}{x} - \sum \frac{1}{(x+y)(x+z)} \stackrel{Lema8/9}{\geq} \frac{1}{4x} + \frac{1}{4y} + \frac{1}{4z} = RHS$$

$$\sum \frac{1}{x} - \sum \frac{1}{(x+y)(x+z)} \stackrel{Lema8/9}{\geq} \frac{1}{4x} + \frac{1}{4y} + \frac{1}{4z} \Leftrightarrow \frac{3}{4} \sum \frac{1}{x} \geq \sum \frac{1}{(x+y)(x+z)} \Leftrightarrow$$

$$\Leftrightarrow \frac{\sum(y+z)}{(x+y)(y+z)(z+x)} \leq \frac{3}{4} \sum \frac{1}{x} \Leftrightarrow \frac{2}{(x+y)(y+z)(z+x)} \leq \frac{3}{4} \sum \frac{1}{x} \Leftrightarrow$$

$$\Leftrightarrow (x+y)(y+z)(z+x) \geq \frac{8}{3} \cdot \frac{1}{\sum \frac{1}{x}}.$$

Lema8/9 .

If $x, y, z > 0$ then

$$(x+y)(y+z)(z+x) \geq \frac{8}{9}(x+y+z)(xy+yz+zx).$$

Lema8/9

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1.$

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c}\right)$ obținem:

$$\sum \frac{\frac{r}{r_b} \frac{r}{r_c}}{\left(\frac{r}{r_a}\right)^2 + \frac{r}{r_a} \frac{r}{r_b} \frac{r}{r_c}} \geq \frac{1}{4} \frac{r}{r_a} + \frac{1}{4} \frac{r}{r_b} + \frac{1}{4} \frac{r}{r_c} \Leftrightarrow \sum \frac{\frac{r^2}{r_b r_c}}{\frac{r^2}{r_a^2} + \frac{r^3}{r_a r_b r_c}} \geq \frac{r_a + r_b + r_c}{4r} \Leftrightarrow$$

$$\Leftrightarrow \sum \frac{\frac{r^2}{r_b r_c}}{\frac{r^2}{r_a^2} + \frac{r^3}{r_a p^2}} \geq \frac{4R+r}{4r} \Leftrightarrow \sum \frac{\frac{1}{r_b r_c}}{\frac{1}{r_a^2} + \frac{1}{p^2}} \geq \frac{R}{r} + \frac{1}{4}.$$

Remarca.

In ΔABC

$$\sum \frac{\frac{1}{h_b h_c}}{\frac{1}{h_a^2} + \frac{1}{p^2 r}} \geq \frac{5}{2} - \frac{r}{2R}.$$

Marin Chirciu

Soluție.

Lema

If $x, y, z > 0, x + y + z = 1$ then

$$\sum \frac{yz}{x^2 + xyz} \geq \frac{1}{4x} + \frac{1}{4y} + \frac{1}{4z} .$$

Se cunoaște identitatea în triunghi $\frac{1}{h_a} + \frac{1}{h_b} + \frac{1}{h_c} = \frac{1}{r} \Leftrightarrow \frac{r}{h_a} + \frac{r}{h_b} + \frac{r}{h_c} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{h_a}, \frac{r}{h_b}, \frac{r}{h_c}\right)$ obținem:

$$\sum \frac{\frac{r}{h_b} \frac{r}{h_c}}{\left(\frac{r}{h_a}\right)^2 + \frac{r}{h_a} \frac{r}{h_b} \frac{r}{h_c}} \geq \frac{1}{4\frac{r}{h_a}} + \frac{1}{4\frac{r}{h_b}} + \frac{1}{4\frac{r}{h_c}} \Leftrightarrow \sum \frac{\frac{r^2}{h_b h_c}}{\frac{r^2}{h_a^2} + \frac{r^3}{h_a h_b h_c}} \geq \frac{h_a + h_b + h_c}{4r} \Leftrightarrow$$

$$\Leftrightarrow \sum \frac{\frac{r^2}{h_b h_c}}{\frac{r^2}{h_a^2} + \frac{2p^2 r^2}{2R}} \geq \frac{p^2 + r^2 + 4Rr}{4r} \Leftrightarrow \sum \frac{\frac{1}{h_b h_c}}{\frac{1}{h_a^2} + \frac{R}{p^2 r}} \geq \frac{p^2 + r^2 + 4Rr}{8Rr} .$$

$$\sum \frac{\frac{1}{h_b h_c}}{\frac{1}{h_a^2} + \frac{R}{p^2 r}} \geq \frac{p^2 + r^2 + 4Rr}{8Rr} \stackrel{Gerretsen}{\geq} \frac{16Rr - 5r^2 + r^2 + 4Rr}{8Rr} = \frac{20Rr - 4r^2}{8Rr} =$$

$$= \frac{4r(5R - r)}{8Rr} = \frac{(5R - r)}{2R} = \frac{5}{2} - \frac{r}{2R}$$

Aplicatia24.

If $x, y, z > 0, xy + yz + zx = 3$ then

$$\frac{1}{\sqrt{xy}} + \frac{1}{\sqrt{yz}} + \frac{1}{\sqrt{zx}} \geq \frac{8}{x^2 + 7} + \frac{8}{y^2 + 7} + \frac{8}{z^2 + 7} .$$

Nguyen Huy Dang, Vietnam, THCS 5/2023

Remarca.

If $x, y, z > 0, xy + yz + zx = 3$ and $n \in \mathbf{N}^*$ then

$$\frac{1}{\sqrt[n]{xy}} + \frac{1}{\sqrt[n]{yz}} + \frac{1}{\sqrt[n]{zx}} \geq \frac{4n}{x^2 + 4n - 1} + \frac{4n}{y^2 + 4n - 1} + \frac{4n}{z^2 + 4n - 1} .$$

Marin Chirciu

Soluție.

Lema.

If $x > 0$ and $n \in \mathbf{N}^*$ then

$$\frac{4n}{x^2 + 4n - 1} \leq \frac{1}{\sqrt[2n]{x}}.$$

Demonstrație.

$$x^2 + 4n - 1 \stackrel{AM-GM}{\geq} 4n \sqrt[n]{x^2 \cdot \underbrace{1 \cdot 1 \cdot \dots \cdot 1}_n} = 4n \sqrt[n]{x^2} = 4n \sqrt[2n]{x}, \text{ cu egalitate pentru } x = 1.$$

$$\text{Din } x^2 + 4n - 1 \geq 4n \sqrt[2n]{x} \Rightarrow \frac{4n}{x^2 + 4n - 1} \leq \frac{1}{\sqrt[2n]{x}}.$$

Remarca.

In $\triangle ABC$

$$\sum \frac{1}{\tan \frac{B}{2} \tan \frac{C}{2}} \geq \sum \frac{4}{\tan^2 \frac{A}{2} + 1}.$$

Marin Chirciu

Soluție.

Lema. _____

If $x, y, z > 0, xy + yz + zx = 3$ then

$$\frac{1}{xy} + \frac{1}{yz} + \frac{1}{zx} \geq \frac{4}{x^2 + 3} + \frac{4}{y^2 + 3} + \frac{4}{z^2 + 3}.$$

Demonstrație.

If $x > 0$ then

$$\frac{4}{x^2 + 3} \leq \frac{1}{\sqrt{x}}.$$

$$x^2 + 3 \stackrel{AM-GM}{\geq} 4 \sqrt[4]{x^2 \cdot 1 \cdot 1 \cdot 1} = 4 \sqrt[4]{x^2} = 4 \sqrt{x}, \text{ cu egalitate pentru } x = 1.$$

$$\text{Din } x^2 + 3 \geq 4 \sqrt{x} \Rightarrow \frac{4}{x^2 + 3} \leq \frac{1}{\sqrt{x}}.$$

Folosind $\sum a^2 \geq \sum bc$ pentru $(a, b, c) = \left(\frac{1}{\sqrt{yz}}, \frac{1}{\sqrt{zx}}, \frac{1}{\sqrt{xy}} \right)$ rezultă

$$\sum \frac{1}{yz} \geq \sum \frac{1}{\sqrt{zx}} \frac{1}{\sqrt{xy}} = \frac{1}{\sqrt{xyz}} \sum \frac{1}{\sqrt{x}} \stackrel{xyz \leq 1}{\geq} \sum \frac{1}{\sqrt{x}} \Rightarrow \sum \frac{1}{yz} \geq \sum \frac{1}{\sqrt{x}}. (1).$$

Am folosit mai sus $xyz \leq 1$, vezi $3 = xy + yz + zx \geq 3 \sqrt[3]{x^2 y^2 z^2} \Rightarrow xyz \leq 1$.

$$\text{Obținem } \frac{1}{xy} + \frac{1}{yz} + \frac{1}{zx} \stackrel{(1)}{\geq} \sum \frac{1}{\sqrt{x}} \stackrel{\text{Lema}}{\geq} \frac{4}{x^2+3} + \frac{4}{y^2+3} + \frac{4}{z^2+3}.$$

$$\text{Se cunoaște identitatea în triunghi } \sum \tan \frac{B}{2} \tan \frac{C}{2} = 1 \Leftrightarrow \sum \sqrt{3} \tan \frac{B}{2} \cdot \sqrt{3} \tan \frac{C}{2} = 3.$$

Folosind **Lema** pentru $(x, y, z) = \left(\sqrt{3} \tan \frac{A}{2}, \sqrt{3} \tan \frac{B}{2}, \sqrt{3} \tan \frac{C}{2} \right)$ obținem:

$$\sum \frac{1}{\sqrt{3} \tan \frac{B}{2} \cdot \sqrt{3} \tan \frac{C}{2}} \geq \sum \frac{4}{3 \tan^2 \frac{A}{2} + 3} \Leftrightarrow \sum \frac{1}{3 \tan \frac{B}{2} \tan \frac{C}{2}} \geq \sum \frac{4}{3 \tan^2 \frac{A}{2} + 3} \Leftrightarrow$$

$$\Leftrightarrow \sum \frac{1}{\tan \frac{B}{2} \tan \frac{C}{2}} \geq \sum \frac{4}{\tan^2 \frac{A}{2} + 1}.$$

Aplicația 25.

If $x, y, z > 0$, $xy + yz + zx = 3$ then

$$\sum \frac{1}{y+z} + \frac{x^2 + y^2 + z^2}{2} \geq 3.$$

Trinh Ha, Vietnam, THCS 5/2023

Remarca.

In $\triangle ABC$

$$\sum \frac{1}{\sqrt{3} \left(\tan \frac{B}{2} + \tan \frac{C}{2} \right)} + \frac{3}{2} \cdot \frac{(4R+r)^2}{p^2} \geq 6.$$

Marin Chirciu

Soluție.

Lema

If $x, y, z > 0$, $xy + yz + zx = 3$ then

$$\sum \frac{1}{y+z} + \frac{x^2 + y^2 + z^2}{2} \geq 3.$$

Soluție.

$$LHS = \sum \frac{1}{y+z} + \frac{x^2+y^2+z^2}{2} \stackrel{cs}{\geq} \frac{9}{2\sum x} + \frac{(\sum x)^2 - 2\sum yz}{2} = \frac{9}{2p} + \frac{p^2 - 2 \cdot 3}{2} \stackrel{(1)}{\geq} 3 = RHS,$$

$$\text{unde (1)} \Leftrightarrow \frac{9}{2p} + \frac{p^2 - 2 \cdot 3}{2} \geq 3 \Leftrightarrow p^3 - 12p + 9 \geq 0 \Leftrightarrow (p-3)(p^2 + 3p - 3) \geq 0,$$

care rezultă din $p \geq 3$, vezi $p^2 = (x+y+z)^2 \geq 3(xy+yz+zx) = 3 \cdot 3 = 9$.

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1 \Leftrightarrow \sum \sqrt{3} \tan \frac{B}{2} \cdot \sqrt{3} \tan \frac{C}{2} = 3$.

Folosind **Lema** pentru $(x, y, z) = \left(\sqrt{3} \tan \frac{A}{2}, \sqrt{3} \tan \frac{B}{2}, \sqrt{3} \tan \frac{C}{2} \right)$ obținem:

$$\sum \frac{1}{\sqrt{3} \left(\tan \frac{B}{2} + \tan \frac{C}{2} \right)} + \frac{3}{2} \sum \tan^2 \frac{A}{2} \geq 3 \Leftrightarrow \sum \frac{1}{\sqrt{3} \left(\tan \frac{B}{2} + \tan \frac{C}{2} \right)} + \frac{3}{2} \cdot \frac{(4R+r)^2 - 2p^2}{p^2} \geq 3 \Leftrightarrow$$

$$\sum \frac{1}{\sqrt{3} \left(\tan \frac{B}{2} + \tan \frac{C}{2} \right)} + \frac{3}{2} \cdot \frac{(4R+r)^2}{p^2} \geq 6.$$

Am folosit mai sus:

$$\sum \tan^2 \frac{A}{2} = \frac{(4R+r)^2 - 2p^2}{p^2}.$$

Remarca.

În $\triangle ABC$

$$\sum \frac{1}{\sqrt{3} \left(\tan \frac{B}{2} + \tan \frac{C}{2} \right)} \geq \frac{3}{2} \left(3 - \frac{R}{r} \right).$$

Marin Chirciu

Soluție.

Lema

If $x, y, z > 0$, $xy + yz + zx = 3$ then

$$\sum \frac{1}{y+z} + \frac{x^2+y^2+z^2}{2} \geq 3.$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1 \Leftrightarrow \sum \sqrt{3} \tan \frac{B}{2} \cdot \sqrt{3} \tan \frac{C}{2} = 3$.

Folosind **Lema** pentru $(x, y, z) = \left(\sqrt{3} \tan \frac{A}{2}, \sqrt{3} \tan \frac{B}{2}, \sqrt{3} \tan \frac{C}{2}\right)$ obținem:

$$\sum \frac{1}{\sqrt{3} \left(\tan \frac{B}{2} + \tan \frac{C}{2}\right)} + \frac{3}{2} \sum \tan^2 \frac{A}{2} \geq 3 \Leftrightarrow \sum \frac{1}{\sqrt{3} \left(\tan \frac{B}{2} + \tan \frac{C}{2}\right)} + \frac{3}{2} \cdot \frac{(4R+r)^2 - 2p^2}{p^2} \geq 3 \Leftrightarrow$$

$$\sum \frac{1}{\sqrt{3} \left(\tan \frac{B}{2} + \tan \frac{C}{2}\right)} + \frac{3}{2} \cdot \frac{(4R+r)^2}{p^2} \geq 6 \Leftrightarrow \sum \frac{1}{\sqrt{3} \left(\tan \frac{B}{2} + \tan \frac{C}{2}\right)} \geq 6 - \frac{3}{2} \cdot \frac{(4R+r)^2}{p^2} \Leftrightarrow$$

$$\sum \frac{1}{\sqrt{3} \left(\tan \frac{B}{2} + \tan \frac{C}{2}\right)} \geq 6 - \frac{3}{2} \cdot \frac{(4R+r)^2}{\frac{r(4R+r)^2}{R+r}} \Leftrightarrow \sum \frac{1}{\sqrt{3} \left(\tan \frac{B}{2} + \tan \frac{C}{2}\right)} \geq \frac{3}{2} \left(3 - \frac{R}{r}\right).$$

Am folosit mai sus:

$$\sum \tan^2 \frac{A}{2} = \frac{(4R+r)^2 - 2p^2}{p^2}.$$

Remarca.

If $x, y, z > 0$, $xy + yz + zx = 3$ and $\lambda \geq 0$ then

$$\sum \frac{1}{y + \lambda z} + \frac{x^2 + y^2 + z^2}{2} \geq \frac{3}{2} \cdot \frac{\lambda + 3}{\lambda + 1}.$$

Marin Chirciu

Soluție.

$$LHS = \sum \frac{1}{y + \lambda z} + \frac{x^2 + y^2 + z^2}{2} \stackrel{CS}{\geq} \frac{9}{(\lambda + 1) \sum x} + \frac{(\sum x)^2 - 2 \sum yz}{2} =$$

$$= \frac{9}{(\lambda + 1)p} + \frac{p^2 - 2 \cdot 3}{2} \stackrel{(1)}{\geq} \frac{3}{2} \cdot \frac{\lambda + 3}{\lambda + 1} = RHS, \text{ unde (1) } \Leftrightarrow$$

$$\Leftrightarrow \frac{9}{(\lambda + 1)p} + \frac{p^2 - 2 \cdot 3}{2} \geq \frac{3}{2} \cdot \frac{\lambda + 3}{\lambda + 1} \Leftrightarrow (\lambda + 1)p^3 - (9\lambda + 15)p + 18 \geq 0 \Leftrightarrow$$

$$(p - 3)((\lambda + 1)p^2 + 3(\lambda + 1)p - 6) \geq 0, \text{ care rezultă din } \lambda \geq 0 \text{ și } p \geq 3, \text{ vezi}$$

$$p^2 = (x + y + z)^2 \geq 3(xy + yz + zx) = 3 \cdot 3 = 9.$$

Remarca.

In ΔABC

$$\sum \frac{1}{\sqrt{3} \left(\tan \frac{B}{2} + \lambda \tan \frac{C}{2} \right)} \geq \frac{3}{2} \cdot \left(\frac{2\lambda + 4}{\lambda + 1} - \frac{R}{r} \right), \lambda \geq 0.$$

Marin Chirciu

Soluție.**Lema**

If $x, y, z > 0$, $xy + yz + zx = 3$ and $\lambda \geq 0$ then

$$\sum \frac{1}{y + \lambda z} + \frac{x^2 + y^2 + z^2}{2} \geq \frac{3}{2} \cdot \frac{\lambda + 3}{\lambda + 1}.$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1 \Leftrightarrow \sum \sqrt{3} \tan \frac{B}{2} \cdot \sqrt{3} \tan \frac{C}{2} = 3$.

Folosind **Lema** pentru $(x, y, z) = \left(\sqrt{3} \tan \frac{A}{2}, \sqrt{3} \tan \frac{B}{2}, \sqrt{3} \tan \frac{C}{2} \right)$ obținem:

$$\sum \frac{1}{\sqrt{3} \left(\tan \frac{B}{2} + \lambda \tan \frac{C}{2} \right)} + \frac{3}{2} \sum \tan^2 \frac{A}{2} \geq \frac{3}{2} \cdot \frac{\lambda + 3}{\lambda + 1} \Leftrightarrow$$

$$\Leftrightarrow \sum \frac{1}{\sqrt{3} \left(\tan \frac{B}{2} + \lambda \tan \frac{C}{2} \right)} + \frac{3}{2} \cdot \frac{(4R + r)^2 - 2p^2}{p^2} \geq \frac{3}{2} \cdot \frac{\lambda + 3}{\lambda + 1} \Leftrightarrow$$

$$\Leftrightarrow \sum \frac{1}{\sqrt{3} \left(\tan \frac{B}{2} + \lambda \tan \frac{C}{2} \right)} \geq \frac{3}{2} \cdot \left(\frac{2\lambda + 4}{\lambda + 1} - \frac{R}{r} \right).$$

Am folosit mai sus:

$$\sum \tan^2 \frac{A}{2} = \frac{(4R + r)^2 - 2p^2}{p^2}.$$

Aplicatia26.

