

$e=2,79$

$$\lambda \sqrt{c(1-v-m)^2}$$

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1. Applications of J. Radon's inequality in triangle

by D.M. Bătinețu-Giurgiu, and Neculai Stanciu

In this paper we present some new inequalities in a triangle, which follows from Radon's inequality.

1.1.) In any triangle ABC holds:

$$\frac{\sin^6 A}{\sin^2 B} + \frac{\sin^6 B}{\sin^2 C} + \frac{\sin^6 C}{\sin^2 A} \geq \frac{(p^2 - 4Rr - r^2)^3}{8p^2 R^4};$$

1.2.) If $m \in R_+$, then in any triangle ABC holds:

$$\sin^{2m} \frac{A}{2} \sin^2 A + \sin^{2m} \frac{B}{2} \sin^2 B + \sin^{2m} \frac{C}{2} \sin^2 C \geq \frac{1}{2} \cdot \left(\frac{2R - r}{R} \right)^{m+1} \cdot \frac{p^{2m}}{(p^2 + (4R + r)^2)^m};$$

1.3.) In all triangles ABC holds:

$$\cos^2 \frac{A}{2} \sin^{2m} A + \cos^2 \frac{B}{2} \sin^{2m} B + \cos^2 \frac{C}{2} \sin^{2m} C \geq \frac{1}{2} \cdot \left(\frac{4R + r}{R} \right)^{m+1} \cdot \frac{r^{2m}}{(p^2 + r^2 - 8Rr)^m};$$

1.4.) In all triangles ABC holds:

$$\sin^{4m+2} \frac{A}{2} + \sin^{4m+2} \frac{B}{2} + \sin^{4m+2} \frac{C}{2} \geq \left(\frac{2R - r}{2R} \right)^{m+1} \cdot \frac{r^{2m}}{(p^2 + r^2 - 8Rr)^m};$$

1.5.) In all triangles ABC holds:

$$\cos^{4m+2} \frac{A}{2} + \cos^{4m+2} \frac{B}{2} + \cos^{4m+2} \frac{C}{2} \geq \left(\frac{4R + r}{2R} \right)^{m+1} \cdot \frac{p^{2m}}{((p^2 + (4R + r)^2)^m)}.$$

Proof of 1.1.) We have:

$$V = \frac{\sin^6 A}{\sin^2 B} + \frac{\sin^6 B}{\sin^2 C} + \frac{\sin^6 C}{\sin^2 A} = \frac{(\sin^2 A)^3}{\sin^2 B} + \frac{(\sin^2 B)^3}{\sin^2 C} + \frac{(\sin^2 C)^3}{\sin^2 A},$$

and by J.Radon's inequality we deduce that:

$$V \geq \frac{(\sin^2 A + \sin^2 B + \sin^2 C)^3}{(\sin A + \sin B + \sin C)^2}.$$

Since,

$$\sin^2 A + \sin^2 B + \sin^2 C = \frac{p^2 - 4Rr - r^2}{2R^2}, \text{ and}$$

$$\sin A + \sin B + \sin C = \frac{p}{R},$$

we obtain the conclusion.

Proof of 1.2.) We have:

$$W = \sum \sin^{2m} A \sin^2 \frac{A}{2} = 2^{2m} \sum \sin^{2(m+1)} \frac{A}{2} \cos^{2m} \frac{A}{2} = 2^{2m} \cdot \sum \frac{\left(\sin^2 \frac{A}{2} \right)^{m+1}}{\left(\frac{1}{\cos^2 \frac{A}{2}} \right)^m}.$$

Using, J.Radon's inequality we obtain that:

$$W \geq 2^{2m} \cdot \frac{\left(\sum \sin^2 \frac{A}{2} \right)^{m+1}}{\left(\sum \frac{1}{\cos^2 \frac{A}{2}} \right)^m}.$$

Because,

$$\sum \sin^2 \frac{A}{2} = \frac{2R - r}{2R} \text{ și } \sum \frac{1}{\cos^2 \frac{A}{2}} = \frac{(4R + r)^2 + p^2}{p^2},$$

we are done.

Proof of 1.3.) We have that:

$$V = \sum \sin^{2m} A \cos^2 \frac{A}{2} = 2^{2m} \sum \sin^{2m} \frac{A}{2} \cos^{2(m+1)} \frac{A}{2} = 2^{2m} \cdot \sum \frac{\left(\cos^2 \frac{A}{2}\right)^{m+1}}{\left(\frac{1}{\sin^2 \frac{A}{2}}\right)^m}.$$

Applying J.Radon's inequality we deduce that:

$$V \geq 2^{2m} \cdot \frac{\left(\sum \cos^2 \frac{A}{2}\right)^{m+1}}{\left(\sum \frac{1}{\sin^2 \frac{A}{2}}\right)^m}.$$

Using,

$$\sum \cos^2 \frac{A}{2} = \frac{4R+r}{2R}, \text{ and}$$

$$\sum \frac{1}{\sin^2 \frac{A}{2}} = \frac{p^2 + r^2 - 8Rr}{r^2},$$

follows the conclusion.

Proof of 1.4.) We have:

$$W = \sum \sin^{4m+2} \frac{A}{2} = \sum \left(\sin^2 \frac{A}{2}\right)^{2m+1} = \sum \frac{\left(\sin^2 \frac{A}{2}\right)^{m+1}}{\left(\frac{1}{\sin^2 \frac{A}{2}}\right)^m}.$$

By J.Radon' s inequality, we deduce that:

$$W \geq \frac{\left(\sum \sin^2 \frac{A}{2}\right)^{m+1}}{\left(\sum \frac{1}{\sin^2 \frac{A}{2}}\right)^m}.$$

Since,

$$\sum \sin^2 \frac{A}{2} = \frac{2R-r}{2R}, \text{ and}$$

$$\sum \frac{1}{\sin^2 \frac{A}{2}} = \frac{p^2 + r^2 - 8Rr}{r^2},$$

we are done.

Proof of 1.5.) We have that:

$$U = \sum \cos^{4m+2} \frac{A}{2} = \sum \left(\cos^2 \frac{A}{2} \right)^{2m+1} = \sum \frac{\left(\cos^2 \frac{A}{2} \right)^{m+1}}{\left(\frac{1}{\cos^2 \frac{A}{2}} \right)^m}.$$

From the inequality of J.Radon, we obtain that:

$$U \geq \frac{\left(\sum \cos^2 \frac{A}{2} \right)^{m+1}}{\left(\sum \frac{1}{\cos^2 \frac{A}{2}} \right)^m}.$$

It is well-known that:

$$\sum \cos^2 \frac{A}{2} = \frac{4R+r}{2R}, \text{ and}$$

$$\sum \frac{1}{\cos^2 \frac{A}{2}} = \frac{(4R+r)^2 + p^2}{p^2}.$$

From above we easily obtain the desired result.

2.1.) If $x, y, z \in R_+^*$, $m \in R_+$, then in all triangles ABC holds:

$$\begin{aligned} & \frac{\sin^{2m+2} \frac{A}{2}}{(x \sin^2 \frac{A}{2} + y \sin^2 \frac{B}{2} + z \cos^2 \frac{C}{2})^m} + \frac{\sin^{2m+2} \frac{B}{2}}{(x \sin^2 \frac{B}{2} + y \sin^2 \frac{C}{2} + z \cos^2 \frac{A}{2})^m} + \\ & + \frac{\sin^{2m+2} \frac{C}{2}}{(x \sin^2 \frac{C}{2} + y \sin^2 \frac{A}{2} + z \cos^2 \frac{B}{2})^m} \geq \frac{(2R - r)^{m+1}}{2R(2(x + y + 2z)R + (2z - x - y)r)^m} \end{aligned};$$

2.2.) If $x, y, z \in R_+^*$, $m \in R_+$, then in any triangle ABC holds:

$$\begin{aligned} & \frac{\sin^{2m+2} \frac{A}{2}}{(x \cos^2 \frac{A}{2} + y \cos^2 \frac{B}{2} + z \sin^2 \frac{C}{2})^m} + \frac{\sin^{2m+2} \frac{B}{2}}{(x \cos^2 \frac{B}{2} + y \cos^2 \frac{C}{2} + z \sin^2 \frac{A}{2})^m} + \\ & + \frac{\sin^{2m+2} \frac{C}{2}}{(x \cos^2 \frac{C}{2} + y \cos^2 \frac{A}{2} + z \sin^2 \frac{B}{2})^m} \geq \frac{(2R - r)^{m+1}}{2R(2(2x + 2y + z)R + (x + y - z)r)^m} \end{aligned};$$

2.3.) If $x, y \in R_+^*$, $m \in R_+$, then in all triangles ABC holds:

$$\begin{aligned} & \frac{\sin^{2m+2} \frac{A}{2}}{(x \sin^2 \frac{B}{2} + y \cos^2 \frac{C}{2})^m} + \frac{\sin^{2m+2} \frac{B}{2}}{(x \sin^2 \frac{C}{2} + y \cos^2 \frac{A}{2})^m} + \frac{\sin^{2m+2} \frac{C}{2}}{(x \sin^2 \frac{A}{2} + y \cos^2 \frac{B}{2})^m} \geq \\ & \geq \frac{(2R - r)^{m+1}}{2R(2(x + 2y)R + (y - x)r)^m} \end{aligned};$$

2.4.) If $x, y \in R_+^*$, $m \in R_+$, then in any triangle ABC holds:

$$\begin{aligned} & \frac{\sin^{2m+2} \frac{A}{2}}{(x \cos^2 \frac{B}{2} + y \cos^2 \frac{C}{2})^m} + \frac{\sin^{2m+2} \frac{B}{2}}{(x \cos^2 \frac{C}{2} + y \cos^2 \frac{A}{2})^m} + \frac{\sin^{2m+2} \frac{C}{2}}{(x \cos^2 \frac{A}{2} + y \cos^2 \frac{B}{2})^m} \geq \\ & \geq \frac{(2R - r)^{m+1}}{2R(x + y)^m (4R + r)^m} \end{aligned};$$

2.5.) If $x, y \in R_+^*$, $m \in R_+$, then in all triangles ABC holds:

$$\begin{aligned} & \frac{\sin^{2m+2} \frac{A}{2}}{(x \sin^2 \frac{B}{2} + y \cos^2 \frac{C}{2})^m} + \frac{\sin^{2m+2} \frac{B}{2}}{(x \sin^2 \frac{C}{2} + y \cos^2 \frac{A}{2})^m} + \frac{\sin^{2m+2} \frac{C}{2}}{(x \sin^2 \frac{A}{2} + y \cos^2 \frac{B}{2})^m} \geq \\ & \geq \frac{(2R-r)^{m+1}}{2R(2(x+2y)R+(y-x)r)^m} \end{aligned}$$

2.6.) If $x, y \in R_+^*$, $m \in R_+$, then in any triangle ABC is true the inequality:

$$\frac{\sin^{2m+2} \frac{A}{2}}{(x \sin^2 \frac{B}{2} + y \sin^2 \frac{C}{2})^m} + \frac{\sin^{2m+2} \frac{B}{2}}{(x \sin^2 \frac{C}{2} + y \sin^2 \frac{A}{2})^m} + \frac{\sin^{2m+2} \frac{C}{2}}{(x \sin^2 \frac{A}{2} + y \sin^2 \frac{B}{2})^m} \geq \frac{2R-r}{2R(x+y)^m}.$$

Proof of 2.1.) By J.Radon's inequality we have that:

$$\begin{aligned} & \sum \frac{\sin^{2m+2} \frac{A}{2}}{(x \sin^2 \frac{A}{2} + y \sin^2 \frac{B}{2} + z \cos^2 \frac{C}{2})^m} = \sum \frac{\left(\sin^2 \frac{A}{2}\right)^{m+1}}{\left(x \sin^2 \frac{A}{2} + y \sin^2 \frac{B}{2} + z \cos^2 \frac{C}{2}\right)^m} \geq \\ & \geq \frac{\left(\sum \sin^2 \frac{A}{2}\right)^{m+1}}{\left(\sum \left(x \sin^2 \frac{A}{2} + y \sin^2 \frac{B}{2} + z \cos^2 \frac{C}{2}\right)\right)^m} = \frac{\left(\sum \sin^2 \frac{A}{2}\right)^{m+1}}{\left((x+y+z) \sum \sin^2 \frac{A}{2} + z \sum \cos^2 \frac{A}{2}\right)^m} \end{aligned}$$

Since,

$$\sum \sin^2 \frac{A}{2} = \frac{2R-r}{2R}, \text{ and}$$

$$\sum \cos^2 \frac{A}{2} = \frac{4R+r}{2R},$$

we obtain the conclusion.

Proof of 2.2.) From J.Radon' s inequality we have that:

$$\begin{aligned} \sum \frac{\sin^{2m+2} \frac{A}{2}}{(x \cos^2 \frac{A}{2} + y \cos^2 \frac{B}{2} + z \sin^2 \frac{C}{2})^m} &= \sum \frac{\left(\sin^2 \frac{A}{2}\right)^{m+1}}{\left(x \cos^2 \frac{A}{2} + y \cos^2 \frac{B}{2} + z \sin^2 \frac{C}{2}\right)^m} \geq \\ &\geq \frac{\left(\sum \sin^2 \frac{A}{2}\right)^{m+1}}{\left(\sum \left(x \cos^2 \frac{A}{2} + y \cos^2 \frac{B}{2} + z \sin^2 \frac{C}{2}\right)\right)^m} = \frac{\left(\sum \sin^2 \frac{A}{2}\right)^{m+1}}{\left((x+y) \sum \cos^2 \frac{A}{2} + z \sum \sin^2 \frac{A}{2}\right)^m} \end{aligned}$$

Since,

$$\sum \sin^2 \frac{A}{2} = \frac{2R - r}{2R}, \text{ and}$$

$$\sum \cos^2 \frac{A}{2} = \frac{4R + r}{2R},$$

we obtain the conclusion.

Proof of 2.3.) Applying J.Radon's inequality we deduce that:

$$\begin{aligned} \sum \frac{\sin^{2m+2} \frac{A}{2}}{(x \sin^2 \frac{B}{2} + y \cos^2 \frac{C}{2})^m} &= \sum \frac{\left(\sin^2 \frac{A}{2}\right)^{m+1}}{\left(x \sin^2 \frac{B}{2} + y \cos^2 \frac{C}{2}\right)^m} \geq \\ &\geq \frac{\left(\sum \sin^2 \frac{A}{2}\right)^{m+1}}{\left(\sum \left(x \sin^2 \frac{B}{2} + y \cos^2 \frac{C}{2}\right)\right)^m} = \frac{\left(\sum \sin^2 \frac{A}{2}\right)^{m+1}}{\left(x \sum \sin^2 \frac{A}{2} + y \sum \cos^2 \frac{A}{2}\right)^m} \end{aligned}$$

Because,

$$\sum \sin^2 \frac{A}{2} = \frac{2R - r}{2R}, \text{ and}$$

$$\sum \cos^2 \frac{A}{2} = \frac{4R + r}{2R},$$

yields the conclusion.

Proof of 2.4.) By J.Radon's inequality we obtain that:

$$\begin{aligned} \sum \frac{\sin^{2m+2} \frac{A}{2}}{(x \cos^2 \frac{B}{2} + y \cos^2 \frac{C}{2})^m} &= \sum \frac{\left(\sin^2 \frac{A}{2}\right)^{m+1}}{\left(x \cos^2 \frac{B}{2} + y \cos^2 \frac{C}{2}\right)^m} \geq \\ &\geq \frac{\left(\sum \sin^2 \frac{A}{2}\right)^{m+1}}{(x+y)^m \left(\sum \cos^2 \frac{A}{2}\right)^m} \end{aligned}$$

By the formulas,

$$\sum \sin^2 \frac{A}{2} = \frac{2R-r}{2R}, \text{ and}$$

$$\sum \cos^2 \frac{A}{2} = \frac{4R+r}{2R},$$

we deduce the given inequality.

Proof of 2.5.) From the inequality of J.Radon we have:

$$\begin{aligned} \sum \frac{\sin^{2m+2} \frac{A}{2}}{(x \sin^2 \frac{B}{2} + y \cos^2 \frac{C}{2})^m} &= \sum \frac{\left(\sin^2 \frac{A}{2}\right)^{m+1}}{\left(x \sin^2 \frac{B}{2} + y \cos^2 \frac{C}{2}\right)^m} \geq \\ &\geq \frac{\left(\sum \sin^2 \frac{A}{2}\right)^{m+1}}{\left(x \sum \sin^2 \frac{A}{2} + y \sum \cos^2 \frac{A}{2}\right)^m} \end{aligned}$$

Using,

$$\sum \sin^2 \frac{A}{2} = \frac{2R-r}{2R}, \text{ and}$$

$$\sum \cos^2 \frac{A}{2} = \frac{4R+r}{2R},$$

follows the result.

Proof of 2.6.) By J.Radon's inequality we obtain that:

$$\begin{aligned} \sum \frac{\sin^{2m+2} \frac{A}{2}}{(x \sin^2 \frac{B}{2} + y \sin^2 \frac{C}{2})^m} &= \sum \frac{\left(\sin^2 \frac{A}{2}\right)^{m+1}}{\left(x \sin^2 \frac{B}{2} + y \sin^2 \frac{C}{2}\right)^m} \geq \\ &\geq \frac{\left(\sum \sin^2 \frac{A}{2}\right)^{m+1}}{\left(x \sum \sin^2 \frac{A}{2} + y \sum \sin^2 \frac{A}{2}\right)^m} = \frac{\left(\sum \sin^2 \frac{A}{2}\right)^{m+1}}{(x+y)^m \left(\sum \sin^2 \frac{A}{2}\right)^m} = \frac{\sum \sin^2 \frac{A}{2}}{(x+y)^m} \end{aligned}$$

and taking account that,

$$\sum \sin^2 \frac{A}{2} = \frac{2R - r}{2R},$$

we get the inequality to prove.

This completes the proof.

2. Soluții trigonometrice pentru o problemă de baraj, juniori 2022

Nela Ciceu, Bacău

La primul baraj pentru juniori din 2022 a fost propusă următoarea problemă:

Se consideră triunghiul ABC cu $\angle A = 30^\circ$ și $\angle B = 80^\circ$. Pe laturile AC și BC se consideră punctele D respectiv E astfel încât $\angle ABD = \angle DBC$ și $DE \parallel AB$. Determinați măsura unghiului EAC.

În afara celor două soluții oficiale, în [1] sunt prezentate opt soluții, șase dintre ele presupun construcția unor triunghiuri echilaterale. În această scurtă notă dorim să prezentăm patru soluții trigonometrice și să propunem alte două probleme similare.

Avem $\angle C = 70^\circ$, $\angle ABD = \angle DBC = 40^\circ$; deducem că triunghiul BDC este isoscel cu $BC = BD$.

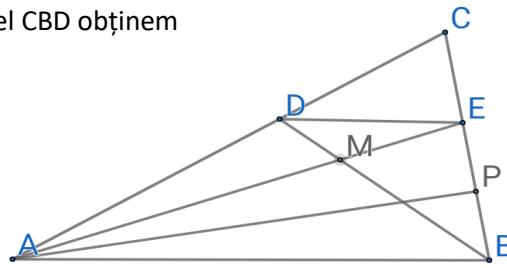
Soluția 1. Presupunem că raza cercului circumscris triunghiului ABC este $R = \frac{1}{2}$. Atunci $a = \sin 30^\circ$, $b = \sin 80^\circ = \cos 10^\circ$, $c = \sin 70^\circ = \cos 20^\circ$. Din triunghiul isoscel CBD obținem

$CD = 2a \sin 20^\circ = \sin 20^\circ$. Cum $DE \parallel AB$, rezultă că

$$\frac{CE}{CB} = \frac{CD}{CA} \Leftrightarrow \frac{CE}{a} = \frac{\sin 20^\circ}{b},$$

de unde

$$CE = \frac{2a^2 \sin 20^\circ}{b} = \frac{2 \sin 20^\circ}{4 \cos 10^\circ} = \sin 10^\circ.$$



Aplicând teorema cosinusului în triunghiul AEC avem

$$AE^2 = \cos^2 10^\circ + \sin^2 10^\circ - 2 \sin 10^\circ \cos 10^\circ \cos 70^\circ = 1 - \sin^2 20^\circ = \cos^2 20^\circ,$$

deci $AE = AB$. Atunci $\angle EAB = 20^\circ$, $\angle EAC = 10^\circ$.

Soluția 2. Deoarece $CD = 2BC \sin 20^\circ = 2a \sin 20^\circ$ și $DE \parallel AB$, avem $\frac{CE}{CB} = \frac{CD}{CA} \Leftrightarrow \frac{CE}{a} = \frac{2a \sin 20^\circ}{b}$. Atunci putem scrie

$$\begin{aligned} \frac{CE}{EB} &= \frac{2a \sin 20^\circ}{b - 2a \sin 20^\circ} = \frac{2 \sin 30^\circ \sin 20^\circ}{\sin 80^\circ - 2 \sin 30^\circ \sin 20^\circ} = \frac{\sin 20^\circ}{\sin 80^\circ - \sin 20^\circ} = \frac{\sin 20^\circ}{2 \sin 30^\circ \cos 50^\circ} = \frac{\sin 20^\circ}{\sin 40^\circ} \\ &= \frac{\sin 10^\circ \sin 80^\circ}{\sin 20^\circ \sin 70^\circ} = \frac{b \sin 10^\circ}{c \sin 20^\circ}. \end{aligned}$$

Considerăm punctul E' situat pe latura BC astfel încât $\angle E'AC = 10^\circ$. Folosind rapoarte de arii deducem că

$$\frac{CE'}{E'B} = \frac{A_{ACE'}}{A_{ABE'}} = \frac{b \sin 10^\circ}{c \sin 20^\circ} = \frac{CE}{EB}.$$

Rezultă că punctele E și E' coincid, deci $\angle EAC = 10^\circ$.

Soluția 3. Ca în soluția 1, presupunem că raza cercului circumscris triunghiului ABC este $R = \frac{1}{2}$. Fie P proiecția punctului A pe latura BC. Obținem imediat $\angle PAB = 10^\circ$, $\angle PAC = 20^\circ$, $PB = \sin 70^\circ \sin 10^\circ$, $CE = \sin 10^\circ$, $CP = \sin 80^\circ \sin 20^\circ$. Atunci

$$PE = CP - CE = \sin 20^\circ \cos 10^\circ - \sin 10^\circ = \sin 10^\circ (2 \cos^2 10^\circ - 1) = \sin 10^\circ \cos 20^\circ = PC,$$

deci P este mijlocul segmentului BE; triunghiul ABP este isoscel și rezultă că $\angle PAE = 10^\circ$, $\angle CAE = 10^\circ$.

Observație: Din această soluție deducem că AP și AE sunt ceviene izogonale; deoarece înălțimea din A și diametrul ce trece prin A sunt izogonale, rezultă că centrul cercului circumscris triunghiului ABC aparține segmentului AE. Dreptele AE și AP sunt trisectoarele unghiului A.

Variantă de finalizare: Deoarece $AP = \sin 70^\circ \cos 10^\circ$, obținem

$$\frac{AC}{AP} = \frac{\cos 10^\circ}{\cos 20^\circ \cos 10^\circ} = \frac{\sin 10^\circ}{\sin 10^\circ \cos 20^\circ} = \frac{CE}{EP}.$$

Conform reciproci teoremei bisectoarei, Rezultă că $\angle EAC = \angle EAP = 10^\circ$.

Soluția 4. Fie M intersecția dreptelor AE și BD. Notăm $x = \angle EAB = \angle AED$; atunci $\angle EAC = 30^\circ - x$, $\angle AEB = 110^\circ - x$. Folosind rapoarte de arii și teorema sinusurilor, avem

$$\frac{ME}{MA} = \frac{EB \sin 40^\circ}{AB \sin 40^\circ} = \frac{\sin x}{\sin (100^\circ - x)}$$

$$\frac{ME}{MA} = \frac{DE \sin 40^\circ}{AD \sin 110^\circ} = \frac{\sin 40^\circ \sin (30^\circ - x)}{\cos 20^\circ \sin x}.$$

Obținem ecuația $\sin 40^\circ \sin (30^\circ - x) \cos (x - 10^\circ) = \cos 20^\circ \sin^2 x$, care se scrie succesiv

$$2 \sin 20^\circ \sin (30^\circ - x) \cos (x - 10^\circ) = \sin^2 x \Leftrightarrow 2 \sin 20^\circ (\sin 20^\circ + \sin (40^\circ - 2x)) = 1 - \cos 2x$$

$$2 \sin^2 20^\circ + 2 \sin 20^\circ \sin (40^\circ - 2x) = 1 - \cos 2x \Leftrightarrow 2 \sin 20^\circ \sin (40^\circ - 2x) = \cos 40^\circ - \cos 2x$$

$$2 \sin 20^\circ \sin (40^\circ - 2x) = 2 \sin (20^\circ + x) \sin (x - 20^\circ)$$

$$2 \sin 20^\circ \sin (x - 20^\circ) \cos (x - 20^\circ) + \sin (x + 20^\circ) \sin (x - 20^\circ) = 0.$$

Pentru $0 < x < 30^\circ$ avem $2 \sin 20^\circ \cos (x - 20^\circ) + \sin (x + 20^\circ) > 0$; rezultă $x = 20^\circ$, deci $\angle EAC = 10^\circ$.

În încheiere, propunem următoarele două probleme similare:

1. Se consideră triunghiul ABC cu $\angle A = 80^\circ$ și $\angle B = 40^\circ$. Pe laturile AC și BC se consideră punctele D respectiv E astfel încât $\angle ABD = \angle DBC$ și $DE \parallel AB$. Determinați măsura unghiului EAC. ($\angle EAC = 50^\circ$)
2. Se consideră triunghiul ABC cu $\angle A = 54^\circ$ și $\angle B = 84^\circ$. Pe laturile AC și BC se consideră punctele D respectiv E astfel încât $\angle ABD = \angle DBC$ și $DE \parallel AB$. Determinați măsura unghiului EAC. ($\angle EAC = 24^\circ$)

Bibliografie:

[1] Adrian Bud, *O problemă propusă la barajul pentru juniori 2022*, G.M.-B nr. 10/2022

3. Generarea unor inegalități în triunghi din inegalități algebrice

Generating triangle inequalities from algebraic inequalities

(II)

Marin Chirciu¹

Articolul prezintă inegalități în triunghi obținute din inegalități algebrice, selectate din diverse publicații de specialitate.

Aplicatia50.

In acute ΔABC

$$\sum \frac{\sec B + \sec C}{\sec^2 A} \geq 3.$$

George Apostolopoulos, Greece, Mathematical Inequalites, 11/2023

Soluție.

Lema.