If $x, y, z > 0$ then

$$\sum \frac{x}{9yz + 1} \geq \frac{x + y + z}{1 + (x + y + z)^2}.$$

Amir Sofi, Kosovo, Mathematics(College and High School)5/2023

Remarca.

If $x, y, z > 0$ and $\lambda \geq 0$ then

$$\sum \frac{x}{9yz + \lambda} \geq \frac{x + y + z}{\lambda + (x + y + z)^2}.$$

Marin Chirciu

Soluție.

$$LHS = \sum \frac{x}{9yz + \lambda} = \sum \frac{x^2}{9xyz + \lambda x} \stackrel{CS}{\geq} \frac{(\sum x)^2}{27xyz + \lambda \sum x} \stackrel{(1)}{\geq} \frac{\sum x}{\lambda + (\sum x)^2} = RHS,$$

$$\text{unde (1)} \Leftrightarrow \frac{(\sum x)^2}{27xyz + \lambda \sum x} \geq \frac{\sum x}{\lambda + (\sum x)^2} \Leftrightarrow (\sum x)^3 \geq 3xyz, \text{ vezi AM-GM.}$$

Remarca.In $\triangle ABC$

$$\sum \frac{\frac{r}{r_a}}{\frac{r}{9r^2} + \lambda} \geq \frac{1}{\lambda + 1}, \lambda \geq 0.$$

Soluție.**Lema**If $x, y, z > 0$ and $\lambda \geq 0$ then

$$\sum \frac{x}{9yz + \lambda} \geq \frac{x + y + z}{\lambda + (x + y + z)^2}.$$

Soluție.

$$LHS = \sum \frac{x}{9yz + \lambda} = \sum \frac{x^2}{9xyz + \lambda x} \stackrel{CS}{\geq} \frac{(\sum x)^2}{27xyz + \lambda \sum x} \stackrel{(1)}{\geq} \frac{\sum x}{\lambda + (\sum x)^2} = RHS,$$

$$\text{unde (1)} \Leftrightarrow \frac{(\sum x)^2}{27xyz + \lambda \sum x} \geq \frac{\sum x}{\lambda + (\sum x)^2} \Leftrightarrow (\sum x)^3 \geq 3xyz, \text{ vezi AM-GM.}$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1.$

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c}\right)$ obținem:

$$\sum \frac{\frac{r}{r_a}}{9\frac{r}{r_b} \frac{r}{r_c} + \lambda} \geq \frac{1}{\lambda+1} \Leftrightarrow \sum \frac{\frac{r}{r_a}}{9r^2 \frac{r}{r_b r_c} + \lambda} \geq \frac{1}{\lambda+1}.$$

Remarca.

In ΔABC

$$\sum \frac{\frac{r}{h_a}}{9r^2 \frac{r}{h_b h_c} + \lambda} \geq \frac{1}{\lambda+1}, \lambda \geq 0.$$

Marin Chirciu

Aplicația27.

If $x, y, z > 0, x + y + z = \frac{3}{4}$ then find min of

$$P = \sum \sqrt{x^2 + \frac{1}{y^2}}.$$

THCS5/2023, Vietnam

Remarca.

Let $0 \leq \lambda \leq 256$ fixed. If $x, y, z > 0, x + y + z = \frac{3}{4}$ then find min of

$$P = \sum \sqrt{x^2 + \frac{\lambda}{y^2}}.$$

Marin Chirciu

Remarca.

Let $0 \leq \lambda \leq 81$ fixed. If $x, y, z > 0, x + y + z = 1$ then find min of

$$P = \sum \sqrt{x^2 + \frac{\lambda}{y^2}}.$$

Marin Chirciu

Remarca.

In ΔABC

$$\sum \sqrt{\frac{r^2}{r_a^2} + \frac{\lambda r_b^2}{r^2}} \geq \sqrt{81 + \lambda}, 0 \leq \lambda \leq 81.$$

Marin Chirciu

Lema.

If $x, y, z > 0, x + y + z = 1$ then

$$\sum \sqrt{x^2 + \frac{\lambda}{y^2}} \geq \sqrt{81 + \lambda}.$$

Soluție.

$$\begin{aligned} P &= \sum \sqrt{x^2 + \frac{\lambda}{y^2}} \stackrel{CBS}{\geq} \sqrt{(\sum x)^2 + \lambda \left(\sum \frac{1}{y}\right)^2} = \sqrt{\lambda \left[(\sum x)^2 + \frac{1}{81} \left(\sum \frac{1}{x}\right)^2 \right] + \frac{81 - \lambda}{81} \left(\sum \frac{1}{x}\right)^2} \stackrel{AM-GM}{\geq} \\ &\stackrel{AM-GM}{\geq} \sqrt{2\lambda \sqrt{(\sum x)^2 \cdot \frac{1}{81} \left(\sum \frac{1}{x}\right)^2} + \frac{81 - \lambda}{81} \left(\sum \frac{1}{x}\right)^2} = \sqrt{2\lambda \cdot \frac{1}{9} \sum x \sum \frac{1}{x} + \frac{81 - \lambda}{81} \left(\sum \frac{1}{x}\right)^2} \stackrel{CS}{\geq} \\ &\stackrel{CS}{\geq} \sqrt{2\lambda \cdot \frac{1}{9} \cdot 9 + \frac{81 - \lambda}{81} \left(\sum \frac{1}{x}\right)^2} \stackrel{CS}{\geq} \sqrt{2\lambda + \frac{81 - \lambda}{81} \left(\frac{9}{\sum x}\right)^2} = \sqrt{2\lambda + \frac{81 - \lambda}{81} \left(\frac{9}{1}\right)^2} = \\ &= \sqrt{2\lambda + \frac{81 - \lambda}{81} \cdot 9^2} = \sqrt{2\lambda + (81 - \lambda)} = \sqrt{81 + \lambda}. \end{aligned}$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c}\right)$ obținem:

$$\sum \sqrt{\left(\frac{r}{r_a}\right)^2 + \frac{\lambda}{\left(\frac{r}{r_b}\right)^2}} \geq \sqrt{81 + \lambda} \Leftrightarrow \sum \sqrt{\frac{r^2}{r_a^2} + \frac{\lambda r_b^2}{r^2}} \geq \sqrt{81 + \lambda}.$$

Remarca.

Problema se poate dezvolta.

In ΔABC

$$\sum \sqrt{\frac{r^2}{h_a^2} + \frac{\lambda h_b^2}{r^2}} \geq \sqrt{81 + \lambda}, 0 \leq \lambda \leq 81.$$

Marin Chirciu

Lema.If $x, y, z > 0, x + y + z = 1$ then

$$\sum \sqrt{x^2 + \frac{\lambda}{y^2}} \geq \sqrt{81 + \lambda}.$$

Se cunoaște identitatea în triunghi $\frac{1}{h_a} + \frac{1}{h_b} + \frac{1}{h_c} = \frac{1}{r} \Leftrightarrow \frac{r}{h_a} + \frac{r}{h_b} + \frac{r}{h_c} = 1.$ Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{h_a}, \frac{r}{h_b}, \frac{r}{h_c}\right)$ obținem:

$$\sum \sqrt{\left(\frac{r}{h_a}\right)^2 + \frac{\lambda}{\left(\frac{r}{h_b}\right)^2}} \geq \sqrt{81 + \lambda} \Leftrightarrow \sum \sqrt{\frac{r^2}{h_a^2} + \frac{\lambda h_b^2}{r^2}} \geq \sqrt{81 + \lambda}.$$

Aplicatia28.If $x, y, z > 0, \frac{1}{x^2} + \frac{1}{y^2} + \frac{1}{z^2} = 1$ then find min of

$$P = \sum \frac{y^2 z^2}{x(y^2 + z^2)}.$$

Le Tran, Vietnam, THCS 5/2023

Remarca.In $\triangle ABC$

$$\sum \frac{r_b r_c}{\sqrt{r_a} (r_b + r_c)} \geq \frac{3\sqrt{3}r}{2}.$$

Marin Chirciu

LemaIf $x, y, z > 0, \frac{1}{x^2} + \frac{1}{y^2} + \frac{1}{z^2} = 1$ then

$$\sum \frac{y^2 z^2}{x(y^2 + z^2)} \geq \frac{3\sqrt{3}}{2}.$$

Soluție.

Cu substituția $(a, b, c) = \left(\frac{1}{x}, \frac{1}{y}, \frac{1}{z}\right)$ problema se reformulează:

If $a, b, c > 0, a^2 + b^2 + c^2 = 1$ then

$$\sum \frac{a}{b^2 + c^2} \geq \frac{3\sqrt{3}}{2}.$$

Demonstrație.

Lema

$$\frac{a}{b^2 + c^2} \geq \frac{3\sqrt{3}}{2} a^2.$$

$$\frac{a}{b^2 + c^2} = \frac{a}{1 - a^2} = \frac{a^2}{a(1 - a^2)} \geq \frac{3\sqrt{3}}{2} a^2, \text{ care rezultă din:}$$

$$a^2(1 - a^2)^2 = \frac{1}{2} \cdot 2a^2(1 - a^2)(1 - a^2) \stackrel{AM-GM}{\leq} \frac{1}{2} \left[\frac{2a^2 + (1 - a^2) + (1 - a^2)}{3} \right]^3 = \frac{1}{2} \left(\frac{2}{3} \right)^3 = \frac{4}{27},$$

$$\text{cu egalitate pentru } 2a^2 = (1 - a^2) \Leftrightarrow a = \frac{1}{\sqrt{3}}.$$

$$a^2(1 - a^2)^2 \leq \frac{4}{27} \Rightarrow a(1 - a^2) \leq \frac{2}{3\sqrt{3}} \Rightarrow \frac{1}{a(1 - a^2)} \geq \frac{3\sqrt{3}}{2} \Rightarrow \frac{a^2}{a(1 - a^2)} \geq \frac{3\sqrt{3}}{2} a^2.$$

$$\text{Obținem: } \sum \frac{a}{b^2 + c^2} \geq \sum \frac{3\sqrt{3}}{2} a^2 = \frac{3\sqrt{3}}{2} \sum a^2 = \frac{3\sqrt{3}}{2}.$$

$$\text{Se cunoaște identitatea în triunghi } \frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1.$$

Folosind **Lema** pentru $(x, y, z) = \left(\sqrt{\frac{r_a}{r}}, \sqrt{\frac{r_b}{r}}, \sqrt{\frac{r_c}{r}}\right)$ obținem:

$$\sum \frac{\left(\frac{r_b}{r}\right)\left(\frac{r_c}{r}\right)}{\sqrt{\frac{r_a}{r}} \left(\left(\frac{r_b}{r}\right) + \left(\frac{r_c}{r}\right)\right)} \geq \frac{3\sqrt{3}}{2} \Leftrightarrow \sum \frac{r_b r_c}{\sqrt{r_a} (r_b + r_c)} \geq \frac{3\sqrt{3}r}{2}.$$

Remarca.

In $\triangle ABC$

$$\sum \frac{h_b h_c}{\sqrt{h_a} (h_b + h_c)} \geq \frac{3\sqrt{3}r}{2}.$$

Marin Chirciu

Soluție.**Lema**

If $x, y, z > 0$, $\frac{1}{x^2} + \frac{1}{y^2} + \frac{1}{z^2} = 1$ then

$$\sum \frac{y^2 z^2}{x(y^2 + z^2)} \geq \frac{3\sqrt{3}}{2}.$$

Se cunoaște identitatea în triunghi $\frac{1}{h_a} + \frac{1}{h_b} + \frac{1}{h_c} = \frac{1}{r} \Leftrightarrow \frac{r}{h_a} + \frac{r}{h_b} + \frac{r}{h_c} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\sqrt{\frac{h_a}{r}}, \sqrt{\frac{h_b}{r}}, \sqrt{\frac{h_c}{r}}\right)$ obținem:

$$\sum \frac{\left(\frac{h_b}{r}\right)\left(\frac{h_c}{r}\right)}{\sqrt{\frac{h_a}{r}}\left(\left(\frac{h_b}{r}\right) + \left(\frac{h_c}{r}\right)\right)} \geq \frac{3\sqrt{3}}{2} \Leftrightarrow \sum \frac{h_b h_c}{\sqrt{h_a}(h_b + h_c)} \geq \frac{3\sqrt{3}r}{2}.$$

Aplicatia29.

If $x, y, z > 0$, $xy + yz + zx = 3$ then

$$\sum \frac{1}{2x + y + z} \leq \frac{x^2 + y^2 + z^2 + 9}{16}.$$

Ng Bao Ngoc, Vietnam, THCS5/2023

Remarca.

In $\triangle ABC$

$$\sum \frac{1}{2 \tan \frac{A}{2} + \tan \frac{B}{2} + \tan \frac{C}{2}} \leq \frac{3\sqrt{3}}{16} \left(2 + \frac{R}{r}\right).$$

Marin Chirciu

Soluție.**Lema.**

If $x, y, z > 0$, $xy + yz + zx = 3$ then

$$\sum \frac{1}{2x + y + z} \leq \frac{x^2 + y^2 + z^2 + 9}{16}.$$

Soluție.

$$\begin{aligned}
 LHS &= \sum \frac{1}{2x+y+z} \leq \frac{1}{4} \sum \left(\frac{1}{x+y} + \frac{1}{x+z} \right) = \frac{1}{2} \sum \frac{1}{y+z} = \frac{1}{2} \frac{\sum (x+y)(x+z)}{\prod (y+z)} = \\
 &= \frac{1}{2} \frac{\sum (x^2 + xy + yz + zx)}{\prod (y+z)} = \frac{1}{2} \frac{\sum (x^2 + 3)}{\prod (y+z)} = \frac{1}{2} \frac{\sum x^2 + 9}{\prod (y+z)} \stackrel{(1)}{\leq} \frac{\sum x^2 + 9}{16} = RHS,
 \end{aligned}$$

unde (1) $\Leftrightarrow \prod (y+z) \geq 8$, vezi **Lema8/9**.

Lema 8/9.

If $x, y, z > 0$ then

$$(x+y)(y+z)(z+x) \geq \frac{8}{9}(x+y+z)(xy+yz+zx).$$

Lema8/9

Demonstrație.

Avem:

$$\begin{aligned}
 (x+y)(y+z)(z+x) &\geq \frac{8}{9}(x+y+z)(xy+yz+zx) \Leftrightarrow \\
 \Leftrightarrow 9(\sum yz(y+z) + 2xyz) &\geq (\sum yz(y+z) + 3xyz) \Leftrightarrow \sum yz(y+z) \geq 6xyz \Leftrightarrow \\
 \Leftrightarrow \sum x(y-z)^2 &\geq 0, \text{ evident cu egalitate pentru } x = y = z.
 \end{aligned}$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1 \Leftrightarrow \sum \sqrt{3} \tan \frac{B}{2} \cdot \sqrt{3} \tan \frac{C}{2} = 3$.

Folosind **Lema** pentru $(x, y, z) = \left(\sqrt{3} \tan \frac{A}{2}, \sqrt{3} \tan \frac{B}{2}, \sqrt{3} \tan \frac{C}{2} \right)$ obținem:

$$\begin{aligned}
 \sum \frac{1}{2\sqrt{3} \tan \frac{A}{2} + \sqrt{3} \tan \frac{B}{2} + \sqrt{3} \tan \frac{C}{2}} &\leq \frac{3 \tan^2 \frac{A}{2} + 3 \tan^2 \frac{B}{2} + 3 \tan^2 \frac{C}{2} + 9}{16} \Leftrightarrow \\
 \Leftrightarrow \sum \frac{1}{2 \tan \frac{A}{2} + \tan \frac{B}{2} + \tan \frac{C}{2}} &\leq \frac{3\sqrt{3} \left(\tan^2 \frac{A}{2} + \tan^2 \frac{B}{2} + \tan^2 \frac{C}{2} + 3 \right)}{16} \Leftrightarrow \\
 \Leftrightarrow \sum \frac{1}{2 \tan \frac{A}{2} + \tan \frac{B}{2} + \tan \frac{C}{2}} &\leq \frac{3\sqrt{3} \left(\frac{(4R+r)^2 - 2p^2}{p^2} + 3 \right)}{16} \Leftrightarrow
 \end{aligned}$$

$$\Leftrightarrow \sum \frac{1}{2 \tan \frac{A}{2} + \tan \frac{B}{2} + \tan \frac{C}{2}} \leq \frac{3\sqrt{3}}{16} \left(1 + \frac{(4R+r)^2}{p^2} \right), (1).$$

Folosind inegalitatea lui Gerretsen $p^2 \geq 16Rr - 5r^2 \geq \frac{r(4R+r)^2}{R+r}$ rezultă

$$\frac{(4R+r)^2}{p^2} \leq \frac{(4R+r)^2}{\frac{r(4R+r)^2}{R+r}} = \frac{R+r}{r} = 1 + \frac{R}{r}, (2).$$

Din (1) și (2) rezultă:

$$\sum \frac{1}{2 \tan \frac{A}{2} + \tan \frac{B}{2} + \tan \frac{C}{2}} \leq \frac{3\sqrt{3}}{16} \left(2 + \frac{R}{r} \right).$$

Am folosit mai sus $\sum \tan \frac{A}{2} = \frac{(4R+r)^2 - 2p^2}{p^2}$.

Aplicatia30.

If $x, y, z > 0, x + y + z = 3$ then

$$\sum \sqrt{2x(y^2 + z^2)} + xy + yz + zx \leq 9.$$

Nhat Viet, Vietnam, THCS 5/2023

Remarca.

In $\triangle ABC$

$$\sum \sqrt{\frac{6r}{r_a} \left(\frac{1}{r_b^2} + \frac{1}{r_c^2} \right)} + \frac{3(4R+r)}{p^2} \leq 9.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0, x + y + z = 3$ then

$$\sum \sqrt{2x(y^2 + z^2)} + xy + yz + zx \leq 9.$$

If $x, y, z > 0, x + y + z = 3$ then

$$1). \sqrt{2x(y^2 + z^2)} \leq \frac{x^2 + y^2 + z^2 + 1}{2};$$

$$2) \cdot \sqrt{2y(x^2 + z^2)} + \sqrt{2z(x^2 + y^2)} \leq 4.$$

Demonstratie.

1).

$$\sqrt{2x(y^2 + z^2)} \stackrel{SOS}{\leq} \sqrt{(x^2 + 1)(y^2 + z^2)} \stackrel{AM-GM}{\leq} \frac{(x^2 + 1) + (y^2 + z^2)}{2} = \frac{x^2 + y^2 + z^2 + 1}{2}, \text{ cu egalitate}$$

pentru $x = 1$ și $y^2 + z^2 = x^2 + 1$.

2).

Principiul lui Dirichlet:

Din trei numere pozitive a, b, c există cel puțin două numere care sunt situate de aceeași parte a lui 1.

Fie b, c numerele, deci $(1 - b)(1 - c) \leq 0$.

Folosind principiul lui Dirichlet pentru $(b, c) = \left(\frac{y}{x}, \frac{z}{x}\right)$ obținem $\left(1 - \frac{y}{x}\right)\left(1 - \frac{z}{x}\right) \leq 0 \Leftrightarrow$

$$\Leftrightarrow (x - y)(x - z) \leq 0 \Leftrightarrow x^2 + yz \leq x(y + z), (1).$$

Obținem:

$$\begin{aligned} \sqrt{2y(x^2 + z^2)} + \sqrt{2z(x^2 + y^2)} &\stackrel{CBS}{\leq} \sqrt{2} \sqrt{2y(x^2 + z^2) + 2z(x^2 + y^2)} = 2\sqrt{y(x^2 + z^2) + z(x^2 + y^2)} = \\ &= 2\sqrt{(y + z)(x^2 + yz)} \stackrel{(1)}{\leq} 2\sqrt{x(y + z)} \stackrel{(2)}{\leq} 2 \cdot \sqrt{4} = 4, \text{ unde (2) rezultă din:} \end{aligned}$$

$$x(y + z)^2 = 4x \cdot \frac{y + z}{2} \cdot \frac{y + z}{2} \stackrel{AM-GM}{\leq} 4 \left(\frac{x + \frac{y + z}{2} + \frac{y + z}{2}}{3} \right)^3 = 4 \left(\frac{x + y + z}{3} \right)^3 = 4 \left(\frac{3}{3} \right)^3 = 4.$$

$$\begin{aligned} LHS &= \sum \sqrt{2x(y^2 + z^2)} + (xy + yz + zx) \leq \frac{x^2 + y^2 + z^2 + 1}{2} + 4 + (xy + yz + zx) = \\ &= \frac{x^2 + y^2 + z^2 + 2(xy + yz + zx) + 9}{2} = \frac{(x + y + z)^2 + 9}{2} = \frac{3^2 + 9}{2} = 9. \end{aligned}$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1 \Leftrightarrow \frac{3r}{r_a} + \frac{3r}{r_b} + \frac{3r}{r_c} = 3.$

Folosind **Lema** pentru $(x, y, z) = \left(\frac{3r}{r_a}, \frac{3r}{r_b}, \frac{3r}{r_c}\right)$ obținem:

$$\sum \sqrt{2 \frac{3r}{r_a} \left(\left(\frac{3r}{r_b}\right)^2 + \left(\frac{3r}{r_c}\right)^2 \right)} + \frac{3r}{r_a} \frac{3r}{r_b} + \frac{3r}{r_b} \frac{3r}{r_c} + \frac{3r}{r_c} \frac{3r}{r_a} \leq 9 \Leftrightarrow$$

$$\Leftrightarrow 3r \sum \sqrt{2 \frac{3r}{r_a} \left(\left(\frac{1}{r_b} \right)^2 + \left(\frac{1}{r_c} \right)^2 \right)} + 9r^2 \frac{4R+r}{rp^2} \leq 9 \Leftrightarrow \sum \sqrt{\frac{6r}{r_a} \left(\frac{1}{r_b^2} + \frac{1}{r_c^2} \right)} + \frac{3(4R+r)}{p^2} \leq 9$$

Aplicația31.

If $x, y, z > 0, x + y + z = 3$ then find max of

$$P = \sum \frac{yz}{3+x^2}.$$

Duc Tran Truong, Vietnam, THCS 5/2023

Remarca.

In ΔABC

$$\sum \frac{\frac{1}{r_b r_c}}{1 + \frac{3r^2}{r_a^2}} \leq \frac{1}{4r^2}.$$

Marin Chirciu

Soluție.**Lema.**

If $x, y, z > 0, x + y + z = 3$ then

$$\sum \frac{yz}{3+x^2} \leq \frac{3}{4}.$$

Demonstratie.

$$x + y + z = 3 \Rightarrow x^2 + y^2 + z^2 \geq 3.$$

$$P = \sum \frac{yz}{3+x^2} \leq \frac{1}{4} \sum \frac{(y+z)^2}{(x^2 + y^2 + z^2) + x^2} = \frac{1}{4} \sum \frac{(y+z)^2}{(x^2 + y^2) + (x^2 + z^2)} \stackrel{CS}{\leq} \\ \leq \frac{1}{4} \sum \left(\frac{y^2}{x^2 + y^2} + \frac{z^2}{x^2 + z^2} \right) = \frac{1}{4} \cdot 3 = \frac{3}{4}.$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1 \Leftrightarrow \frac{3r}{r_a} + \frac{3r}{r_b} + \frac{3r}{r_c} = 3$

Folosind **Lema** pentru $(x, y, z) = \left(\frac{3r}{r_a}, \frac{3r}{r_b}, \frac{3r}{r_c} \right)$ obținem:

$$\sum \frac{\frac{3r}{r_b} \cdot \frac{3r}{r_c}}{3 + \left(\frac{3r}{r_a}\right)^2} \leq \frac{3}{4} \Leftrightarrow \sum \frac{\frac{1}{r_b r_c}}{1 + \frac{3r^2}{r_a^2}} \leq \frac{1}{4r^2}.$$

Remarca.

In $\triangle ABC$

$$\sum \frac{\frac{1}{h_b h_c}}{1 + \frac{3r^2}{h_a^2}} \leq \frac{1}{4r^2}.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0, x + y + z = 3$ then

$$\sum \frac{yz}{3 + x^2} \leq \frac{3}{4}.$$

Se cunoaște identitatea în triunghi $\frac{1}{h_a} + \frac{1}{h_b} + \frac{1}{h_c} = \frac{1}{r} \Leftrightarrow \frac{r}{h_a} + \frac{r}{h_b} + \frac{r}{h_c} = 1 \Leftrightarrow \frac{3r}{h_a} + \frac{3r}{h_b} + \frac{3r}{h_c} = 3$

Folosind **Lema** pentru $(x, y, z) = \left(\frac{3r}{h_a}, \frac{3r}{h_b}, \frac{3r}{h_c}\right)$ obținem:

$$\sum \frac{\frac{3r}{h_b} \cdot \frac{3r}{h_c}}{3 + \left(\frac{3r}{h_a}\right)^2} \leq \frac{3}{4} \Leftrightarrow \sum \frac{\frac{1}{h_b h_c}}{1 + \frac{3r^2}{h_a^2}} \leq \frac{1}{4r^2}.$$

Aplicația32.

If $x, y, z > 0, \frac{1}{x} + \frac{1}{y} + \frac{1}{z} = 1$ then

$$\sum \sqrt{\frac{3}{x^2 + xy + y^2}} \leq 1.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0$ then

$$\sqrt{\frac{3}{x^2 + xy + y^2}} \leq \frac{2}{x + y}.$$

Demonstrație.

$$\sqrt{\frac{3}{x^2 + xy + y^2}} \leq \frac{2}{x + y} \Leftrightarrow (x - y)^2 \geq 0, \text{ cu egalitate pentru } x = y.$$

$$LHS = \sum \sqrt{\frac{3}{x^2 + xy + y^2}} \leq \sum \frac{2}{x + y} \leq 2 \cdot \frac{1}{4} \sum \left(\frac{1}{x} + \frac{1}{y} \right) = \sum \frac{1}{x} = 1 = RHS.$$

Remarca.

In $\triangle ABC$

$$\sum \sqrt{\frac{3}{r_a^2 + r_a r_b + r_b^2}} \leq \frac{1}{r}.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0, \frac{1}{x} + \frac{1}{y} + \frac{1}{z} = 1$ then

$$\sum \sqrt{\frac{3}{x^2 + xy + y^2}} \leq 1.$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1.$

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r_a}{r}, \frac{r_b}{r}, \frac{r_c}{r} \right)$ obținem:

$$\sum \sqrt{\frac{3}{\left(\frac{r_a}{r}\right)^2 + \frac{r_a}{r} \frac{r_b}{r} + \left(\frac{r_b}{r}\right)^2}} \leq 1 \Leftrightarrow \sum \sqrt{\frac{3}{r_a^2 + r_a r_b + r_b^2}} \leq \frac{1}{r}.$$

Remarca.

In $\triangle ABC$

$$\sum \sqrt{\frac{3}{h_a^2 + h_a h_b + h_b^2}} \leq \frac{1}{r}.$$

Marin Chirciu

Soluție.**Lema.**

If $x, y, z > 0$, $\frac{1}{x} + \frac{1}{y} + \frac{1}{z} = 1$ then

$$\sum \sqrt{\frac{3}{x^2 + xy + y^2}} \leq 1.$$

Se cunoaște identitatea în triunghi $\frac{1}{h_a} + \frac{1}{h_b} + \frac{1}{h_c} = \frac{1}{r} \Leftrightarrow \frac{r}{h_a} + \frac{r}{h_b} + \frac{r}{h_c} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{h_a}{r}, \frac{h_b}{r}, \frac{h_c}{r}\right)$ obținem:

$$\sum \sqrt{\frac{3}{\left(\frac{h_a}{r}\right)^2 + \frac{h_a}{r} \frac{h_b}{r} + \left(\frac{h_b}{r}\right)^2}} \leq 1 \Leftrightarrow \sum \sqrt{\frac{3}{h_a^2 + h_a h_b + h_b^2}} \leq \frac{1}{r}.$$

Aplicatia33.

If $x, y, z > 0$, $x + y + z = 3$ then

$$\sum \sqrt{3(x^2 + 2)} \geq 9.$$

Marin Chirciu

Soluție.**Lema.**

If $x > 0$ then

$$\sqrt{3(x^2 + 2)} \geq 2 + x.$$

Demonstrație.

$$\sqrt{3(x^2 + 2)} \geq 2 + x \Leftrightarrow (x-1)^2 \geq 0, \text{ cu egalitate pentru } x = 1.$$

$$\sum \sqrt{3(x^2 + 2)} \geq \sum (2 + x) = 6 + \sum x = 6 + 3 = 9.$$

Remarca.

In $\triangle ABC$

$$\sum \sqrt{2 + \left(\frac{3r}{r_a}\right)^2} \geq 3\sqrt{3}.$$

Marin Chirciu

Soluție.**Lema.**If $x, y, z > 0, x + y + z = 3$ then

$$\sum \sqrt{3(x^2 + 2)} \geq 9.$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1 \Leftrightarrow \frac{3r}{r_a} + \frac{3r}{r_b} + \frac{3r}{r_c} = 3.$

Folosind **Lema** pentru $(x, y, z) = \left(\frac{3r}{r_a}, \frac{3r}{r_b}, \frac{3r}{r_c}\right)$ obținem:

$$\sum \sqrt{3\left(\left(\frac{3r}{r_a}\right)^2 + 2\right)} \geq 9 \Leftrightarrow \sum \sqrt{2 + \left(\frac{3r}{r_a}\right)^2} \geq 3\sqrt{3}.$$

Remarca.In $\triangle ABC$

$$\sum \sqrt{2 + \left(\frac{3r}{h_a}\right)^2} \geq 3\sqrt{3}.$$

Marin Chirciu

Soluție.**Lema.**If $x, y, z > 0, x + y + z = 3$ then

$$\sum \sqrt{3(x^2 + 2)} \geq 9.$$

$$\sum \sqrt{3(x^2 + 2)} \geq \sum (2 + x) = 6 + \sum x = 6 + 3 = 9.$$

Se cunoaște identitatea în triunghi $\frac{1}{h_a} + \frac{1}{h_b} + \frac{1}{h_c} = \frac{1}{r} \Leftrightarrow \frac{r}{h_a} + \frac{r}{h_b} + \frac{r}{h_c} = 1 \Leftrightarrow \frac{3r}{h_a} + \frac{3r}{h_b} + \frac{3r}{h_c} = 3.$

Folosind **Lema** pentru $(x, y, z) = \left(\frac{3r}{h_a}, \frac{3r}{h_b}, \frac{3r}{h_c}\right)$ obținem:

$$\sum \sqrt{3\left(\left(\frac{3r}{h_a}\right)^2 + 2\right)} \geq 9 \Leftrightarrow \sum \sqrt{2 + \left(\frac{3r}{h_a}\right)^2} \geq 3\sqrt{3}.$$

Aplicatia34.

If $x, y, z > 0, x + y + z = 1$ then

$$\sum \frac{x^2 + 3y^2}{x + 3y} \geq 1.$$

Marin Chirciu

Soluție.**Lema.**

If $x, y > 0$ then

$$\frac{x^2 + 3y^2}{x + 3y} \geq \frac{x + 3y}{4}.$$

Demonstrație.

$$\frac{x^2 + 3y^2}{x + 3y} \geq \frac{x + 3y}{4} \Leftrightarrow 3(x - y)^2 \geq 0, \text{ cu egalitate pentru } x = y.$$

$$LHS = \sum \frac{x^2 + 3y^2}{x + 3y} \stackrel{\text{Lema}}{\geq} \sum \frac{x + 3y}{4} = \frac{4 \sum x}{4} = \sum x = 1 = RHS.$$

Remarca.

In $\triangle ABC$

$$\sum \frac{\frac{1}{r_a^2} + \frac{3}{r_b^2}}{\frac{1}{r_a} + \frac{3}{r_b}} \geq \frac{1}{r}.$$

Marin Chirciu

Soluție.**Lema.**

If $x, y, z > 0, x + y + z = 1$ then

$$\sum \frac{x^2 + 3y^2}{x + 3y} \geq 1.$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1$

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c}\right)$ obținem:

$$\sum \frac{\left(\frac{r}{r_a}\right)^2 + 3\left(\frac{r}{r_b}\right)^2}{\frac{r}{r_a} + 3\frac{r}{r_b}} \geq 1 \Leftrightarrow \sum \frac{\frac{1}{r_a^2} + \frac{3}{r_b^2}}{\frac{1}{r_a} + \frac{3}{r_b}} \geq \frac{1}{r}.$$

Remarca.

In $\triangle ABC$

$$\sum \frac{\frac{1}{h_a^2} + \frac{3}{h_b^2}}{\frac{1}{h_a} + \frac{3}{h_b}} \geq \frac{1}{r}.$$

Marin Chirciu

Remarca.

If $x, y, z > 0, x + y + z = 1$ and $\lambda \geq 0$ then

$$\sum \frac{x^2 + \lambda y^2}{x + \lambda y} \geq 1.$$

Marin Chirciu

Soluție.

Lema.

If $x, y > 0$ and $\lambda \geq 0$ then

$$\frac{x^2 + \lambda y^2}{x + \lambda y} \geq \frac{x + \lambda y}{\lambda + 1}.$$

Demonstrație.

$$\frac{x^2 + \lambda y^2}{x + \lambda y} \geq \frac{x + \lambda y}{\lambda + 1} \Leftrightarrow \lambda(x - y)^2 \geq 0, \text{ cu egalitate pentru } x = y.$$

$$LHS = \sum \frac{x^2 + \lambda y^2}{x + \lambda y} \stackrel{Lema}{\geq} \sum \frac{x + \lambda y}{\lambda + 1} = \frac{(\lambda + 1) \sum x}{\lambda + 1} = \sum x = 1 = RHS.$$

Remarca.

In $\triangle ABC$

$$\sum \frac{\frac{1}{r_a^2} + \frac{\lambda}{r_b^2}}{\frac{1}{r_a} + \frac{\lambda}{r_b}} \geq \frac{1}{r}, \lambda \geq 0.$$

Marin Chirciu

Soluție.**Lema.**

If $x, y, z > 0, x + y + z = 1$ and $\lambda \geq 0$ then

$$\sum \frac{x^2 + \lambda y^2}{x + \lambda y} \geq 1.$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1$

Să trecem la rezolvarea problemei din enunț.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c}\right)$ obținem:

$$\sum \frac{\left(\frac{r}{r_a}\right)^2 + \lambda \left(\frac{r}{r_b}\right)^2}{\frac{r}{r_a} + \lambda \frac{r}{r_b}} \geq 1 \Leftrightarrow \sum \frac{\frac{1}{r_a^2} + \frac{\lambda}{r_b^2}}{\frac{1}{r_a} + \frac{\lambda}{r_b}} \geq \frac{1}{r}.$$

Remarca.

In $\triangle ABC$

$$\sum \frac{\frac{1}{h_a^2} + \frac{\lambda}{h_b^2}}{\frac{1}{h_a} + \frac{\lambda}{h_b}} \geq \frac{1}{r}, \lambda \geq 0.$$

Marin Chirciu

Aplicația 35.

If $x, y, z > 0, x + y + z = 3$ then

$$\sum \frac{x}{1+y^2} \geq \frac{3}{2}.$$

Le Hai Trung, Vietnam, THCS 5/2023

Soluție.**Lema**

$$x, y > 0$$

$$\frac{x}{1+y^2} \geq x - \frac{xy}{2}.$$

Demonstrație.

$$\frac{x}{1+y^2} = x \left(1 - \frac{y^2}{1+y^2}\right) \stackrel{AM-GM}{\geq} x \left(1 - \frac{y^2}{2y}\right) = x - \frac{xy}{2}, \text{ cu egalitate pentru } y = 1.$$

$$LHS = \sum \frac{x}{1+y^2} \stackrel{Lema}{\geq} \sum \left(x - \frac{xy}{2}\right) = \sum x - \frac{1}{2} \sum xy \stackrel{(1)}{\geq} 3 - \frac{1}{2} \cdot 3 = \frac{3}{2} = RHS, \text{ unde (1) } \Leftrightarrow$$

$$\Leftrightarrow \sum xy \leq 3, \text{ vezi } \sum xy \leq \frac{1}{3} (\sum x)^2 = \frac{1}{3} \cdot 3^2 = 3.$$

Remarca.