If $x, y, z > 0$ then

$$\sum \frac{y+z}{x^2} \geq 2 \left(\frac{1}{x} + \frac{1}{y} + \frac{1}{z} \right).$$

Demonstratie.

$$\sum \frac{y+z}{x^2} = \sum x \left(\frac{1}{y^2} + \frac{1}{z^2} \right) \stackrel{AM-GM}{\geq} \sum x \cdot \frac{2}{yz} = 2 \sum \frac{x}{yz} = \frac{2 \sum x^2}{xyz} \stackrel{sos}{\geq} \frac{2 \sum yz}{xyz} = 2 \sum \frac{1}{x}.$$

Egalitatea are loc dacă și numai dacă $x = y = z$.

Folosind **Lema** pentru $(x, y, z) = (\sec A, \sec B, \sec C)$ obținem:

$$\sum \frac{\sec B + \sec C}{\sec^2 A} \geq 2 \sum \frac{1}{\sec A} = 2 \sum \cos A = 2 \left(1 + \frac{r}{R} \right) = 2 + \frac{2r}{R}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Remarca.

¹ Profesor, Colegiul Național „Zinca Golescu” Pitești

În ΔABC

$$\sum \frac{\csc B + \csc C}{\csc^2 A} \geq \frac{2p}{R}.$$

Marin Chirciu

Soluție.

Folosind **Lema** pentru $(x, y, z) = (\csc A, \csc B, \csc C)$ obținem:

$$\sum \frac{\csc B + \csc C}{\csc^2 A} \geq 2 \sum \frac{1}{\csc A} = 2 \sum \sin A = 2 \cdot \frac{p}{R}.$$

Remarca.

În acute ΔABC

$$\sum \frac{\tan B + \tan C}{\tan^2 A} \geq 2\sqrt{3}.$$

Marin Chirciu

Soluție.

Folosind **Lema** pentru $(x, y, z) = (\tan A, \tan B, \tan C)$ obținem:

$$\sum \frac{\tan B + \tan C}{\tan^2 A} \stackrel{\text{Lema}}{\geq} 2 \sum \frac{1}{\tan A} = 2 \sum \cot A = 2 \cdot \frac{p^2 - r^2 - 4Rr}{2pr} \geq 2 \cdot \sqrt{3} = 2\sqrt{3}.$$

Remarca.

În acute ΔABC

$$\sum \frac{\cot B + \cot C}{\cot^2 A} \geq 6\sqrt{3}.$$

Marin Chirciu

Soluție.

Folosind **Lema** pentru $(x, y, z) = (\cot A, \cot B, \cot C)$ obținem:

$$\sum \frac{\cot B + \cot C}{\cot^2 A} \stackrel{\text{Lema}}{\geq} 2 \sum \frac{1}{\cot A} = 2 \sum \tan A = 2 \cdot \frac{2pr}{p^2 - (2R+r)^2} \geq 2 \cdot 3\sqrt{3} = 6\sqrt{3}.$$

Remarca.

În acute ΔABC

$$\sum \frac{\cos B + \cos C}{\cos^2 A} \geq 6.$$

Marin Chirciu

Soluție.

Folosind **Lema** pentru $(x, y, z) = (\cos A, \cos B, \cos C)$ obținem:

$$\sum \frac{\cos B + \cos C}{\cos^2 A} \stackrel{\text{Lema}}{\geq} 2 \sum \frac{1}{\cos A} = \frac{p^2 + r^2 - 4R^2}{p^2 - (2R+r)^2} \geq 6.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Remarca.

În ΔABC

$$\sum \frac{\sin B + \sin C}{\sin^2 A} \geq 2\sqrt{3}.$$

Marin Chirciu

Soluție.

Folosind **Lema** pentru $(x, y, z) = (\sin A, \sin B, \sin C)$ obținem:

$$\sum \frac{\sin B + \sin C}{\sin^2 A} \stackrel{\text{Lema}}{\geq} 2 \sum \frac{1}{\sin A} = \frac{p^2 + r^2 + 4Rr}{2pr} \geq 2\sqrt{3}.$$

Aplicația51.

S.2635. În ΔABC

$$\sum \frac{(b^4 + c^4)h_a}{b+c} \geq 8\sqrt{3}F^2.$$

D.M.Bătinețu-Giurgiu, Daniel Sitaru, Romania, RMM-43, Winter-2024

Soluție**Lema**

Îf $a, b > 0$

$$\frac{a^4 + b^4}{a+b} \geq \frac{(a+b)^3}{8}.$$

Demonstrație

$$\frac{a^4 + b^4}{a+b} \stackrel{\text{Holder}}{\geq} \frac{\frac{(a+b)^4}{8}}{a+b} = \frac{(a+b)^3}{8}, \text{ cu egalitate pentru } b=c.$$

$$\begin{aligned}
 LHS &= \sum \frac{(b^4 + c^4)h_a}{b+c} \stackrel{\text{Lema}}{\geq} \sum \frac{(b+c)^3 h_a}{8} \stackrel{\text{AM-GM}}{\geq} \frac{1}{8} \cdot 3\sqrt[3]{\prod (b+c)^3 h_a} = \frac{3}{8} \prod (b+c) \sqrt[3]{\prod h_a} \stackrel{(1)}{\geq} \\
 &\stackrel{(1)}{\geq} \frac{3}{8} \cdot 4F(9R-2r) \cdot (3r) \geq 8\sqrt{3}F^2 = RHS \text{ unde (1) rezultă din } \prod (b+c) \geq 4F(9R-2r) \text{ și} \\
 &\prod h_a \geq (3r)^3.
 \end{aligned}$$

Remarca.

In ΔABC

$$\sum \frac{(b^{3n+1} + c^{3n+1})h_a}{b+c} \geq 9r(4FR)^n, n \in \mathbb{N}.$$

Marin Chirciu

Soluție**Lema**

If $a, b > 0$

$$\frac{a^{3n+1} + b^{3n+1}}{a+b} \geq \frac{(a+b)^{3n}}{2^{3n}}.$$

Demonstrație

$$\frac{a^{3n+1} + b^{3n+1}}{a+b} \stackrel{\text{Holder}}{\geq} \frac{\frac{(a+b)^{3n+1}}{2^{3n}}}{a+b} = \frac{(b+c)^{3n}}{2^{3n}}, \text{ cu egalitate pentru } b=c.$$

Să trecem la rezolvarea problemei din enunț.

Folosind **Lema** obținem:

$$\begin{aligned}
 LHS &= \sum \frac{b^{3n+1} + c^{3n+1}}{b+c} h_a \stackrel{\text{Lema}}{\geq} \sum \frac{(b+c)^{3n}}{2^{3n}} h_a \stackrel{\text{AM-GM}}{\geq} \frac{1}{2^{3n}} \cdot 3\sqrt[3]{\prod (b+c)^{3n} h_a} = \\
 &= \frac{3}{2^{3n}} \prod (b+c)^n \cdot \sqrt[3]{\prod h_a} \stackrel{(1)}{\geq} \frac{3}{2^{3n}} \cdot (32FR)^n \cdot (3r) = 9r \left(\frac{32FR}{8} \right)^n = 9r(4FR)^n = RHS.
 \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Aplicația52.

S.2626. In ΔABC then

$$\prod \left(\frac{1}{a^2} + 2 \right) \geq \frac{9}{R^2}.$$

D.M.Bătinețu-Giurgiu, Oana Simona Dascălu, Romania, RMM-43, Winter-2024

Soluție

Lema

If $a, b, c, t \geq 0$

$$\prod(a^2 + t) \geq \frac{3}{4}(a+b+c)^2 t^2.$$

Hojoo Lee Inequality

Demonstratie

Demonstrăm mai întâi inegalitatea:

If $a, b, t \geq 0$

$$(a^2 + t)(b^2 + t) \geq \frac{3}{4}t(t + (a+b)^2), (*).$$

Într-adevăr:

$$\begin{aligned} \text{Avem } (a^2 + t)(b^2 + t) \geq \frac{3}{4}t(t + (a+b)^2) &\Leftrightarrow 4(a^2 + t)(b^2 + t) \geq 3t(t + a^2 + b^2 + 2ab) \Leftrightarrow \\ &\Leftrightarrow t(a^2 + b^2 - 2ab) + t^2 - 2abt + 4a^2b^2 \geq 0 \Leftrightarrow t(a-b)^2 + (t-2ab)^2 \geq 0, \end{aligned}$$

cu egalitate pentru $a = b$ și $t = 2ab$.

În continuare obținem:

$$\begin{aligned} (a^2 + t)(b^2 + t)(c^2 + t) \stackrel{(*)}{\geq} \frac{3}{4}t(t + (a+b)^2)(c^2 + t) \stackrel{(1)}{\geq} \frac{3}{4}(a+b+c)^2 t^2, \text{ unde (1)} \Leftrightarrow \\ \Leftrightarrow \frac{3}{4}t(t + (a+b)^2)(c^2 + t) \geq \frac{3}{4}(a+b+c)^2 t^2 \Leftrightarrow (t + (a+b)^2)(c^2 + t) \geq (a+b+c)^2 t \Leftrightarrow \\ \Leftrightarrow (t - a(b+c))^2 \geq 0, \text{ cu egalitate pentru } t = a(b+c). \end{aligned}$$

Folosind **Lema** pentru $(a, b, c, t) = \left(\frac{1}{a}, \frac{1}{b}, \frac{1}{c}, 2\right)$ obținem:

$$LHS = \prod \left(\frac{1}{a^2} + 2 \right) \stackrel{\text{Lema}}{\geq} \frac{3}{4} \left(\sum \frac{1}{a} \right)^2 2^2 \stackrel{\text{Leuenberger}}{\geq} \frac{3}{4} \left(\frac{\sqrt{3}}{R} \right)^2 2^2 = \frac{9}{R^2} = RHS.$$

Am folosit mai sus inegalitatea lui Leuenberger $\sum \frac{1}{a} \geq \frac{\sqrt{3}}{R}$.

Remarca.

Problema se poate dezvolta.

If $\lambda > 0$, then in ΔABC

$$\prod \left(\frac{1}{a^2} + \lambda \right) \geq \frac{9\lambda^2}{4R^2}.$$

Marin Chirciu

Soluție

Folosind **Lema** pentru $(a, b, c, t) = \left(\frac{1}{a}, \frac{1}{b}, \frac{1}{c}, \lambda \right)$ obținem:

$$LHS = \prod \left(\frac{1}{a^2} + \lambda \right) \stackrel{\text{Lema}}{\geq} \frac{3}{4} \left(\sum \frac{1}{a} \right)^2 \lambda^2 \stackrel{\text{Leuenberger}}{\geq} \frac{3}{4} \left(\frac{\sqrt{3}}{R} \right)^2 \lambda^2 = \frac{9\lambda^2}{4R^2} = RHS.$$

Am folosit mai sus inegalitatea lui Leuenberger $\sum \frac{1}{a} \geq \frac{\sqrt{3}}{R}$.

Aplicația 53.

If $a, b, c > 0$ then

$$\sum \frac{\sqrt{b+c}}{a} \geq \frac{4(a+b+c)}{\sqrt{(a+b)(b+c)(c+a)}}.$$

Nasa Neverdie, Vietnam, THCS 11/2023

Soluție.

$$\sum \frac{\sqrt{b+c}}{a} \geq \frac{4(a+b+c)}{\sqrt{(a+b)(b+c)(c+a)}} \Leftrightarrow \sum \frac{(b+c)\sqrt{(a+b)(a+c)}}{a} \geq 4 \sum a,$$

care rezultă din $\sqrt{(a+b)(a+c)} \stackrel{CBS}{\geq} a + \sqrt{bc}$.

Rămâne să arătăm că:

$$\begin{aligned} \sum \frac{(b+c)(a+\sqrt{bc})}{a} \geq 4 \sum a &\Leftrightarrow \sum (b+c) + \sum \frac{(b+c)\sqrt{bc}}{a} \geq 4 \sum a \Leftrightarrow \\ &\Leftrightarrow 2 \sum a + \sum \frac{(b+c)\sqrt{bc}}{a} \geq 4 \sum a \Leftrightarrow \sum \frac{(b+c)\sqrt{bc}}{a} \geq 2 \sum a, \text{ adevărată din } b+c \geq 2\sqrt{bc}. \end{aligned}$$

Este suficient să arătăm că:

$$\sum \frac{2\sqrt{bc} \cdot \sqrt{bc}}{a} \geq 2 \sum a \Leftrightarrow \sum \frac{bc}{a} \geq \sum a, \text{ vezi}$$

$$\sum \frac{bc}{a} \geq \sum a \Leftrightarrow \sum b^2 c^2 \geq abc \sum a, \text{ vezi } \sum x^2 \geq \sum yz, \text{ pentru } (x, y, z) = (bc, ca, ab).$$

Remarca.

Problema se poate dezvolta.

În ΔABC

$$\sum \frac{\sqrt{r_b + r_c}}{r_a} \geq 2\sqrt{\frac{3}{R}}.$$

Marin Chirciu

Lema.

If $a, b, c > 0$ then

$$\sum \frac{\sqrt{b+c}}{a} \geq \frac{4(a+b+c)}{\sqrt{(a+b)(b+c)(c+a)}}.$$

Soluție.

Se cunosc identitățile în triunghi $\sum r_a = 4R + r$ și $\prod(r_b + r_c) = 4Rp^2$.

Folosind **Lema** pentru $(x, y, z) = (r_a, r_b, r_c)$ obținem:

$$\sum \frac{\sqrt{r_b + r_c}}{r_a} \geq \frac{4 \sum r_a}{\sqrt{\prod(r_b + r_c)}} \Leftrightarrow \sum \frac{\sqrt{r_b + r_c}}{r_a} \geq \frac{4(4R+r)}{\sqrt{4Rp^2}} \Leftrightarrow \sum \frac{\sqrt{r_b + r_c}}{r_a} \geq \frac{2(4R+r)}{p\sqrt{R}}.$$

Folosind inegalitatea lui Doucet $4R+r \geq p\sqrt{3}$ rezultă:

$$\sum \frac{\sqrt{r_b + r_c}}{r_a} \geq \frac{2(4R+r)}{p\sqrt{R}} \stackrel{\text{Doucet}}{\geq} \frac{2 \cdot p\sqrt{3}}{p\sqrt{R}} = \frac{2\sqrt{3}}{\sqrt{R}} = 2\sqrt{\frac{3}{R}} \Rightarrow \sum \frac{\sqrt{r_b + r_c}}{r_a} \geq 2\sqrt{\frac{3}{R}}.$$

Aplicația54.

S.2604. În $a, b, c, x, y, t > 0$ then

$$\prod \left(\frac{a^2}{(bx+cy)^2} + t^2 \right) \geq \frac{27t^4}{4(x+y)^2}.$$

D.M.Bătinețu-Giurgiu, Gheorghe Boroica, Romania, RMM-43, Winter-2024

Soluție

Lema

If $a, b, c, t \geq 0$

$$\prod(a^2 + t) \geq \frac{3}{4}(a+b+c)^2 t^2.$$

Hojoo Lee Inequality

Folosind **Lema** pentru $(x, y, z, t) = \left(\frac{a}{bx+cy}, \frac{b}{cx+ay}, \frac{c}{ax+by}, t^2 \right)$ obținem:

$$LHS = \prod \left(\frac{a^2}{(bx+cy)^2} + t^2 \right) \stackrel{\text{Lema}}{\geq} \frac{3}{4} \left(\sum \frac{a}{bx+cy} \right)^2 (t^2)^2 \stackrel{\text{Nesbitt}}{\geq} \frac{3}{4} \left(\frac{3}{b+c} \right)^2 t^4 = \frac{27t^4}{4(x+y)^2} = RHS.$$

Am folosit mai sus inegalitatea lui Nesbitt extinsă: $\sum \frac{a}{bx+cy} \geq \frac{3}{x+y}$.

Aplicația55.

S.2572. In ΔABC then

$$\prod(a^2 + t) \geq 9\sqrt{3}t^2 F.$$

D.M.Bătinețu-Giurgiu, Romania, RMM-43, Winter-2024

Soluție

Lema

If $a, b, c, t \geq 0$

$$\prod(a^2 + t) \geq \frac{3}{4}(a+b+c)^2 t^2.$$

Hojoo Lee Inequality

Folosind **Lema** obținem:

$$LHS = \prod(a^2 + t) \stackrel{\text{Lema}}{\geq} \frac{3}{4}(\sum a)^2 t^2 = \frac{3}{4}(2p)^2 t^2 = 3p^2 t^2 \stackrel{\text{Hadwiger}}{\geq} 3 \cdot 3\sqrt{3}F \cdot t^2 = RHS.$$

Am folosit mai sus inegalitatea lui Hadwiger $p^2 \geq 3\sqrt{3}F$.

Aplicația56.

S.2595. If $x, y > 0, xp > y \max\{a, b, c\}$ then :

$$\sum \frac{a^3}{xp - ya} \geq \frac{8\sqrt{3}}{3x - 2y} F.$$

D.M.Bătinețu-Giurgiu, Romania, RMM-43, Winter-2024

Soluție.

$$\begin{aligned}
 LHS &= \sum \frac{a^3}{xp - ya} \stackrel{\text{Holder}}{\geq} \frac{\left(\sum a\right)^3}{3 \sum (xp - ya)} = \frac{(2p)^3}{3(3x - 2y)p} = \frac{8p^3}{3(3x - 2y)p} = \frac{8p^2}{3(3x - 2y)} \stackrel{\text{Hadwiger}}{\geq} \\
 &\stackrel{\text{Hadwiger}}{\geq} \frac{8 \cdot 3\sqrt{3}F}{3(3x - 2y)} = \frac{8\sqrt{3}}{3x - 2y} F = RHS.
 \end{aligned}$$

Am folosit mai sus inegalitatea Hadwiger: $p^2 \geq 3F\sqrt{3}$.

Remarca.

If $x, y > 0, xp > y \max\{a, b, c\}$ and $n \in \mathbb{N}$ then :

$$\sum \frac{a^{2n+1}}{xp - ya} \geq \frac{6}{3x - 2y} \left(\frac{4F}{\sqrt{3}} \right)^n.$$

Marin Chirciu

Soluție.

Pentru $n = 0$ se folosește inegalitatea lui Nesbitt.

Pentru $n \in \mathbb{N}^*$ se folosește inegalitatea lui Holder.

$$\begin{aligned}
 LHS &= \sum \frac{a^{2n+1}}{xp - ya} \stackrel{\text{Holder}}{\geq} \frac{\left(\sum a\right)^{2n+1}}{3^{2n-1} \sum (xp - ya)} = \frac{(2p)^{2n+1}}{3^{2n-1} (3x - 2y)p} = \frac{(2p)^{2n} \cdot 2p}{3^{2n-1} (3x - 2y)p} = \frac{(2p)^{2n} \cdot 2}{3^{2n-1} (3x - 2y)} = \\
 &= \frac{(4p^2)^n \cdot 2}{3^{2n-1} (3x - 2y)} \stackrel{\text{Hadwiger}}{\geq} \frac{(4 \cdot 3\sqrt{3}F)^n \cdot 2 \cdot 3}{9^n (3x - 2y)} = \frac{6}{3x - 2y} \left(\frac{4 \cdot 3\sqrt{3}F}{9} \right)^n = \frac{6}{3x - 2y} \left(\frac{4\sqrt{3}F}{3} \right)^n = RHS.
 \end{aligned}$$

Aplicația 57.

In $\triangle ABC$

$$\frac{4a^2 + b^2 + c^2}{2a^2 + bc} \leq \frac{R}{r}.$$

Adil Abdullayev, Azerbaijan, RMM, 11/2023

Soluție.

Lema.

If $a, b, c > 0$ then

$$\frac{4a^2 + b^2 + c^2}{2a^2 + bc} \leq \frac{b^2 + c^2}{bc}.$$

Demonstratie.

$$\frac{4a^2 + b^2 + c^2}{2a^2 + bc} \leq \frac{b^2 + c^2}{bc} \Leftrightarrow a^2(b - c)^2 \geq 0, \text{ cu egalitate pentru } b = c.$$

Folosind **Lema** obținem:

$$LHS = \frac{4a^2 + b^2 + c^2}{2a^2 + bc} \stackrel{\text{Lema}}{\leq} \frac{b^2 + c^2}{bc} = \frac{b}{c} + \frac{c}{b} \stackrel{\text{Bandila}}{\leq} \frac{R}{r} = RHS.$$

Egalitatea are loc dacă și numai dacă triunghiul este isoscel cu $b = c$.

Remarca.

În aceeași clasă de probleme.

În ΔABC

$$\frac{4m_a^2 + m_b^2 + m_c^2}{2m_a^2 + m_b m_c} \leq \frac{R}{r}.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0$ then

$$\frac{4x^2 + y^2 + z^2}{2x^2 + yz} \leq \frac{y^2 + z^2}{yz}.$$

Folosind **Lema** pentru $(x, y, z) = (m_a, m_b, m_c)$ obținem:

$$LHS = \frac{4m_a^2 + m_b^2 + m_c^2}{2m_a^2 + m_b m_c} \stackrel{\text{Lema}}{\leq} \frac{m_b^2 + m_c^2}{m_b m_c} = \frac{m_b}{m_c} + \frac{m_c}{m_b} \stackrel{\text{Abdullayev}}{\leq} \frac{R}{r} = RHS.$$

Am folosit mai sus: $\frac{m_a}{m_b} + \frac{m_b}{m_a} \leq \frac{R}{r}$ (Adil Abdullayev, Azerbaijan).

Remarca.

În aceeași clasă de probleme.

În ΔABC

$$\frac{4h_a^2 + h_b^2 + h_c^2}{2h_a^2 + h_b h_c} \leq \frac{R}{r}.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0$ then

$$\frac{4x^2 + y^2 + z^2}{2x^2 + yz} \leq \frac{y^2 + z^2}{yz}.$$

Folosind **Lema** pentru $(x, y, z) = (h_a, h_b, h_c)$ obținem:

$$LHS = \frac{4h_a^2 + h_b^2 + h_c^2}{2h_a^2 + h_b h_c} \stackrel{\text{Lema}}{\leq} \frac{h_b^2 + h_c^2}{h_b h_c} = \frac{h_b}{h_c} + \frac{h_c}{h_b} = \frac{\frac{2S}{b}}{\frac{2S}{c}} + \frac{\frac{2S}{c}}{\frac{2S}{b}} = \frac{c}{b} + \frac{b}{c} \stackrel{\text{Bandila}}{\leq} \frac{R}{r} = RHS.$$

Am folosit mai sus: $\frac{b}{c} + \frac{c}{b} \leq \frac{R}{r}$ (Băndilă, 1985).

Remarca.

În ΔABC

$$\frac{4r_a^2 + r_b^2 + r_c^2}{2r_a^2 + r_b r_c} \leq \frac{R}{r}.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0$ then

$$\frac{4x^2 + y^2 + z^2}{2x^2 + yz} \leq \frac{y^2 + z^2}{yz}.$$

Folosind **Lema** pentru $(x, y, z) = (r_a, r_b, r_c)$ obținem:

$$LHS = \frac{4r_a^2 + r_b^2 + r_c^2}{2r_a^2 + r_b r_c} \stackrel{\text{Lema}}{\leq} \frac{r_b^2 + r_c^2}{r_b r_c} = \frac{r_b}{r_c} + \frac{r_c}{r_b} = \frac{\frac{S}{p-b}}{\frac{S}{p-c}} + \frac{\frac{S}{p-c}}{\frac{S}{p-b}} = \frac{p-c}{p-b} + \frac{p-b}{p-c} \stackrel{\text{SOS}}{\leq} \frac{c}{b} + \frac{b}{c} \stackrel{\text{Bandila}}{\leq} \frac{R}{r} = RHS,$$

unde(SOS) $\Leftrightarrow \frac{p-c}{p-b} + \frac{p-b}{p-c} \leq \frac{c}{b} + \frac{b}{c} \Leftrightarrow (b-c)^2 \geq 0$, cu egalitate pentru $b=c$.

Aplicația58.

S.2568. În ΔABC

$$\sum \frac{m_a^3}{Rm_a + rm_c} \geq \frac{2\sqrt{3}}{R} F.$$

D.M.Bătinețu-Giurgiu, Romania, RMM-43, Winter-2024

Soluție.

$$\begin{aligned} LHS &= \sum \frac{m_a^3}{Rm_b + rm_c} = \sum \frac{m_a^4}{Rm_a m_b + rm_a m_c} \stackrel{CS}{\geq} \frac{\left(\sum m_a^2\right)^2}{\sum (Rm_a m_b + rm_a m_c)} = \frac{\left(\sum m_a^2\right)^2}{(R+r) \sum m_a m_b} \stackrel{sos}{\geq} \\ &\geq \frac{\sum m_a^2}{R+r} \stackrel{Hadwiger}{\geq} \frac{3\sqrt{3}F}{R+r} \stackrel{Euler}{\geq} \frac{2\sqrt{3}}{R} F = RHS, \end{aligned}$$

Am folosit mai sus inegalitatea Hadwiger: $\sum m_a^2 \geq 3\sqrt{3}F$.

Remarca.

In ΔABC

$$\sum \frac{m_a^{2n+1}}{Rm_a + rm_c} \geq \frac{2}{R} (\sqrt{3}F)^n, n \in \mathbb{N}.$$

Marin Chirciu

Soluție.

$$\begin{aligned} LHS &= \sum \frac{m_a^{2n+1}}{Rm_b + rm_c} = \sum \frac{m_a^{2n+2}}{Rm_a m_b + rm_a m_c} \stackrel{Holder}{\geq} \frac{\left(\sum m_a^2\right)^{n+1}}{3^{n-1} \sum (Rm_a m_b + rm_a m_c)} = \\ &= \frac{\left(\sum m_a^2\right)^{n+1}}{3^{n-1} (R+r) \sum m_a m_b} \stackrel{sos}{\geq} \frac{\left(\sum m_a^2\right)^n}{3^{n-1} (R+r)} \stackrel{(1)}{\geq} \frac{\left(3\sqrt{3}F\right)^n}{3^{n-1} (R+r)} = \frac{3}{R+r} (\sqrt{3}F)^n \stackrel{Euler}{\geq} \frac{2}{R} (\sqrt{3}F)^n = RHS, \end{aligned}$$

unde (1) $\Leftrightarrow \sum m_a^2 \geq 3\sqrt{3}F$, (Hadwiger).

Aplicația 59.

S.2576. In ΔABC then

$$\sum \left(\frac{1}{r_a^2} + p \right) \geq \frac{81}{4}.$$

D.M.Bătinețu-Giurgiu, Romania, RMM-43, Winter-2024

Soluție

Lema

If $a, b, c, t \geq 0$

$$\prod (a^2 + t) \geq \frac{3}{4} (a+b+c)^2 t^2.$$

Hojoo Lee Inequality

Demonstratie

Folosind **Lema** pentru $(a, b, c, t) = \left(\frac{1}{r_a}, \frac{1}{r_b}, \frac{1}{r_c}, p \right)$ obținem:

$$LHS = \sum \left(\frac{1}{r_a^2} + p \right) \stackrel{\text{Lema}}{\geq} \frac{3}{4} \left(\sum \frac{1}{r_a} \right)^2 p^2 = \frac{3}{4} \left(\frac{1}{r} \right)^2 p^2 \stackrel{\text{Mitrinovic}}{\geq} \frac{3}{4} \frac{1}{r^2} 27 r^2 = \frac{81}{4} = RHS .$$

Remarca.