In $\triangle ABC$

$$\sum \frac{1}{r_a \left(1 + \frac{9r^2}{r_b^2}\right)} \geq \frac{1}{2r}.$$

Marin Chirciu

Soluție.**Lema**

If $x, y, z > 0, x + y + z = 3$ then

$$\sum \frac{x}{1+y^2} \geq \frac{3}{2}.$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1 \Leftrightarrow \frac{3r}{r_a} + \frac{3r}{r_b} + \frac{3r}{r_c} = 3.$

Folosind **Lema** pentru $(x, y, z) = \left(\frac{3r}{r_a}, \frac{3r}{r_b}, \frac{3r}{r_c}\right)$ obținem:

$$\sum \frac{\frac{3r}{r_a}}{1 + \left(\frac{3r}{r_b}\right)^2} \geq \frac{3}{2} \Leftrightarrow \sum \frac{1}{r_a \left(1 + \frac{9r^2}{r_b^2}\right)} \geq \frac{1}{2r}.$$

Remarca.

In ΔABC

$$\sum \frac{1}{h_a \left(1 + \frac{9r^2}{h_b^2}\right)} \geq \frac{1}{2r}.$$

Marin Chirciu

Aplicația36.

If $a, b, c \geq 0, a + b + c = 2$ then

$$\frac{1}{1+a^2} + \frac{1}{1+b^2} + \frac{1}{1+c^2} \geq 2.$$

Mehmet Şahin, Turkey, Matematik Olimpiyat Okulu 4/2023

Remarca.

If $a, b, c > 0, a + b + c = 3$ then

$$\frac{1}{1+a^2} + \frac{1}{1+b^2} + \frac{1}{1+c^2} \geq \frac{3}{2}.$$

Marin Chirciu

Soluție.

Lema.

If $a > 0$ then

$$\frac{1}{1+a^2} \geq \frac{2-a}{2}.$$

Demonstrație.

Avem $\frac{1}{1+a^2} \geq \frac{2-a}{2} \Leftrightarrow a(a-1)^2 \geq 0$, cu egalitate pentru $a = 1$.

$$LHS = \sum \frac{1}{1+a^2} \stackrel{Lema}{\geq} \sum \frac{2-a}{2} = \frac{6 - \sum a}{2} = \frac{6-3}{2} = \frac{3}{2} = RHS.$$

Remarca.

If $a, b, c > 0, a + b + c = 3$ and $0 \leq \lambda \leq 1$ then

$$\frac{1}{\lambda+a^2} + \frac{1}{\lambda+b^2} + \frac{1}{\lambda+c^2} \geq \frac{3}{\lambda+1}.$$

Marin Chirciu

Soluție.

Lema.

If $a > 0$ and $\lambda \geq 0$ then

$$\frac{1}{\lambda + a^2} \geq \frac{\lambda + 3 - 2a}{(\lambda + 1)^2}.$$

Demonstrație.

Avem $\frac{1}{\lambda + a^2} \geq \frac{\lambda + 3 - 2a}{(\lambda + 1)^2} \Leftrightarrow 2a^3 - (\lambda + 3)a^2 + 2a\lambda + 1 - \lambda \geq 0 \Leftrightarrow (a - 1)^2(2a + 1 - \lambda) \geq 0$, care

rezultă din $0 \leq \lambda \leq 1$, care asigură $(2a + 1 - \lambda) > 0$ și $(a - 1)^2 \geq 0$, cu egalitate pentru $a = 1$.

$$\begin{aligned} LHS &= \sum \frac{1}{\lambda + a^2} \stackrel{\text{Lema}}{\geq} \sum \frac{\lambda + 3 - 2a}{(\lambda + 1)^2} = \frac{3(\lambda + 3) - 2 \sum a}{(\lambda + 1)^2} = \frac{3\lambda + 9 - 2 \cdot 3}{(\lambda + 1)^2} = \frac{3(\lambda + 1)}{(\lambda + 1)^2} = \\ &= \frac{3}{\lambda + 1} = RHS \end{aligned}$$

Remarca.

Problema se poate dezvolta.

In $\triangle ABC$

$$\sum \frac{1}{\lambda + \left(\frac{3r}{r_a}\right)^2} \geq \frac{3}{\lambda + 1}, 0 \leq \lambda \leq 1.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0$, $x + y + z = 3$ and $0 \leq \lambda \leq 1$ then

$$\frac{1}{\lambda + x^2} + \frac{1}{\lambda + y^2} + \frac{1}{\lambda + z^2} \geq \frac{3}{\lambda + 1}.$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1 \Leftrightarrow \frac{3r}{r_a} + \frac{3r}{r_b} + \frac{3r}{r_c} = 3$

Folosind **Lema** pentru $(x, y, z) = \left(\frac{3r}{r_a}, \frac{3r}{r_b}, \frac{3r}{r_c}\right)$ obținem:

$$\sum \frac{1}{\lambda + \left(\frac{3r}{r_a}\right)^2} \geq \frac{3}{\lambda + 1}.$$

Remarca.

Problema se poate dezvolta.

In $\triangle ABC$

$$\sum \frac{1}{\lambda + \left(\frac{3r}{h_a}\right)^2} \geq \frac{3}{\lambda + 1}, 0 \leq \lambda \leq 1.$$

Marin Chirciu

Aplicația 37.

If $a, b, c > 0, a + b + c = 1$ then

$$\sum \frac{a}{a + b^2} \leq \frac{1}{4} \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} \right).$$

Nguyen Huy Gia Bao, Vietnam, THCS 4/2023

Remarca.

In $\triangle ABC$

$$\sum \frac{r_b^2}{rr_a + r_b^2} \leq \frac{4R + r}{4r}.$$

Marin Chirciu

Soluție.

Lema

If $x, y, z > 0, x + y + z = 1$ then

$$\sum \frac{x}{x + y^2} \leq \frac{1}{4} \left(\frac{1}{x} + \frac{1}{y} + \frac{1}{z} \right).$$

If $x, y, z > 0, x + y + z = 1$ then

$$\frac{x}{x + y^2} \leq \frac{1}{4} \left[\frac{1}{x + z} + \frac{x}{y(x + y)} \right].$$

Demonstrație

$$\frac{x}{x + y^2} = \frac{x}{x(x + y + z) + y^2} = \frac{x}{x^2 + y^2 + x(y + z)} = \frac{x}{x(x + z) + y(x + y)} \leq$$

$$\leq \frac{x}{4} \left[\frac{1}{x(x+z)} + \frac{1}{y(x+y)} \right] = \frac{1}{4} \left[\frac{1}{x+z} + \frac{x}{y(x+y)} \right].$$

Obținem:

$$LHS = \sum \frac{x}{x+y^2} \stackrel{\text{Lema}}{\leq} \sum \frac{1}{4} \left[\frac{1}{x+z} + \frac{x}{y(x+y)} \right] = \frac{1}{4} \left(\frac{1}{x} + \frac{1}{y} + \frac{1}{z} \right) = RHS$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1$

Folosind Lema pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c} \right)$ obținem:

$$\sum \frac{\frac{r}{r_a}}{\frac{r}{r_a} + \left(\frac{r}{r_a} \right)^2} \leq \frac{1}{4} \left(\frac{r_a}{r} + \frac{r_b}{r} + \frac{r_c}{r} \right) \Leftrightarrow \sum \frac{\frac{1}{r_a}}{\frac{1}{r_a} + \frac{r}{r_a^2}} \leq \frac{1}{4} \cdot \frac{4R+r}{r} \Leftrightarrow \sum \frac{r_b^2}{rr_a + r_b^2} \leq \frac{4R+r}{4r}.$$

Remarca.

In $\triangle ABC$

$$\sum \frac{h_b^2}{rh_a + h_b^2} \leq \frac{(R+r)^2}{2Rr}.$$

Marin Chirciu

Aplicatia38.

If $a, b, c > 0$

$$\sum \frac{1}{4a+b+c} \leq \frac{a+b+c}{2(ab+bc+ca)}.$$

Remarca.

If $a, b, c > 0, ab+bc+ca = 1$

$$\sum \frac{1}{4a+b+c} \leq \frac{a+b+c}{2}.$$

Marin Chirciu

Soluție.

Lema

If $a, b, c > 0$, then

$$\frac{1}{4a+b+c} \leq \frac{b+c}{4(ab+bc+ca)}.$$

Demonstrație.

$$\frac{1}{4a+b+c} \leq \frac{b+c}{4(ab+bc+ca)} \Leftrightarrow 4(ab+bc+ca) \leq (4a+b+c)(b+c) \Leftrightarrow (b-c)^2 \geq 0.$$

Folosind **Lema** obținem:

$$LHS = \sum \frac{1}{4a+b+c} \stackrel{Lema}{\leq} \sum \frac{b+c}{4(ab+bc+ca)} = \frac{\sum(b+c)}{4} = \frac{2\sum a}{4} = \frac{\sum a}{2} = RHS.$$

Remarca.

In $\triangle ABC$

$$\sum \frac{1}{4 \tan \frac{A}{2} + \tan \frac{B}{2} + \tan \frac{C}{2}} \leq \frac{4R+r}{2p}.$$

Marin Chirciu

Soluție.**Lema**

If $x, y, z > 0, xy + yz + zx = 1$

$$\sum \frac{1}{4x+y+z} \leq \frac{x+y+z}{2}.$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\tan \frac{A}{2}, \tan \frac{B}{2}, \tan \frac{C}{2} \right)$ obținem:

$$\sum \frac{1}{4 \tan \frac{A}{2} + \tan \frac{B}{2} + \tan \frac{C}{2}} \leq \frac{\tan \frac{A}{2} + \tan \frac{B}{2} + \tan \frac{C}{2}}{2}.$$

$$\text{Folosind } \sum \tan \frac{A}{2} = \frac{4R+r}{p} \text{ rezultă } \sum \frac{1}{4 \tan \frac{A}{2} + \tan \frac{B}{2} + \tan \frac{C}{2}} \leq \frac{\frac{4R+r}{p}}{2} = \frac{4R+r}{2p}.$$

Aplicatia39.

If $x, y, z > 0, x + y + z = xyz$ then

$$xy + yz + zx \geq 3 + \sqrt{x^2 + 1} + \sqrt{y^2 + 1} + \sqrt{z^2 + 1}.$$

Florina și Marian Tetiva, Pure Inequalities 4/2017

Remarca.

In acute $\triangle ABC$

$$\sum \tan A \tan B \geq 3 + \sum \sqrt{1 + \tan^2 A}.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0, x + y + z = xyz$ then

$$xy + yz + zx \geq 3 + \sqrt{x^2 + 1} + \sqrt{y^2 + 1} + \sqrt{z^2 + 1}.$$

Demonstrație.

$$\sum (xy)^2 \geq xyz(x + y + z) = (x + y + z)^2, (1).$$

$$\left(\sum xy\right)^2 = \sum (xy)^2 + 2xyz(x + y + z) \stackrel{(1)}{\geq} (x + y + z)^2 + 2(x + y + z)^2 = 3(x + y + z)^2, (2).$$

$$\begin{aligned} \left(\sum xy - 3\right)^2 &= \left(\sum xy\right)^2 - 6\sum xy + 9 \stackrel{(2)}{\geq} 3(x + y + z)^2 - 6\sum xy + 9 = 3\sum x^2 + 9 = 3\left(\sum x^2 + 1\right) \stackrel{CBS}{\geq} \\ &\geq \left(\sum \sqrt{x^2 + 1}\right)^2. \end{aligned}$$

$$\text{Din } \left(\sum xy - 3\right)^2 \geq \left(\sum \sqrt{x^2 + 1}\right)^2 \Leftrightarrow \sum xy - 3 \geq \sum \sqrt{x^2 + 1} \Leftrightarrow \sum xy \geq 3 + \sum \sqrt{x^2 + 1}.$$

Se cunoaște identitatea în triunghi: $\tan A + \tan B + \tan C = \tan A \tan B \tan C = \frac{2pr}{p^2 - (2R + r)^2}.$

Folosind **Lema** pentru $(x, y, z) = (\tan A, \tan B, \tan C)$ obținem:

$$\sum \tan A \tan B \geq 3 + \sum \sqrt{1 + \tan^2 A}.$$

Aplicatia40.

If $a, b, c > 0, a + b + c = 3$ then

$$\sum \frac{1}{\sqrt{a+3}} \geq \frac{3}{2}.$$

Marin Chirciu

Soluție.

Lema.

If $0 < a < 3$, then

$$\frac{1}{\sqrt{a+3}} \geq \frac{9-a}{16}.$$

Folosim Tangent Line Method pentru funcția $f : (0,3) \rightarrow \mathbf{R}$ $f(x) = \frac{1}{\sqrt{x+3}}$ în $x_0 = 1$.

$$\text{Avem } f(1) = \frac{1}{2}.$$

Ecuția tangentei în punctul $x_0 = 1$ este $y - f(x_0) = f'(x_0)(x - x_0)$.

$$\text{Avem } f'(x) = \frac{-1}{2(x+3)\sqrt{x+3}}, f'(1) = \frac{-1}{16}.$$

Ecuția tangentei în punctul $x_0 = 1$ este $y - \frac{1}{2} = \frac{-1}{16}(x-1) \Leftrightarrow y = \frac{9-x}{16}$.

Arătăm că: $f(x) = \frac{1}{\sqrt{x+3}} \geq \frac{9-x}{16} \Leftrightarrow x^3 - 15x^2 + 27x - 13 \leq 0 \Leftrightarrow (x-1)^2(x-13) \leq 0$, care rezultă

din $(x-13) < 0$, pentru $0 < x < 3$ și $(x-1)^2 \geq 0$, cu egalitate pentru $x = 1$.

$$LHS = \sum \frac{1}{\sqrt{a+3}} \stackrel{\text{Lema}}{\geq} \sum \frac{9-a}{16} = \frac{9 \cdot 3 - \sum a}{16} = \frac{27-3}{16} = \frac{24}{16} = \frac{3}{2} = RHS.$$

Remarca.

In $\triangle ABC$

$$\sum \frac{1}{\sqrt{\frac{r}{r_a} + 1}} \geq \frac{3\sqrt{3}}{2}.$$

Marin Chirciu

Soluție.**Lema.**

If $x, y, z > 0$, $x + y + z = 3$, then

$$\sum \frac{1}{\sqrt{x+3}} \geq \frac{3}{2}.$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1 \Leftrightarrow \frac{3r}{r_a} + \frac{3r}{r_b} + \frac{3r}{r_c} = 3$.

Folosind Lema pentru $(x, y, z) = \left(\frac{3r}{r_a}, \frac{3r}{r_b}, \frac{3r}{r_c}\right)$ obținem

$$\sum \frac{1}{\sqrt{\frac{3r}{r_a} + 3}} \geq \frac{3}{2} \Leftrightarrow \sum \frac{1}{\sqrt{\frac{r}{r_a} + 1}} \geq \frac{3\sqrt{3}}{2}.$$

Remarca.

In ΔABC

$$\sum \frac{1}{\sqrt{\frac{r}{h_a} + 1}} \geq \frac{3\sqrt{3}}{2}.$$

Remarca.

If $a, b, c > 0, a + b + c = 3$ and $\lambda \geq 0$ then

$$\sum \frac{1}{\sqrt{a + \lambda}} \geq \frac{3}{\sqrt{\lambda + 1}}.$$

Marin Chirciu

Soluție.

Lema.

If $0 < a < 3$, and $\lambda \geq 0$ then

$$\frac{1}{\sqrt{a + \lambda}} \geq \frac{2\lambda + 3 - a}{2(\lambda + 1)\sqrt{\lambda + 1}}.$$

Folosim Tangent Line Method pentru funcția $f : (0, 3) \rightarrow \mathbf{R}$ $f(x) = \frac{1}{\sqrt{x + \lambda}}$ în $x_0 = 1$.

Aplicația41.

If $a, b, c > 0, a + b + c = 3$ then

$$a^2 + b^2 + c^2 \geq a^2b + b^2c + c^2a.$$

Le Phuc Lu, Vietnam, THCS 4/2023

Remarca .

If $a, b, c > 0, a + b + c = 1$ then

$$a^2 + b^2 + c^2 \geq 3(a^2b + b^2c + c^2a).$$

Marin Chirciu

Remarca .In $\triangle ABC$

$$\frac{1}{r_a^2} + \frac{1}{r_b^2} + \frac{1}{r_c^2} \geq 3r \left(\frac{1}{r_a^2 r_b} + \frac{1}{r_b^2 r_c} + \frac{1}{r_c^2 r_a} \right).$$

Marin Chirciu

Solutie.**Lema.**If $x, y, z > 0$, $x + y + z = 1$ then

$$x^2 + y^2 + z^2 \geq 3(x^2 y + y^2 z + z^2 x).$$

Solutie.

$$x^2 + y^2 + z^2 \geq 3(x^2 y + y^2 z + z^2 x) \Leftrightarrow (x + y + z)(x^2 + y^2 + z^2) \geq 3(x^2 y + y^2 z + z^2 x) \Leftrightarrow$$

$$\Leftrightarrow \sum x^3 + \sum xy^2 + \sum x^2 y \geq 3x^2 y \Leftrightarrow \sum x^3 + \sum xy^2 - 2\sum x^2 y \geq 0 \Leftrightarrow$$

$$\Leftrightarrow \sum x(x^2 + y^2 - 2xy) \geq 0 \Leftrightarrow \sum x(x - y)^2 \geq 0.$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1.$ Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c} \right)$ obținem:

$$\left(\frac{r}{r_a} \right)^2 + \left(\frac{r}{r_b} \right)^2 + \left(\frac{r}{r_c} \right)^2 \geq 3 \left(\left(\frac{r}{r_a} \right)^2 \frac{r}{r_b} + \left(\frac{r}{r_b} \right)^2 \frac{r}{r_c} + \left(\frac{r}{r_c} \right)^2 \frac{r}{r_a} \right) \Leftrightarrow$$

$$\Leftrightarrow \left(\frac{1}{r_a} \right)^2 + \left(\frac{1}{r_b} \right)^2 + \left(\frac{1}{r_c} \right)^2 \geq 3r \left(\left(\frac{1}{r_a} \right)^2 \frac{1}{r_b} + \left(\frac{1}{r_b} \right)^2 \frac{1}{r_c} + \left(\frac{1}{r_c} \right)^2 \frac{1}{r_a} \right) \Leftrightarrow$$

$$\Leftrightarrow \frac{1}{r_a^2} + \frac{1}{r_b^2} + \frac{1}{r_c^2} \geq 3r \left(\frac{1}{r_a^2 r_b} + \frac{1}{r_b^2 r_c} + \frac{1}{r_c^2 r_a} \right).$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Remarca .In $\triangle ABC$

$$\frac{1}{h_a^2} + \frac{1}{h_b^2} + \frac{1}{h_c^2} \geq 3r \left(\frac{1}{h_a^2 h_b} + \frac{1}{h_b^2 h_c} + \frac{1}{h_c^2 h_a} \right).$$

Marin Chirciu

Aplicatia42.If $a, b, c > 0, a + b + c = 3$, then

$$\sum \frac{a}{1+b^2} \geq \frac{3}{2}.$$

THCS 4/2023

RemarcaIn ΔABC

$$\sum \frac{\frac{1}{r_a}}{1 + \left(\frac{3r}{r_b}\right)^2} \geq \frac{1}{2r}.$$

Marin Chirciu

LemaIf $x, y, z > 0, x + y + z = 3$, then

$$\sum \frac{x}{1+y^2} \geq \frac{3}{2}.$$

Solutie.

$$\begin{aligned} LHS &= \sum \frac{x}{1+y^2} = \sum x \left(1 - \frac{y^2}{1+y^2}\right) \stackrel{AM-GM}{\geq} \sum x \left(1 - \frac{y^2}{2y}\right) = \sum x \left(1 - \frac{y}{2}\right) = \sum x - \frac{1}{2} \sum xy \stackrel{SOS}{\geq} \\ &\geq 3 - \frac{1}{2} \cdot \frac{1}{3} (\sum x)^2 = 3 - \frac{1}{6} \cdot 3^2 = \frac{3}{2} = RHS. \end{aligned}$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1 \Leftrightarrow \frac{3r}{r_a} + \frac{3r}{r_b} + \frac{3r}{r_c} = 3.$

Folosind **Lema** pentru $(x, y, z) = \left(\frac{3r}{r_a}, \frac{3r}{r_b}, \frac{3r}{r_c}\right)$ obținem:

$$\sum \frac{\frac{3r}{r_a}}{1 + \left(\frac{3r}{r_b}\right)^2} \geq \frac{3}{2} \Leftrightarrow \sum \frac{\frac{1}{r_a}}{1 + \left(\frac{3r}{r_b}\right)^2} \geq \frac{1}{2r}.$$

Aplicatia43.If $a, b, c > 0, ab + bc + ca = 3$, then

$$\sum \frac{1}{a^2+2} \leq 1.$$

THCS 4/2023

Soluție.**Remarca**In $\triangle ABC$

$$\sum \frac{1}{3 \tan^2 \frac{A}{2} + 2} \leq 1.$$

Marin Chirciu

LemaIf $x, y, z > 0$, $xy + yz + zx = 3$, then

$$\sum \frac{1}{x^2+2} \leq 1.$$

Demonstrație.Intorc $\sum \frac{1}{x^2+2} \leq 1 \Leftrightarrow \sum \frac{x^2}{x^2+2} \geq 1$, care rezultă din:

$$\sum \frac{x^2}{x^2+2} \stackrel{CS}{\geq} \frac{(\sum x)^2}{\sum (x^2+2)} = \frac{\sum x^2 + 2 \sum xy}{\sum x^2 + 6} = \frac{\sum x^2 + 2 \cdot 3}{\sum x^2 + 6} = 1.$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1$.

$$\text{Avem } \sum \tan \frac{B}{2} \tan \frac{C}{2} = 1 \Leftrightarrow \sum 3 \tan \frac{B}{2} \tan \frac{C}{2} = 3 \Leftrightarrow \sum \sqrt{3} \tan \frac{B}{2} \cdot \sqrt{3} \tan \frac{C}{2} = 3$$

Folosind **Lema** pentru $(x, y, z) = \left(\sqrt{3} \tan \frac{A}{2}, \sqrt{3} \tan \frac{B}{2}, \sqrt{3} \tan \frac{C}{2} \right)$ obținem:

$$\sum \frac{1}{3 \tan^2 \frac{A}{2} + 2} \leq 1.$$

RemarcaIf $a, b, c > 0$, $ab + bc + ca = 3$, and $\lambda \geq 2$ then

$$\sum \frac{1}{a^2 + \lambda} \leq \frac{3}{\lambda + 1}.$$

Marin Chirciu

Soluție.

Intorc $\sum \frac{1}{a^2 + \lambda} \leq \frac{3}{\lambda + 1} \Leftrightarrow \sum \frac{a^2}{a^2 + \lambda} \geq \frac{3}{\lambda + 1}$, care rezultă din:

$$\sum \frac{a^2}{a^2 + \lambda} \stackrel{cs}{\geq} \frac{(\sum a)^2}{\sum (a^2 + \lambda)} = \frac{\sum a^2 + 2\sum ab}{\sum a^2 + 3\lambda} = \frac{\sum a^2 + 2 \cdot 3^{(1)}}{\sum a^2 + 3\lambda} \geq \frac{3}{\lambda + 1},$$

unde $\frac{\sum a^2 + 2 \cdot 3}{\sum a^2 + 3\lambda} \geq \frac{3}{\lambda + 1} \Leftrightarrow (\lambda - 2)\sum a^2 \geq 3(\lambda - 2)$, vezi ipoteza $\lambda \geq 2$ și $\sum a^2 \geq 3$,

adevărată din $\sum a^2 \geq \sum ab = 3$.

Remarca

În $\triangle ABC$

$$\sum \frac{1}{3 \tan^2 \frac{A}{2} + \lambda} \leq \frac{3}{\lambda + 1}, \text{ unde } \lambda \geq 2.$$

Marin Chirciu

Lema

If $x, y, z > 0$, $xy + yz + zx = 3$, and $\lambda \geq 2$ then

$$\sum \frac{1}{x^2 + \lambda} \leq \frac{3}{\lambda + 1}.$$

Soluție.

Intorc $\sum \frac{1}{x^2 + \lambda} \leq \frac{3}{\lambda + 1} \Leftrightarrow \sum \frac{x^2}{x^2 + \lambda} \geq \frac{3}{\lambda + 1}$, care rezultă din:

$$\sum \frac{x^2}{x^2 + \lambda} \stackrel{cs}{\geq} \frac{(\sum x)^2}{\sum (x^2 + \lambda)} = \frac{\sum x^2 + 2\sum xy}{\sum x^2 + 3\lambda} = \frac{\sum x^2 + 2 \cdot 3^{(1)}}{\sum x^2 + 3\lambda} \geq \frac{3}{\lambda + 1},$$

unde $\frac{\sum x^2 + 2 \cdot 3}{\sum x^2 + 3\lambda} \geq \frac{3}{\lambda + 1} \Leftrightarrow (\lambda - 2)\sum x^2 \geq 3(\lambda - 2)$, vezi ipoteza $\lambda \geq 2$ și $\sum x^2 \geq 3$,

adevărată din $\sum x^2 \geq \sum xy = 3$.

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1$.

$$\text{Avem } \sum \tan \frac{B}{2} \tan \frac{C}{2} = 1 \Leftrightarrow \sum 3 \tan \frac{B}{2} \tan \frac{C}{2} = 3 \Leftrightarrow \sum \sqrt{3} \tan \frac{B}{2} \cdot \sqrt{3} \tan \frac{C}{2} = 3$$

Folosind **Lema** pentru $(x, y, z) = \left(\sqrt{3} \tan \frac{A}{2}, \sqrt{3} \tan \frac{B}{2}, \sqrt{3} \tan \frac{C}{2}\right)$ obținem:

$$\sum \frac{1}{3 \tan^2 \frac{A}{2} + \lambda} \leq \frac{3}{\lambda + 1}.$$

Aplicația 44.

If $a, b, c > 0, ab + bc + ca = 1$, then

$$\sum \frac{1}{1+a} \geq \frac{3\sqrt{3}}{\sqrt{3}+1}.$$

Math for change

Remarca

In $\triangle ABC$

$$\sum \frac{1}{1 + \tan \frac{A}{2}} \geq \frac{3\sqrt{3}}{\sqrt{3}+1}.$$

Marin Chirciu

Lema

If $x, y, z > 0, xy + yz + zx = 1$, then

$$\sum \frac{1}{1+x} \geq \frac{3\sqrt{3}}{\sqrt{3}+1}.$$

Solutie.

$$\sum \frac{1}{1+x} \geq \frac{3\sqrt{3}}{\sqrt{3}+1} \Leftrightarrow \frac{3+2\sum x + \sum xy}{1+\sum x + \sum xy + xyz} \geq \frac{3\sqrt{3}}{1+\sqrt{3}} \Leftrightarrow \frac{4+2\sum x}{2+\sum x + xyz} \geq \frac{3\sqrt{3}}{1+\sqrt{3}} \Leftrightarrow$$

$$\Leftrightarrow (2-\sqrt{3})\sum x \geq 2\sqrt{3}-4+3\sqrt{3}xyz, \text{ care rezultă din:}$$

$$x \geq \sqrt{3}, (\text{vezi } (\sum x)^2 \geq 3\sum xy = 3) \text{ și } xyz \leq \frac{1}{3\sqrt{3}}, (\text{vezi: } 1 = \sum xy \geq 3\sqrt{x^2 y^2 z^2}).$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1$

Folosind **Lema** pentru $(x, y, z) = \left(\tan \frac{A}{2}, \tan \frac{B}{2}, \tan \frac{C}{2}\right)$ obținem:

$$\sum \frac{1}{1 + \tan \frac{A}{2}} \geq \frac{3\sqrt{3}}{\sqrt{3} + 1}.$$

Remarca

If $a, b, c > 0$, $ab + bc + ca = 1$, and $0 \leq \lambda \leq \frac{2}{\sqrt{3}}$ then

$$\sum \frac{1}{\lambda + a} \geq \frac{3\sqrt{3}}{1 + \lambda\sqrt{3}}.$$

Marin Chirciu

Solutie.

$$\begin{aligned} \sum \frac{1}{\lambda + a} \geq \frac{3\sqrt{3}}{1 + \lambda\sqrt{3}} &\Leftrightarrow \frac{3\lambda^2 + 2\lambda \sum a + \sum ab}{\lambda^3 + \lambda^2 \sum a + \lambda \sum ab + abc} \geq \frac{3\sqrt{3}}{1 + \lambda\sqrt{3}} \Leftrightarrow \\ &\Leftrightarrow \frac{3\lambda^2 + 2\lambda \sum a + 1}{\lambda^3 + \lambda^2 \sum a + \lambda + abc} \geq \frac{3\sqrt{3}}{1 + \lambda\sqrt{3}} \Leftrightarrow \end{aligned}$$

$\Leftrightarrow \lambda(2 - \lambda\sqrt{3}) \sum a \geq 2\lambda\sqrt{3} - 3\lambda^2 - 1 + 3\sqrt{3}abc$, care rezultă din:

$$\sum a \geq \sqrt{3}, (\text{vezi } (\sum a)^2 \geq 3 \sum ab = 3) \text{ și } abc \leq \frac{1}{3\sqrt{3}}, (\text{vezi: } 1 = \sum ab \geq 3\sqrt{a^2 b^2 c^2}).$$

Obținem:

$$\lambda(2 - \lambda\sqrt{3}) \cdot \sqrt{3} \geq 2\lambda\sqrt{3} - 3\lambda^2 - 1 + 3\sqrt{3} \cdot \frac{1}{3\sqrt{3}} \Leftrightarrow (2 - \lambda\sqrt{3}) \cdot \sqrt{3} \geq 2\sqrt{3} - 3\lambda \Leftrightarrow$$

$$\Leftrightarrow 2 - \lambda\sqrt{3} \geq 2 - \sqrt{3}\lambda, \text{ vezi ipoteza } 0 \leq \lambda \leq \frac{2}{\sqrt{3}}.$$

Remarca

In ΔABC

$$\sum \frac{1}{\lambda + \tan \frac{A}{2}} \geq \frac{3\sqrt{3}}{1 + \lambda\sqrt{3}}, \text{ unde } 0 \leq \lambda \leq \frac{2}{\sqrt{3}}.$$

Marin Chirciu

Lema

If $x, y, z > 0$, $xy + yz + zx = 1$, and $0 \leq \lambda \leq \frac{2}{\sqrt{3}}$ then

$$\sum \frac{1}{\lambda+x} \geq \frac{3\sqrt{3}}{1+\lambda\sqrt{3}}.$$

Soluție.

$$\sum \frac{1}{\lambda+x} \geq \frac{3\sqrt{3}}{1+\lambda\sqrt{3}} \Leftrightarrow \frac{3\lambda^2+2\lambda\sum x+\sum xy}{\lambda^3+\lambda^2\sum x+\lambda\sum xy+xyz} \geq \frac{3\sqrt{3}}{1+\lambda\sqrt{3}} \Leftrightarrow$$

$$\Leftrightarrow \frac{3\lambda^2+2\lambda x+1}{\lambda^3+\lambda^2\sum x+\lambda+xyz} \geq \frac{3\sqrt{3}}{1+\lambda\sqrt{3}} \Leftrightarrow \Leftrightarrow$$

$$\Leftrightarrow \lambda(2-\lambda\sqrt{3})\sum x \geq 2\lambda\sqrt{3}-3\lambda^2-1+3\sqrt{3}xyz, \text{ care rezultă din:}$$

$$\sum x \geq \sqrt{3}, (\text{vezi } (\sum x)^2 \geq 3\sum xy = 3) \text{ și } xyz \leq \frac{1}{3\sqrt{3}}, (\text{vezi: } 1 = xy \geq 3\sqrt{x^2y^2z^2}).$$

Obținem:

$$\lambda(2-\lambda\sqrt{3})\cdot\sqrt{3} \geq 2\lambda\sqrt{3}-3\lambda^2-1+3\sqrt{3}\cdot\frac{1}{3\sqrt{3}} \Leftrightarrow (2-\lambda\sqrt{3})\cdot\sqrt{3} \geq 2\sqrt{3}-3\lambda \Leftrightarrow$$

$$\Leftrightarrow 2-\lambda\sqrt{3} \geq 2-\sqrt{3}\lambda, \text{ vezi ipoteza } 0 \leq \lambda \leq \frac{2}{\sqrt{3}}.$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1$

Folosind **Lema** pentru $(x, y, z) = \left(\tan \frac{A}{2}, \tan \frac{B}{2}, \tan \frac{C}{2} \right)$ obținem:

$$\sum \frac{1}{\lambda + \tan \frac{A}{2}} \geq \frac{3\sqrt{3}}{1 + \lambda\sqrt{3}}.$$

Aplicația45.

If $a, b, c > 0$, $ab+bc+ca=3$ then

$$\sum \frac{ab}{a^2+b^2} + \frac{5(a+b+c)}{6abc} \geq 4.$$

Nguyen Thai An, Vietnam, THCS 4/2023

Remarca.

If $a, b, c > 0$, $ab+bc+ca=3$ and $\lambda \geq \frac{3}{4}$ then

$$\sum \frac{ab}{a^2+b^2} + \frac{\lambda(a+b+c)}{abc} \geq \frac{3}{2}(2\lambda+1).$$

Marin Chirciu

Remarca.In $\triangle ABC$

$$\sum \frac{\tan \frac{A}{2} \tan \frac{B}{2}}{\tan^2 \frac{A}{2} + \tan^2 \frac{B}{2}} + \frac{\lambda(4R+r)}{3r} \geq \frac{3}{2}(2\lambda+1), \text{ unde } \lambda \geq \frac{3}{4}.$$

Marin Chirciu

Soluție**Lema**

If $x, y, z > 0$, $xy + yz + zx = 3$ and $\lambda \geq \frac{3}{4}$ then

$$\sum \frac{xy}{x^2 + y^2} + \frac{\lambda(x+y+z)}{xyz} \geq \frac{3}{2}(2\lambda+1).$$

Demonstrație.

If $x, y, z > 0$ then

$$\frac{x+y+z}{xyz} \geq 3.$$

$$3(x+y+z) = (x+y+z)(xy+yz+zx) \stackrel{AM-GM}{\geq} 3\sqrt[3]{xyz} \cdot 3\sqrt[3]{x^2y^2z^2} = 9xyz \Rightarrow \frac{x+y+z}{xyz} \geq 3,$$

cu egalitate pentru $a = b = c = 1$.

$$\text{Din AM-GM rezultă } \frac{xy}{x^2 + y^2} + \frac{x^2 + y^2}{4xy} \geq 1 \Rightarrow \sum \frac{xy}{x^2 + y^2} + \sum \frac{x^2 + y^2}{4xy} \geq 3 \Rightarrow$$

$$\Rightarrow \sum \frac{xy}{x^2 + y^2} + \frac{\sum z(x^2 + y^2)}{4xyz} \geq 3 \Rightarrow \sum \frac{xy}{x^2 + y^2} + \frac{(x+y+z)(xy+yz+zx) - 3xyz}{4xyz} \geq 3 \Rightarrow$$

$$\Rightarrow \sum \frac{xy}{x^2 + y^2} + \frac{3(x+y+z) - 3xyz}{4xyz} \geq 3 \Rightarrow \sum \frac{xy}{x^2 + y^2} + \frac{3(x+y+z)}{4xyz} \geq \frac{15}{4}.$$

$$\text{Din } \sum \frac{xy}{x^2 + y^2} + \frac{3(x+y+z)}{4xyz} \geq \frac{15}{4}, \frac{x+y+z}{xyz} \geq 3 \text{ și } \lambda \geq \frac{3}{4} \text{ obținem}$$

$$\sum \frac{xy}{x^2 + y^2} + \frac{\lambda(x+y+z)}{xyz} \geq \frac{3}{2}(2\lambda+1).$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1$.

$$\text{Avem } \sum \tan \frac{B}{2} \tan \frac{C}{2} = 1 \Leftrightarrow \sum 3 \tan \frac{B}{2} \tan \frac{C}{2} = 3 \Leftrightarrow \sum \sqrt{3} \tan \frac{B}{2} \cdot \sqrt{3} \tan \frac{C}{2} = 3.$$

Folosind **Lema** pentru $(x, y, z) = \left(\sqrt{3} \tan \frac{A}{2}, \sqrt{3} \tan \frac{B}{2}, \sqrt{3} \tan \frac{C}{2} \right)$ obținem

$$\begin{aligned} & \sum \frac{\sqrt{3} \tan \frac{A}{2} \cdot \sqrt{3} \tan \frac{B}{2}}{3 \tan^2 \frac{A}{2} + 3 \tan^2 \frac{B}{2}} + \frac{\lambda \left(\sqrt{3} \tan \frac{A}{2} + \sqrt{3} \tan \frac{B}{2} + \sqrt{3} \tan \frac{C}{2} \right)}{\sqrt{3} \tan \frac{A}{2} \cdot \sqrt{3} \tan \frac{B}{2} \cdot \sqrt{3} \tan \frac{C}{2}} \geq \frac{3}{2}(2\lambda + 1) \Leftrightarrow \\ & \Leftrightarrow \sum \frac{\tan \frac{A}{2} \tan \frac{B}{2}}{\tan^2 \frac{A}{2} + \tan^2 \frac{B}{2}} + \frac{\lambda \left(\tan \frac{A}{2} + \tan \frac{B}{2} + \tan \frac{C}{2} \right)}{3 \tan \frac{A}{2} \tan \frac{B}{2} \tan \frac{C}{2}} \geq \frac{3}{2}(2\lambda + 1) \Leftrightarrow \\ & \Leftrightarrow \sum \frac{\tan \frac{A}{2} \tan \frac{B}{2}}{\tan^2 \frac{A}{2} + \tan^2 \frac{B}{2}} + \frac{\lambda \cdot \frac{4R+r}{p}}{3 \cdot \frac{r}{p}} \geq \frac{3}{2}(2\lambda + 1) \Leftrightarrow \sum \frac{\tan \frac{A}{2} \tan \frac{B}{2}}{\tan^2 \frac{A}{2} + \tan^2 \frac{B}{2}} + \frac{\lambda(4R+r)}{3r} \geq \frac{3}{2}(2\lambda + 1) \end{aligned}$$

Remarca.