In ΔABC then

$$\sum \left(\frac{1}{r_a^2} + \lambda p \right) \geq \frac{81\lambda^2}{4}, \lambda > 0 .$$

Marin Chirciu

Soluție

Folosind **Lema** pentru $(a, b, c, t) = \left(\frac{1}{r_a}, \frac{1}{r_b}, \frac{1}{r_c}, \lambda p \right)$ obținem:

$$LHS = \sum \left(\frac{1}{r_a^2} + \lambda p \right) \stackrel{\text{Lema}}{\geq} \frac{3}{4} \left(\sum \frac{1}{r_a} \right)^2 \lambda^2 p^2 = \frac{3}{4} \left(\frac{1}{r} \right)^2 \lambda^2 p^2 \stackrel{\text{Mitrinovic}}{\geq} \frac{3}{4} \frac{1}{r^2} 27 \lambda^2 r^2 = \frac{81\lambda^2}{4} = RHS .$$

Aplicația60.

S.2581. If $x, y > 0, M \in Int(\Delta ABC), d_a = d(M, BC), d_b = d(M, CA), d_c = d(M, AB)$ then :

$$\sum \frac{a^3}{xh_a + yd_a} \geq \frac{24}{3x + y} F .$$

D.M.Bătinețu-Giurgiu, Dan Nănuți, Romania, RMM-43, Winter-2024

Soluție.**Lema.**

If $M \in Int(\Delta ABC), d_a = d(M, BC), F_1 = Aria[MBC]$ then :

$$ad_a + bd_b + cd_c = 2S .$$

Demonstratie.

Avem $ad_a + bd_b + cd_c = 2F_1 + 2F_2 + 2F_3 = 2(F_1 + F_2 + F_3) = 2F$;

$$\begin{aligned} LHS &= \sum \frac{a^3}{xh_a + yd_a} = \sum \frac{a^4}{xah_a + yad_a} = \sum \frac{a^4}{x \cdot 2F + y \cdot 2F_1} \stackrel{\text{CS}}{\geq} \frac{\left(\sum a^2 \right)^2}{\sum (x \cdot 2F + y \cdot 2F_1)} \stackrel{\text{I-W}}{\geq} \frac{(4\sqrt{3}F)^2}{6xF + 2yF} = \\ &= \frac{16 \cdot 3F^2}{2F(3x + y)} = \frac{24}{3x + y} F = RHS . \end{aligned}$$

Am folosit mai sus inegalitatea Ionescu-Weitzenbock: $\sum a^2 \geq 4F\sqrt{3}$.

Egalitatea are loc dacă și numai dacă triunghiul este echilateral și $M \equiv G$.

Remarca.

Problema se poate dezvolta. If $x, y > 0, M \in \text{Int}(\Delta ABC)$,

$d_a = d(M, BC), d_b = d(M, CA), d_c = d(M, AB)$ then :

$$\sum \frac{a^{2n+1}}{xh_a + yd_a} \geq \frac{2\sqrt{3}}{3x+y} (4\sqrt{3}F)^n, n \in \mathbb{N}.$$

Marin Chirciu

Soluție.**Lema.**

If $M \in \text{Int}(\Delta ABC), d_a = d(M, BC), F_1 = \text{Aria}[MBC]$ then :

$$ad_a + bd_b + cd_c = 2S.$$

Demonstrație.

Avem $ad_a + bd_b + cd_c = 2F_1 + 2F_2 + 2F_3 = 2(F_1 + F_2 + F_3) = 2F$;

Folosind **Lema** obținem:

$$\begin{aligned} LHS &= \sum \frac{a^{2n+1}}{xh_a + yd_a} = \sum \frac{a^{2n+2}}{xah_a + yad_a} = \sum \frac{a^{2n+2}}{x \cdot 2F + y \cdot 2F_1} \stackrel{\text{Holder}}{\geq} \frac{\left(\sum a^2\right)^{n+1}}{3^{n-1} \sum (x \cdot 2F + y \cdot 2F_1)} \stackrel{\text{I-W}}{\geq} \\ &\stackrel{\text{I-W}}{\geq} \frac{(4\sqrt{3}F)^{n+1}}{3^{n-1} (6xF + 2yF)} = \frac{(4\sqrt{3}F)^{n+1}}{3^{n-1} 2F (3x+y)} = \frac{6\sqrt{3}}{3x+y} \left(\frac{4\sqrt{3}F}{3}\right)^n = RHS. \end{aligned}$$

Aplicația61.

If $x, y, z > 0, x + y + z = 1$ then

$$\sum x\sqrt{x+2y} \leq 1.$$

Do Dinh Quang Khanh, Vietnam, THCS 11/2023

Soluție.

$$LHS = \sum x\sqrt{x+2y} = \sum x\sqrt{(x+2y) \cdot 1} \stackrel{\text{AM-GM}}{\leq} \sum x \frac{(x+2y)+1}{2} = \frac{1}{2} \sum (x^2 + 2xy + x) =$$

$$= \frac{1}{2} \left(\sum (x^2 + 2xy) + \sum x \right) = \frac{1}{2} \left((\sum x)^2 + \sum x \right) = \frac{1}{2} (1^2 + 1) = 1 = RHS.$$

Remarca.

In ΔABC

$$\sum \frac{1}{r_a} \sqrt{\frac{1}{r_a} + \frac{2}{r_b}} \leq \frac{1}{r\sqrt{r}}.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0, x + y + z = 1$ then

$$\sum x\sqrt{x+2y} \leq 1.$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c}\right)$ obținem:

$$\sum \frac{r}{r_a} \sqrt{\frac{r}{r_a} + 2 \frac{r}{r_b}} \leq 1 \Leftrightarrow \sum \frac{1}{r_a} \sqrt{\frac{1}{r_a} + \frac{2}{r_b}} \leq \frac{1}{r\sqrt{r}}.$$

Remarca.

In ΔABC

$$\sum \frac{1}{h_a} \sqrt{\frac{1}{h_a} + \frac{2}{h_b}} \leq \frac{1}{r\sqrt{r}}.$$

Marin Chirciu

Aplicația62.

S.2562. If ΔABC then

$$\prod (a^2 r_a^2 + 1) \geq 27 F^2.$$

D.M.Bătinețu-Giurgiu, Claudia Nănuți, Romania, RMM-43, Winter-2024

Soluție

Lema

If $a, b, c, t \geq 0$

$$\prod (a^2 + t) \geq \frac{3}{4} (a+b+c)^2 t^2.$$

Hojoo Lee Inequality

Folosind **Lema** pentru $(a, b, c, t) = (ar_a, br_b, cr_c, 1)$ obținem:

$$LHS = \prod (a^2 r_a^2 + 1) \stackrel{\text{Lema}}{\geq} \frac{3}{4} \left(\sum ar_a \right)^2 \cdot 1^2 \stackrel{(1)}{\geq} \frac{3}{4} (6F)^2 \cdot 1^2 = 27F^2 = RHS,$$

unde (1) $\Leftrightarrow \sum ar_a \geq 6F$, vezi: $\sum ar_a = 2p(2R-r) \stackrel{\text{Euler}}{\geq} 2p \cdot 3r = 6F$.

Remarca.

Problema se poate dezvolta.

In ΔABC and $\lambda > 0$ then

$$\prod (a^2 r_a^2 + \lambda) \geq 27\lambda^2 F^2.$$

Marin Chirciu

Soluție

Folosind **Lema** pentru $(a, b, c, t) = (ar_a, br_b, cr_c, \lambda)$ obținem:

$$LHS = \prod (a^2 r_a^2 + \lambda) \stackrel{\text{Lema}}{\geq} \frac{3}{4} \left(\sum ar_a \right)^2 \cdot \lambda^2 \stackrel{(1)}{\geq} \frac{3\lambda^2}{4} (6F)^2 = 27\lambda^2 F^2 = RHS,$$

unde (1) $\Leftrightarrow \sum ar_a \geq 6F$, vezi: $\sum ar_a = 2p(2R-r) \stackrel{\text{Euler}}{\geq} 2p \cdot 3r = 6F$.

Aplicația63.

S.2620. In ΔABC then

$$\sum (a^2 + 2)^3 \geq 108F.$$

D.M.Bătinețu-Giurgiu, Romania, RMM-43, Winter-2024

Soluție

Lema

If $a, b, c, t \geq 0$

$$\prod (a^2 + t) \geq \frac{3}{4} (a+b+c)^2 t^2.$$

Hojoo Lee Inequality

Folosind $x^3 + y^3 + z^3 \geq 3xyz$ pentru $(x, y, z) = (a^2 + 2, b^2 + 2, c^2 + 2)$ obținem

$$\sum (a^2 + 2)^3 \geq 3 \sum (a^2 + 2) \geq 108F.$$

Rămâne să arătăm că $3 \sum (a^2 + 2) \geq 108F \Leftrightarrow \sum (a^2 + 2) \geq 36F$.

Folosind **Lema** pentru $t = 2$ obținem:

$$LHS = \sum (a^2 + 2) \stackrel{\text{Lema}}{\geq} \frac{3}{4} (\sum a)^2 2^2 = 3(2p)^2 \stackrel{\text{Hadwiger}}{\geq} 12 \cdot 3\sqrt{3}F.$$

Remarca.

In ΔABC then

$$\sum (a^2 + \lambda)^3 \geq 27\lambda^2 \sqrt{3}F.$$

Marin Chirciu

Aplicația64.

4890. If $a, b, c > 0$, $ab + bc + ca = 3$ then

$$\left(a^3 + \frac{2}{3}\right)\left(b^3 + \frac{2}{3}\right)\left(c^3 + \frac{2}{3}\right) \geq \frac{125}{27}.$$

George Apostolopoulos, Greece, Crux Mathematicorum

Soluție.

$$\prod \left(a^3 + \frac{2}{3}\right) \geq \frac{125}{27} \Leftrightarrow \prod (3a^3 + 2) \geq 125.$$

Lema.

If $a, b, c > 0$, $ab + bc + ca = 3$ then

$$\prod (3a^3 + 2) \geq (ab + c + 3)^3.$$

Demonstrație.

$$\begin{aligned} \prod (3a^3 + 2) &= (a^3 + a^3 + a^3 + 1 + 1)(b^3 + b^3 + 1 + b^3 + 1)(1 + 1 + c^3 + c^3 + c^3) \stackrel{\text{Holder}}{\geq} \\ &\stackrel{\text{Holder}}{\geq} (ab + ab + ac + bc + c) = (ab + c + 3)^3. \end{aligned}$$

$$\begin{aligned} LHS &= \prod (3a^3 + 2) \stackrel{\text{Lema}}{\geq} \frac{\sum (ab + c + 3)^3}{3} \stackrel{\text{Holder}}{\geq} \frac{\left(\sum ab + \sum c + \sum 3\right)^3}{3} \stackrel{\text{sos}}{\geq} \\ &\stackrel{\text{sos}}{\geq} \frac{(3+3+9)^3}{27} = 125 = RHS, \text{vezi(SOS): } \sum a \geq \sqrt{3 \sum ab} = \sqrt{3 \cdot 3} = 3. \end{aligned}$$

Remarca.

If $a, b, c > 0$, $ab + bc + ca = 3$ then

$$\left(a^3 + \frac{1}{2}\right)\left(b^3 + \frac{1}{2}\right)\left(c^3 + \frac{1}{2}\right) \geq \frac{27}{8}.$$

Marin Chirciu

Soluție.

$$\prod \left(a^3 + \frac{1}{2} \right) \geq \frac{27}{8} \Leftrightarrow \prod (2a^3 + 1) \geq 27.$$

Lema.

If $a, b, c > 0$, $ab + bc + ca = 3$ then

$$\prod (2a^3 + 1) \geq (ab + bc + ca)^3.$$

Demonstrație.

$$\prod (2a^3 + 1) = (a^3 + a^3 + 1)(b^3 + 1 + b^3)(1 + c^3 + c^3) \stackrel{\text{Holder}}{\geq} (ab + ac + bc)^3.$$

$$LHS = \prod (2a^3 + 1) \stackrel{\text{Lema}}{\geq} (ab + bc + ca)^3 = 3^3 = 27 = RHS.$$

Remarca.

In ΔABC

$$\prod \left(3\sqrt{3} \tan^3 \frac{A}{2} + \frac{1}{2} \right) \geq \frac{27}{8}.$$

Marin Chirciu

Soluție.**Lema.**

If $a, b, c > 0$, $ab + bc + ca = 3$ then

$$\left(a^3 + \frac{1}{2} \right) \left(b^3 + \frac{1}{2} \right) \left(c^3 + \frac{1}{2} \right) \geq \frac{27}{8}.$$

Demonstrație.

$$\prod \left(a^3 + \frac{1}{2} \right) \geq \frac{27}{8} \Leftrightarrow \prod (2a^3 + 1) \geq 27.$$

$$\prod (2a^3 + 1) = (a^3 + a^3 + 1)(b^3 + 1 + b^3)(1 + c^3 + c^3) \stackrel{\text{Holder}}{\geq} (ab + ac + bc)^3 = 3^3 = 27.$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1 \Leftrightarrow \sum \sqrt{3} \tan \frac{B}{2} \cdot \sqrt{3} \tan \frac{C}{2} = 3$.

Folosind **Lema** pentru $(a, b, c) = \left(\sqrt{3} \tan \frac{A}{2}, \sqrt{3} \tan \frac{B}{2}, \sqrt{3} \tan \frac{C}{2} \right)$ obținem:

$$\prod \left(3\sqrt{3} \tan^3 \frac{A}{2} + \frac{1}{2} \right) \geq \frac{27}{8}.$$

Remarca.

In ΔABC

$$\prod \left(3\sqrt{3} \tan^3 \frac{A}{2} + \frac{2}{3} \right) \geq \frac{125}{27}.$$

Marin Chirciu

Soluție.**Lema.**

If $a, b, c > 0$, $ab + bc + ca = 3$ then

$$\left(a^3 + \frac{2}{3} \right) \left(b^3 + \frac{2}{3} \right) \left(c^3 + \frac{2}{3} \right) \geq \frac{125}{27}.$$

$$\begin{aligned} LHS &= \prod \left(3a^3 + 2 \right) \stackrel{\text{Lema}}{\geq} \frac{\sum (ab + c + 3)^3}{3} \stackrel{\text{Holder}}{\geq} \frac{\left(\sum (ab + c + 3) \right)^3}{3} = \frac{\left(\sum ab + \sum c + \sum 3 \right)^3}{27} \stackrel{\text{sos}}{\geq} \\ &\stackrel{\text{sos}}{\geq} \frac{(3+3+9)^3}{27} = 125 = RHS, \text{vezi(SOS): } \sum a \geq \sqrt{3 \sum ab} = \sqrt{3 \cdot 3} = 3. \end{aligned}$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1 \Leftrightarrow \sum \sqrt{3} \tan \frac{B}{2} \cdot \sqrt{3} \tan \frac{C}{2} = 3$.

Folosind **Lema** pentru $(x, y, z) = \left(\sqrt{3} \tan \frac{A}{2}, \sqrt{3} \tan \frac{B}{2}, \sqrt{3} \tan \frac{C}{2} \right)$ obținem:

$$\prod \left(3\sqrt{3} \tan^3 \frac{A}{2} + \frac{2}{3} \right) \geq \frac{125}{27}.$$

Remarca.

In ΔABC

$$\prod (h_a^3 + 2) \geq (9r)^3$$

Marin Chirciu

Soluție.**Lema.**

If $x, y, z > 0$ then

$$\prod (x^3 + 2) \geq (x + y + z)^3.$$

Demonstrație.

$$\prod(x^3 + 2) = (x^3 + 1 + 1)(1 + y^3 + 1)(1 + 1 + z^3) \stackrel{\text{Holder}}{\geq} (x + y + z)^3.$$

Folosind **Lema** pentru $(x, y, z) = (h_a, h_b, h_c)$ și $\sum h_a = \frac{p^2 + r^2 + 4Rr}{2R} \geq 9r$ obținem:

$$\prod(h_a^3 + 2) \stackrel{\text{Lema}}{\geq} (\sum h_a)^3 \geq (9r)^3.$$

Remarca.

În ΔABC

$$\prod(m_a^3 + 2) \geq (9r)^3$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0$ then

$$\prod(x^3 + 2) \geq (x + y + z)^3.$$

Folosind **Lema** pentru $(x, y, z) = (m_a, m_b, m_c)$ și $\sum m_a \geq \sum h_a = \frac{p^2 + r^2 + 4Rr}{2R} \geq 9r$ obținem:

$$\prod(m_a^3 + 2) \stackrel{\text{Lema}}{\geq} (\sum m_a)^3 \geq (9r)^3.$$

Remarca.

În ΔABC

$$\prod(w_a^3 + 2) \geq (9r)^3$$

Marin Chirciu

Soluție.

Folosind **Lema** pentru $(x, y, z) = (w_a, w_b, w_c)$ și $\sum w_a \geq \sum h_a = \frac{p^2 + r^2 + 4Rr}{2R} \geq 9r$ obținem:

$$\prod(w_a^3 + 2) \stackrel{\text{Lema}}{\geq} (\sum w_a)^3 \geq (9r)^3.$$

Remarca.

În ΔABC

$$\prod(s_a^3 + 2) \geq (9r)^3$$

Marin Chirciu

Soluție.**Lema.**

If $x, y, z > 0$ then

Folosind **Lema** pentru $(x, y, z) = (s_a, s_b, s_c)$ și $\sum s_a \geq \sum h_a = \frac{p^2 + r^2 + 4Rr}{2R} \geq 9r$ obținem:

$$\prod(s_a^3 + 2) \stackrel{\text{Lema}}{\geq} (\sum s_a)^3 \geq (9r)^3.$$

Remarca.

In ΔABC

$$\prod(r_a^3 + 2) \geq (4R + r)^3$$

Marin Chirciu

Soluție.**Lema.**

If $x, y, z > 0$ then

$$\prod(x^3 + 2) \geq (x + y + z)^3.$$

Folosind **Lema** pentru $(x, y, z) = (r_a, r_b, r_c)$ și $\sum r_a = 4R + r$ obținem:

$$\prod(r_a^3 + 2) \stackrel{\text{Lema}}{\geq} (\sum r_a)^3 \geq (4R + r)^3.$$

Remarca.

In ΔABC

$$\prod\left(\sin^3 \frac{A}{2} + 2\right) \geq \left(1 + \frac{r}{R}\right)^3.$$

Marin Chirciu

Soluție.**Lema.**

If $x, y, z > 0$ then

$$\prod(x^3 + 2) \geq (x + y + z)^3.$$

Folosind **Lema** pentru $(x, y, z) = \left(\sin \frac{A}{2}, \sin \frac{B}{2}, \sin \frac{C}{2}\right)$ și $\sum \sin \frac{A}{2} \geq 1 + \frac{r}{R}$ obținem:

$$\prod \left(\sin^3 \frac{A}{2} + 2 \right) \stackrel{\text{Lema}}{\geq} \left(\sum \sin \frac{A}{2} \right)^3 \geq \left(1 + \frac{r}{R} \right)^3.$$

Remarca.In ΔABC

$$\prod \left(\cos^3 \frac{A}{2} + 2 \right) \geq \frac{27r^3}{R^3}.$$

Marin Chirciu

Solutie.**Lema.**If $x, y, z > 0$ then

$$\prod (x^3 + 2) \geq (x + y + z)^3.$$

Folosind **Lema** pentru $(x, y, z) = \left(\cos \frac{A}{2}, \cos \frac{B}{2}, \cos \frac{C}{2} \right)$ și $\sum \cos \frac{A}{2} \geq \frac{27r}{2p} \geq \frac{3\sqrt{3}r}{R}$ obținem:

$$\prod \left(\cos^3 \frac{A}{2} + 2 \right) \stackrel{\text{Lema}}{\geq} \left(\sum \cos \frac{A}{2} \right)^3 \geq \left(\frac{3\sqrt{3}r}{R} \right)^3 = \frac{27r^3}{R^3}.$$

Remarca.In ΔABC

$$\prod \left(\tan^3 \frac{A}{2} + 2 \right) \geq 3\sqrt{3}.$$

Marin Chirciu

Solutie.**Lema.**If $x, y, z > 0$ then

$$\prod (x^3 + 2) \geq (x + y + z)^3.$$

Folosind **Lema** pentru $(x, y, z) = \left(\tan \frac{A}{2}, \tan \frac{B}{2}, \tan \frac{C}{2} \right)$ și $\sum \tan \frac{A}{2} = \frac{4R+r}{p} \stackrel{\text{Doucet}}{\geq} \sqrt{3}$ obținem:

$$\prod \left(\tan^3 \frac{A}{2} + 2 \right) \stackrel{\text{Lema}}{\geq} \left(\sum \tan \frac{A}{2} \right)^3 \geq (\sqrt{3})^3 = 3\sqrt{3}.$$

Remarca.In ΔABC

$$\prod \left(\cot^3 \frac{A}{2} + 2 \right) \geq 81\sqrt{3}.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0$ then

$$\prod \left(x^3 + 2 \right) \geq (x + y + z)^3.$$

Folosind **Lema** pentru $(x, y, z) = \left(\cot \frac{A}{2}, \cot \frac{B}{2}, \cot \frac{C}{2} \right)$ și $\sum \cot \frac{A}{2} = \frac{P}{r} \stackrel{\text{Mitrinovic}}{\geq} 3\sqrt{3}$ obținem:

$$\prod \left(\cot^3 \frac{A}{2} + 2 \right) \stackrel{\text{Lema}}{\geq} \left(\sum \cot \frac{A}{2} \right)^3 \geq (3\sqrt{3})^3 = 81\sqrt{3}.$$

Remarca.

In $\triangle ABC$

$$\prod \left(\sec^3 \frac{A}{2} + 2 \right) \geq 24\sqrt{3}.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0$ then

$$\prod \left(x^3 + 2 \right) \geq (x + y + z)^3.$$

Folosind **Lema** pentru $(x, y, z) = \left(\sec \frac{A}{2}, \sec \frac{B}{2}, \sec \frac{C}{2} \right)$ și $\sum \sec \frac{A}{2} = \sum \frac{1}{\cos \frac{A}{2}} \geq 2\sqrt{3}$ obținem:

$$\prod \left(\sec^3 \frac{A}{2} + 2 \right) \stackrel{\text{Lema}}{\geq} \left(\sum \sec \frac{A}{2} \right)^3 \geq (2\sqrt{3})^3 = 24\sqrt{3}.$$

Remarca.

In $\triangle ABC$

$$\prod \left(\csc^3 \frac{A}{2} + 2 \right) \geq 216.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0$ then

$$\prod(x^3 + 2) \geq (x + y + z)^3.$$

Folosind **Lema** pentru $(x, y, z) = \left(\csc \frac{A}{2}, \csc \frac{B}{2}, \csc \frac{C}{2}\right)$ și $\sum \csc \frac{A}{2} = \sum \frac{1}{\sin \frac{A}{2}} \geq 6$ obținem:

$$\prod\left(\sec^3 \frac{A}{2} + 2\right) \stackrel{\text{Lema}}{\geq} \left(\sum \sec \frac{A}{2}\right)^3 \geq 6^3 = 216.$$

Remarca.

In ΔABC

$$\prod\left(\sin^6 \frac{A}{2} + 2\right) \geq \frac{27}{64}.$$

Marin Chirciu

Soluție.**Lema.**

If $x, y, z > 0$ then

$$\prod(x^3 + 2) \geq (x + y + z)^3.$$

Folosind **Lema** pentru $(x, y, z) = \left(\sin^2 \frac{A}{2}, \sin^2 \frac{B}{2}, \sin^2 \frac{C}{2}\right)$ și $\sum \sin^2 \frac{A}{2} = 1 - \frac{r}{2R} \stackrel{\text{Euler}}{\geq} \frac{3}{4}$ obținem:

$$\prod\left(\sin^6 \frac{A}{2} + 2\right) \stackrel{\text{Lema}}{\geq} \left(\sum \sin^2 \frac{A}{2}\right)^3 \geq \left(\frac{3}{4}\right)^3 = \frac{27}{64}.$$

Remarca.

In ΔABC

$$\prod\left(\cos^6 \frac{A}{2} + 2\right) \geq \left(\frac{9r}{2R}\right)^3.$$

Marin Chirciu

Soluție.

Folosind **Lema** pentru $(x, y, z) = \left(\cos^2 \frac{A}{2}, \cos^2 \frac{B}{2}, \cos^2 \frac{C}{2}\right)$ și $\sum \cos^2 \frac{A}{2} = 2 + \frac{r}{2R} = \frac{4R+r}{2R} \stackrel{\text{Euler}}{\geq} \frac{9r}{2R}$ obținem:

$$\prod \left(\cos^6 \frac{A}{2} + 2 \right) \stackrel{\text{Lema}}{\geq} \left(\sum \cos^2 \frac{A}{2} \right)^3 \geq \left(\frac{9r}{2R} \right)^3.$$

Remarca.

In ΔABC

$$\prod \left(\tan^6 \frac{A}{2} + 2 \right) \geq 1.$$

Marin Chirciu

Soluție.**Lema.**

If $x, y, z > 0$ then

$$\prod (x^3 + 2) \geq (x + y + z)^3.$$

Folosind **Lema** pentru $(x, y, z) = \left(\tan^2 \frac{A}{2}, \tan^2 \frac{B}{2}, \tan^2 \frac{C}{2} \right)$ și $\sum \tan^2 \frac{A}{2} = \frac{(4R+r)^2 - 2p^2}{p^2} \stackrel{\text{Doucet}}{\geq} 1$ obținem:

$$\prod \left(\tan^6 \frac{A}{2} + 2 \right) \stackrel{\text{Lema}}{\geq} \left(\sum \tan^2 \frac{A}{2} \right)^3 \geq 1^3 = 1.$$

Remarca.

In ΔABC

$$\prod \left(\cot^6 \frac{A}{2} + 2 \right) \geq 729.$$

Marin Chirciu

Soluție.**Lema.**

If $x, y, z > 0$ then

$$\prod (x^3 + 2) \geq (x + y + z)^3.$$

Folosind **Lema** pentru $(x, y, z) = \left(\cot^2 \frac{A}{2}, \cot^2 \frac{B}{2}, \cot^2 \frac{C}{2} \right)$ și $\sum \cot^2 \frac{A}{2} = \frac{p^2 - 2r^2 - 8Rr}{r^2} \stackrel{\text{Gerretsen}}{\geq} 9$ obținem:

$$\prod \left(\cot^6 \frac{A}{2} + 2 \right) \stackrel{\text{Lema}}{\geq} \left(\sum \cot^2 \frac{A}{2} \right)^3 \geq 9^3 = 729.$$

Remarca.