Cazul $\lambda = \frac{3}{4}$.

In ΔABC

$$\sum \frac{\tan \frac{A}{2} \tan \frac{B}{2}}{\tan^2 \frac{A}{2} + \tan^2 \frac{B}{2}} + \frac{R}{r} \geq \frac{7}{2}.$$

Marin Chirciu

Aplicatia46.

If $a, b, c > 0, a + b + c = 1$ then

$$\sum (a+b) \sqrt{\frac{a}{b}} \geq 2.$$

Panagiotis Danousis, Greece, MathAtelier 4/2023

Remarca.

In ΔABC

$$\sum \left(\frac{r}{r_a} + \frac{r}{r_b} \right) \sqrt{r_b} \geq 2$$

Marin Chirciu

Soluție.**Lema**If $x, y > 0$ then

$$\sum (x+y) \sqrt{\frac{x}{y}} \geq 2.$$

Demonstrație

Avem $(x+y) \sqrt{\frac{x}{y}} \geq 2x$, care rezultă din:

$$(x+y) \sqrt{\frac{x}{y}} \geq 2x \Leftrightarrow (\sqrt{x} - \sqrt{y})^2 \sqrt{\frac{x}{y}} \geq 0, \text{ cu egalitate pentru } x = y.$$

Obținem $\sum (x+y) \sqrt{\frac{x}{y}} \stackrel{\text{Lema}}{\geq} \sum 2x = 2 \sum x = 2 \cdot 1 = 2$.

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c}\right)$ obținem:

$$\sum \left(\frac{r}{r_a} + \frac{r}{r_b}\right) \sqrt{\frac{r}{r_a}} \geq 2 \Leftrightarrow \sum \left(\frac{r}{r_a} + \frac{r}{r_b}\right) \sqrt{\frac{r_b}{r_a}} \geq 2 \Leftrightarrow \sum \left(\frac{1}{r_a} + \frac{1}{r_b}\right) \sqrt{\frac{r_b}{r_a}} \geq \frac{2}{r}.$$

Aplicatia47.If $a, b, c > 0, a+b+c=1$ then

$$\sum \frac{(a+b)^3}{a+b+ab} \geq \frac{8}{7}.$$

George Apostolopoulos, Greece, Mathematical Inequalities 4/2023

Remarca.If $a, b, c > 0, a+b+c=1$ and $\lambda \geq 0$ then

$$\sum \frac{(a+b)^3}{a+b+\lambda ab} \geq \frac{8}{\lambda+6}.$$

Marin Chirciu

Soluție.

$$LHS = \sum \frac{(a+b)^3}{a+b+\lambda ab} \stackrel{\text{Holder}}{\geq} \frac{(\sum(a+b))^3}{3\sum(a+b+\lambda ab)} = \frac{(2\sum a)^3}{3(2\sum a + \lambda \sum ab)} = \frac{8}{3(2+\lambda \sum ab)} \stackrel{(1)}{\geq} \frac{8}{\lambda+6} =$$

= RHS, unde

$$\frac{8}{3(2+\lambda \sum ab)} \geq \frac{8}{\lambda+6} \Leftrightarrow \lambda+6 \geq 3(2+\lambda \sum ab) \Leftrightarrow \lambda \geq 3\lambda \sum ab \Leftrightarrow (\sum a)^2 \geq 3\sum ab, \text{ inegalitate}$$

cunoscută.

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c}\right)$ obținem o inegalitate în triunghi.

Remarca.

If $a, b, c > 0, a+b+c=1$ and $n \geq 0, \lambda \geq 0$ then

$$\sum \frac{(a+nb)^3}{a+b+\lambda ab} \geq \frac{(n+1)^3}{\lambda+6}.$$

Marin Chirciu

Aplicația48.

If $a, b, c > 0, a+b+c \geq 3abc$ then

$$\frac{1}{(a+1)^2} + \frac{1}{(b+1)^2} + \frac{1}{(c+1)^2} \geq \frac{3}{4}.$$

Nguyen Thau An, Vietnam, THCS 4/2023

Remarca.

Problema se poate dezvolta.

If $x, y, z > 0, xy + yz + zx = 3$ then

$$\frac{x^2}{(x+1)^2} + \frac{y^2}{(y+1)^2} + \frac{z^2}{(z+1)^2} \geq \frac{3}{4}.$$

Marin Chirciu

Demonstrație.

$$\sum \frac{x^2}{(x+1)^2} \stackrel{CS}{\geq} \frac{(\sum x)^2}{\sum (x+1)^2} = \frac{(\sum x)^2}{\sum x^2 + 2\sum x + 3} \stackrel{\sum xy=3}{\geq} \frac{(\sum x)^2}{\sum x^2 + 2\sum x + \sum xy} \stackrel{(1)}{\geq} \frac{3}{4},$$

unde $\frac{(\sum x)^2}{\sum x^2 + 2\sum x + \sum xy} \geq \frac{3}{4} \Leftrightarrow 4(\sum x)^2 \geq 3\sum x^2 + 6\sum x + 3\sum xy \Leftrightarrow$

$$(\sum x)^2 + 3\sum x^2 + 6\sum xy \geq 3\sum x^2 + 6\sum x + 3\sum xy \Leftrightarrow (\sum x)^2 - 6\sum x + 3\sum xy \geq 0,$$

care rezultă din $\sum xy = 3$.

Obținem $(\sum x)^2 - 6\sum x + 3\sum xy = (\sum x)^2 - 6\sum x + 9 = (\sum x - 3)^2 \geq 0$.

Remarca.

In ΔABC

$$\frac{\tan^2 \frac{A}{2}}{\left(\sqrt{3} \tan \frac{A}{2} + 1\right)^2} + \frac{\tan^2 \frac{B}{2}}{\left(\sqrt{3} \tan \frac{B}{2} + 1\right)^2} + \frac{\tan^2 \frac{C}{2}}{\left(\sqrt{3} \tan \frac{C}{2} + 1\right)^2} \geq \frac{1}{4}.$$

Marin Chirciu

Soluție

Lema

If $x, y, z > 0, xy + yz + zx = 3$ then

$$\frac{x^2}{(x^2 + 1)^2} + \frac{y^2}{(y^2 + 1)^2} + \frac{z^2}{(z^2 + 1)^2} \geq \frac{3}{4}.$$

Demonstrație.

$$\sum \frac{x^2}{(x+1)^2} \stackrel{CS}{\geq} \frac{(\sum x)^2}{\sum (x+1)^2} = \frac{(\sum x)^2}{\sum x^2 + 2\sum x + 3} \stackrel{\sum xy=3}{\geq} \frac{(\sum x)^2}{\sum x^2 + 2\sum x + \sum xy} \stackrel{(1)}{\geq} \frac{3}{4},$$

unde $\frac{(\sum x)^2}{\sum x^2 + 2\sum x + \sum xy} \geq \frac{3}{4} \Leftrightarrow 4(\sum x)^2 \geq 3\sum x^2 + 6\sum x + 3\sum xy \Leftrightarrow$

$$(\sum x)^2 + 3\sum x^2 + 6\sum xy \geq 3\sum x^2 + 6\sum x + 3\sum xy \Leftrightarrow (\sum x)^2 - 6\sum x + 3\sum xy \geq 0,$$

care rezultă din $\sum xy = 3$.

Obținem $(\sum x)^2 - 6\sum x + 3\sum xy = (\sum x)^2 - 6\sum x + 9 = (\sum x - 3)^2 \geq 0$.

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1$.

$$\text{Avem } \sum 3 \tan \frac{B}{2} \tan \frac{C}{2} = 3 \Leftrightarrow \sum \sqrt{3} \tan \frac{B}{2} \cdot \sqrt{3} \tan \frac{C}{2} = 3.$$

Folosind **Lema** pentru $(x, y, z) = \left(\sqrt{3} \tan \frac{A}{2}, \sqrt{3} \tan \frac{B}{2}, \sqrt{3} \tan \frac{C}{2} \right)$ obținem:

$$\frac{3 \tan^2 \frac{A}{2}}{\left(\sqrt{3} \tan \frac{A}{2} + 1 \right)^2} + \frac{3 \tan^2 \frac{B}{2}}{\left(\sqrt{3} \tan \frac{B}{2} + 1 \right)^2} + \frac{3 \tan^2 \frac{C}{2}}{\left(\sqrt{3} \tan \frac{C}{2} + 1 \right)^2} \geq \frac{3}{4} \Leftrightarrow$$

$$\Leftrightarrow \frac{\tan^2 \frac{A}{2}}{\left(\sqrt{3} \tan \frac{A}{2} + 1 \right)^2} + \frac{\tan^2 \frac{B}{2}}{\left(\sqrt{3} \tan \frac{B}{2} + 1 \right)^2} + \frac{\tan^2 \frac{C}{2}}{\left(\sqrt{3} \tan \frac{C}{2} + 1 \right)^2} \geq \frac{1}{4}.$$

Aplicatia49.

In $\triangle ABC$

$$\sum \left(\frac{a}{b+c} \right)^2 \frac{y+z}{x} \geq \frac{81r^2}{2p^2}.$$

Mehmet Şahin, Turkey

Remarca.

Problema se poate dezvolta.

In $\triangle ABC$

$$\sum \left(\frac{h_a}{b+c} \right)^2 \frac{y+z}{x} \geq \frac{9r^2}{2R^2}.$$

Marin Chirciu

Solutie.

Lemă.

Fie $x, y, z > 0$ și $f : D \rightarrow \mathbf{R}$ o funcție . Are loc relația

$$\sum \frac{y+z}{x} f^2(a) \geq 2 \sum f(b) f(c).$$

Demonstrație.

$$\text{Avem } \sum \frac{y+z}{x} f^2(a) = \sum \left(\frac{y+z}{x} + 1 - 1 \right) f^2(a) = \sum \frac{x+y+z}{x} f^2(a) - \sum f^2(a) \stackrel{CS}{\geq}$$

$$\begin{aligned} & \stackrel{CS}{\geq} (x+y+z) \frac{(\sum f(a))^2}{x+y+z} - \sum f^2(a) = (x+y+z) \frac{(\sum f(a))^2}{(x+y+z)} - \sum f^2(a) = \\ & = (\sum f(a))^2 - \sum f^2(a) = \sum f^2(a) + 2\sum f(b)f(c) - \sum f^2(a) = 2\sum f(b)f(c). \end{aligned}$$

Folosind **Lema** pentru $f(a) = \frac{h_a}{2p-a} = \frac{h_a}{b+c}$ obținem:

$$\begin{aligned} LHS &= \sum \left(\frac{h_a}{b+c} \right)^2 \frac{y+z}{x} \stackrel{Lema}{\geq} 2\sum f(b)f(c) = 2\sum \frac{h_b}{c+a} \cdot \frac{h_c}{a+b} = 2\sum \frac{h_b h_c}{(a+b)(a+c)} = \\ &= 2 \frac{r(p^2 + r^2 + 4Rr)}{R(p^2 + r^2 + 2Rr)} \stackrel{(1)}{\geq} \frac{9r^2}{2R^2} = RHS, \end{aligned}$$

$$\text{unde } 2 \frac{r(p^2 + r^2 + 4Rr)}{R(p^2 + r^2 + 2Rr)} \stackrel{(1)}{\geq} \frac{9r^2}{2R^2} \Leftrightarrow p^2(4R-9r) + r(16R^2 - 14Rr - 9r^2) \geq 0.$$

Distingem cazurile:

Cazul1). Dacă $(4R-9r) \geq 0$, inegalitatea este evidentă.

Cazul2). Dacă $(4R-9r) < 0$, inegalitatea se rescrie: $r(16R^2 - 14Rr - 9r^2) \geq p^2(9r-4R)$,

care rezultă din inegalitatea lui Gerretsen $p^2 \leq 4R^2 + 4Rr + 3r^2$.

Rămâne să arătăm că:

$$r(16R^2 - 14Rr - 9r^2) \geq (4R^2 + 4Rr + 3r^2)(9r-4R) \Leftrightarrow 8R^3 - 2R^2r - 19Rr^2 - 18r^3 \geq 0 \Leftrightarrow$$

$$\Leftrightarrow (R-2r)(8R^2 + 14Rr + 9r^2) \geq 0, \text{ evident din inegalitatea lui Euler } R \geq 2r.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

$$\text{Am folosit mai sus: } \sum \frac{h_b h_c}{(a+b)(a+c)} = \frac{r(p^2 + r^2 + 4Rr)}{R(p^2 + r^2 + 2Rr)}.$$

Remarca.

In $\triangle ABC$

$$\sum \left(\frac{m_a}{b+c} \right)^2 \frac{y+z}{x} \geq \frac{9r^2}{2R^2}.$$

Marin Chirciu

Solutie.

Folosind **Lema** pentru $f(a) = \frac{m_a}{2p-a} = \frac{m_a}{b+c}$ obținem:

$$LHS = \sum \left(\frac{m_a}{b+c} \right)^2 \frac{y+z}{x} \stackrel{m_a \geq h_a}{\geq} \sum \left(\frac{h_a}{b+c} \right)^2 \frac{y+z}{x} \stackrel{Lema}{\geq} 2 \sum f(b)f(c) = 2 \sum \frac{h_b}{c+a} \cdot \frac{h_c}{a+b} =$$

$$2 \sum \frac{h_b h_c}{(a+b)(a+c)} = 2 \frac{r(p^2 + r^2 + 4Rr)}{R(p^2 + r^2 + 2Rr)} \stackrel{(1)}{\geq} \frac{9r^2}{2R^2} = RHS,$$

unde $2 \frac{r(p^2 + r^2 + 4Rr)}{R(p^2 + r^2 + 2Rr)} \stackrel{(1)}{\geq} \frac{9r^2}{2R^2} \Leftrightarrow p^2(4R-9r) + r(16R^2 - 14Rr - 9r^2) \geq 0.$

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Cazul1). Dacă $(4R-9r) \geq 0$, inegalitatea este evidentă.

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care rezultă din inegalitatea lui Gerretsen $p^2 \leq 4R^2 + 4Rr + 3r^2$.

Rămâne să arătăm că:

$$r(16R^2 - 14Rr - 9r^2) \geq (4R^2 + 4Rr + 3r^2)(9r-4R) \Leftrightarrow 8R^3 - 2R^2r - 19Rr^2 - 18r^3 \geq 0 \Leftrightarrow$$

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Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Am folosit mai sus: $\sum \frac{h_b h_c}{(a+b)(a+c)} = \frac{r(p^2 + r^2 + 4Rr)}{R(p^2 + r^2 + 2Rr)}.$

Remarca.

In $\triangle ABC$

$$\sum \left(\frac{w_a}{b+c} \right)^2 \frac{y+z}{x} \geq \frac{9r^2}{2R^2}.$$

Marin Chirciu

Soluție.

Folosind **Lema** pentru $f(a) = \frac{w_a}{2p-a} = \frac{w_a}{b+c}$ obținem:

$$LHS = \sum \left(\frac{h_a}{b+c} \right)^2 \frac{y+z}{x} \stackrel{w_a \geq h_a}{\geq} \sum \left(\frac{h_a}{b+c} \right)^2 \frac{y+z}{x} \stackrel{Lema}{\geq} 2 \sum f(b)f(c) = 2 \sum \frac{h_b}{c+a} \cdot \frac{h_c}{a+b} =$$

$$2\sum \frac{h_b h_c}{(a+b)(a+c)} = 2 \frac{r(p^2 + r^2 + 4Rr)}{R(p^2 + r^2 + 2Rr)} \stackrel{(1)}{\geq} \frac{9r^2}{2R^2} = RHS,$$

$$\text{unde } 2 \frac{r(p^2 + r^2 + 4Rr)}{R(p^2 + r^2 + 2Rr)} \stackrel{(1)}{\geq} \frac{9r^2}{2R^2} \Leftrightarrow p^2(4R - 9r) + r(16R^2 - 14Rr - 9r^2) \geq 0.$$

Distingem cazurile:

Cazul1). Dacă $(4R - 9r) \geq 0$, inegalitatea este evidentă.

Cazul2). Dacă $(4R - 9r) < 0$, inegalitatea se rescrie: $r(16R^2 - 14Rr - 9r^2) \geq p^2(9r - 4R)$,

care rezultă din inegalitatea lui Gerretsen $p^2 \leq 4R^2 + 4Rr + 3r^2$.

Rămâne să arătăm că:

$$r(16R^2 - 14Rr - 9r^2) \geq (4R^2 + 4Rr + 3r^2)(9r - 4R) \Leftrightarrow 8R^3 - 2R^2r - 19Rr^2 - 18r^3 \geq 0 \Leftrightarrow$$

$$\Leftrightarrow (R - 2r)(8R^2 + 14Rr + 9r^2) \geq 0, \text{ evident din inegalitatea lui Euler } R \geq 2r.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

$$\text{Am folosit mai sus: } \sum \frac{h_b h_c}{(a+b)(a+c)} = \frac{r(p^2 + r^2 + 4Rr)}{R(p^2 + r^2 + 2Rr)}.$$

Remarca.

In $\triangle ABC$

$$\sum \left(\frac{s_a}{b+c} \right)^2 \frac{y+z}{x} \geq \frac{9r^2}{2R^2}.$$

Marin Chirciu

Soluție.