In ΔABC

$$\prod \left(\sec^6 \frac{A}{2} + 2 \right) \geq 64.$$

Marin Chirciu

Solutie.**Lema.**

If $x, y, z > 0$ then

$$\prod (x^3 + 2) \geq (x + y + z)^3.$$

Folosind **Lema** pentru $(x, y, z) = \left(\sec^2 \frac{A}{2}, \sec^2 \frac{B}{2}, \sec^2 \frac{C}{2} \right)$ și

$$\sum \sec^2 \frac{A}{2} = \sum \frac{1}{\cos^2 \frac{A}{2}} = \frac{p^2 + (4R+r)^2}{p^2} \stackrel{\text{Doucet}}{\geq} 4 \text{ obținem:}$$

$$\prod \left(\sec^6 \frac{A}{2} + 2 \right) \stackrel{\text{Lema}}{\geq} \left(\sum \sec^2 \frac{A}{2} \right)^3 \geq 4^3 = 64.$$

Remarca.

In ΔABC

$$\prod \left(\csc^6 \frac{A}{2} + 2 \right) \geq 1728.$$

Marin Chirciu

Solutie.**Lema.**

If $x, y, z > 0$ then

$$\prod (x^3 + 2) \geq (x + y + z)^3.$$

Folosind **Lema** pentru $(x, y, z) = \left(\csc^2 \frac{A}{2}, \csc^2 \frac{B}{2}, \csc^2 \frac{C}{2} \right)$ și

$$\sum \csc^2 \frac{A}{2} = \sum \frac{1}{\sin^2 \frac{A}{2}} = \frac{p^2 + r^2 - 8Rr}{r^2} \stackrel{\text{Gerretsen}}{\geq} 12 \text{ obținem:}$$

$$\prod \left(\sec^6 \frac{A}{2} + 2 \right) \stackrel{\text{Lema}}{\geq} \left(\sum \sec^2 \frac{A}{2} \right)^3 \geq 12^3 = 1728.$$

Aplicația 65.

4887. If $a, b, c > 0$ then

$$\sqrt{a+b} + \sqrt{b+c} + \sqrt{c+a} \geq 3 \sqrt[3]{\frac{2(ab+bc+ca)}{a+b+c}}$$

Nguyen Viet Hung, Vietnam, Crux Mathematicorum, November 2023

Soluție.

$$\begin{aligned} LHS &= \sum \sqrt{a+b} \stackrel{AM-GM}{\geq} 3\sqrt[3]{\prod \sqrt{a+b}} = 3\sqrt[3]{\sqrt{\prod (a+b)}} \stackrel{\text{Lema 8/9}}{\geq} 3\sqrt[3]{\sqrt{\frac{8}{9} \sum a \sum ab}} \stackrel{(1)}{\geq} \\ &\stackrel{(1)}{\geq} 3\sqrt[3]{\frac{2(ab+bc+ca)}{a+b+c}} = RHS, \text{ unde } 3\sqrt[3]{\sqrt{\frac{8}{9} \sum a \sum ab}} \geq 3\sqrt[3]{\frac{2(ab+bc+ca)}{a+b+c}} \Leftrightarrow \\ &\Leftrightarrow \sqrt[3]{\frac{8}{9} \sum a \sum ab} \geq \frac{2(ab+bc+ca)}{a+b+c} \Leftrightarrow \sqrt[3]{\frac{8}{9} pq} \geq \frac{2q}{p} \Leftrightarrow \frac{8}{9} pq \geq \frac{8q^3}{p^3} \Leftrightarrow p^4 \geq 9q^2 \Leftrightarrow \\ &\Leftrightarrow p^2 \geq 3q, \text{ vezi } p^2 = (x+y+z)^2 \geq 3(xy+yz+zx) = 3q. \end{aligned}$$

Lema 8/9.

If $a, b, c > 0$ then

$$(a+b)(b+c)(c+a) \geq \frac{8}{9}(a+b+c)(ab+bc+ca).$$

Lema 8/9

Demonstrație.

$$\begin{aligned} 9(a+b)(b+c)(c+a) &\geq 8(a+b+c)(ab+bc+ca) \Leftrightarrow \\ &\Leftrightarrow 9(\sum bc(b+c) + 2abc) \geq (\sum bc(b+c) + 3abc) \Leftrightarrow \sum bc(b+c) \geq 6abc \Leftrightarrow \\ &\Leftrightarrow \sum a(b-c)^2 \geq 0, \text{ evident cu egalitate pentru } a=b=c. \end{aligned}$$

Remarca.

In ΔABC

$$\sum \sqrt{\tan \frac{A}{2} + \tan \frac{B}{2}} \geq 3 \sqrt[3]{\frac{2p}{4R+r}}.$$

Marin Chirciu

Lema

If $a, b, c > 0$ then

$$\sqrt{a+b} + \sqrt{b+c} + \sqrt{c+a} \geq 3\sqrt{\frac{2(ab+bc+ca)}{a+b+c}}.$$

Se cunosc identitățile în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1$ și $\sum \tan \frac{A}{2} = \frac{4R+r}{p}$.

Folosind **Lema** pentru $(a, b, c) = \left(\tan \frac{A}{2}, \tan \frac{B}{2}, \tan \frac{C}{2} \right)$ obținem:

$$\sum \sqrt{\tan \frac{A}{2} + \tan \frac{B}{2}} \geq 3 \sqrt{\frac{2 \cdot 1}{4R+r}} \Leftrightarrow \sum \sqrt{\tan \frac{A}{2} + \tan \frac{B}{2}} \geq 3 \sqrt{\frac{2p}{4R+r}}.$$

Aplicația 66.

If $x, y, z > 0, x+y+z=3$ then

$$xyz(x^2 + y^2 + z^2) \leq 3.$$

Vu Long, Vietnam, THCS 11/2023

Soluție.

Folosind *pqr*-Method.

Notăm $p = x+y+z, q = xy+yz+zx, r = xyz$.

Avem $p = 3, 9 = p^2 = (x+y+z)^2 = \sum x^2 + 2\sum xy = \sum x^2 + 2q \Rightarrow \sum x^2 = 9 - 2q$.

$$q^2 = (xy+yz+zx)^2 \geq 3xyz(x+y+z) = 3rp = 9r \Rightarrow r \leq \frac{q^2}{9}.$$

Inegalitatea $xyz(x^2 + y^2 + z^2) \leq 3$ se scrie $r(9 - 2q) \leq 3$, care rezultă din $r \leq \frac{q^2}{9}$.

Rămâne să arătăm că $\frac{q^2}{9}(9 - 2q) \leq 3 \Leftrightarrow 2q^3 - 9q^2 + 27 \geq 0 \Leftrightarrow (q-3)^2(2q+3) \geq 0$.

Remarca.

In ΔABC

$$\frac{1}{r_a^2} + \frac{1}{r_b^2} + \frac{1}{r_c^2} \leq \frac{R^2}{12r^4}.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0$, $x + y + z = 3$ then

$$xyz(x^2 + y^2 + z^2) \leq 3.$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{3r}{r_a} + \frac{3r}{r_b} + \frac{3r}{r_c} = 3$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{3r}{r_a}, \frac{3r}{r_b}, \frac{3r}{r_c}\right)$ obținem:

$$\begin{aligned} \frac{3r}{r_a} \cdot \frac{3r}{r_b} \cdot \frac{3r}{r_c} \left(\left(\frac{3r}{r_a} \right)^2 + \left(\frac{3r}{r_b} \right)^2 + \left(\frac{3r}{r_c} \right)^2 \right) \leq 3 &\Leftrightarrow \frac{27r^3}{r_a r_b r_c} \cdot 9r^2 \left(\frac{1}{r_a^2} + \frac{1}{r_b^2} + \frac{1}{r_c^2} \right) \leq 3 \Leftrightarrow \\ \Leftrightarrow \frac{27r^3}{rp^2} \cdot 9r^2 \left(\frac{1}{r_a^2} + \frac{1}{r_b^2} + \frac{1}{r_c^2} \right) \leq 3 &\Leftrightarrow \frac{81r^4}{p^2} \left(\frac{1}{r_a^2} + \frac{1}{r_b^2} + \frac{1}{r_c^2} \right) \leq 1 \Leftrightarrow \left(\frac{1}{r_a^2} + \frac{1}{r_b^2} + \frac{1}{r_c^2} \right) \leq \frac{p^2}{81r^4}. \end{aligned}$$

Folosind inegalitatea lui Mitrinovic $p^2 \leq \frac{27R^2}{4}$ rezultă:

$$\frac{1}{r_a^2} + \frac{1}{r_b^2} + \frac{1}{r_c^2} \leq \frac{\frac{27R^2}{4}}{81r^4} = \frac{R^2}{12r^4}.$$

Aplicația67.

S.2534. If $x, y, z > 0$ then in ΔABC holds:

$$\sum \left(\frac{1}{y} + \frac{1}{z} \right) \frac{x}{h_a^2} \geq \frac{2\sqrt{3}}{F}.$$

D.M.Bătinețu-Giurgiu, Claudia Nănuți, Romania, RMM-43, Winter-2024

Soluție

$$\begin{aligned} LHS &= \sum \left(\frac{1}{y} + \frac{1}{z} \right) \frac{x}{h_a^2} \stackrel{AM-GM}{\geq} 3\sqrt[3]{\prod \left(\frac{1}{y} + \frac{1}{z} \right) \frac{x}{h_a^2}} = 3\sqrt[3]{\frac{\prod(y+z)}{xyz} \prod \frac{1}{h_a^2}} \stackrel{Cesaro}{\geq} 3\sqrt[3]{8 \prod \frac{1}{h_a^2}} = \\ &= 6\sqrt[3]{\prod \frac{1}{h_a^2}} = 6 \cdot \frac{1}{\sqrt{3}F} = \frac{2\sqrt{3}}{F} = RHS, \text{ unde (1)} \Leftrightarrow \sqrt[3]{\prod \frac{1}{h_a^2}} \geq \frac{1}{\sqrt{3}F}, \text{ vezi:} \end{aligned}$$

$$\sqrt[3]{\prod \frac{1}{h_a^2}} = \frac{1}{\sqrt[3]{\prod h_a^2}} = \frac{1}{\sqrt[3]{\prod \frac{4F^2}{a^2}}} = \sqrt[3]{\prod \frac{a^2}{4F^2}} = \sqrt[3]{\frac{(abc)^2}{(4F^2)^3}} = \frac{1}{4F^2} (abc)^{\frac{2}{3}} \stackrel{Carlitz}{\geq} \frac{1}{4F^2} \cdot \frac{4F}{\sqrt{3}} = \frac{1}{\sqrt{3}F}.$$

Remarca.

If $x, y, z > 0$ then in ΔABC holds:

$$\sum \left(\frac{1}{y} + \frac{1}{z} \right) \frac{x}{r_a^2} \geq \frac{8}{3R^2}.$$

Marin Chirciu

Soluție

$$\begin{aligned}
 LHS &= \sum \left(\frac{1}{y} + \frac{1}{z} \right) \frac{x}{r_a^2} \stackrel{AM-GM}{\geq} 3\sqrt[3]{\prod \left(\frac{1}{y} + \frac{1}{z} \right) \frac{x}{r_a^2}} = 3\sqrt[3]{\frac{\prod(y+z)}{xyz} \prod \frac{1}{r_a^2}} \stackrel{Cesaro}{\geq} 3\sqrt[3]{8 \prod \frac{1}{r_a^2}} = \\
 &= 6\sqrt[3]{\prod \frac{1}{r_a^2}} \geq 6 \cdot \left(\frac{2}{3R} \right)^2 = \frac{8}{3R^2} = RHS, \text{ unde (1)} \Leftrightarrow \sqrt[3]{\prod \frac{1}{r_a^2}} \geq \left(\frac{2}{3R} \right)^2, \text{ vezi:} \\
 &\sqrt[3]{\prod \frac{1}{r_a^2}} = \frac{1}{\sqrt[3]{\prod r_a^2}} = \frac{1}{\sqrt[3]{(rp^2)^2}} \stackrel{Euler \& Mitrinovic}{\geq} \frac{1}{\sqrt[3]{\left(\frac{R}{2} \cdot \frac{27R^2}{4} \right)^2}} = \frac{1}{\sqrt[3]{\left(\frac{27R^3}{8} \right)^2}} = \left(\frac{2}{3R} \right)^2.
 \end{aligned}$$

Remarca.

If $x, y, z > 0$ then in ΔABC holds:

$$\sum \left(\frac{1}{y} + \frac{1}{z} \right) \frac{x}{m_a^2} \geq \frac{8}{3R^2}.$$

Marin Chirciu

Soluție

$$\begin{aligned}
 LHS &= \sum \left(\frac{1}{y} + \frac{1}{z} \right) \frac{x}{m_a^2} \stackrel{AM-GM}{\geq} 3\sqrt[3]{\prod \left(\frac{1}{y} + \frac{1}{z} \right) \frac{x}{m_a^2}} = 3\sqrt[3]{\frac{\prod(y+z)}{xyz} \prod \frac{1}{m_a^2}} \stackrel{Cesaro}{\geq} 3\sqrt[3]{8 \prod \frac{1}{m_a^2}} = \\
 &= 6\sqrt[3]{\prod \frac{1}{m_a^2}} \geq 6 \cdot \left(\frac{2}{3R} \right)^2 = \frac{8}{3R^2} = RHS, \text{ unde (1)} \Leftrightarrow \sqrt[3]{\prod \frac{1}{m_a^2}} \geq \left(\frac{2}{3R} \right)^2, \text{ vezi:} \\
 &\sqrt[3]{\prod \frac{1}{m_a^2}} = \frac{1}{\sqrt[3]{\prod m_a^2}} \geq \frac{1}{\sqrt[3]{\left(\frac{Rp^2}{2} \right)^2}} \stackrel{Mitrinovic}{\geq} \frac{1}{\sqrt[3]{\left(\frac{R}{2} \cdot \frac{27R^2}{4} \right)^2}} = \frac{1}{\sqrt[3]{\left(\frac{27R^3}{8} \right)^2}} = \left(\frac{2}{3R} \right)^2.
 \end{aligned}$$

Am folosit mai sus $\prod m_a \leq \frac{Rp^2}{2}$.

Remarca.

If $x, y, z > 0$ then in ΔABC holds:

$$\sum \left(\frac{1}{y} + \frac{1}{z} \right) \frac{x}{s_a^2} \geq \frac{8}{3R^2}.$$

Marin Chirciu

Soluție

$$LHS = \sum \left(\frac{1}{y} + \frac{1}{z} \right) \frac{x}{s_a^2} \stackrel{AM-GM}{\geq} 3\sqrt[3]{\prod \left(\frac{1}{y} + \frac{1}{z} \right) \frac{x}{s_a^2}} = 3\sqrt[3]{\frac{\prod(y+z)}{xyz} \prod \frac{1}{s_a^2}} \stackrel{Cesaro}{\geq} 3\sqrt[3]{8 \prod \frac{1}{s_a^2}} =$$

$$= 6\sqrt[3]{\prod \frac{1}{s_a^2}} \geq 6 \cdot \left(\frac{2}{3R} \right)^2 = \frac{8}{3R^2} = RHS, \text{ unde (1)} \Leftrightarrow \sqrt[3]{\prod \frac{1}{s_a^2}} \geq \left(\frac{2}{3R} \right)^2, \text{ vezi:}$$

$$\sqrt[3]{\prod \frac{1}{s_a^2}} = \frac{1}{\sqrt[3]{\prod s_a^2}} \geq \frac{1}{\sqrt[3]{\prod m_a^2}} \geq \frac{1}{\sqrt[3]{\left(\frac{Rp^2}{2} \right)^2}} \stackrel{Mitrinovic}{\geq} \frac{1}{\sqrt[3]{\left(\frac{R}{2} \cdot \frac{27R^2}{4} \right)^2}} = \frac{1}{\sqrt[3]{\left(\frac{27R^3}{8} \right)^2}} = \left(\frac{2}{3R} \right)^2.$$

$$\text{Am folosit mai sus } \prod s_a \leq \prod m_a \leq \frac{Rp^2}{2}.$$

Remarca.

If $x, y, z > 0$ then in ΔABC holds:

$$\sum \left(\frac{1}{y} + \frac{1}{z} \right) \frac{x}{w_a^2} \geq \frac{8}{3R^2}.$$

Marin Chirciu

Soluție

$$LHS = \sum \left(\frac{1}{y} + \frac{1}{z} \right) \frac{x}{w_a^2} \stackrel{AM-GM}{\geq} 3\sqrt[3]{\prod \left(\frac{1}{y} + \frac{1}{z} \right) \frac{x}{w_a^2}} = 3\sqrt[3]{\frac{\prod(y+z)}{xyz} \prod \frac{1}{w_a^2}} \stackrel{Cesaro}{\geq} 3\sqrt[3]{8 \prod \frac{1}{w_a^2}} =$$

$$= 6\sqrt[3]{\prod \frac{1}{w_a^2}} \geq 6 \cdot \left(\frac{2}{3R} \right)^2 = \frac{8}{3R^2} = RHS, \text{ unde (1)} \Leftrightarrow \sqrt[3]{\prod \frac{1}{w_a^2}} \geq \left(\frac{2}{3R} \right)^2, \text{ vezi:}$$

$$\sqrt[3]{\prod \frac{1}{w_a^2}} = \frac{1}{\sqrt[3]{\prod w_a^2}} \geq \frac{1}{\sqrt[3]{\prod m_a^2}} \geq \frac{1}{\sqrt[3]{\left(\frac{Rp^2}{2} \right)^2}} \stackrel{Mitrinovic}{\geq} \frac{1}{\sqrt[3]{\left(\frac{R}{2} \cdot \frac{27R^2}{4} \right)^2}} = \frac{1}{\sqrt[3]{\left(\frac{27R^3}{8} \right)^2}} = \left(\frac{2}{3R} \right)^2.$$

$$\text{Am folosit mai sus } \prod w_a \leq \prod m_a \leq \frac{Rp^2}{2}.$$

Aplicația68.

S.2534. If $x, y, z > 0$ then in ΔABC holds:

$$\left(\left(\frac{xa^2}{y+z} + \frac{yb^2}{z+x} \right)^2 + 1 \right) \left(\frac{z^2c^4}{(x+y)^2} + 1 \right) \geq 12F^2.$$

D.M.Bătinețu-Giurgiu, Romania, RMM-43, Winter-2024

Soluție**Lema**If $a, b, t \geq 0$

$$(a^2 + t)(b^2 + t) \geq \frac{3}{4}t(t + (a+b)^2).$$

Hojoo Lee Inequality

Folosind **Lema** pentru $(a, b, t) = \left(\frac{xa^2}{y+z} + \frac{yb^2}{z+x}, \frac{zc^2}{x+y}, 1 \right)$ obținem:

$$LHS = \left(\left(\frac{xa^2}{y+z} + \frac{yb^2}{z+x} \right)^2 + 1 \right) \left(\frac{z^2c^4}{(x+y)^2} + 1 \right) \stackrel{\text{Lema}}{\geq} \frac{3}{4} \left(1 + \left(\frac{xa^2}{y+z} + \frac{yb^2}{z+x} + \frac{zc^2}{x+y} \right)^2 \right) \stackrel{(1)}{\geq}$$

$$\geq 12F^2 = RHS, \text{ unde (1)} \Leftrightarrow \left(\frac{xa^2}{y+z} + \frac{yb^2}{z+x} + \frac{zc^2}{x+y} \right)^2 \geq 12F^2, \text{ vezi}$$

$$\begin{aligned} \sum \frac{xa^2}{y+z} &= \sum \left(\frac{x}{y+z} + 1 - 1 \right) a^2 = \sum \left(\frac{x+y+z}{y+z} - 1 \right) a^2 = (x+y+z) \sum \frac{a^2}{y+z} - \sum a^2 \stackrel{cs}{\geq} \\ &\stackrel{cs}{\geq} (x+y+z) \frac{\left(\sum a \right)^2}{\sum (y+z)} - \sum a^2 = (x+y+z) \frac{\left(\sum a \right)^2}{2(x+y+z)} - \sum a^2 = \frac{\left(\sum a \right)^2}{2} - \sum a^2 = \\ &= \frac{\sum a^2 + 2 \sum ab}{2} - \sum a^2 = \sum ab - \frac{1}{2} \sum a^2 = p^2 + r^2 + 4Rr - \frac{1}{2} \cdot 2(p^2 + r^2 + 4Rr) = \end{aligned}$$

$$= 2r(4R+r) \stackrel{\text{Doucet}}{\geq} 2r \cdot p\sqrt{3} = 2\sqrt{3}F.$$

Remarca.If $x, y, z, \lambda > 0$ then in ΔABC holds:

$$\left(\left(\frac{xa^2}{y+z} + \frac{yb^2}{z+x} \right)^2 + \lambda \right) \left(\frac{z^2c^4}{(x+y)^2} + \lambda \right) \geq 9\lambda F^2.$$

Marin Chirciu

Soluție

Folosind **Lema** pentru $(a, b, t) = \left(\frac{xa^2}{y+z} + \frac{yb^2}{z+x}, \frac{zc^2}{x+y}, \lambda \right)$ obținem:

$$LHS = \left(\left(\frac{xa^2}{y+z} + \frac{yb^2}{z+x} \right)^2 + \lambda \right) \left(\frac{z^2c^4}{(x+y)^2} + \lambda \right) \stackrel{\text{Lema}}{\geq} \frac{3}{4} \lambda \left(\lambda + \left(\frac{xa^2}{y+z} + \frac{yb^2}{z+x} + \frac{zc^2}{x+y} \right)^2 \right) \stackrel{(1)}{\geq}$$

$$\stackrel{(1)}{\geq} \frac{3}{4} \lambda (\lambda + 12F^2) \geq \frac{3}{4} \lambda \cdot 12F^2 = 9\lambda F^2 = RHS,$$

$$\text{unde (1)} \Leftrightarrow \left(\frac{xa^2}{y+z} + \frac{yb^2}{z+x} + \frac{zc^2}{x+y} \right)^2 \geq 12F^2, \text{ vezi}$$

$$\geq 12F^2 = RHS, \text{ unde (1)} \Leftrightarrow \left(\frac{xa^2}{y+z} + \frac{yb^2}{z+x} + \frac{zc^2}{x+y} \right)^2 \geq 12F^2, \text{ vezi}$$

$$\begin{aligned} \sum \frac{xa^2}{y+z} &= \sum \left(\frac{x}{y+z} + 1 - 1 \right) a^2 = \sum \left(\frac{x+y+z}{y+z} - 1 \right) a^2 = (x+y+z) \sum \frac{a^2}{y+z} - \sum a^2 \stackrel{CS}{\geq} \\ &\stackrel{CS}{\geq} (x+y+z) \frac{(\sum a)^2}{\sum (y+z)} - \sum a^2 = (x+y+z) \frac{(\sum a)^2}{2(x+y+z)} - \sum a^2 = \frac{(\sum a)^2}{2} - \sum a^2 = \\ &= \frac{\sum a^2 + 2 \sum ab}{2} - \sum a^2 = \sum ab - \frac{1}{2} \sum a^2 = p^2 + r^2 + 4Rr - \frac{1}{2} \cdot 2(p^2 + r^2 + 4Rr) = \end{aligned}$$

$$= 2r(4R+r) \stackrel{Doucet}{\geq} 2r \cdot p\sqrt{3} = 2\sqrt{3}F.$$

Aplicația 69.

If $x, y, z > 0$, $xy + yz + zx = 1$ then

$$\sum \sqrt{x^2 + 1} \leq 2(x + y + z).$$

Vu Long, Vietnam, THCS 11/2023

Soluție.

Lema.

If $x, y, z > 0$, $xy + yz + zx = 1$ then

$$\sqrt{x^2 + 1} \leq \frac{2x + y + z}{2}.$$

Demonstratie.

$$\sqrt{x^2 + 1} = \sqrt{x^2 + xy + yz + zx} = \sqrt{(x+y)(x+z)} \stackrel{AM-GM}{\leq} \frac{(x+y)+(x+z)}{2} = \frac{2x+y+z}{2}.$$

$$LHS = \sum \sqrt{x^2 + 1} \stackrel{Lema}{\leq} \sum \frac{2x+y+z}{2} = \frac{4 \sum x}{2} = 2 \sum x = RHS.$$

Remarca.

In $\triangle ABC$

$$\sum \sqrt{\tan^2 \frac{A}{2} + 1} \leq \frac{2(4R+r)}{p}.$$

Marin Chirciu

Soluție.**Lema.**

If $x, y, z > 0$, $xy + yz + zx = 1$ then

$$\sum \sqrt{x^2 + 1} \leq 2(x + y + z).$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1$

Folosind **Lema** pentru $(x, y, z) = \left(\tan \frac{A}{2}, \tan \frac{B}{2}, \tan \frac{C}{2} \right)$ obținem:

$$\sum \sqrt{\tan^2 \frac{A}{2} + 1} \leq 2 \sum \tan \frac{A}{2} \Leftrightarrow \sum \sqrt{\tan^2 \frac{A}{2} + 1} \leq 2 \cdot \frac{4R + r}{p}.$$

Aplicatia70.

S.2518. In ΔABC

$$\prod \left(\frac{\sin^2 A}{\sin^2 \frac{B}{2} \sin^2 \frac{C}{2}} + 1 \right) \geq 81.$$

D.M.Bătinețu-Giurgiu, Claudia Nănuți, Romania, RMM-43, Winter-2024

Soluție**Lema**

If $a, b, c, t \geq 0$

$$\prod(a^2 + t) \geq \frac{3}{4}(a+b+c)^2 t^2.$$

Hojoo Lee Inequality

Folosind **Lema** pentru $(a, b, c, t) = \left(\frac{\sin A}{\sin \frac{B}{2} \sin \frac{C}{2}}, \frac{\sin B}{\sin \frac{C}{2} \sin \frac{A}{2}}, \frac{\sin C}{\sin \frac{A}{2} \sin \frac{B}{2}}, 1 \right)$ obținem:

$$LHS = \prod \left(\frac{\sin^2 A}{\sin^2 \frac{B}{2} \sin^2 \frac{C}{2}} + 1 \right) \stackrel{\text{Lema}}{\geq} \frac{3}{4} \left(\sum \frac{\sin A}{\sin \frac{B}{2} \sin \frac{C}{2}} \right)^2 \cdot 1^2 \stackrel{(2)}{\geq} \frac{3}{4} (6\sqrt{3})^2 = 81 = RHS,$$

unde(2) $\Leftrightarrow \sum \frac{\sin A}{\sin \frac{B}{2} \sin \frac{C}{2}} \geq 6\sqrt{3}$, vezi :

$$\begin{aligned} \sum \frac{\sin A}{\sin \frac{B}{2} \sin \frac{C}{2}} &\stackrel{AM-GM}{\geq} 3 \sqrt[3]{\prod \frac{\sin A}{\sin \frac{B}{2} \sin \frac{C}{2}}} = 3 \sqrt[3]{\prod \frac{2 \sin \frac{A}{2} \cos \frac{A}{2}}{\sin \frac{B}{2} \sin \frac{C}{2}}} = 3 \cdot 2 \sqrt[3]{\frac{\prod \sin \frac{A}{2} \prod \cos \frac{A}{2}}{\prod \sin^2 \frac{A}{2}}} = \\ &= 6 \sqrt[3]{\prod \cot \frac{A}{2}} = 6 \sqrt[3]{\frac{p}{r}} \stackrel{Mitrinovic}{\geq} 6 \sqrt[3]{\frac{3r\sqrt{3}}{r}} = 6\sqrt{3} \end{aligned}$$

Remarca.

If $\lambda > 0$, In ΔABC

$$\prod \left(\frac{\sin^2 A}{\sin^2 \frac{B}{2} \sin^2 \frac{C}{2}} + \lambda \right) \geq 81\lambda^2.$$

Marin Chirciu

Soluție

Folosind **Lema** pentru $(a, b, c, t) = \left(\frac{\sin A}{\sin \frac{B}{2} \sin \frac{C}{2}}, \frac{\sin B}{\sin \frac{C}{2} \sin \frac{A}{2}}, \frac{\sin C}{\sin \frac{A}{2} \sin \frac{B}{2}}, \lambda \right)$ obținem:

$$LHS = \prod \left(\frac{\sin^2 A}{\sin^2 \frac{B}{2} \sin^2 \frac{C}{2}} + \lambda \right) \stackrel{Lema}{\geq} \frac{3}{4} \left(\sum \frac{\sin A}{\sin \frac{B}{2} \sin \frac{C}{2}} \right)^2 \cdot \lambda^2 \stackrel{(2)}{\geq} \frac{3}{4} (6\sqrt{3})^2 \cdot \lambda^2 = 81\lambda^2 = RHS,$$

unde(2) $\Leftrightarrow \sum \frac{\sin A}{\sin \frac{B}{2} \sin \frac{C}{2}} \geq 6\sqrt{3}$,

Aplicația 71.

S.2516. If $m, n > 0$, In ΔABC

$$\sum \frac{\cot^3 \frac{A}{2}}{m \tan \frac{B}{2} + n \tan \frac{C}{2}} \geq \frac{p^2}{(m+n)r^2}.$$

D.M.Bătinețu-Giurgiu, Neculai Stanciu, Romania, RMM-43, Winter-2024

Soluție

$$\begin{aligned}
 LHS &= \sum \frac{\cot^3 \frac{A}{2}}{m \tan \frac{B}{2} + n \tan \frac{C}{2}} \stackrel{\text{Holder}}{\geq} \frac{\left(\sum \cot \frac{A}{2} \right)^3}{3 \sum \left(m \tan \frac{B}{2} + n \tan \frac{C}{2} \right)} = \frac{\left(\sum \cot \frac{A}{2} \right)^3}{3(m+n) \sum \tan \frac{A}{2}} = \\
 &= \frac{\left(\frac{p}{r} \right)^3}{3(m+n) \frac{4R+r}{p}} \stackrel{(1)}{\geq} \frac{p^2}{(m+n)r^2} = RHS,
 \end{aligned}$$

$$\text{unde (1)} \Leftrightarrow \frac{\left(\frac{p}{r} \right)^3}{3(m+n) \frac{4R+r}{p}} \geq \frac{p^2}{(m+n)r^2} \Leftrightarrow p^2 \geq r(4R+r), \text{vezi } p^2 \geq 16Rr - 5r.$$

Remarca.

If $x, y > 0$ and $n \in \mathbf{N}^*$, In ΔABC

$$\sum \frac{\cot^{n+1} \frac{A}{2}}{x \tan \frac{B}{2} + n \tan \frac{C}{2}} \geq \frac{3}{x+y} \left(\frac{p}{3r} \right)^n.$$

Marin Chirciu

Soluție

$$\begin{aligned}
 LHS &= \sum \frac{\cot^{n+1} \frac{A}{2}}{x \tan \frac{B}{2} + y \tan \frac{C}{2}} \stackrel{\text{Holder}}{\geq} \frac{\left(\sum \cot \frac{A}{2} \right)^{n+1}}{3^{n-1} \sum \left(x \tan \frac{B}{2} + y \tan \frac{C}{2} \right)} = \frac{\left(\sum \cot \frac{A}{2} \right)^{n+1}}{3^{n-1} (x+y) \sum \cot \frac{A}{2}} = \\
 &= \frac{\left(\frac{p}{r} \right)^{n+1}}{3^{n-1} (x+y) \frac{4R+r}{p}} = \frac{\left(\frac{p}{r} \right)^n \frac{p}{r}}{3^{n-1} (x+y) \frac{4R+r}{p}} = \frac{3}{x+y} \left(\frac{p}{3r} \right)^n \frac{p^2}{r(4R+r)} \stackrel{\text{Gerretsen}}{\geq} \frac{3}{x+y} \left(\frac{p}{3r} \right)^n \cdot 3 = \\
 &= \frac{9}{x+y} \left(\frac{p}{3r} \right)^n = RHS.
 \end{aligned}$$

Aplicația 72.

J.2630. If $x, y, z > 0$, $x+y+z=3$, In ΔABC

$$\sum \frac{x a^4}{(y+z)^2} \geq 4F^2.$$

D.M.Bătinețu-Giurgiu, Claudia Nănuți, Romania, RMM-43, Winter-2024

Soluție

$$LHS = \sum \frac{xa^4}{(y+z)^2} = \sum \frac{x^2 a^4}{x(y+z)^2} \stackrel{CS}{\geq} \frac{\left(\sum \frac{xa^2}{y+z}\right)^2}{\sum x} = \frac{\left(\sum \frac{xa^2}{y+z}\right)^2}{3} \stackrel{(1)}{\geq} \frac{(2\sqrt{3}F)^2}{3} = 4F^2,$$

unde (1) $\Leftrightarrow \sum \frac{xa^2}{y+z} \geq 2\sqrt{3}F$ și $\frac{xyz}{\prod(y+z)} \leq \frac{1}{8}$, vezi:

$$1). \sum \frac{xa^2}{y+z} \stackrel{AM-GM}{\geq} 3\sqrt[3]{\prod \frac{xa^2}{y+z}} = 3\sqrt[3]{\frac{xyz}{\prod(y+z)} \prod a^2} \stackrel{(1)}{\geq} 3\sqrt[3]{\frac{1}{8} \prod a^2} = 3 \cdot \frac{1}{2} \sqrt[3]{\prod a^2} =$$

$$= \frac{3}{2} (abc)^{\frac{2}{3}} \stackrel{Carlitz}{\geq} \frac{3}{2} \cdot \frac{4F}{\sqrt{3}} = 2\sqrt{3}F.$$

$$2). \frac{xyz}{\prod(y+z)} \leq \frac{1}{8}, \text{ din: } \frac{xyz}{\sum x \sum yz - xyz} \leq \frac{1}{8} \Leftrightarrow xyz \leq 1.$$

Am folosit mai sus $xyz \leq 1$, din: $3 = x + y + z \geq 3\sqrt[3]{xyz} \Rightarrow xyz \leq 1$.

Inegalitatea lui Carlitz $abc \geq \left(\frac{4F}{\sqrt{3}}\right)^{\frac{3}{2}}$, cu egalitate pentru triunghiul echilateral.

Remarca.

Problema se poate dezvolta.

If $x, y, z > 0$, $x + y + z = 3$ and $n \in \mathbf{N}$, In ΔABC

$$\sum \frac{xa^{2n}}{(y+z)^2} \geq \frac{3}{4} \left(\frac{4F}{\sqrt{3}}\right)^n.$$

Marin Chirciu

Soluție

$$\sum \frac{xa^{2n}}{(y+z)^2} = \sum \frac{x^2 a^{2n}}{x(y+z)^2} \stackrel{CS}{\geq} \frac{\left(\sum \frac{xa^n}{y+z}\right)^2}{\sum x} = \frac{\left(\sum \frac{xa^n}{y+z}\right)^2}{3} \stackrel{(1)}{\geq} \frac{\left(\frac{3}{2} \left(\frac{4F}{\sqrt{3}}\right)^{\frac{n}{2}}\right)^2}{3} = \frac{3}{4} \left(\frac{4F}{\sqrt{3}}\right)^n.$$

Remarca.

Problema $x, y, z > 0$, $x + y + z = 3$ and $n \in \mathbf{N}$ In ΔABC

$$\sum \frac{x^2 a^{2n}}{(y+z)^2} \geq \frac{3}{8} \left(\frac{4F}{\sqrt{3}} \right)^n.$$

Marin Chirciu

Soluție

$$\begin{aligned} LHS &= \sum \frac{x^2 a^{2n}}{(y+z)^2} \stackrel{AM-GM}{\geq} 3 \sqrt[3]{\prod \frac{x^2 a^{2n}}{(y+z)^2}} = 3 \sqrt[3]{\frac{(xyz)^2}{\prod (y+z)^2} \prod a^{2n}} \stackrel{(1)}{\geq} 3 \sqrt[3]{\frac{1}{64} \prod a^4} = \\ &= 3 \cdot \frac{1}{8} \sqrt[3]{\prod a^{2n}} = \frac{3}{8} (abc)^{\frac{2n}{3}} \stackrel{\text{Carlitz}}{\geq} \frac{3}{8} \left[\left(\frac{4F}{\sqrt{3}} \right)^{\frac{3}{2}} \right]^{\frac{2n}{3}} = \frac{3}{8} \left(\frac{4F}{\sqrt{3}} \right)^n = RHS. \end{aligned}$$

Remarca.If $x, y, z > 0, x + y + z = 3$ and $n \in \mathbf{N}$ In ΔABC

$$\sum \frac{xa^{2n}}{y+z} \geq \frac{3}{8} \left(\frac{4F}{\sqrt{3}} \right)^n.$$

Marin Chirciu

Soluție

$$\begin{aligned} LHS &= \sum \frac{xa^{2n}}{y+z} \stackrel{AM-GM}{\geq} 3 \sqrt[3]{\prod \frac{xa^{2n}}{(y+z)}} = 3 \sqrt[3]{\frac{xyz}{\prod (y+z)} \prod a^{2n}} \stackrel{(1)}{\geq} 3 \sqrt[3]{\frac{1}{8} \prod a^4} = \\ &= 3 \cdot \frac{1}{2} \sqrt[3]{\prod a^{2n}} = \frac{3}{2} (abc)^{\frac{2n}{3}} \stackrel{\text{Carlitz}}{\geq} \frac{3}{2} \left[\left(\frac{4F}{\sqrt{3}} \right)^{\frac{3}{2}} \right]^{\frac{2n}{3}} = \frac{3}{2} \left(\frac{4F}{\sqrt{3}} \right)^n = RHS. \end{aligned}$$

Aplicația73.J.2624. If $x, y, z > 0, x + y + z \leq 3$, In ΔABC

$$\sum \frac{(x+y)a^4}{z^2} \geq 32F^2.$$

D.M.Bătinețu-Giurgiu, Nicolae Mușuroia, Romania, RMM-43, Winter-2024

Soluție

$$LHS = \sum \frac{(x+y)a^4}{z^2} \stackrel{AM-GM}{\geq} 3 \sqrt[3]{\prod \frac{(x+y)a^4}{z^2}} = 3 \sqrt[3]{\frac{\prod (x+y)}{x^2 y^2 z^2} \prod a^4} \stackrel{\text{Cesaro}}{\geq} 3 \sqrt[3]{\frac{8xyz}{x^2 y^2 z^2} \prod a^4} =$$

$$= 3 \cdot 2 \sqrt[3]{\frac{1}{xyz} \prod a^4} \stackrel{xyz \leq 1}{\geq} 6 \sqrt[3]{\prod a^4} = 6(abc)^{\frac{4}{3}} \stackrel{\text{Carlitz}}{\geq} 6 \left[\left(\frac{4F}{\sqrt{3}} \right)^{\frac{3}{2}} \right]^{\frac{4}{3}} = 6 \left(\frac{4F}{\sqrt{3}} \right)^2 = 32F^2 = RHS.$$

Am folosit mai sus $xyz \leq 1$, vezi $3 \geq x + y + z \geq 3\sqrt[3]{xyz} \Rightarrow xyz \leq 1$.

Inegalitatea lui Carlitz $abc \geq \left(\frac{4F}{\sqrt{3}} \right)^{\frac{3}{2}}$, cu egalitate pentru triunghiul echilateral.

Remarca.

Problema se poate dezvolta.

If $x, y, z > 0$, $x + y + z \leq 3$ and $n \in \mathbf{N}$ In ΔABC

$$\sum \frac{(y+z)a^{2n}}{x^2} \geq 6 \left(\frac{4F}{\sqrt{3}} \right)^n.$$

Marin Chirciu

Soluție

$$\begin{aligned} LHS &= \sum \frac{(x+y)a^{2n}}{z^2} \stackrel{AM-GM}{\geq} 3\sqrt[3]{\prod \frac{(x+y)a^{2n}}{z^2}} = 3\sqrt[3]{\frac{\prod(x+y)}{x^2y^2z^2} \prod a^{2n}} \stackrel{\text{Cesaro}}{\geq} 3\sqrt[3]{\frac{8xyz}{x^2y^2z^2} \prod a^{2n}} = \\ &= 3 \cdot 2 \sqrt[3]{\frac{1}{xyz} \prod a^{2n}} \stackrel{xyz \leq 1}{\geq} 6 \sqrt[3]{\prod a^{2n}} = 6(abc)^{\frac{2n}{3}} \stackrel{\text{Carlitz}}{\geq} 6 \left[\left(\frac{4F}{\sqrt{3}} \right)^{\frac{3}{2}} \right]^{\frac{2n}{3}} = 6 \left(\frac{4F}{\sqrt{3}} \right)^n = RHS. \end{aligned}$$

Aplicația 74.

J.2626. If ΔABC then

$$\prod(a^2 + 2s) \geq 324F^2.$$

D.M.Bătinețu-Giurgiu, Daniel Sitaru, Romania, RMM-43, Winter-2024

Soluție

Lema

If $a, b, c, t \geq 0$

$$\prod(a^2 + t) \geq \frac{3}{4}(a+b+c)^2 t^2.$$

Hojoo Lee Inequality

Folosind **Lema** pentru $t = 2s$ obținem:

$$LHS = \prod (a^2 + 2s) \stackrel{\text{Lema}}{\geq} \frac{3}{4} (\sum a)^2 \cdot 4s^2 = 3(2s)^2 \cdot s^2 = 12s^4 \stackrel{\text{Mitrinovic}}{\geq} 324F^2 = RHS,$$

Remarca.

In ΔABC and $\lambda > 0$ then

$$\prod (a^2 + \lambda s) \geq 81\lambda^2 F^2.$$

D.M.Bătinețu-Giurgiu, Daniel Sitaru, Romania

Soluție

Folosind **Lema** pentru $t = \lambda s$ obținem:

$$\begin{aligned} LHS &= \prod (a^2 + \lambda s) \stackrel{\text{Lema}}{\geq} \frac{3}{4} (\sum a)^2 \cdot (\lambda s)^2 = \frac{3}{4} (2s)^2 \cdot (\lambda s)^2 = 3\lambda^2 s^2 \cdot s^2 \stackrel{\text{Mitrinovic}}{\geq} 3\lambda^2 s^2 \cdot 27r^2 = \\ &= 81\lambda^2 F^2 = RHS. \end{aligned}$$

Aplicația75.

J.2627. If ΔABC then

$$\prod (a^2 r_a^2 + 2) \geq 108F^2.$$

D.M.Bătinețu-Giurgiu, Daniel Sitaru, Romania, RMM-43, Winter-2024

Soluție**Lema**

If $a, b, c, t \geq 0$

$$\prod (a^2 + t) \geq \frac{3}{4} (a+b+c)^2 t^2.$$

Hojoo Lee Inequality

Demonstratie

Folosind **Lema** pentru $(a, b, c, t) = (ar_a, br_b, cr_c, 2)$ obținem:

$$LHS = \prod (a^2 r_a^2 + 2) \stackrel{\text{Lema}}{\geq} \frac{3}{4} (\sum ar_a)^2 \cdot 2^2 \stackrel{(1)}{\geq} \frac{3}{4} (6F)^2 \cdot 2^2 = 108F^2 = RHS,$$

unde (1) $\Leftrightarrow \sum ar_a \geq 6F$, vezi: $\sum ar_a = 2p(2R-r) \stackrel{\text{Euler}}{\geq} 2p \cdot 3r = 6F$.

Remarca.

In ΔABC and $\lambda > 0$ then

$$\prod(a^2r_a^2 + \lambda) \geq 27\lambda^2 F^2.$$

Marin Chirciu

Soluție

Folosind **Lema** pentru $(a, b, c, t) = (ar_a, br_b, cr_c, \lambda)$ obținem:

$$LHS = \prod(a^2r_a^2 + \lambda) \stackrel{\text{Lema}}{\geq} \frac{3}{4} \left(\sum ar_a \right)^2 \cdot \lambda^2 \stackrel{(1)}{\geq} \frac{3\lambda^2}{4} (6F)^2 = 27\lambda^2 F^2 = RHS,$$

unde (1) $\Leftrightarrow \sum ar_a \geq 6F$, vezi: $\sum ar_a = 2p(2R - r) \stackrel{\text{Euler}}{\geq} 2p \cdot 3r = 6F$.

Aplicația 76.

J.2628. If ΔABC then

$$\prod(a^4r_a^2 + 2) \geq 432r^3.$$

D.M.Bătinetu-Giurgiu, Ionuț Ivănescu, Romania, RMM-43, Winter-2024

Soluție

Lema

If $a, b, c, t \geq 0$

$$\prod(a^2 + t) \geq \frac{3}{4} (a + b + c)^2 t^2.$$

Hojoo Lee Inequality

Folosind **Lema** pentru $(a, b, c, t) = (a^2r_a, b^2r_b, c^2r_c, 2)$ obținem:

$$LHS = \prod(a^4r_a^2 + 2) \stackrel{\text{Lema}}{\geq} \frac{3}{4} \left(\sum a^2r_a \right)^2 \cdot 2^2 \stackrel{(1)}{\geq} \frac{3}{4} \left(\frac{27R^3}{2} \right)^2 \cdot 2^2 = \frac{2187R^6}{4} = RHS,$$

unde (1) $\Leftrightarrow \sum a^2r_a \geq \frac{27R^3}{2}$, vezi:

$$\sum a^2r_a = 4p^2(R - r) \stackrel{\text{Gerretsen}}{\geq} 4(4R^2 + 4Rr + 3r^2)(R - r) = 4(4R^3 - Rr^2 - 3r^3) \stackrel{\text{Euler}}{\geq} \frac{27R^3}{2}$$

Remarca.

If ΔABC and $\lambda > 0$ then

$$\prod(a^4r_a^2 + \lambda) \geq \frac{2187\lambda^2 R^6}{16}.$$

Marin Chirciu

Soluție

Folosind **Lema** pentru $(a, b, c, t) = (a^2 r_a, b^2 r_b, c^2 r_c, \lambda)$ obținem:

$$LHS = \prod (a^4 r_a^2 + \lambda) \stackrel{Lema}{\geq} \frac{3}{4} \left(\sum a^2 r_a \right)^2 \cdot \lambda^2 \stackrel{(1)}{\geq} \frac{3}{4} \left(\frac{27R^3}{2} \right)^2 \cdot \lambda^2 = \frac{2187\lambda^2 R^6}{16} = RHS,$$

unde (1) $\Leftrightarrow \sum a^2 r_a \geq \frac{27R^3}{2}$, vezi:

$$\sum a^2 r_a = 4p^2(R-r) \stackrel{Gerretsen}{\geq} 4(4R^2 + 4Rr + 3r^2)(R-r) = 4(4R^3 - Rr^2 - 3r^3) \stackrel{Euler}{\geq} \frac{27R^3}{2}.$$

Aplicația 77.

J.2615. If $x, y, z > 0$, In ΔABC

$$\prod \left(\left(\frac{x}{y+z} + \frac{x+y}{z} \right)^2 a^4 + 2 \right) \geq 900F^2.$$

D.M.Bătinețu-Giurgiu, Daniel Sitaru, Romania, RMM-43, Winter-2024

Soluție**Lema**

If $a, b, c, t \geq 0$

$$\prod (a^2 + t) \geq \frac{3}{4} (a+b+c)^2 t^2.$$

Hojoo Lee Inequality

Demonstrație

Folosind **Lema** pentru $(a, b, c, t) = \left(\left(\frac{x}{y+z} + \frac{x+y}{z} \right) a^2, \left(\frac{y}{z+x} + \frac{y+z}{x} \right) b^2, \left(\frac{z}{x+y} + \frac{z+x}{y} \right) c^2, 2 \right)$

obținem:

$$LHS = \prod \left(\left(\frac{x}{y+z} + \frac{x+y}{z} \right)^2 a^4 + 2 \right) \stackrel{Lema}{\geq} \frac{3}{4} \left(\sum \left(\frac{x}{y+z} + \frac{x+y}{z} \right) a^2 \right)^2 \cdot 2^2 \stackrel{(1)}{\geq}$$

$$\stackrel{(1)}{\geq} \frac{3}{4} (10\sqrt{3}F)^2 \cdot 2^2 = 900F^2 = RHS.$$

$$\text{unde (1)} \Leftrightarrow \sum \left(\frac{x}{y+z} + \frac{x+y}{z} \right) a^2 = \sum \frac{x}{y+z} a^2 + \sum \frac{x+y}{z} a^2 \stackrel{T \text{ sintifas}}{\geq} 2\sqrt{3}F + 8\sqrt{3}F = 10\sqrt{3}F.$$

$$\begin{aligned} \sum \frac{x+y}{z} a^2 &\stackrel{AM-GM}{\geq} 3\sqrt[3]{\prod \frac{x+y}{z} a^2} = 3\sqrt[3]{\frac{\prod(x+y)}{xyz} a^2} \stackrel{\text{Cesaro}}{\geq} 3\sqrt[3]{\frac{8xyz}{xyz} a^2} = 3 \cdot 2(abc)^{\frac{2}{3}} \stackrel{\text{Carlitz}}{\geq} 6 \cdot \frac{4F}{\sqrt{3}} = \\ &= 8\sqrt{3}F. \end{aligned}$$

Am folosit mai sus $\sum \frac{x}{y+z} a^2 \geq 2\sqrt{3}F$, (G.Tsintsifas) și $\sum \frac{x+y}{z} a^2 \geq 8\sqrt{3}F$.

Remarca.

If $x, y, z, \lambda > 0$, in ΔABC

$$\prod \left(\left(\frac{x}{y+z} + \frac{x+y}{z} \right)^2 a^4 + \lambda \right) \geq (15\lambda F)^2.$$

Marin Chirciu

Soluție

Folosind **Lema** pentru $(a, b, c, t) = \left(\left(\frac{x}{y+z} + \frac{x+y}{z} \right) a^2, \left(\frac{y}{z+x} + \frac{y+z}{x} \right) b^2, \left(\frac{z}{x+y} + \frac{z+x}{y} \right) c^2, \lambda \right)$ obținem:

$$\begin{aligned} LHS &= \prod \left(\left(\frac{x}{y+z} + \frac{x+y}{z} \right)^2 a^4 + \lambda \right) \stackrel{\text{Lema}}{\geq} \frac{3}{4} \left(\sum \left(\frac{x}{y+z} + \frac{x+y}{z} \right) a^2 \right)^2 \cdot \lambda^2 \stackrel{(1)}{\geq} \\ &\stackrel{(1)}{\geq} \frac{3}{4} (10\sqrt{3}F)^2 \cdot \lambda^2 = 225\lambda^2 F^2 = RHS. \end{aligned}$$

Aplicația 78.

J.2617. If ΔABC then

$$\prod (r_a^2 + 2) \geq 27\sqrt{3}F.$$

D.M.Bătinețu-Giurgiu, Alecu Orlando, Romania, RMM-43, Winter-2024

Soluție

Lema

If $a, b, c, t \geq 0$

$$\prod (a^2 + t) \geq \frac{3}{4} (a+b+c)^2 t^2.$$

Hojoo Lee Inequality

Folosind **Lema** pentru $(a, b, c, t) = (r_a, r_b, r_c, 2)$ obținem:

$$LHS = \prod (r_a^2 + 2) \stackrel{\text{Lema}}{\geq} \frac{3}{4} \left(\sum r_a \right)^2 \cdot 2^2 = \frac{3}{4} (4R+r)^2 \cdot 2^2 \stackrel{(1)}{\geq} 27\sqrt{3}F = RHS,$$

$$\text{unde (1)} \Leftrightarrow \frac{3}{4} (4R+r)^2 \cdot 2^2 \geq 27\sqrt{3}F \Leftrightarrow (4R+r)^2 \geq 9\sqrt{3}pr, \text{vezi } p \leq \frac{3R\sqrt{3}}{2}.$$

Rămâne să arătăm că:

$$(4R+r)^2 \geq 9\sqrt{3} \cdot \frac{3R\sqrt{3}}{2} \cdot r \Leftrightarrow 2(4R+r)^2 \geq 81Rr \Leftrightarrow 32R^2 - 65Rr + 2r^2 \geq 0 \Leftrightarrow \\ \Leftrightarrow (R-2r)(32R-r) \geq 0, \text{ evident din inegalitatea lui Euler } R \geq 2r.$$

Remarca.

If ΔABC then

$$\prod (r_a^2 + \lambda) \geq \frac{27\lambda^2\sqrt{3}F}{4}, \lambda > 0.$$

Marin Chirciu

Soluție

Folosind **Lema** pentru $(a, b, c, t) = (r_a, r_b, r_c, \lambda)$ obținem:

$$LHS = \prod (r_a^2 + \lambda) \stackrel{\text{Lema}}{\geq} \frac{3}{4} \left(\sum r_a \right)^2 \cdot \lambda^2 = \frac{3}{4} (4R+r)^2 \cdot \lambda^2 \stackrel{(1)}{\geq} \frac{3}{4} \cdot 9\sqrt{3}pr \cdot \lambda^2 = \frac{27\lambda^2\sqrt{3}F}{4} = RHS,$$

$$\text{unde (1)} \Leftrightarrow (4R+r)^2 \geq 9\sqrt{3}pr \text{ care rezultă din inegalitatea lui Mitrinovic } p \leq \frac{3R\sqrt{3}}{2}.$$

Rămâne să arătăm că:

$$(4R+r)^2 \geq 9\sqrt{3} \cdot \frac{3R\sqrt{3}}{2} \cdot r \Leftrightarrow 2(4R+r)^2 \geq 81Rr \Leftrightarrow 32R^2 - 65Rr + 2r^2 \geq 0 \Leftrightarrow$$

$$\Leftrightarrow (R-2r)(32R-r) \geq 0, \text{ evident din inegalitatea lui Euler } R \geq 2r.$$

Remarca.