Folosind **Lema** pentru $f(a) = \frac{s_a}{2p-a} = \frac{s_a}{b+c}$ obținem:

$$LHS = \sum \left(\frac{s_a}{b+c} \right)^2 \frac{y+z}{x} \stackrel{s_a \geq h_a}{\geq} \sum \left(\frac{h_a}{b+c} \right)^2 \frac{y+z}{x} \stackrel{Lema}{\geq} 2 \sum f(b)f(c) = 2 \sum \frac{h_b}{c+a} \cdot \frac{h_c}{a+b} =$$

$$= 2 \sum \frac{h_b h_c}{(a+b)(a+c)} = 2 \frac{r(p^2 + r^2 + 4Rr)}{R(p^2 + r^2 + 2Rr)} \stackrel{(1)}{\geq} \frac{9r^2}{2R^2} = RHS,$$

$$\text{unde } 2 \frac{r(p^2 + r^2 + 4Rr)}{R(p^2 + r^2 + 2Rr)} \stackrel{(1)}{\geq} \frac{9r^2}{2R^2} \Leftrightarrow p^2(4R - 9r) + r(16R^2 - 14Rr - 9r^2) \geq 0.$$

Distingem cazurile:

Cazul1). Dacă $(4R - 9r) \geq 0$, inegalitatea este evidentă.

Cazul2). Dacă $(4R - 9r) < 0$, inegalitatea se rescrie: $r(16R^2 - 14Rr - 9r^2) \geq p^2(9r - 4R)$,

care rezultă din inegalitatea lui Gerretsen $p^2 \leq 4R^2 + 4Rr + 3r^2$.

Rămâne să arătăm că:

$$r(16R^2 - 14Rr - 9r^2) \geq (4R^2 + 4Rr + 3r^2)(9r - 4R) \Leftrightarrow 8R^3 - 2R^2r - 19Rr^2 - 18r^3 \geq 0 \Leftrightarrow$$

$$\Leftrightarrow (R - 2r)(8R^2 + 14Rr + 9r^2) \geq 0, \text{ evident din inegalitatea lui Euler } R \geq 2r.$$

Am folosit mai sus:
$$\sum \frac{h_b h_c}{(a+b)(a+c)} = \frac{r(p^2 + r^2 + 4Rr)}{R(p^2 + r^2 + 2Rr)}.$$

Remarca.

In $\triangle ABC$

$$\sum \left(\frac{r_a}{b+c} \right)^2 \frac{y+z}{x} \geq \frac{9}{8}.$$

Marin Chirciu

Solutie.

Folosind **Lema** pentru $f(a) = \frac{r_a}{2p-a} = \frac{r_a}{b+c}$ obținem:

$$LHS = \sum \left(\frac{r_a}{b+c} \right)^2 \frac{y+z}{x} \stackrel{Lema}{\geq} 2 \sum f(b)f(c) = 2 \sum \frac{r_b}{c+a} \cdot \frac{r_c}{a+b} = 2 \sum \frac{r_b r_c}{(a+b)(a+c)} =$$

$$= 2 \frac{p^2 - r^2 - 4Rr}{p^2 + r^2 + 2Rr} \stackrel{(1)}{\geq} \frac{9}{8} = RHS,$$

$$\text{unde } 2 \frac{p^2 - r^2 - 4Rr}{p^2 + r^2 + 2Rr} \stackrel{(1)}{\geq} \frac{9}{8} \Leftrightarrow 7p^2 \geq 82Rr + 25r^2,$$

care rezultă din inegalitatea lui Gerretsen $p^2 \geq 16Rr - 5r^2$.

Rămâne să arătăm că:

$$7(16Rr - 5r^2) \geq 82Rr + 25r^2 \Leftrightarrow R \geq 2r, (\text{Euler}).$$

Am folosit mai sus: $\sum \frac{r_b r_c}{(a+b)(a+c)} = \frac{p^2 - r^2 - 4Rr}{p^2 + r^2 + 2Rr}$.

Remarca.

În $\triangle ABC$

$$\sum \frac{h_b h_c}{(a+b)(a+c)} \leq \sum \frac{r_b r_c}{(a+b)(a+c)}.$$

Marin Chirciu

Soluție.

Avem sumele:

$$\sum \frac{h_b h_c}{(a+b)(a+c)} = \frac{r(p^2 + r^2 + 4Rr)}{R(p^2 + r^2 + 2Rr)} \text{ și } \sum \frac{r_b r_c}{(a+b)(a+c)} = \frac{p^2 - r^2 - 4Rr}{p^2 + r^2 + 2Rr}.$$

Inegalitatea se scrie:

$$\frac{r(p^2 + r^2 + 4Rr)}{R(p^2 + r^2 + 2Rr)} \leq \frac{p^2 - r^2 - 4Rr}{p^2 + r^2 + 2Rr} \Leftrightarrow p^2(R-r) \geq r(4R^2 + 5Rr + r^2), \text{ care rezultă din inegalitatea}$$

lui Gerretsen $p^2 \geq 16Rr - 5r^2$.

Rămâne să arătăm că:

$$(16Rr - 5r^2)(R-r) \geq r(4R^2 + 5Rr + r^2) \Leftrightarrow 6R^2 - 13Rr + 2r^2 \geq 0 \Leftrightarrow$$

$$\Leftrightarrow (R-2r)(6R-r) \geq 0, \text{ evident din inegalitatea lui Euler } R \geq 2r.$$

Remarca.

În $\triangle ABC$

$$\sum \left(\frac{\tan \frac{A}{2}}{b+c} \right)^2 \frac{y+z}{x} \geq \frac{9}{8}.$$

Marin Chirciu

Soluție.

Folosind **Lema** pentru $f(a) = \frac{\tan \frac{A}{2}}{2p-a} = \frac{\tan \frac{A}{2}}{b+c}$ obținem:

$$LHS = \sum \left(\frac{r_a}{b+c} \right)^2 \frac{y+z}{x} \stackrel{\text{Lema}}{\geq} 2 \sum f(b) f(c) = 2 \sum \frac{\tan \frac{B}{2}}{c+a} \cdot \frac{\tan \frac{C}{2}}{a+b} = 2 \sum \frac{\tan \frac{B}{2} \tan \frac{C}{2}}{(a+b)(a+c)} =$$

$$= 2 \frac{p^2 - r^2 - 4Rr}{p^2(p^2 + r^2 + 2Rr)} \stackrel{(1)}{\geq} \frac{9}{8p^2} = RHS,$$

$$\text{unde } 2 \frac{p^2 - r^2 - 4Rr}{p^2(p^2 + r^2 + 2Rr)} \stackrel{(1)}{\geq} \frac{9}{8p^2} \Leftrightarrow 7p^2 \geq 82Rr + 25r^2,$$

care rezultă din inegalitatea lui Gerretsen $p^2 \geq 16Rr - 5r^2$.

Rămâne să arătăm că:

$$7(16Rr - 5r^2) \geq 82Rr + 25r^2 \Leftrightarrow R \geq 2r, (\text{Euler}).$$

$$\text{Am folosit mai sus: } \sum \frac{\tan \frac{B}{2} \tan \frac{C}{2}}{(a+b)(a+c)} = \frac{p^2 - r^2 - 4Rr}{p^2(p^2 + r^2 + 2Rr)}.$$

Remarca.

In $\triangle ABC$

$$\sum \left(\frac{\tan \frac{A}{2}}{b+c} \right)^2 \frac{y+z}{x} \geq \frac{9}{8}.$$

Marin Chirciu

Soluție.

Folosind **Lema** pentru $f(a) = \frac{\tan \frac{A}{2}}{2p-a} = \frac{\tan \frac{A}{2}}{b+c}$ obținem:

$$LHS = \sum \left(\frac{r_a}{b+c} \right)^2 \frac{y+z}{x} \stackrel{\text{Lema}}{\geq} 2 \sum f(b) f(c) = 2 \sum \frac{\tan \frac{B}{2}}{c+a} \cdot \frac{\tan \frac{C}{2}}{a+b} = 2 \sum \frac{\tan \frac{B}{2} \tan \frac{C}{2}}{(a+b)(a+c)} =$$

$$= 2 \frac{p^2 - r^2 - 4Rr}{p^2(p^2 + r^2 + 2Rr)} \stackrel{(1)}{\geq} \frac{9}{8p^2} = RHS,$$

$$\text{unde } 2 \frac{p^2 - r^2 - 4Rr}{p^2(p^2 + r^2 + 2Rr)} \stackrel{(1)}{\geq} \frac{9}{8p^2} \Leftrightarrow 7p^2 \geq 82Rr + 25r^2,$$

care rezultă din inegalitatea lui Gerretsen $p^2 \geq 16Rr - 5r^2$.

Rămâne să arătăm că:

$$7(16Rr - 5r^2) \geq 82Rr + 25r^2 \Leftrightarrow R \geq 2r, (\text{Euler}).$$

Am folosit mai sus:
$$\sum \frac{\tan \frac{B}{2} \tan \frac{C}{2}}{(a+b)(a+c)} = \frac{p^2 - r^2 - 4Rr}{p^2(p^2 + r^2 + 2Rr)}.$$

Remarca.

In ΔABC

$$\sum \left(\frac{\cot \frac{A}{2}}{b+c} \right)^2 \frac{y+z}{x} \geq \frac{81}{8p^2}.$$

Marin Chirciu

Soluție.

Folosind **Lema** pentru $f(a) = \frac{\cot \frac{A}{2}}{2p-a} = \frac{\cot \frac{A}{2}}{b+c}$ obținem:

$$\begin{aligned} LHS &= \sum \left(\frac{r_a}{b+c} \right)^2 \frac{y+z}{x} \stackrel{\text{Lema}}{\geq} 2 \sum f(b)f(c) = 2 \sum \frac{\cot \frac{B}{2}}{c+a} \cdot \frac{\cot \frac{C}{2}}{a+b} = 2 \sum \frac{\cot \frac{B}{2} \cot \frac{C}{2}}{(a+b)(a+c)} = \\ &= 2 \cdot \frac{2(R+r)}{r(p^2 + r^2 + 2Rr)} \stackrel{(1)}{\geq} \frac{81}{8p^2} = RHS, \end{aligned}$$

unde $2 \cdot \frac{2(R+r)}{r(p^2 + r^2 + 2Rr)} \stackrel{(1)}{\geq} \frac{81}{8p^2} \Leftrightarrow p^2(32R - 49r) \geq 81r(r^2 + 2Rr),$

care rezultă din inegalitatea lui Gerretsen $p^2 \geq 16Rr - 5r^2$.

Rămâne să arătăm că:

$$(16Rr - 5r^2)(32R - 49r) \geq 81r(r^2 + 2Rr) \Leftrightarrow 256R^2 - 553Rr + 82r^2 \geq 0 \Leftrightarrow$$

$$\Leftrightarrow (R - 2r)(6R - r) \geq 0, \text{ evident din inegalitatea lui Euler } R \geq 2r.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Am folosit mai sus:
$$\sum \frac{\cot \frac{B}{2} \cot \frac{C}{2}}{(a+b)(a+c)} = \frac{2(R+r)}{r(p^2 + r^2 + 2Rr)}.$$

Remarca.

In $\triangle ABC$

$$9. \sum \frac{\tan \frac{B}{2} \tan \frac{C}{2}}{(a+b)(a+c)} \leq \sum \frac{\cot \frac{B}{2} \cot \frac{C}{2}}{(a+b)(a+c)}.$$

Marin Chirciu

Soluție

Lema1

In $\triangle ABC$

$$\sum \frac{\tan \frac{B}{2} \tan \frac{C}{2}}{(a+b)(a+c)} = \frac{p^2 - r^2 - 4Rr}{p^2(p^2 + r^2 + 2Rr)}.$$

Demonstrație

$$\begin{aligned} \sum \frac{\tan \frac{B}{2} \tan \frac{C}{2}}{(a+b)(a+c)} &= \sum \frac{\sqrt{\frac{(p-a)(p-c)}{p(p-b)}} \sqrt{\frac{(p-a)(p-b)}{p(p-c)}}}{(a+b)(a+c)} = \frac{1}{p} \sum \frac{p-a}{(a+b)(a+c)} = \\ &= \frac{1}{p} \frac{\sum (p-a)(b+c)}{\prod (b+c)} = \frac{1}{p} \cdot \frac{2(p^2 - r^2 - 4Rr)}{2p(p^2 + r^2 + 2Rr)} = \frac{p^2 - r^2 - 4Rr}{p^2(p^2 + r^2 + 2Rr)}. \end{aligned}$$

Lema2

In $\triangle ABC$

$$\sum \frac{\cot \frac{B}{2} \cot \frac{C}{2}}{(a+b)(a+c)} = \frac{2(R+r)}{r(p^2 + r^2 + 2Rr)}.$$

Demonstrație

$$\begin{aligned} \sum \frac{\cot \frac{B}{2} \cot \frac{C}{2}}{(a+b)(a+c)} &= \sum \frac{\sqrt{\frac{p(p-b)}{(p-a)(p-c)}} \sqrt{\frac{p(p-c)}{(p-a)(p-b)}}}{(a+b)(a+c)} = p \sum \frac{1}{(p-a)(a+b)(a+c)} = \\ &= \frac{\sum (p-b)(p-c)(b+c)}{\prod (p-a) \prod (b+c)} = \frac{4rp(R+r)}{r^2 p \cdot 2p(p^2 + r^2 + 2Rr)} = \frac{2(R+r)}{r(p^2 + r^2 + 2Rr)}. \end{aligned}$$

Inegalitatea se scrie:

$$9. \frac{p^2 - r^2 - 4Rr}{p^2(p^2 + r^2 + 2Rr)} \leq \frac{2(R+r)}{r(p^2 + r^2 + 2Rr)} \Leftrightarrow p^2(2R-7r) + 9r^2(4R+r) \geq 0.$$

Distingem cazurile:

Cazul1). Dacă $(2R - 7r) \geq 0$, inegalitatea este evidentă.

Cazul2). Dacă $(2R - 7r) < 0$, inegalitatea se rescrie $9r^2(4R + r) \geq p^2(7r - 2R)$,

care rezultă din inegalitatea lui Gerretsen: $p^2 \leq 4R^2 + 4Rr + 3r^2$.

Rămâne să arătăm că:

$$9r^2(4R + r) \geq (4R^2 + 4Rr + 3r^2)(7r - 2R) \Leftrightarrow 4R^3 - 10R^2r + 7Rr^2 - 6r^3 \geq 0 \Leftrightarrow$$

$$\Leftrightarrow (R - 2r)(4R^2 - 2Rr + 3r^2) \geq 0, \text{ evident din inegalitatea lui Euler } R \geq 2r.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

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Art 4800

1 Septembrie 2023

3. Metoda polinoamelor reciproce

De Gheorghe Ghiță, Buzău

Articolul propune utilizarea metodei polinoamelor reciproce (polinoame care au coeficienții egali depărtați de extreme egali între ei) pentru demonstrarea unor inegalități, metodă care se bazează pe pozitivitatea unor polinoame reciproce cu coeficienți întregi ce admit pe 1 ca rădăcină dublă. Fie $P(t)$, $t > 0$ polinomul reciproc atașat inegalității respective.

$$1) x, y > 0 \Rightarrow \sqrt{\frac{x^2+y^2}{2}} \leq \sqrt[3]{\frac{x^3+y^3}{2}} \leq \sqrt[4]{\frac{x^4+y^4}{2}} \leq \frac{x^3+y^3}{2xy}$$

Gheorghe Ghiță, Buzău

Soluție. $\frac{x^2+y^2}{x+y} \geq \sqrt[3]{\frac{x^3+y^3}{2}} \Leftrightarrow \left(\frac{t^2+1}{t+1}\right)^3 \geq \frac{t^3+1}{2}, t = \frac{x}{y} \Leftrightarrow P(t) = t^6 - 3t^5 + 3t^4 - 2t^3 + 3t^2 - 3t + 1 = (t-1)^4(t^2+t+1) \geq 0;$

$$\sqrt{\frac{x^2+y^2}{2}} \leq \sqrt[3]{\frac{x^3+y^3}{2}} \Leftrightarrow \sqrt{\frac{t^2+1}{2}} \leq \sqrt[3]{\frac{t^3+1}{2}}, t = \frac{x}{y} \Leftrightarrow P(t) = t^6 - 3t^4 + 4t^3 - 3t^2 + 1 = (t-1)^2(t^4+2t^3+2t+1) \geq 0;$$

$$\sqrt[3]{\frac{x^3+y^3}{2}} \leq \sqrt[4]{\frac{x^4+y^4}{2}} \Leftrightarrow \sqrt[3]{\frac{t^3+1}{2}} \leq \sqrt[4]{\frac{t^4+1}{2}}, t = \frac{x}{y} \Leftrightarrow P(t) = t^{12} - 4t^9 + 6t^8 - 6t^6 * 6t^4 - 4t^3 + 1 = (t-1)^2(t^{10} + 2t^9 + 3t^8 + 3t^6 + 6t^5 + 3t^4 + 3t^2 + 2t + 1) \geq 0;$$

$$\sqrt[4]{\frac{x^4+y^4}{2}} \leq \frac{x^3+y^3}{2xy} \Leftrightarrow \left(\frac{t^3+1}{2t}\right)^4 \geq \frac{t^4+1}{2}, t = \frac{x}{y} \Leftrightarrow P(t) = t^{12} + 4t^9 - 8t^8 + 6t^6 - 8t^4 + 4t^3 + 1 = (t-1)^2(t^{10} + 2t^9 + 3t^8 + 8t^7 + 5t^6 + 2t^5 + 5t^4 + 8t^3 + 3t^2 + 2t + 1) \geq 0.$$

$$2) \forall x, y > 0; n \in \mathbb{N}^*, k \in \mathbb{N} \Rightarrow \frac{x^{2n+k}+y^{2n+k}}{x^n y^n (x^{k+1}+y^{k+1})} + \frac{y^{2n+k}+z^{2n+k}}{y^n z^n (y^{k+1}+z^{k+1})} + \frac{z^{2n+k}+x^{2n+k}}{z^n x^n (z^{k+1}+x^{k+1})} \geq \frac{9}{x+y+z}.$$

Gheorghe Ghiță, Buzău

Soluție. Lemă: $\forall x, y > 0; n \in \mathbb{N}^*, k \in \mathbb{N} \Rightarrow \frac{x^{2n+k}+y^{2n+k}}{x^n y^n (x^{k+1}+y^{k+1})} \geq \frac{2}{x+y}.$