If ΔABC then

$$\prod (h_a^2 + \lambda) \geq \frac{243\lambda^2r^2}{4}, \lambda > 0.$$

Marin Chirciu

Soluție

Folosind **Lema** pentru $(a, b, c, t) = (h_a, h_b, h_c, \lambda)$ obținem:

$$LHS = \prod \left(h_a^2 + \lambda \right) \stackrel{\text{Lema}}{\geq} \frac{3}{4} \left(\sum h_a \right)^2 \cdot \lambda^2 \stackrel{(1)}{\geq} \frac{3}{4} (9r)^2 \cdot \lambda^2 = \frac{243\lambda^2 r^2}{4} = RHS, (1) \Leftrightarrow \sum h_a \geq 9r.$$

Remarca.

If ΔABC then

$$\prod \left(w_a^2 + \lambda \right) \geq \frac{243\lambda^2 r^2}{4}, \lambda > 0.$$

Marin Chirciu

Soluție

Folosind **Lema** pentru $(a, b, c, t) = (w_a, w_b, w_c, \lambda)$ obținem:

$$LHS = \prod \left(w_a^2 + \lambda \right) \stackrel{\text{Lema}}{\geq} \frac{3}{4} \left(\sum w_a \right)^2 \cdot \lambda^2 \stackrel{(1)}{\geq} \frac{3}{4} (9r)^2 \cdot \lambda^2 = \frac{243\lambda^2 r^2}{4} = RHS,$$

unde (1) $\Leftrightarrow \sum w_a \geq 9r$.

Remarca.

If ΔABC then

$$\prod \left(m_a^2 + \lambda \right) \geq \frac{243\lambda^2 r^2}{4}, \lambda > 0.$$

Marin Chirciu

Soluție

Folosind **Lema** pentru $(a, b, c, t) = (m_a, m_b, m_c, \lambda)$ obținem:

$$LHS = \prod \left(m_a^2 + \lambda \right) \stackrel{\text{Lema}}{\geq} \frac{3}{4} \left(\sum m_a \right)^2 \cdot \lambda^2 \stackrel{(1)}{\geq} \frac{3}{4} (9r)^2 \cdot \lambda^2 = \frac{243\lambda^2 r^2}{4} = RHS,$$

unde (1) $\Leftrightarrow \sum m_a \geq 9r$.

Remarca.

If ΔABC then

$$\prod \left(s_a^2 + \lambda \right) \geq \frac{243\lambda^2 r^2}{4}, \lambda > 0.$$

Marin Chirciu

Soluție

Folosind **Lema** pentru $(a, b, c, t) = (s_a, s_b, s_c, \lambda)$ obținem:

$$LHS = \prod \left(s_a^2 + \lambda \right) \stackrel{\text{Lema}}{\geq} \frac{3}{4} \left(\sum s_a \right)^2 \cdot \lambda^2 \stackrel{(1)}{\geq} \frac{3}{4} (9r)^2 \cdot \lambda^2 = \frac{243\lambda^2 r^2}{4} = RHS,$$

unde (1) $\Leftrightarrow \sum s_a \geq 9r$.

Aplicația 79.

J648. If $a, b, c > 0$, $ab + bc + ca = 1$ then

$$a + b + c + 3abc \geq \frac{4}{a+b+c}.$$

Marius Stănean, Zalău, Romania, Mathematical Reflections 6/2023

Solution

Using the identity in the triangle $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1$ substitution can be made

$$(a, b, c) = \left(\tan \frac{A}{2}, \tan \frac{B}{2}, \tan \frac{C}{2} \right).$$

It is enough to show that:

$$\sum \tan \frac{A}{2} + 3 \prod \tan \frac{A}{2} \geq \frac{4}{\sum \tan \frac{A}{2}}.$$

Using the identities in the triangle $\sum \tan \frac{A}{2} = \frac{4R+r}{p}$ and $\prod \tan \frac{A}{2} = \frac{r}{p}$, the above inequality is written:

$$\frac{4R+r}{p} + 3 \frac{r}{p} \geq \frac{4}{\frac{4R+r}{p}} \Leftrightarrow \frac{4R+4r}{p} \geq \frac{4p}{4R+r} \Leftrightarrow \frac{R+r}{p} \geq \frac{p}{4R+r} \Leftrightarrow (4R+r)(R+r) \geq p^2,$$

which results from Gerretsen Inequality: $p^2 \leq 4R^2 + 4Rr + 3r^2$.

It remains to show that:

$$(4R+r)(R+r) \geq 4R^2 + 4Rr + 3r^2 \Leftrightarrow R \geq 2r, (\text{Euler Inequality}).$$

Equality occurs if and only if $a = b = c = \frac{1}{\sqrt{3}}$.

Remark.

The problem can develop.

If $x, y, z > 0$, $xy + yz + zx = 1$ and $\lambda \leq 3$ then

$$x+y+z+\lambda xyz \geq \frac{\lambda+9}{3(x+y+z)}.$$

Marin Chirciu

Aplicația80.

J.2607. If $x, y, z > 0$ then in ΔABC

$$\sum \frac{x}{y+z} m_a^2 \geq \frac{16Fp - 27R^3}{8R}.$$

Mehmet Şahin, Turkey, RMM-43, Winter-2024

Soluție.

Lemă.

Fie $x, y, z > 0$ și $f : D \rightarrow \mathbf{R}$ o funcție. Are loc relația

$$\sum \frac{x}{y+z} f^2(t) \geq \frac{1}{2} (\sum f(t))^2 - \sum f^2(t).$$

Demonstratie.

$$\begin{aligned} \text{Avem } \sum \frac{x}{y+z} f^2(t) &= \sum \left(\frac{x}{y+z} + 1 - 1 \right) f^2(t) = \sum \frac{x+y+z}{y+z} f^2(t) - \sum f^2(t) \stackrel{CS}{\geq} \\ &\stackrel{CS}{\geq} (x+y+z) \frac{(\sum f(t))^2}{\sum (y+z)} - \sum f^2(t) = (x+y+z) \frac{(\sum f(t))^2}{2(x+y+z)} = \frac{1}{2} (\sum f(t))^2 - \sum f^2(t). \end{aligned}$$

Folosind **Lema** pentru $f(a) = m_a$ obținem:

$$\begin{aligned} \sum \frac{x}{y+z} m_a^2 &\geq \frac{1}{2} (\sum m_a)^2 - \sum m_a^2 = \frac{1}{2} (\sum m_a^2 + 2 \sum m_b m_c) - \sum m_a^2 = \\ &= \sum m_b m_c - \frac{1}{2} \sum m_a^2 \geq p^2 - \frac{27R^2}{8} \stackrel{Euler}{\geq} \frac{16Fp - 27R^3}{8R} = RHS. \end{aligned}$$

Am folosit mai sus $\sum m_b m_c \geq p^2$ și $\sum m_a^2 \leq \frac{27R^2}{4}$.

Remarca.

Problema se poate întări.

If $x, y, z > 0$ then in ΔABC

$$\sum \frac{x}{y+z} m_a^2 \geq p^2 - \frac{27R^2}{8}.$$

Remarca.

If $x, y, z > 0$ then in ΔABC

$$1). \sum \frac{x}{y+z} h_a^2 \geq \left(\frac{2r}{R} - \frac{1}{2} \right) p^2.$$

$$2). \sum \frac{x}{y+z} w_a^2 \geq 27r^2 - \frac{1}{2} p^2.$$

$$3). \sum \frac{x}{y+z} s_a^2 \geq 27r^2 - \frac{27R^2}{8}.$$

$$4). \sum \frac{x}{y+z} r_a^2 \geq 54r^2 - \frac{81}{8} R^2.$$

Marin Chirciu

Aplicația81.

J.2608. In ΔABC

$$\sum \frac{m_a^5}{(h_b w_c)^3} \geq \frac{64r^5}{R^6}.$$

Zaza Mzhavanadze, Georgia, RMM-43, Winter-2024

Soluție.

$$\begin{aligned} LHS &= \sum \frac{m_a^5}{(h_b w_c)^3} \stackrel{m_a \geq w_a \geq h_a}{\geq} \sum \frac{m_a^5}{(m_b m_c)^3} = \frac{\sum m_a^8}{(m_a m_b m_c)^3} \stackrel{m_a m_b m_c \leq \frac{Rp^2}{2}}{\geq} \frac{\sum m_a^8}{\left(\frac{Rp^2}{2}\right)^3} \stackrel{CS}{\geq} \frac{\left(\sum m_a^2\right)^4}{\frac{27}{R^3 p^6}} \stackrel{\sum m_a^2 \geq p^2}{\geq} \\ &\stackrel{\sum m_a^2 \geq p^2}{\geq} \frac{\left(p^2\right)^4}{\frac{27}{R^3 p^6}} = \frac{8p^2}{27R^3} \stackrel{p^2 \geq 27r^2}{\geq} \frac{8 \cdot 27r^2}{27R^3} = \frac{8r^2}{R^3} \stackrel{R \geq 2r}{\geq} \frac{64r^5}{R^6} = RHS. \end{aligned}$$

Remarca.

In ΔABC

$$\sum \frac{m_a^{2k+3}}{(h_b w_c)^{2k+1}} \geq 27r^2 \left(\frac{2}{3R} \right)^{2k+1}, k \in \mathbb{N}.$$

Marin Chirciu

Soluție.

$$\begin{aligned}
LHS &= \sum \frac{m_a^{2k+3}}{(h_b w_c)^{2k+1}} \stackrel{m_a \geq w_a \geq h_a}{\geq} \sum \frac{m_a^{2k+3}}{(m_b m_c)^{2k+1}} = \frac{\sum m_a^{4k+4}}{(m_a m_b m_c)^{2k+1}} \stackrel{m_a m_b m_c \leq \frac{Rp^2}{2}}{\geq} \frac{\sum m_a^{4k+4}}{\left(\frac{Rp^2}{2}\right)^{2k+1}} \stackrel{CS}{\geq} \\
&\stackrel{CS}{\geq} \frac{\left(\sum m_a^2\right)^{2k+2}}{3^{2k+1}} \stackrel{\sum m_a^2 \geq p^2}{\geq} \frac{\left(p^2\right)^{2k+2}}{R^{2k+1} p^{4k+2}} = \frac{p^{4k+4}}{R^{2k+1} p^{4k+2}} = \left(\frac{2}{3R}\right)^{2k+1} p^2 \stackrel{p^2 \geq 27r^2}{\geq} \left(\frac{2}{3R}\right)^{2k+1} \cdot 27r^2 = \\
&= 27r^2 \left(\frac{2}{3R}\right)^{2k+1} = RHS.
\end{aligned}$$

Aplicația82.

J.2600. If $x, y, z > 0$, In ΔABC

$$\sum \frac{x^2 b \cdot m_a}{yz \sqrt{m_b m_c}} \geq 2\sqrt[4]{27} \sqrt{F}.$$

D.M.Bătinețu-Giurgiu, Romania, RMM-43, Winter-2024

Soluție.

$$\begin{aligned}
LHS &= \sum \frac{x^2 b \cdot m_a}{yz \sqrt{m_b m_c}} \stackrel{AM-GM}{\geq} 3\sqrt[3]{\prod \frac{x^2 b \cdot m_a}{yz \sqrt{m_b m_c}}} = 3\sqrt[3]{\prod \frac{x^2}{yz} \prod \frac{m_a}{\sqrt{m_b m_c}} \prod b} = 3\sqrt[3]{1 \cdot 1 \cdot abc} = \\
&= 3(abc)^{\frac{1}{3}} \stackrel{\text{Carlitz}}{\geq} 3\left(\frac{4F}{\sqrt{3}}\right)^{\frac{3}{2} \cdot \frac{1}{3}} = 3\left(\frac{4F}{\sqrt{3}}\right)^{\frac{1}{2}} = 2\sqrt[4]{27} \sqrt{F} = RHS.
\end{aligned}$$

Am folosit mai sus inegalitatea lui Carlitz: $abc \stackrel{\text{Carlitz}}{\geq} \left(\frac{4F}{\sqrt{3}}\right)^{\frac{3}{2}}$.

Remarca.

If $x, y, z > 0$, In ΔABC

$$\sum \frac{x^2 a^2 \cdot m_a}{yz \sqrt{m_b m_c}} \geq 4\sqrt{3}F.$$

Marin Chirciu

Soluție.

$$\begin{aligned}
 LHS &= \sum \frac{x^2 a^2 \cdot m_a}{yz \sqrt{m_b m_c}} \stackrel{AM-GM}{\geq} 3\sqrt[3]{\prod \frac{x^2 a^2 \cdot m_a}{yz \sqrt{m_b m_c}}} = 3\sqrt[3]{\prod \frac{x^2}{yz} \prod \frac{m_a}{\sqrt{m_b m_c}} \prod a^2} = 3\sqrt[3]{1 \cdot 1 \cdot (abc)^2} = \\
 &= 3(abc)^{\frac{2}{3}} \stackrel{\text{Carlitz}}{\geq} 3\left(\frac{4F}{\sqrt{3}}\right)^{\frac{3}{2} \cdot \frac{2}{3}} = 3\left(\frac{4F}{\sqrt{3}}\right) = 4\sqrt{3}F = RHS.
 \end{aligned}$$

Remarca.

If $x, y, z, k > 0$, in ΔABC

$$\sum \frac{x^2 a^k \cdot m_a}{yz \sqrt{m_b m_c}} \geq 3\left(\frac{4F}{\sqrt{3}}\right)^{\frac{k}{2}}.$$

Marin Chirciu

Soluție.

$$\begin{aligned}
 LHS &= \sum \frac{x^2 a^k \cdot m_a}{yz \sqrt{m_b m_c}} \stackrel{AM-GM}{\geq} 3\sqrt[3]{\prod \frac{x^2 a^k \cdot m_a}{yz \sqrt{m_b m_c}}} = 3\sqrt[3]{\prod \frac{x^2}{yz} \prod \frac{m_a}{\sqrt{m_b m_c}} \prod a^k} = 3\sqrt[3]{1 \cdot 1 \cdot (abc)^k} = \\
 &= 3(abc)^{\frac{k}{3}} \stackrel{\text{Carlitz}}{\geq} 3\left(\frac{4F}{\sqrt{3}}\right)^{\frac{3}{2} \cdot \frac{k}{3}} = 3\left(\frac{4F}{\sqrt{3}}\right)^{\frac{k}{2}} = RHS.
 \end{aligned}$$

Remarca.

If $x, y, z, k > 0$, in ΔABC

$$\sum \frac{x^2 (b+c)^k \cdot m_a}{yz \sqrt{m_b m_c}} \geq (4\sqrt{3}r)^k.$$

Marin Chirciu

Soluție.

$$\begin{aligned}
 LHS &= \sum \frac{x^2 (b+c)^k \cdot m_a}{yz \sqrt{m_b m_c}} \stackrel{AM-GM}{\geq} 3\sqrt[3]{\prod \frac{x^2 (b+c)^k \cdot m_a}{yz \sqrt{m_b m_c}}} = 3\sqrt[3]{\prod \frac{x^2}{yz} \prod \frac{m_a}{\sqrt{m_b m_c}} \prod (b+c)^k} = \\
 &= 3\sqrt[3]{1 \cdot 1 \cdot \prod (b+c)^k} = 3\sqrt[3]{\prod (b+c)^k} \stackrel{(1)}{\geq} (4\sqrt{3}r)^k = RHS,
 \end{aligned}$$

Am folosit mai sus unde (1) $\Leftrightarrow \sqrt[3]{\prod (b+c)^k} \geq 4\sqrt{3}r$, vezi:

$$\begin{aligned}
 \prod (b+c) &= 2p(p^2 + r^2 + 2Rr) \stackrel{\text{Gerretsen}}{\geq} 2p(16Rr - 5r^2 + r^2 + 2Rr) = \\
 &= 2p(18Rr - 4r^2) \stackrel{\text{Euler}}{\geq} 64r^2 p \stackrel{\text{Mitrović}}{\geq} 64r^2 \cdot 3\sqrt{3r} = (4\sqrt{3}r)^3.
 \end{aligned}$$

Aplicația 83.

J.2601. If $x, y, z > 0$, In ΔABC

$$\sum \frac{1}{w_a^2} \frac{y+z}{x} \geq \frac{18}{p^2}.$$

Mehmet Şahin, Turkey, RMM-43, Winter-2024

Soluție.

$$\begin{aligned} LHS &= \sum \frac{1}{w_a^2} \frac{y+z}{x} \stackrel{AM-GM}{\geq} \sqrt[3]{\prod \frac{1}{w_a^2} \frac{y+z}{x}} = \sqrt[3]{\prod \frac{y+z}{x} \prod \frac{1}{w_a^2}} \stackrel{\text{Cesaro}}{\geq} \sqrt[3]{8 \prod \frac{1}{w_a^2}} = \\ &= \frac{6}{\sqrt[3]{\prod w_a^2}} \stackrel{(1)}{\geq} \frac{6}{\frac{p^2}{3}} = \frac{18}{p^2} = RHS, \end{aligned}$$

unde (1) $\Leftrightarrow \sqrt[3]{\prod w_a^2} \leq \frac{p^2}{3}$, vezi $\prod w_a^2 \leq \prod r_a^2 = (rp^2)^2 = r^2 p^4 \stackrel{\text{Mitrinovic}}{\leq} \frac{p^2}{27} \cdot p^4 = \frac{p^6}{27}$.

Remarca.

If $x, y, z > 0$, In ΔABC

$$1). \sum \frac{1}{h_a^2} \frac{y+z}{x} \geq \frac{18}{p^2}.$$

$$2). \sum \frac{1}{m_a^2} \frac{y+z}{x} \geq \frac{8}{3R^2}.$$

$$3). \sum \frac{1}{s_a^2} \frac{y+z}{x} \geq \frac{8}{3R^2}.$$

$$4). \sum \frac{1}{r_a^2} \frac{y+z}{x} \geq \frac{18}{p^2}.$$

Marin Chirciu

Aplicația84.

In ΔABC , I -incenter

$$3\sqrt{3} \leq \sum \frac{BC}{IA} \leq \frac{3R}{2r^2} \sqrt{R^2 - r^2}.$$

George Apostolopoulos, Greece, Mathematical Inequalities, 11/2023

Soluție.

Lema.

In ΔABC :

$$\sum \frac{BC}{IA} = \frac{1}{r} \sum a \sin \frac{A}{2}.$$

Inegalitatea din dreapta.

$$\begin{aligned} \sum \frac{BC}{IA} &= \frac{1}{r} \sum a \sin \frac{A}{2} \stackrel{CBS}{\leq} \frac{1}{r} \sqrt{\sum a^2 \sum \sin^2 \frac{A}{2}} \stackrel{Leibniz}{\leq} \frac{1}{r} \sqrt{9R^2 \left(1 - \frac{r}{2R}\right)} = \\ &= \frac{3R}{r} \sqrt{1 - \frac{r}{2R}} \stackrel{Euler}{\leq} \frac{3R}{2r^2} \sqrt{R^2 - r^2}. \end{aligned}$$

Inegalitatea din stânga.

$$\begin{aligned} \sum \frac{BC}{IA} &= \frac{1}{r} \sum a \sin \frac{A}{2} \stackrel{AM-HM}{\geq} \frac{1}{r} \cdot 3 \sqrt[3]{\prod a \sin \frac{A}{2}} = \frac{3}{r} \sqrt[3]{abc \prod \sin \frac{A}{2}} = \frac{3}{r} \sqrt[3]{4Rrp \frac{r}{4R}} = \\ &= \frac{3}{r} \sqrt[3]{r^2 p} \stackrel{Mitrinovic}{\geq} \frac{3}{r} \sqrt[3]{r^2 \cdot 3\sqrt{3}r} = \frac{3}{r} \sqrt[3]{(\sqrt{3}r)^3} = \frac{3}{r} \cdot \sqrt{3}r = 3\sqrt{3}. \end{aligned}$$

Remarca.

În ΔABC , I -incenter

$$6\sqrt{3} \left(\frac{2r}{R} \right)^{\frac{1}{2}} \leq \sum \frac{b+c}{IA} \leq \frac{6R}{r} \sqrt{1 - \frac{r}{2R}}.$$

Marin Chirciu

Soluție.

Lema.

În ΔABC :

$$\sum \frac{b+c}{IA} = \frac{1}{r} \sum (b+c) \sin \frac{A}{2}.$$

Inegalitatea din dreapta.

$$\begin{aligned} \sum \frac{b+c}{IA} &= \frac{1}{r} \sum (b+c) \sin \frac{A}{2} \stackrel{CBS}{\leq} \frac{1}{r} \sqrt{\sum (b+c)^2 \sum \sin^2 \frac{A}{2}} \stackrel{(1)}{\leq} \frac{1}{r} \sqrt{36R^2 \left(1 - \frac{r}{2R}\right)} = \\ &= \frac{6R}{r} \sqrt{1 - \frac{r}{2R}}, \text{ unde (1)} \Leftrightarrow \sum (b+c)^2 \leq 36R^2 \text{ și } \sum \sin \frac{A}{2} = 1 - \frac{r}{2R}, \text{ vezi:} \\ \sum (b+c)^2 &= 2(3p^2 - r^2 - 4Rr) \stackrel{Gerretsen}{\leq} 2(3(4R^2 + 4Rr + 3r^2) - r^2 - 4Rr) = \\ &= 8(3R^2 + 2Rr + 2r^2) \stackrel{Euler}{\leq} 8 \cdot \frac{9R^2}{2} = 36R^2. \end{aligned}$$

Inegalitatea din stânga.

$$\sum \frac{b+c}{IA} = \frac{1}{r} \sum (b+c) \sin \frac{A}{2} \stackrel{AM-HM}{\geq} \frac{1}{r} \cdot 3 \sqrt[3]{\prod (b+c) \sin \frac{A}{2}} = \frac{3}{r} \sqrt[3]{\prod (b+c) \prod \sin \frac{A}{2}} \stackrel{(2)}{\geq}$$

$$\stackrel{(2)}{\geq} \frac{3}{r} \sqrt[3]{(4\sqrt{3}r)^3 \frac{r}{4R}} = \frac{3}{r} \cdot 4\sqrt{3}r \cdot \sqrt[3]{\frac{r}{4R}} = \frac{3}{r} \cdot 4\sqrt{3}r \cdot \frac{1}{2} \sqrt[3]{\frac{2r}{R}} = 6\sqrt{3} \left(\frac{2r}{R}\right)^{\frac{1}{2}},$$

unde (2) $\Leftrightarrow \prod (b+c) \geq (4\sqrt{3}r)^3$, vezi:

$$\begin{aligned} \prod (b+c) &= 2p(p^2 + r^2 + 2Rr) \stackrel{Gerretsen}{\geq} 2p(16Rr - 5r^2 + r^2 + 2Rr) = \\ &= 2p(18Rr - 4r^2) \stackrel{Euler}{\geq} 64r^2 p \stackrel{Mitrinovic}{\geq} 64r^2 \cdot 3\sqrt{3r} = (4\sqrt{3}r)^3. \end{aligned}$$

Aplicația 85.

În ΔABC

$$\sum \frac{a^3}{b^2 + c^2 - a^2 + 2bc} \geq 4\sqrt{3} \frac{r^2}{R}.$$

Konstantinos Geronikolas, Greece, RMM, 11/2023

Soluție.

Lema.

În ΔABC :

$$\sum \frac{a^3}{b^2 + c^2 - a^2 + 2bc} = \frac{p^2(2R - 3r) + r^2(4R + r)}{2pr}.$$

$$RHS = \sum \frac{a^3}{b^2 + c^2 - a^2 + 2bc} \stackrel{Lema}{=} \frac{p^2(2R - 3r) + r^2(4R + r)}{2pr} \stackrel{Gerretsen}{\geq}$$

$$\stackrel{Gerretsen}{\geq} \frac{(16Rr - 5r^2)(2R - 3r) + r^2(4R + r)}{2pr} = \frac{16R^2 - 27Rr + 8r^2}{p} \stackrel{Euler}{\geq} \frac{9R^2}{2p} \stackrel{Mitrinovic}{\geq} \frac{9R^2}{2 \cdot \frac{3\sqrt{3}R}{2}} =$$

$$= \sqrt{3}R \stackrel{Euler}{\geq} 4\sqrt{3} \frac{r^2}{R} = LHS.$$

Remarca.

În ΔABC

$$\sqrt{3}R \leq \sum \frac{a^3}{(b+c)^2 - a^2} \leq \frac{2\sqrt{3}(2R^3 - 7r^3)}{9r^2}.$$

Marin Chirciu

Soluție.**Lema.**

În ΔABC :

$$\sum \frac{a^3}{(b+c)^2 - a^2} = \frac{p^2(2R-3r) + r^2(4R+r)}{2pr}.$$

Inegalitatea din dreapta.

$$\begin{aligned} \sum \frac{a^3}{(b+c)^2 - a^2} &\stackrel{\text{Lema}}{=} \frac{p^2(2R-3r) + r^2(4R+r)}{2pr} \stackrel{\text{Gerretsen}}{\leq} \\ &\stackrel{\text{Gerretsen}}{\leq} \frac{(4R^2 + 4Rr + 3r^2)(2R-3r) + r^2(4R+r)}{2pr} = \frac{4R^3 - 2R^2r - Rr^2 - 4r^3}{pr} \stackrel{\text{Euler}}{\leq} \\ &\stackrel{\text{Euler}}{\leq} \frac{2(2R^3 - 7r^2)}{pr} \stackrel{\text{Mitrinovic}}{\leq} \frac{2(2R^3 - 7r^2)}{r \cdot 3\sqrt{3}r} = \frac{2\sqrt{3}(2R^3 - 7r^3)}{9r^2}. \end{aligned}$$

Inegalitatea din stânga.

$$\begin{aligned} \sum \frac{a^3}{(b+c)^2 - a^2} &\stackrel{\text{Lema}}{=} \frac{p^2(2R-3r) + r^2(4R+r)}{2pr} \stackrel{\text{Gerretsen}}{\geq} \frac{(16Rr - 5r^2)(2R-3r) + r^2(4R+r)}{2pr} = \\ &= \frac{16R^2 - 27Rr + 8r^2}{p} \stackrel{\text{Euler}}{\geq} \frac{9R^2}{2p} \stackrel{\text{Mitrinovic}}{\geq} \frac{9R^2}{2 \cdot \frac{3\sqrt{3}R}{2}} = \sqrt{3}R. \end{aligned}$$

Aplicatia86.

J.2592. În ΔABC

$$\sum (2b+a)(2c+a) \leq 81R^2$$

Daniel Sitaru, Romania, RMM-43, Winter-2024

Soluție.**Lema.**

În ΔABC

$$\sum (2b+a)(2c+a) = 2(5p^2 + 3r^2 + 12Rr).$$

$$LHS = \sum (2b+a)(2c+a) = 2(5p^2 + 3r^2 + 12Rr) \stackrel{\text{Gerretsen}}{\leq} 2(5(4R^2 + 4Rr + 3r^2) + 3r^2 + 12Rr) =$$

$$= 4(10R^2 + 16Rr + 9r^2) \stackrel{Euler}{\leq} 81R^2 = RHS.$$

Remarca.

În ΔABC

$$\sum(2b+a)(2c+a) \geq 324r^2$$

Marin Chirciu

Soluție.