Pentru $n = 1, k \in \mathbb{N} \Rightarrow \frac{x^{k+2}+y^{k+2}}{xy(x^{k+1}+y^{k+1})} \geq \frac{2}{x+y} \Leftrightarrow \frac{t^{k+2}+1}{t(t^{k+1}+1)} \geq \frac{2}{t+1}, t = \frac{x}{y} \Leftrightarrow P(t) =$

$$(t-1)^2(t^{k+1} + t^k + \dots + t + 1) \geq 0; \text{ pentru } n \geq 2, k \geq 1, \frac{x^{2n+k}+y^{2n+k}}{x^n y^n (x^{k+1}+y^{k+1})} \geq \frac{2}{x+y} \Leftrightarrow$$

$$\frac{t^{2n+k}+1}{t^n(t^{k+1}+1)} \geq \frac{2}{t+1}, t = \frac{x}{y} \Leftrightarrow P(t) = t^{2n+k+1} + t^{2n+k} - 2t^{n+k+1} - 2t^n + t + 1 =$$

$$t^{k+1}(t^n - 1)^2 + t^{2n+k} - 2t^n - t^{k+1} + t + 1 = t^{k+1}(t^n - 1)^2 + t^k(t^n - 1)^2 + 2t^{n+k} -$$

$$2t^n - t^{k+1} - t^k + t + 1 = (t^n - 1)^2(t^{k+1} + t^k) + 2t^n(t^k - 1) - t(t^k - 1) - (t^k - 1) =$$

$$(t^n - 1)^2(t^{k+1} + t^k) + (t^k - 1)(t^n - 1 + t(t^{n-1} - 1)) = (t^n - 1)^2(t^{k+1} + t^k) +$$

$$(t^k - 1)(t - 1)(t^{n-1} + t^{n-2} + \dots + t + 1) + t(t^k - 1)(t - 1)(t^{n-2} + t^{n-3} + \dots + t + 1) =$$

$$(t - 1)^2(t^{n-1} + t^{n-2} + \dots + t + 1)^2(t^{k+1} + t^k) + (t - 1)^2(t^{k-1} + t^{k-2} + \dots + t + 1)(t^{n-1} +$$

$$t^{n-2} + \dots + t + 1) + t(t-1)^2(t^{k-1} + t^{k-2} + \dots + t + 1)(t^{n-2} + t^{n-3} + \dots + t + 1) = (t-1)^2[(t^{n-1} + t^{n-2} + \dots + t + 1)^2(t^{k+1} + t^k) + (t^{k-1} + t^{k-2} + \dots + t + 1)(2t^{n-1} + 2t^{n-2} + \dots + 2t + 1)] \geq 0;$$

$$\sum \frac{x^{2n+k} + y^{2n+k}}{x^n y^n (x^{k+1} + y^{k+1})} \stackrel{\text{Lemă}}{\geq} \sum \frac{2}{x+y} \stackrel{\text{MA-MH}}{\geq} \frac{18}{\Sigma(x+y)} = \frac{18}{2\Sigma x} = \frac{9}{\Sigma x}.$$

$$3) \quad x, y, z, m > 0; k, n \in N^* \Rightarrow \frac{x^{n+k} + my^{n+k}}{x^n + my^n} + \frac{y^{n+k} + mz^{n+k}}{y^n + mz^n} + \frac{z^{n+k} + mx^{n+k}}{z^n + mx^n} \geq \frac{(\Sigma x)^k}{3^{k-1}}.$$

Gheorghe Ghiță, Buzău

Soluție. Lemă. $\forall x, y > 0; k, n \in N^*, m > 0 \Rightarrow \frac{x^{n+k} + my^{n+k}}{x^n + my^n} \geq \frac{x^k + my^k}{1+m};$

$$\frac{x^{n+k} + my^{n+k}}{x^n + my^n} \geq \frac{x^k + my^k}{1+m} \Leftrightarrow \frac{t^{n+k} + m}{t^n + m} \geq \frac{t^k + m}{1+m}, t = \frac{x}{y} > 0 \Leftrightarrow P(t) = (t^k - 1)(t^n - 1) = (t-1)^2(t^{k-1} + t^{k-2} + \dots + t + 1)(t^{n-1} + t^{n-2} + \dots + t + 1) \geq 0;$$

$$\sum \frac{x^{n+k} + my^{n+k}}{x^n + my^n} \stackrel{\text{Lemă}}{\geq} \sum \frac{x^k + my^k}{1+m} = \frac{\Sigma x^k + m \Sigma y^k}{m+1} = \frac{(m+1) \Sigma x^k}{m+1} = \Sigma x^k = \sum \frac{x^k}{1^{k-1}} \stackrel{\text{Radon}}{\geq} \frac{(\Sigma x)^k}{3^{k-1}}.$$

$$4) \quad \Delta ABC \Rightarrow \frac{m(r_a^{2n} + r_b^{2n}) + 2r_a^n r_b^n}{r_a^{2n+2} + r_b^{2n+2}} + \frac{m(r_b^{2n} + r_c^{2n}) + 2r_b^n r_c^n}{r_b^{2n+2} + r_c^{2n+2}} + \frac{m(r_c^{2n} + r_a^{2n}) + 2r_c^n r_a^n}{r_c^{2n+2} + r_a^{2n+2}} \leq \frac{R(m+1)}{6r^3}.$$

Soluție. Lemă. $\forall x, y, m > 0; n \in N^* \Rightarrow \frac{m(x^{2n} + y^{2n}) + 2x^n y^n}{x^{2n+2} + y^{2n+2}} \leq \frac{m+1}{xy}.$

$$\frac{m(x^{2n} + y^{2n}) + 2x^n y^n}{x^{2n+2} + y^{2n+2}} \leq \frac{m+1}{xy} \Leftrightarrow \frac{m(t^{2n+1} + 2t^n)}{t^{2n+2} + 1} \leq \frac{m+1}{t}, t = \frac{x}{y} \Leftrightarrow P(t) = (m+1)t^{2n+2} - mt^{2n+1} - 2t^{2n+1} - mt + m + 1 = mt^{2n+1}(t-1) + (t^{n+1} - 1)^2 - m(t-1) = m(t-1)(t^{2n+1} - 1) + (t-1)^2(t^n + t^{n-1} + \dots + t + 1)^2 = (t-1)^2(m(t^{2n} + t^{2n-1} + \dots + t + 1) + (t^n + t^{n-1} + \dots + t + 1)^2) \geq 0, \forall t, m > 0;$$

$$\sum \frac{m(r_a^{2n} + r_b^{2n}) + 2r_a^n r_b^n}{r_a^{2n+2} + r_b^{2n+2}} \stackrel{\text{Lemă}}{\geq} \sum \frac{m+1}{r_a r_b} = (m+1) \frac{\Sigma r_a}{r_a r_b r_c} \stackrel{\Sigma r_a = 4R+r}{=} \frac{(m+1)(4R+r)}{\frac{s^3}{(p-a)(p-b)(p-c)}} = \frac{(m+1)(4R+r)}{\frac{ps^3}{s^2}} =$$

$$\frac{(m+1)(4R+r)}{p^2 r} \stackrel{\text{Mitrinovic}}{\geq} \frac{(m+1)(4R+r)}{27r^3} \stackrel{\text{Euler}}{\geq} \frac{(m+1)R}{6r^3}$$

$$5) \quad \forall x, y > 0; n \in N \Rightarrow \frac{x^{n+1} + y^{n+1}}{x^n + y^n} \leq \sqrt{\frac{x^{n+2} + y^{n+2}}{x^n + y^n}} \leq \sqrt[3]{\frac{x^{n+3} + y^{n+3}}{x^n + y^n}} \leq \frac{x^{n+2} + y^{n+2}}{x^{n+1} + y^{n+1}}.$$

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Soluție. $\frac{x^{n+1} + y^{n+1}}{x^n + y^n} \leq \sqrt{\frac{x^{n+2} + y^{n+2}}{x^n + y^n}} \Leftrightarrow \left(\frac{t^{n+1} + 1}{t^{n+1}}\right)^2 \leq \frac{t^{n+2} + 1}{t^{n+1}}, t = \frac{x}{y} \Leftrightarrow P(t) = t^n(t-1)^2(t^n + 1) \geq 0;$

$$\sqrt{\frac{x^{n+2} + y^{n+2}}{x^n + y^n}} \leq \sqrt[3]{\frac{x^{n+3} + y^{n+3}}{x^n + y^n}}, t = \frac{x}{y} \Leftrightarrow \left(\frac{t^{n+2} + 1}{t^{n+1}}\right)^3 \leq \left(\frac{t^{n+3} + 1}{t^{n+1}}\right)^2, t = \frac{x}{y} \Leftrightarrow P(t) = t^n(t^n + 1)^2(t^{n+6} - 3t^{n+4} + 2t^{n+3} + 2t^3 - 3t^2 + 1) = t^n(t-1)^2(t^n + 1)^2(t^{n+4} + 2t^{n+3} + 2t + 1) \geq 0;$$

$$3\sqrt{\frac{x^{n+3}+y^{n+3}}{x^{n+1}+y^{n+1}}} \leq \frac{x^{n+2}+y^{n+2}}{x^{n+1}+y^{n+1}} \Leftrightarrow \frac{t^{n+3}+1}{t^{n+1}} \leq \left(\frac{t^{n+2}+1}{t^{n+1}+1}\right)^3, t = \frac{x}{y} \Leftrightarrow P(t) = t^n(t^{2n+6} - 3t^{2n+5} + 3t^{2n+4} - t^{2n+3} - t^3 + 3t^2 - 3t + 1) = t^n(t^{2n+3}(t-1)^3 - (t-1)^3) = t^n(t-1)^3(t^{2n+3} - 1) = t^n(t-1)^4(t^{2n+2} + t^{2n+1} + \dots + t + 1) \geq 0.$$

6) $\forall x, y > 0 \Rightarrow \frac{x+y}{2} \leq \sqrt{\frac{x^2+xy+y^2}{3}} \leq \sqrt{\frac{x^2+y^2}{2}} \leq \sqrt{x^2-xy+y^2} \leq \frac{x^{n+1}+y^{n+1}}{x^n+y^n}, n \in N, n \geq 2.$

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Soluție. $\frac{x+y}{2} \leq \sqrt{\frac{x^2+xy+y^2}{3}} \Leftrightarrow \frac{t+1}{2} \leq \sqrt{\frac{t^2+t+1}{3}}, t = \frac{x}{y} \Leftrightarrow P(t) = (t-1)^2 \geq 0;$

$$\sqrt{\frac{x^2+xy+y^2}{3}} \leq \sqrt{\frac{x^2+y^2}{2}} \Leftrightarrow \sqrt{\frac{t^2+t+1}{3}} \leq \sqrt{\frac{t^2+1}{2}}, t = \frac{x}{y} \Leftrightarrow P(t) = (t-1)^2 \geq 0;$$

$$\sqrt{\frac{x^2+y^2}{2}} \leq \sqrt{x^2-xy+y^2} \Leftrightarrow \sqrt{\frac{t^2+1}{2}} \leq \sqrt{t^2-t+1}, t = \frac{x}{y} \Leftrightarrow P(t) = (t-1)^2 \geq 0;$$

$$\sqrt{x^2-xy+y^2} \leq \frac{x^{n+1}+y^{n+1}}{x^n+y^n} \Leftrightarrow t^2-t+1 \leq \left(\frac{t^{n+1}+1}{t^{n+1}}\right)^2, t = \frac{x}{y} \Leftrightarrow P(t) = t^{2n+1} - t^{2n} - 2t^{2n+2} + 4t^{n+1} - 2t^{2n} - t^2 + t = t(t-1)(t^{2n-1} - 2t^{n-1}(t-1) - 1) = t(t-1)^2(t^{2n-2} + t^{2n-3} + \dots + t^{n+1} + t^{n-2}(t^2-t+1) + t^{n-3} + \dots + t^2 + t + 1) \geq 0.$$

7) $\forall x, y > 0, n \in N, n \geq 2 \Rightarrow \frac{x^{n+2}+y^{n+2}}{x^n+y^n} \geq \sqrt{\frac{x^4+y^4}{2}}$

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Soluție. $\frac{x^{n+2}+y^{n+2}}{x^n+y^n} \geq \sqrt{\frac{x^4+y^4}{2}} \Leftrightarrow \left(\frac{t^{n+2}+1}{t^{n+1}}\right)^2 \geq \frac{t^4+1}{2}, t = \frac{x}{y} \Leftrightarrow P(t) = t^{2n+4} - t^{2n} - 2t^{n+4} + 4t^{n+2} - 2t^n - t^4 + 1 = t^{2n}(t^4 - 1) - 2t^n(t^2 - 1)^2 - (t^4 - 1) = (t^2 - 1)(t^{2n}(t^2 + 1) - 2t^n(t^2 - 1) - (t^2 + 1)) = (t-1)(t+1)((t^2+1)(t^{2n} - 1) - 2t^n(t-1)(t+1)) = (t-1)^2(t+1)(t^{2n+1} + t^{2n} + 2t^{2n-1} + \dots + 2t^{n+2} + 2t^{n-1} + 2t^{n-2} + \dots + 2t^3 + 2t^2 + t + 1) \geq 0;$

8) $\Delta ABC \Rightarrow \frac{a^{n+5}+b^{n+5}}{ab(a^n+b^n)} + \frac{b^{n+5}+c^{n+5}}{bc(b^n+c^n)} + \frac{c^{n+5}+a^{n+5}}{ca(c^n+a^n)} \geq 144\sqrt{3}r^3.$

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Soluție. Lemă. $\forall x, y > 0 \Rightarrow \frac{x^{n+5}+y^{n+5}}{x^n+y^n} \geq \frac{2x^3y^3}{x+y};$

$$\frac{x^{n+5}+y^{n+5}}{x^n+y^n} \geq \frac{2x^3y^3}{x+y} \Leftrightarrow \frac{t^{n+5}+1}{t^{n+1}} \geq \frac{2t^3}{t+1}, t = \frac{x}{y} > 0 \Leftrightarrow P(t) = t^{n+6} + t^{n+5} - 2t^{n+3} - 2t^3 + t + 1 = t^{n+3}(t^3 + t^2 - 2) - (2t^3 - t - 1) = t^{n+3}(t-1)(t^2 + 2t + 2) - (t-1)(2t^2 + 2t + 1) = (t-1)(t^{n+5} + 2t^{n+4} + 2t^{n+3} - 2t^2 - 2t - 1) = (t-1)(t^{n+5} - 1 + 2t(t+1)(t^{n+2} - 1)) = (t-1)^2(t^{n+4} + t^{n+3} + \dots + t + 1 + 2t(t+1)(t^{n+1} + t^n + \dots + t + 1)) \geq 0;$$

$$\sum \frac{a^{n+5}+b^{n+5}}{ab(a^n+b^n)} \stackrel{\text{Lemă}}{\geq} \sum \frac{2a^3b^3}{ab(a+b)} = 2 \sum \frac{(ab)^2}{a+b} \stackrel{\text{Bergström}}{\geq} \frac{2(\sum ab)^2}{\sum(a+b)} \stackrel{\sum ab \geq 18Rr}{\geq} \frac{2(18Rr)^2}{2 \sum a} = \frac{324R^2r^2}{p} \stackrel{\text{Mitrinovic}}{\geq} \frac{648R^2r^2}{3\sqrt{3}R} = 72\sqrt{3}Rr^2 \stackrel{\text{Euler}}{\geq} 144\sqrt{3}r^3.$$

$$9) \Delta ABC, n \in N^*, m > 0 \Rightarrow \frac{a^{n+1}b^{n+1}}{(a^{n+2}-b^{n+2})^2+ma^3b^3(a^{n-1}+b^{n-1})^2} + \frac{b^{n+1}c^{n+1}}{(b^{n+2}-c^{n+2})^2+mb^3c^3(b^{n-1}+c^{n-1})^2} + \frac{c^{n+1}a^{n+1}}{(c^{n+2}-a^{n+2})^2+mc^3a^3(c^{n-1}+a^{n-1})^2} \leq \frac{1}{16mr^2}.$$

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Soluție. **Lemă.** $n \in N^*, m > 0; a, b > 0 \Rightarrow (a^{n+2} - b^{n+2})^2 + ma^3b^3(a^{n-1} + b^{n-1})^2 \geq 4ma^{n+2}b^{n+2} \Leftrightarrow (t^{n+2} - 1)^2 + mt^3(t^{n-1} + 1)^2 \geq 4mt^{n+2}, t = \frac{a}{b} > 0 \Leftrightarrow (t^{n+2} - 1)^2 + mt^3(t^{n-1} - 1)^2 = (t - 1)^2((t^{n+1} + t^n + \dots + t + 1)^2 + mt^3(t^{n-2} + t^{n-3} + \dots + t + 1)^2) \geq 0;$

$$\sum \frac{a^{n+1}b^{n+1}}{(a^{n+2}-b^{n+2})^2+ma^3b^3(a^{n-1}+b^{n-1})^2} \stackrel{\text{Lemă}}{\geq} \sum \frac{a^{n+1}b^{n+1}}{4ma^{n+2}b^{n+2}} = \sum \frac{1}{4mab} = \frac{\sum a}{4mabc} = \frac{2p}{16mpRr} = \frac{1}{8mRr} \stackrel{\text{Euler}}{\geq} \frac{1}{16mr^2}.$$

10) $p \in N, n \in N^* \Rightarrow$ șirul $a_n = \frac{1^{p-1}+1}{1^{p+2}+1} + \frac{2^{p-1}+1}{2^{p+2}+1} + \dots + \frac{n^{p-1}+1}{n^{p+2}+1}$ este convergent.

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Soluție. **Lemă.** $p \in N, t > 0 \Rightarrow \frac{t^{p-1}+1}{t^{p+2}+1} \leq \frac{2}{t(t+1)} \Leftrightarrow P(t) = 2t^{p+2} - t^{p+1} - t^p - t^2 - t + 2 = 2t^p(t-1)^2 + 3t^{p+1} - 3t^p - t^2 - t + 2 = 2t^p(t-1)^2 + 3t^p(t-1) - (t-1)(t+2) = 2t^p(t-1)^2 + (t-1)(t^p - t + 2t^p - 2) = (t-1)^2(2t^p + 3t^{p-1} + 3t^{p-2} + \dots + 3t + 2) \geq 0;$

$$a_n = \sum_{k=1}^n \frac{k^{p-1}+1}{k^{p+2}+1} \stackrel{\text{Lemă}}{\leq} \sum_{k=1}^n \frac{2}{k(k+1)} = 2 \sum_{k=1}^n \left(\frac{1}{k} - \frac{1}{k+1} \right) = 2 \left(1 - \frac{1}{n+1} \right) = \frac{2n}{n+1}.$$

$a_{n+1} - a_n = \frac{(n+1)^{p-1}+1}{(n+1)^{p+2}+1} > 0 \Rightarrow (a_n)_{n \geq 1}$ strict crescător $\Rightarrow a_n \geq a_1 = 1 \Rightarrow 1 \leq a_n \leq \frac{2n}{n+1} < 2 \Rightarrow (a_n)_{n \geq 1}$ mărginit $\Rightarrow (a_n)_{n \geq 1}$ convergent.