Lema.

În ΔABC

$$\sum(2b+a)(2c+a) = 2(5p^2 + 3r^2 + 12Rr).$$

$$\begin{aligned} LHS &= \sum(2b+a)(2c+a) = 2(5p^2 + 3r^2 + 12Rr) \stackrel{Gerretsen}{\geq} 2(5(16Rr - 5r^2) + 3r^2 + 12Rr) = \\ &= 4(46Rr - 11r^2) \stackrel{Euler}{\geq} 324r^2 = RHS. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Remarca.

În ΔABC

$$324r^2 \leq \sum(2b+a)(2c+a) \leq 81R^2$$

Remarca.

Îf $\lambda \geq 0$, în ΔABC

$$36(\lambda+1)^2 r^2 \leq \sum(\lambda b+a)(\lambda c+a) \leq 9(\lambda+1)^2 R^2.$$

Marin Chirciu

Soluție.

Lema.

În ΔABC

$$\sum(\lambda b+a)(\lambda c+a) = (\lambda^2 + 2\lambda + 2)p^2 + (\lambda^2 + 2\lambda - 2)r^2 + (4\lambda^2 + 8\lambda - 8).$$

Inegalitatea din dreapta.

$$\sum(\lambda b+a)(\lambda c+a) = (\lambda^2 + 2\lambda + 2)p^2 + (\lambda^2 + 2\lambda - 2)r^2 + (4\lambda^2 + 8\lambda - 8) \stackrel{Gerretsen}{\leq}$$

$$\leq (\lambda^2 + 2\lambda + 2)(4R^2 + 4Rr + 3r^2) + (\lambda^2 + 2\lambda - 2)r^2 + (4\lambda^2 + 8\lambda - 8) =$$

$$= 4 \left((2\lambda^2 + 2\lambda + 2)R^2 + (8\lambda^2 + 16\lambda)Rr + (4\lambda^2 + 8\lambda + 4)r^2 \right) \stackrel{Euler}{\leq} 9(\lambda+1)^2 R^2.$$

Inegalitatea din stânga.

$$\begin{aligned} \sum (\lambda b + a)(\lambda c + a) &= (\lambda^2 + 2\lambda + 2)p^2 + (\lambda^2 + 2\lambda - 2)r^2 + (4\lambda^2 + 8\lambda - 8) \stackrel{Gerretsen}{\geq} \\ &\stackrel{Gerretsen}{\geq} (\lambda^2 + 2\lambda + 2)(16Rr - 5r^2) + (\lambda^2 + 2\lambda - 2)r^2 + (4\lambda^2 + 8\lambda - 8) = \\ &= (20\lambda^2 + 40\lambda + 24)Rr - (4\lambda^2 + 8\lambda + 12)r^2 \stackrel{Euler}{\geq} 36(\lambda+1)^2 r^2. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Aplicația87.

În ΔABC :

$$2Rr \leq \sum \left(\frac{m_a}{3\cos \frac{A}{2}} \right)^2.$$

Neculai Stanciu,RMM, 11/2023

Soluție.

Lema.

În ΔABC :

$$\frac{\frac{m_a}{A}}{\cos \frac{2}{2}} \geq \sqrt{bc}.$$

$$RHS = \sum \left(\frac{m_a}{3\cos \frac{A}{2}} \right)^2 \stackrel{Lema}{\geq} \sum \left(\frac{\sqrt{bc}}{3} \right)^2 = \frac{1}{9} \sum bc \stackrel{(1)}{\geq} \frac{1}{9} \cdot 18Rr = 2Rr = LHS, (1) \Leftrightarrow \sum bc \geq 18Rr.$$

Remarca.

În ΔABC :

$$\sum \left(\frac{m_a}{\lambda \cos \frac{A}{2}} \right)^2 \geq \frac{18}{\lambda^2} Rr.$$

Marin Chirciu

Aplicația88.

In acute ΔABC :

$$\sum h_a^2 \left(\frac{1}{m_b^2} + \frac{1}{m_c^2} \right) \geq 6.$$

Lan Tran, Vietnam, Mathematical inequalities, 11/2023

Soluție.

Lema.

In acute ΔABC :

$$m_a \leq \sqrt{\frac{b^2 + c^2}{2}} \cos \frac{A}{2};$$

$$\frac{h_b^2 + h_c^2}{m_a^2} \geq 8 \sin^2 \frac{A}{2}.$$

Demonstratie.

$$\begin{aligned} m_a &\leq \sqrt{\frac{b^2 + c^2}{2}} \cos \frac{A}{2} \Leftrightarrow m_a^2 \leq \frac{b^2 + c^2}{2} \cos^2 \frac{A}{2} \Leftrightarrow \frac{2b^2 + 2c^2 - a^2}{4} \leq \frac{b^2 + c^2}{2} \cdot \frac{p(p-a)}{bc} \Leftrightarrow \\ &\Leftrightarrow \frac{2b^2 + 2c^2 - a^2}{4} \leq \frac{b^2 + c^2}{2} \cdot \frac{(a+b+c)(b+c-a)}{4bc} \Leftrightarrow (b^2 + c^2 - a^2)(b-c)^2 \geq 0, \text{ care rezultă din} \\ &(b^2 + c^2 - a^2) > 0, \text{ in acute triangle și } (b-c)^2 \geq 0, \text{ cu egalitate pentru } b = c. \end{aligned}$$

$$\text{Din } h_a = \frac{bc}{2R} \Rightarrow h_b^2 + h_c^2 = \frac{a^2}{4R^2} (b^2 + c^2) \Rightarrow b^2 + c^2 = \frac{4R^2}{a^2} (h_b^2 + h_c^2).$$

Folosind **Lema** obținem:

$$\begin{aligned} m_a &\leq \sqrt{\frac{b^2 + c^2}{2}} \cos \frac{A}{2} = \sqrt{\frac{b^2 + c^2}{2}} \cdot \frac{a}{4R \sin \frac{A}{2}} = \sqrt{\frac{\frac{4R^2}{a^2} (h_b^2 + h_c^2)}{2}} \cdot \frac{a}{4R \sin \frac{A}{2}} = \\ &= \sqrt{\frac{2R^2 (h_b^2 + h_c^2)}{a^2}} \cdot \frac{a}{4R \sin \frac{A}{2}} = \sqrt{2(h_b^2 + h_c^2)} \cdot \frac{1}{4 \sin \frac{A}{2}}. \end{aligned}$$

$$\text{Din } m_a \leq \sqrt{2(h_b^2 + h_c^2)} \cdot \frac{1}{4 \sin \frac{A}{2}} \Rightarrow m_a^2 \leq 2(h_b^2 + h_c^2) \cdot \frac{1}{16 \sin^2 \frac{A}{2}} \Rightarrow m_a^2 \leq \frac{h_b^2 + h_c^2}{8 \sin^2 \frac{A}{2}} \Rightarrow$$

$$\Rightarrow h_b^2 + h_c^2 \geq 8m_a^2 \sin^2 \frac{A}{2} \Rightarrow \frac{h_b^2 + h_c^2}{m_a^2} \geq 8 \sin^2 \frac{A}{2}.$$

$$\sum h_a^2 \left(\frac{1}{m_b^2} + \frac{1}{m_c^2} \right) = \sum \frac{h_b^2 + h_c^2}{m_a^2} \geq \sum 8 \sin^2 \frac{A}{2} = 8 \sum \sin^2 \frac{A}{2} = 8 \cdot \left(1 - \frac{r}{2R} \right)^{\text{Euler}} \geq 8 \cdot \frac{3}{4} = 6.$$

Remarca.

În acute ΔABC :

$$\sum \frac{1}{m_a^2} (h_b^2 + h_c^2) \geq 8 - \frac{4r}{R}.$$

Marin Chirciu

Soluție.

Lema.

În acute ΔABC :

$$\frac{h_b^2 + h_c^2}{m_a^2} \geq 8 \sin^2 \frac{A}{2}.$$

Demonstratie.

$$\begin{aligned} m_a &\leq \sqrt{\frac{b^2 + c^2}{2}} \cos \frac{A}{2} \Leftrightarrow m_a^2 \leq \frac{b^2 + c^2}{2} \cos^2 \frac{A}{2} \Leftrightarrow \frac{2b^2 + 2c^2 - a^2}{4} \leq \frac{b^2 + c^2}{2} \cdot \frac{p(p-a)}{bc} \Leftrightarrow \\ &\Leftrightarrow \frac{2b^2 + 2c^2 - a^2}{4} \leq \frac{b^2 + c^2}{2} \cdot \frac{(a+b+c)(b+c-a)}{4bc} \Leftrightarrow (b^2 + c^2 - a^2)(b-c)^2 \geq 0, \text{ care rezultă din} \\ &(b^2 + c^2 - a^2) > 0, \text{ în acute triangle și } (b-c)^2 \geq 0, \text{ cu egalitate pentru } b=c. \end{aligned}$$

Remarca.

În acute ΔABC :

$$\sum m_a \sec \frac{A}{2} \leq 3\sqrt{3}R.$$

Marin Chirciu

Soluție.

Lema.

În acute ΔABC :

$$m_a \leq \sqrt{\frac{b^2 + c^2}{2}} \cos \frac{A}{2};$$

Demonstratie.

$$m_a \leq \sqrt{\frac{b^2 + c^2}{2}} \cos \frac{A}{2} \Leftrightarrow m_a^2 \leq \frac{b^2 + c^2}{2} \cos^2 \frac{A}{2} \Leftrightarrow \frac{2b^2 + 2c^2 - a^2}{4} \leq \frac{b^2 + c^2}{2} \cdot \frac{p(p-a)}{bc} \Leftrightarrow$$

$\Leftrightarrow \frac{2b^2 + 2c^2 - a^2}{4} \leq \frac{b^2 + c^2}{2} \cdot \frac{(a+b+c)(b+c-a)}{4bc} \Leftrightarrow (b^2 + c^2 - a^2)(b-c)^2 \geq 0$, care rezultă din
 $(b^2 + c^2 - a^2) > 0$, în acută triunghi și $(b-c)^2 \geq 0$, cu egalitate pentru $b = c$.

Aplicația89.

J.2590. În ΔABC

$$\sqrt[3]{(a+b)(b+c)(c+a)} \geq 4\sqrt{3}r$$

Daniel Sitaru, Dan Nănuți, Romania, RMM-43, Winter-2024

Soluție.**Lema.**

În ΔABC

$$(a+b)(b+c)(c+a) = 2p(p^2 + r^2 + 2Rr).$$

Inegalitatea se scrie:

$$2p(p^2 + r^2 + 2Rr) \geq (4\sqrt{3}r)^3 \Leftrightarrow 2p(p^2 + r^2 + 2Rr) \geq 64 \cdot 3\sqrt{3}r^3, \text{vezi } p \geq 3\sqrt{3}r.$$

Rămâne să arătăm că:

$$2 \cdot 3\sqrt{3}r(p^2 + r^2 + 2Rr) \geq 64 \cdot 3\sqrt{3}r^3 \Leftrightarrow p^2 + r^2 + 2Rr \geq 32r^2, \text{vezi } p^2 \geq 16Rr - 5r^2.$$

Remarca.

În ΔABC

$$\sqrt[3]{(a+b)(b+c)(c+a)} \leq 2\sqrt{3}R$$

Marin Chirciu

Inegalitatea se scrie:

$$2p(p^2 + r^2 + 2Rr) \geq (2\sqrt{3}R)^3 \Leftrightarrow 2p(p^2 + r^2 + 2Rr) \geq 8 \cdot 3\sqrt{3}R^3, \text{vezi } p \leq \frac{3\sqrt{3}R}{2}.$$

Remarca.

În ΔABC

$$4\sqrt{3}r \leq \sqrt[3]{(a+b)(b+c)(c+a)} \leq 2\sqrt{3}R.$$

În ΔABC

$$5\sqrt{3}r \leq \sqrt[3]{(p+a)(p+b)(p+c)} \leq \frac{5\sqrt{3}R}{2}.$$

Marin Chirciu

Soluție.

Lema.

În ΔABC

$$\prod(p+a) = p(4p^2 + r^2 + 8Rr).$$

Remarca.

În ΔABC

$$8\sqrt{3}r \leq \sqrt[3]{(2p+a)(2p+b)(2p+c)} \leq 4\sqrt{3}R.$$

Marin Chirciu

Soluție.

Lema.

În ΔABC

$$\prod(2p+a) = 2p(9p^2 + r^2 + 6Rr).$$

Remarca.

În ΔABC

$$4r \leq \sqrt[3]{(r+r_a)(r+r_b)(r+r_c)} \leq 2R.$$

Marin Chirciu

Soluție.

Lema.

În ΔABC

$$\prod(r+r_a) = 2r(p^2 + r^2 + 2Rr).$$

Remarca.

În ΔABC

$$2r \leq \sqrt[3]{(r_a-r)(r_b-r)(r_c-r)} \leq R.$$

Marin Chirciu

Soluție.**Lema.**În ΔABC

$$\prod(r_a - r) = 4Rr^2.$$

Remarca.În ΔABC

$$9r \left(\frac{2r}{R} \right)^{\frac{1}{3}} \leq \sqrt[3]{(h_a + 2r_a)(h_b + 2r_b)(h_c + 2r_c)} \leq \frac{9R}{2}.$$

Marin Chirciu

Soluție.**Lema.**În ΔABC

$$\prod(h_a + 2r_a) = \frac{2p^4}{R}.$$

Remarca.În ΔABC

$$6r \leq \sqrt[3]{(r_a + r_b)(r_b + r_c)(r_c + r_a)} \leq 3R.$$

Marin Chirciu

Soluție.**Lema.**În ΔABC

$$\prod(r_b + r_c) = 4Rp^2.$$

Remarca.În ΔABC

$$6r \left(\frac{2r}{R} \right)^{\frac{2}{3}} \leq \sqrt[3]{(h_a + h_b)(h_b + h_c)(h_c + h_a)} \leq 3R.$$

Marin Chirciu

Soluție.

Lema.În ΔABC

$$\prod(h_b + h_c) = \frac{rp^2(p^2 + r^2 + 2Rr)}{R^2}.$$

Remarca.În ΔABC

$$6r\left(\frac{2r}{R}\right)^{\frac{1}{3}} \leq \sqrt[3]{(h_a + r_a)(h_b + r_b)(h_c + r_c)} \leq 3R.$$

Marin Chirciu

Soluție.**Lema.**În ΔABC

$$\prod(h_a + r_a) = \frac{p^2(p^2 + r^2 + 2Rr)}{2R}.$$

Remarca.În ΔABC

$$2r\left(\frac{2r}{R}\right)^{\frac{1}{3}} \leq \sqrt[3]{(h_a - r)(h_b - r)(h_c - r)} \leq R.$$

Marin Chirciu

Soluție.**Lema.**În ΔABC

$$\prod(h_a - r) = \frac{r^2(p^2 + r^2 + 2Rr)}{2R}.$$

Remarca.

În aceeași clasă de probleme.

În ΔABC

$$r\left(\frac{2r}{R}\right)^{\frac{1}{3}} \leq \sqrt[3]{(h_a - 2r)(h_b - 2r)(h_c - 2r)} \leq \frac{R}{2}.$$

Marin Chirciu

Soluție.**Lema.**În ΔABC

$$\prod(h_a - 2r) = \frac{2r^4}{R}.$$

Remarca.

În aceeași clasă de probleme.

În ΔABC

$$\sqrt[3]{(r_a - 2r)(r_b - 2r)(r_c - 2r)} \leq r.$$

Marin Chirciu

Soluție.**Lema.**În ΔABC

$$\prod(r_a - 2r) = r(16Rr - 4r^2 - p^2).$$

Remarca.În acute ΔABC

$$\sqrt[3]{(b^2 + c^2 - a^2)(c^2 + a^2 - b^2)(a^2 + b^2 - c^2)} \leq 3R^2.$$

Marin Chirciu

Soluție.**Lema.**În ΔABC

$$\prod(b^2 + c^2 - a^2) = 32r^2 p^2 (p^2 - (2R + r)^2).$$

Aplicația90.If $x, y, z > 0$, in ΔABC

$$\sum \left(\frac{r_a}{h_a} \right)^2 \frac{y+z}{x} \geq 6.$$

Mehmet Şahin, Turkey, RMM 4/2023

Soluție.

Lemă.

Fie $x, y, z > 0$ și $f : D \rightarrow \mathbf{R}$ o funcție. Are loc relația

$$\sum \frac{y+z}{x} f^2(a) \geq 2 \sum f(b)f(c).$$

Demonstratie.

$$\begin{aligned} \text{Avem } \sum \frac{y+z}{x} f^2(a) &= \sum \left(\frac{y+z}{x} + 1 - 1 \right) f^2(a) = \sum \frac{x+y+z}{x} f^2(a) - \sum f^2(a) \stackrel{\text{CS}}{\geq} \\ &\stackrel{\text{CS}}{\geq} (x+y+z) \frac{(\sum f(a))^2}{x+y+z} - \sum f^2(a) = (x+y+z) \frac{(\sum f(a))^2}{(x+y+z)} - \sum f^2(a) = \\ &= (\sum f(a))^2 - \sum f^2(a) = \sum f^2(a) + 2 \sum f(b)f(c) - \sum f^2(a) = 2 \sum f(b)f(c). \end{aligned}$$

SFolosind **Lema** pentru $f(a) = \frac{r_a}{h_a}$ obținem:

$$\begin{aligned} LHS &= \sum \left(\frac{r_a}{h_a} \right)^2 \frac{y+z}{x} \stackrel{\text{Lema}}{\geq} 2 \sum f(b)f(c) = 2 \sum \frac{r_b}{h_b} \cdot \frac{r_c}{h_c} = 2 \sum \frac{r_b r_c}{h_b h_c} = 2 \cdot \frac{p^2 + r^2 - 8Rr}{4r^2} \stackrel{\text{Gerretsen}}{\geq} \\ &\stackrel{\text{Lema}}{\geq} \frac{16Rr - 5r^2 + r^2 - 8Rr}{2r^2} = \frac{8Rr - 4r^2}{2r^2} = \frac{2(2R - r)}{r} \stackrel{\text{Euler}}{\geq} 6. \end{aligned}$$

Am folosit mai sus: $\sum \frac{r_b r_c}{h_b h_c} = \frac{p^2 + r^2 - 8Rr}{4r^2}$.

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Remarca.

Problema se poate întări.

If $x, y, z > 0$, în ΔABC

$$\sum \left(\frac{r_a}{h_a} \right)^2 \frac{y+z}{x} \geq \frac{4R}{r} - 2.$$

Marin Chirciu

Soluție.

Folosind **Lema** pentru $f(a) = \frac{r_a}{h_a}$ obținem:

$$LHS = \sum \left(\frac{r_a}{h_a} \right)^2 \frac{y+z}{x} \stackrel{\text{Lema}}{\geq} 2 \sum f(b)f(c) = 2 \sum \frac{r_b}{h_b} \cdot \frac{r_c}{h_c} = 2 \sum \frac{r_b r_c}{h_b h_c} = 2 \cdot \frac{p^2 + r^2 - 8Rr}{4r^2} \stackrel{\text{Gerretsen}}{\geq}$$

$$\geq \frac{16Rr - 5r^2 + r^2 - 8Rr}{2r^2} = \frac{8Rr - 4r^2}{2r^2} = \frac{2(2R - r)}{r} = \frac{4R}{r} - 2 \stackrel{\text{Euler}}{\geq} 6.$$

Am folosit mai sus: $\sum \frac{r_b r_c}{h_b h_c} = \frac{p^2 + r^2 - 8Rr}{4r^2}$.

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Remarca.

Îf $x, y, z > 0$, în ΔABC

$$\sum \left(\frac{h_a}{r_a} \right)^2 \frac{y+z}{x} \geq 4 \left(2 - \frac{r}{R} \right).$$

Marin Chirciu

Soluție.

Folosind **Lema** pentru $f(a) = \frac{h_a}{r_a}$ obținem:

$$LHS = \sum \left(\frac{h_a}{r_a} \right)^2 \frac{y+z}{x} \stackrel{\text{Lema}}{\geq} 2 \sum f(b) f(c) = 2 \sum \frac{h_b}{r_b} \cdot \frac{h_c}{r_c} = 2 \sum \frac{h_b h_c}{r_b r_c} = 2 \cdot 2 \left(2 - \frac{r}{R} \right) =$$

$$= 4 \left(2 - \frac{r}{R} \right). \text{ Am folosit mai sus: } \sum \frac{h_b h_c}{r_b r_c} = 2 \left(2 - \frac{r}{R} \right).$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Remarca.

În ΔABC

$$\sum \frac{r_b r_c}{h_b h_c} \geq \sum \frac{h_b h_c}{r_b r_c}.$$

Marin Chirciu

Demonstrație.

Folosind sumele $\sum \frac{r_b r_c}{h_b h_c} = \frac{p^2 + r^2 - 8Rr}{4r^2}$ și $\sum \frac{h_b h_c}{r_b r_c} = 2 \left(2 - \frac{r}{R} \right)$ inegalitatea se scrie:

$$\frac{p^2 + r^2 - 8Rr}{4r^2} \geq 2 \left(2 - \frac{r}{R} \right) \Leftrightarrow R p^2 \geq r (8R^2 + 15Rr - 8r^2), \text{ care rezultă din inegalitatea lui Gerretsen } p^2 \geq 16Rr - 5r^2.$$

Rămâne să arătăm că:

$$R (16Rr - 5r^2) \geq r (8R^2 + 15Rr - 8r^2) \Leftrightarrow 2R^2 - 5Rr + 2r^2 \geq 0 \Leftrightarrow (R - 2r)(2R - r) \geq 0.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Aplicația91.

În ΔABC

$$\sum \frac{r_a^2}{\sin^2 \frac{A}{2}} \geq (a+b+c)^2.$$

Marian Cucoaneș, Mărășești, Mathematical Inequalities,4/2017

Soluție.

$$LHS = \sum \frac{r_a^2}{\sin^2 \frac{A}{2}} \stackrel{CS}{\geq} \frac{\left(\sum r_a\right)^2}{\sum \sin^2 \frac{A}{2}} = \frac{(4R+r)^2}{1 - \frac{r}{2R}} \stackrel{Bergstrom}{\geq} 4p^2 = (a+b+c)^2 = RHS.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Remarca

În ΔABC

$$(4R+r)^2 \cdot \frac{R+2r}{R+r} \leq \sum \frac{r_a^2}{\sin^2 \frac{A}{2}} \leq \frac{4}{3}(4R+r)^2.$$

Marin Chirciu

Soluție.**Lema**

În ΔABC

$$\sum \frac{r_a^2}{\sin^2 \frac{A}{2}} = p^2 + (4R+r)^2.$$

Inegalitatea din dreapta.

$$\begin{aligned} \sum \frac{r_a^2}{\sin^2 \frac{A}{2}} &= p^2 + (4R+r)^2 \stackrel{Gerretsen}{\leq} \frac{R(4R+r)^2}{2(2R-r)} + (4R+r)^2 = (4R+r)^2 \left[\frac{R}{2(2R-r)} + 1 \right] = \\ &= (4R+r)^2 \cdot \frac{5R-2r}{2(2R-r)} \stackrel{Euler}{\leq} (4R+r)^2 \cdot \frac{4}{3} = \frac{4}{3}(4R+r)^2. \end{aligned}$$

Inegalitatea din stânga.

$$\sum \frac{r_a^2}{\sin^2 \frac{A}{2}} = p^2 + (4R+r)^2 \stackrel{Gerretsen}{\geq} \frac{r(4R+r)^2}{R+r} + (4R+r)^2 = (4R+r)^2 \left[\frac{r}{R+r} + 1 \right] =$$

$$= (4R+r)^2 \cdot \frac{R+2r}{R+r}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Remarca

În ΔABC

$$2R(4R+r) \leq \sum \frac{r_a^2}{\cos^2 \frac{A}{2}} \leq 4 \left(\frac{4R}{r} + 1 \right) (R^2 - 3r^2).$$

Marin Chirciu

Soluție.

Lema

În ΔABC

$$\sum \frac{r_a^2}{\cos^2 \frac{A}{2}} = (4R+r) \left[r - 12R + \frac{(4R+r)^3}{p^2} \right].$$

Inegalitatea din dreapta.

$$\begin{aligned} \sum \frac{r_a^2}{\cos^2 \frac{A}{2}} &= (4R+r) \left[r - 12R + \frac{(4R+r)^3}{p^2} \right] \stackrel{\text{Gerretsen}}{\leq} (4R+r) \left[r - 12R + \frac{(4R+r)^3}{\frac{r(4R+r)^2}{R+r}} \right] = \\ &= (4R+r) \left[r - 12R + \frac{(4R+r)(R+r)}{r} \right] = (4R+r) \cdot \frac{4R^2 - 7Rr + 2r^2}{r} \stackrel{\text{Euler}}{\leq} (4R+r) \cdot \frac{4R^2 - 12r^2}{r} = \\ &= 4 \left(\frac{4R}{r} + 1 \right) (R^2 - 3r^2). \end{aligned}$$

Inegalitatea din stânga.

$$\begin{aligned} \sum \frac{r_a^2}{\cos^2 \frac{A}{2}} &= (4R+r) \left[r - 12R + \frac{(4R+r)^3}{p^2} \right] \stackrel{\text{Gerretsen}}{\geq} (4R+r) \left[r - 12R + \frac{(4R+r)^3}{\frac{R(4R+r)^2}{2(2R-r)}} \right] = \\ &= (4R+r) \left[r - 12R + \frac{2(4R+r)(2R-r)}{R} \right] = (4R+r) \cdot \frac{4R^2 - 3Rr - 2r^2}{R} \stackrel{\text{Euler}}{\geq} \\ &\geq (4R+r) \cdot \frac{2R^2}{R} = 2R(4R+r) \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Remarca.

În ΔABC

$$\sum \frac{r_a^2}{\sin^2 \frac{A}{2}} \leq 3 \sum \frac{r_a^2}{\cos^2 \frac{A}{2}}.$$

Marin Chirciu

Soluție

Lema1

În ΔABC

$$\sum \frac{r_a^2}{\sin^2 \frac{A}{2}} = p^2 + (4R + r)^2.$$

Lema2

În ΔABC

$$\sum \frac{r_a^2}{\cos^2 \frac{A}{2}} = (4R + r) \left[r - 12R + \frac{(4R + r)^3}{p^2} \right].$$

Inegalitatea se scrie:

$$p^2 + (4R + r)^2 \leq 3(4R + r) \left[r - 12R + \frac{(4R + r)^3}{p^2} \right] \Leftrightarrow$$

$$\Leftrightarrow p^2 (p^2 + 160R^2 + 32Rr - 2r^2) \leq 3(4R + r)^4, \text{ care rezultă din inegalitatea lui Gerretsen}$$

$$p^2 \leq \frac{R(4R + r)^2}{2(2R - r)} \leq 4R^2 + 4Rr + 3r^2. \text{ Rămâne să arătăm că:}$$

$$\frac{R(4R + r)^2}{2(2R - r)} (4R^2 + 4Rr + 3r^2 + 160R^2 + 32Rr - 2r^2) \leq 3(4R + r)^4 \Leftrightarrow$$

$$\Leftrightarrow 28R^3 - 36R^2r - 37Rr^2 - 6r^3 \geq 0 \Leftrightarrow (R - 2r)(28R^2 + 20Rr + 3r^2) \geq 0, \text{ vezi } R \geq 2r.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Remarca

În ΔABC

$$(4R+r)^2 \cdot \frac{R+2r}{R+r} \leq \sum \frac{h_a^2}{\sin^2 \frac{A}{2}} \leq \frac{4}{3} (4R+r)^2.$$

Marin Chirciu

Soluție.

Lema

În ΔABC

$$\sum \frac{h_a^2}{\sin^2 \frac{A}{2}} = \frac{p^6 + p^4(3r^2 - 16Rr) + p^2r^2(32R^2 - 8Rr + 3r^2) + r^4(4R+r)^2}{4R^2r^2}.$$

Inegalitatea din dreapta.

$$\begin{aligned} \sum \frac{h_a^2}{\sin^2 \frac{A}{2}} &= \frac{p^6 + p^4(3r^2 - 16Rr) + p^2r^2(32R^2 - 8Rr + 3r^2) + r^4(4R+r)^2}{4R^2r^2} = \\ &= \frac{p^2 \left[p^2(p^2 + 3r^2 - 16Rr) + r^2(32R^2 - 8Rr + 3r^2) \right] + r^4(4R+r)^2}{4R^2r^2} \stackrel{\text{Gerretsen}}{\leq} \\ &\leq \frac{p^2 \left[p^2(4R^2 + 4Rr + 3r^2 + 3r^2 - 16Rr) + r^2(32R^2 - 8Rr + 3r^2) \right] + r^4(4R+r)^2}{4R^2r^2} = \\ &= \frac{p^2 \left[p^2(4R^2 - 12Rr + 6r^2) + r^2(32R^2 - 8Rr + 3r^2) \right] + r^4(4R+r)^2}{4R^2r^2} \stackrel{\text{Gerretsen}}{\leq} \end{aligned}$$

$$\begin{aligned} &\leq \frac{p^2 \left[(4R^2 + 4Rr + 3r^2)(4R^2 - 12Rr + 6r^2) + r^2(32R^2 - 8Rr + 3r^2) \right] + r^4(4R+r)^2}{4R^2r^2} = \\ &= \frac{p^2(16R^4 - 32R^3r + 20R^2r^2 - 20Rr^3 + 21r^4) + r^4(4R+r)^2}{4R^2r^2} \stackrel{\text{Gerretsen}}{\leq} \\ &\leq \frac{(4R^2 + 4Rr + 3r^2)(16R^4 - 32R^3r + 20R^2r^2 - 20Rr^3 + 21r^4) + r^4(4R+r)^2}{4R^2r^2} = \\ &= \frac{64R^6 - 64R^5r + 64R^3r^3 + 240R^2r^4 + 12Rr^5 + 64r^6}{4R^2r^2} = \\ &= \frac{16R^6 - 16R^5r + 16R^3r^3 + 60R^2r^4 + 3Rr^5 + 16r^6}{R^2r^2} = \end{aligned}$$

Inegalitatea din stânga.

$$\begin{aligned} \sum \frac{r_a^2}{\sin^2 \frac{A}{2}} &= p^2 + (4R+r)^2 \stackrel{\text{Gerretsen}}{\geq} \frac{r(4R+r)^2}{R+r} + (4R+r)^2 = (4R+r)^2 \left[\frac{r}{R+r} + 1 \right] = \\ &= (4R+r)^2 \cdot \frac{R+2r}{R+r}. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Remarca

În ΔABC

$$2R(4R+r) \leq \sum \frac{h_a^2}{\cos^2 \frac{A}{2}} \leq 4 \left(\frac{4R}{r} + 1 \right) (R^2 - 3r^2).$$

Marin Chirciu

Soluție.

Lema

În ΔABC

$$\sum \frac{h_a^2}{\cos^2 \frac{A}{2}} = \frac{p^6 + p^4 (3r^2 - 8Rr) + p^2 r^2 (-16R^2 + 8Rr + 3r^2) + r^2 (4R+r)^4}{4p^2 R^2}.$$

Inegalitatea din dreapta.

$$\begin{aligned} \sum \frac{r_a^2}{\cos^2 \frac{A}{2}} &= (4R+r) \left[r - 12R + \frac{(4R+r)^3}{p^2} \right] \stackrel{\text{Gerretsen}}{\leq} (4R+r) \left[r - 12R + \frac{(4R+r)^3}{\frac{r(4R+r)^2}{R+r}} \right] = \\ &= (4R+r) \left[r - 12R + \frac{(4R+r)(R+r)}{r} \right] = (4R+r) \cdot \frac{4R^2 - 7Rr + 2r^2}{r} \stackrel{\text{Euler}}{\leq} (4R+r) \cdot \frac{4R^2 - 12r^2}{r} = \\ &= 4 \left(\frac{4R}{r} + 1 \right) (R^2 - 3r^2). \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral

Inegalitatea din stânga.

$$\sum \frac{r_a^2}{\cos^2 \frac{A}{2}} = (4R+r) \left[r - 12R + \frac{(4R+r)^3}{p^2} \right] \stackrel{\text{Gerretsen}}{\geq} (4R+r) \left[r - 12R + \frac{(4R+r)^3}{\frac{R(4R+r)^2}{2(2R-r)}} \right] =$$

$$\begin{aligned}
&= (4R+r) \left[r - 12R + \frac{2(4R+r)(2R-r)}{R} \right] = (4R+r) \cdot \frac{4R^2 - 3Rr - 2r^2}{R} \stackrel{\text{Euler}}{\geq} \\
&\stackrel{\text{Euler}}{\geq} (4R+r) \cdot \frac{2R^2}{R} = 2R(4R+r).
\end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Remarca.

În ΔABC

$$\sum \frac{h_a^2}{\sin^2 \frac{A}{2}} \geq 3 \sum \frac{h_a^2}{\cos^2 \frac{A}{2}}.$$

Marin Chirciu

Soluție

$$\begin{aligned}
&\frac{p^6 + p^4(3r^2 - 16Rr) + p^2r^2(32R^2 - 8Rr + 3r^2) + r^4(4R+r)^2}{4R^2r^2} \geq \\
&\geq 3 \cdot \frac{p^6 + p^4(3r^2 - 8Rr) + p^2r^2(-16R^2 + 8Rr + 3r^2) + r^2(4R+r)^4}{4p^2R^2} \Leftrightarrow \\
&\Leftrightarrow p^2 \left[p^6 + p^4(3r^2 - 16Rr) + p^2r^2(32R^2 - 8Rr + 3r^2) + r^4(4R+r)^2 \right] \geq \\
&\geq 3r^2 \left[p^6 + p^4(3r^2 - 8Rr) + p^2r^2(-16R^2 + 8Rr + 3r^2) + r^2(4R+r)^4 \right] \Leftrightarrow \\
&\Leftrightarrow p^8 - 16p^6Rr + p^4r^2(32R^2 + 16Rr - 6r^2) + p^2r^4(64R^2 - 16Rr - 8r^2) \geq 3r^4(4R+r)^4 \Leftrightarrow \\
&\Leftrightarrow p^2 \left[p^6 - 16p^4Rr + p^2r^2(32R^2 + 16Rr - 6r^2) + r^4(64R^2 - 16Rr - 8r^2) \right] \geq 3r^4(4R+r)^4 \\
&p^2 \left[p^2(p^2 - 16Rr) + r^2(32R^2 + 16Rr - 6r^2) \right] + r^4(64R^2 - 16Rr - 8r^2) \geq 3r^4(4R+r)^4, \text{ care} \\
&\text{rezultă din inegalitatea lui Gerretsen } p^2 \geq 16Rr - 5r^2 \geq \frac{r(4R+r)^2}{R+r}.
\end{aligned}$$

Rămâne să arătăm că:

$$\begin{aligned}
&\frac{r(4R+r)^2}{R+r} \left[p^2(p^2 - 16Rr) + r^2(32R^2 + 16Rr - 6r^2) \right] + r^4(64R^2 - 16Rr - 8r^2) \geq 3r^4(4R+r)^4 \\
&(16Rr - 5r^2)((16Rr - 5r^2)(16Rr - 5r^2 - 16Rr) + r^2(32R^2 + 16Rr - 6r^2)) + r^4(64R^2 - 16Rr - 8r^2) \geq \\
&\geq 3r^3(4R+r)^2(R+r) \Leftrightarrow
\end{aligned}$$

$$(16R-5r)\left((16R-5r)(-5r)+(32R^2+16Rr-6r^2)\right)+r\left(64R^2-16Rr-8r^2\right) \geq 3(4R+r)^2(R+r)$$

$$464R^3-1192R^2r+581Rr^2-106r^3 \geq 0 \Leftrightarrow (R-2r)(464R^2-264Rr+53r^2) \geq 0, \text{ vezu } R \geq 2r.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Remarca.

În ΔABC

$$\sum \frac{h_a^2}{\sin^2 \frac{A}{2}} \geq \frac{2r}{R} \sum \frac{r_a^2}{\sin^2 \frac{A}{2}}.$$

Marin Chirciu

Soluție.

Folosind sumele:

$$\sum \frac{h_a^2}{\sin^2 \frac{A}{2}} = \frac{p^6 + p^4(3r^2 - 16Rr) + p^2r^2(32R^2 - 8Rr + 3r^2) + r^4(4R+r)^2}{4R^2r^2} \text{ și}$$

$$\sum \frac{r_a^2}{\sin^2 \frac{A}{2}} = p^2 + (4R+r)^2 \text{ inegalitatea se scrie:}$$

$$\frac{p^6 + p^4(3r^2 - 16Rr) + p^2r^2(32R^2 - 8Rr + 3r^2) + r^4(4R+r)^2}{4R^2r^2} \geq \frac{2r}{R} \left[p^2 + (4R+r)^2 \right] \Leftrightarrow$$

$$\Leftrightarrow p^2 \left[p^2(p^2 + 3r^2 - 16Rr) + r^2(32R^2 - 16Rr + 3r^2) \right] \geq r^3(4R+r)^2(8R-r),$$

$$\text{care rezultă din inegalitatea lui Gerretsen } p^2 \geq 16Rr - 5r^2 \geq \frac{r(4R+r)^2}{R+r}.$$

Rămâne să arătăm că:

$$\frac{r(4R+r)^2}{R+r} \left[(16Rr - 5r^2)(16Rr - 5r^2 + 3r^2 - 16Rr) + r^2(32R^2 - 16Rr + 3r^2) \right] \geq r^3(4R+r)^2(8R-r)$$

$$24R^2 - 55Rr + 14r^2 \geq 0 \Leftrightarrow (R-2r)(24R-7r) \geq 0, \text{ evident din inegalitatea lui Euler } R \geq 2r.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Aplicația92.

În ΔABC

$$\sum \frac{r_a}{4r_b^2 + r_b r_c + 4r_c^2} \geq \frac{2}{9R}.$$

Zaza Mzhavanadze, Georgia, RMM 3/2023

Soluție.

Lema

If $x, y, z > 0$ then

$$\sum \frac{x}{4y^2 + yz + 4z^2} \geq \frac{(\sum x)^2}{4\sum x \sum yz - 9xyz}.$$

Demonstrație.

$$\sum \frac{x}{4y^2 + yz + 4z^2} = \sum \frac{x^2}{4xy^2 + xyz + 4xz^2} \stackrel{CS}{\geq} \frac{(\sum x)^2}{\sum (4xy^2 + xyz + 4xz^2)} = \frac{(\sum x)^2}{4\sum x \sum yz - 9xyz}.$$

Folosind **Lema** pentru $(x, y, z) = (r_a, r_b, r_c)$ obținem

$$\sum \frac{r_a}{4r_b^2 + r_b r_c + 4r_c^2} \stackrel{\text{Lema}}{\geq} \frac{(\sum r_a)^2}{4\sum r_a \sum r_b r_c - 9r_a r_b r_c} = \frac{(4R+r)^2}{4(4R+r) \cdot p^2 - 9rp^2} = \frac{(4R+r)^2}{p^2(16R-5r)} \stackrel{(1)}{\geq} \frac{2}{9R},$$

$$\text{unde } \frac{(4R+r)^2}{p^2(16R-5r)} \stackrel{(1)}{\geq} \frac{2}{9R}, \text{ rezultă din inegalitatea Blundon-Gerretsen: } p^2 \leq \frac{R(4R+r)^2}{2(2R-r)}.$$

Rămâne să arătăm că:

$$\frac{(4R+r)^2}{R(4R+r)^2(16R-5r)} \stackrel{(1)}{\geq} \frac{2}{9R} \Leftrightarrow 9(2R-r) \geq 16R-5r \Leftrightarrow R \geq 2r, (\text{Euler}).$$

Egalitatea are loc dacă triunghiul este echilateral.

Remarca.

In ΔABC

$$\sum \frac{h_a}{4h_b^2 + h_b h_c + 4h_c^2} \geq \left(\frac{2}{3}\right)^6 \frac{r}{R^2}.$$

Marin Chirciu

Soluție.

Lema

If $x, y, z > 0$ then

$$\sum \frac{x}{4y^2 + yz + 4z^2} \geq \frac{\left(\sum x\right)^2}{4 \sum x \sum yz - 9xyz}.$$

Folosind **Lema** pentru $(x, y, z) = (h_a, h_b, h_c)$ obținem

$$\begin{aligned} \sum \frac{h_a}{4h_b^2 + h_b h_c + 4h_c^2} &\stackrel{\text{Lema}}{\geq} \frac{\left(\sum h_a\right)^2}{4 \sum h_a \sum h_b h_c - 9h_a h_b h_c} = \frac{\left(\frac{p^2 + r^2 + 4Rr}{2R}\right)^2}{4 \cdot \frac{p^2 + r^2 + 4Rr}{2R} \cdot \frac{2rp^2}{R} - 9 \cdot \frac{2r^2 p^2}{R}} = \\ &= \frac{\left(p^2 + r^2 + 4Rr\right)^2}{8rp^2(2p^2 + 2r^2 - Rr)} \stackrel{\text{Gerretsen}}{\geq} \frac{\left(16Rr - 5r^2 + r^2 + 4Rr\right)^2}{8r \cdot \frac{27R^2}{4} \left(2(4R^2 + 4Rr + 3r^2) + 2r^2 - Rr\right)} = \\ &= \frac{8r(5R - 2r)^2}{27R^2(8R^2 + 7Rr + 8r^2)} \stackrel{\text{Euler}}{\geq} \frac{8r}{27R^2} \cdot \frac{32}{27} = \frac{256r}{729R^2} = \left(\frac{2}{3}\right)^6 \frac{r}{R^2}. \end{aligned}$$

Egalitatea are loc dacă triunghiul este echilateral.

Aplicația93.

În ΔABC

$$\sum a^2 \sqrt[3]{bc} \leq R^2 \left(\sqrt[3]{a} + \sqrt[3]{b} + \sqrt[3]{c} \right)^2.$$

Daniel Sitaru, RMM 3/2023

Soluție.

Tripletele (a^2, b^2, c^2) și $(\sqrt[3]{bc}, \sqrt[3]{ca}, \sqrt[3]{ab})$ sunt invers ordonate.

Cu inegalitatea lui Chebyshev obținem:

$$\sum a^2 \sqrt[3]{bc} \stackrel{\text{Chebyshev}}{\leq} \frac{1}{3} \sum a^2 \sum \sqrt[3]{bc} \stackrel{\text{Leibniz}}{\leq} \frac{1}{3} \cdot 9R^2 \sum \sqrt[3]{bc} \stackrel{\text{SOS}}{\leq} 3R^2 \cdot \frac{1}{3} \left(\sum \sqrt[3]{a} \right)^2 = R^2 \left(\sqrt[3]{a} + \sqrt[3]{b} + \sqrt[3]{c} \right)^2.$$

Egalitatea are loc dacă triunghiul este echilateral.

Remarca.

În ΔABC

$$\sum a^4 \sqrt[3]{bc} \leq \frac{27R^5}{2r} \sqrt[3]{3R^2}.$$

Marin Chirciu

Soluție.

Tripletele (a^4, b^4, c^4) și $(\sqrt[3]{bc}, \sqrt[3]{ca}, \sqrt[3]{ab})$ sunt invers ordonate.

Cu inegalitatea lui Chebyshev obținem:

$$\begin{aligned} \sum a^4 \sqrt[3]{bc} &\stackrel{\text{Chebyshev}}{\leq} \frac{1}{3} \sum a^4 \sum \sqrt[3]{bc} \stackrel{\text{Goldner}}{\leq} \frac{1}{3} \cdot \frac{27R^5}{2r} \sum \sqrt[3]{bc} \stackrel{\text{sos}}{\leq} \frac{9R^5}{2r} \cdot \frac{1}{3} \left(\sum \sqrt[3]{a} \right)^2 = \\ &= \frac{3R^5}{2r} \left(\sqrt[3]{a} + \sqrt[3]{b} + \sqrt[3]{c} \right)^2 \stackrel{\text{Holder}}{\leq} \frac{3R^5}{2r} \left(\sqrt[3]{9(a+b+c)} \right)^2 = \frac{3R^5}{2r} \left(\sqrt[3]{9 \cdot 2p} \right)^2 \stackrel{\text{Mitinovic}}{\leq} \frac{3R^5}{2r} \left(\sqrt[3]{18 \cdot \frac{3\sqrt{3}R}{2}} \right)^2 = \\ &= \frac{3R^5}{2r} \left(\sqrt[3]{9 \cdot 3\sqrt{3}R} \right)^2 = \frac{3R^5}{2r} \left(3\sqrt[3]{\sqrt{3}R} \right)^2 = \frac{27R^5}{2r} \left(\sqrt[3]{\sqrt{3}R} \right)^2 = \frac{27R^5}{2r} \sqrt[3]{3R^2}. \end{aligned}$$

Egalitatea are loc dacă triunghiul este echilateral.

Remarca.

În ΔABC

$$\sum m_a^2 \sqrt[3]{m_b m_c} \leq \frac{27R^2}{4} \sqrt[3]{\frac{9R^2}{4}}.$$

Marin Chirciu

Soluție.

Lema

If $x, y, z > 0$ then

$$\sum x^2 \sqrt[3]{yz} \leq \sqrt[3]{\frac{1}{3} \left(\sum x^2 \right)^4}.$$

Tripletele (x^2, y^2, z^2) și $(\sqrt[3]{yz}, \sqrt[3]{zx}, \sqrt[3]{xy})$ sunt invers ordonate.

Cu inegalitatea lui Chebyshev obținem:

$$\begin{aligned} \sum x^2 \sqrt[3]{yz} &\stackrel{\text{Chebyshev}}{\leq} \frac{1}{3} \sum x^2 \sum \sqrt[3]{yz} \stackrel{\text{sos}}{\leq} \frac{1}{3} \sum x^2 \cdot \frac{1}{3} \left(\sum \sqrt[3]{x} \right)^2 = \\ &= \frac{1}{9} \sum x^2 \left(\sqrt[3]{x} + \sqrt[3]{y} + \sqrt[3]{z} \right)^2 \stackrel{\text{Holder}}{\leq} \frac{1}{9} \sum x^2 \left(\sqrt[3]{9(x+y+z)} \right)^2 = \frac{1}{9} \sum x^2 \left(\sqrt[3]{9 \sum x} \right)^2 = \\ &= \frac{1}{3} \sum x^2 \sqrt[3]{3(\sum x)^2} \stackrel{\text{sos}}{\leq} \frac{1}{3} \sum x^2 \sqrt[3]{9 \sum x^2} = \frac{\sqrt[3]{9}}{3} \left(\sum x^2 \right)^{\frac{4}{3}} = \frac{1}{\sqrt[3]{3}} \left(\sum x^2 \right)^{\frac{4}{3}} = \sqrt[3]{\frac{1}{3} \left(\sum x^2 \right)^4}. \end{aligned}$$

Folosind **Lema** pentru $(x, y, z) = (m_a, m_b, m_c)$ obținem:

$$\sum m_a^2 \sqrt[3]{m_b m_c} \stackrel{\text{Lema}}{\leq} \sqrt[3]{\frac{1}{3} \left(\sum m_a^2 \right)^4} \leq \sqrt[3]{\frac{1}{3} \left(\frac{27R^2}{4} \right)^4} = \frac{27R^2}{4} \sqrt[3]{\frac{9R^2}{4}}.$$

Egalitatea are loc dacă triunghiul este echilateral.

Remarca.

În ΔABC

$$\sum h_a^2 \sqrt[3]{h_b h_c} \leq p^2 \sqrt[3]{\frac{1}{3} p^2} .$$

Marin Chirciu

Soluție.

Lema

If $x, y, z > 0$ then

$$\sum x^2 \sqrt[3]{yz} \leq \sqrt[3]{\frac{1}{3} \left(\sum x^2 \right)^4} .$$

Folosind **Lema** pentru $(x, y, z) = (h_a, h_b, h_c)$ obținem:

$$\sum h_a^2 \sqrt[3]{h_b h_c} \stackrel{\text{Lema}}{\leq} \sqrt[3]{\frac{1}{3} \left(\sum h_a^2 \right)^4} \leq \sqrt[3]{\frac{1}{3} \left(p^2 \right)^4} = p^2 \sqrt[3]{\frac{1}{3} p^2} .$$

Remarca.

În ΔABC

$$\sum w_a^2 \sqrt[3]{w_b w_c} \leq p^2 \sqrt[3]{\frac{1}{3} p^2} .$$

Marin Chirciu

Soluție.

Lema

If $x, y, z > 0$ then

$$\sum x^2 \sqrt[3]{yz} \leq \sqrt[3]{\frac{1}{3} \left(\sum x^2 \right)^4} .$$

Folosind **Lema** pentru $(x, y, z) = (w_a, w_b, w_c)$ obținem:

$$\sum w_a^2 \sqrt[3]{w_b w_c} \stackrel{\text{Lema}}{\leq} \sqrt[3]{\frac{1}{3} \left(\sum w_a^2 \right)^4} \leq \sqrt[3]{\frac{1}{3} \left(p^2 \right)^4} = p^2 \sqrt[3]{\frac{1}{3} p^2} .$$

Egalitatea are loc dacă triunghiul este echilateral.

Remarca.

În ΔABC

$$\sum s_a^2 \sqrt[3]{s_b s_c} \leq \frac{27R^2}{4} \sqrt[3]{\frac{9R^2}{4}}.$$

Marin Chirciu

Soluție.

Lema

If $x, y, z > 0$ then

$$\sum x^2 \sqrt[3]{yz} \leq \sqrt[3]{\frac{1}{3} \left(\sum x^2 \right)^4}.$$

Folosind **Lema** pentru $(x, y, z) = (s_a, s_b, s_c)$ obținem:

$$\sum s_a^2 \sqrt[3]{s_b s_c} \stackrel{\text{Lema}}{\leq} \sqrt[3]{\frac{1}{3} \left(\sum s_a^2 \right)^4} \leq \sqrt[3]{\frac{1}{3} \left(\frac{27R^2}{4} \right)^4} = \frac{27R^2}{4} \sqrt[3]{\frac{9R^2}{4}}.$$

Egalitatea are loc dacă triunghiul este echilateral.

Remarca.

In ΔABC

$$\sum r_a^2 \sqrt[3]{r_b r_c} \leq \frac{81}{8} \sqrt[3]{\frac{2}{3} (3R^2 - 8r^2)^4}.$$

Marin Chirciu

Soluție.

Lema

If $x, y, z > 0$ then

$$\sum x^2 \sqrt[3]{yz} \leq \sqrt[3]{\frac{1}{3} \left(\sum x^2 \right)^4}.$$

Folosind **Lema** pentru $(x, y, z) = (r_a, r_b, r_c)$ obținem:

$$\sum r_a^2 \sqrt[3]{r_b r_c} \stackrel{\text{Lema}}{\leq} \sqrt[3]{\frac{1}{3} \left(\sum r_a^2 \right)^4} \leq \sqrt[3]{\frac{1}{3} \left(\frac{27}{4} (3R^2 - 8r^2) \right)^4} = \frac{81}{8} \sqrt[3]{\frac{2}{3} (3R^2 - 8r^2)^4}.$$

Am folosit mai sus

$$\begin{aligned} \sum r_a^2 &= (4R + r)^2 - 2p^2 \stackrel{\text{Gerretsen}}{\leq} (4R + r)^2 - 2(16Rr - 5r^2) = 16R^2 - 24Rr + 11r^2 \stackrel{\text{Euler}}{\leq} \\ &\leq \frac{27}{4} (3R^2 - 8r^2). \end{aligned}$$

Egalitatea are loc dacă triunghiul este echilateral.

Remarca.

În aceeași clasă de probleme.

În ΔABC

$$\sum \sin^2 \frac{A}{2} \sqrt[3]{\sin \frac{B}{2} \sin \frac{C}{2}} \leq \sqrt[3]{\frac{1}{3} \left(1 - \frac{r}{2R}\right)^4}.$$

Marin Chirciu

Soluție.**Lema**

If $x, y, z > 0$ then

$$\sum x^2 \sqrt[3]{yz} \leq \sqrt[3]{\frac{1}{3} \left(\sum x^2\right)^4}.$$

Folosind **Lema** pentru $(x, y, z) = \left(\sin \frac{A}{2}, \sin \frac{B}{2}, \sin \frac{C}{2}\right)$ obținem:

$$\sum \sin^2 \frac{A}{2} \sqrt[3]{\sin \frac{B}{2} \sin \frac{C}{2}} \stackrel{\text{Lema}}{\leq} \sqrt[3]{\frac{1}{3} \left(\sum \sin^2 \frac{A}{2}\right)^4} \leq \sqrt[3]{\frac{1}{3} \left(1 - \frac{r}{2R}\right)^4}.$$

Am folosit mai sus: $\sum \sin^2 \frac{A}{2} = 1 - \frac{r}{2R}$.

Remarca.

În ΔABC

$$\sum \cos^2 \frac{A}{2} \sqrt[3]{\cos \frac{B}{2} \cos \frac{C}{2}} \leq \frac{9}{4} \sqrt[3]{\frac{3}{4}}.$$

Marin Chirciu

Soluție.**Lema**

If $x, y, z > 0$ then

$$\sum x^2 \sqrt[3]{yz} \leq \sqrt[3]{\frac{1}{3} \left(\sum x^2\right)^4}.$$

Folosind **Lema** pentru $(x, y, z) = \left(\cos \frac{A}{2}, \cos \frac{B}{2}, \cos \frac{C}{2}\right)$ obținem:

$$\sum \cos^2 \frac{A}{2} \sqrt[3]{\cos \frac{B}{2} \cos \frac{C}{2}} \stackrel{\text{Lema}}{\leq} \sqrt[3]{\frac{1}{3} \left(\sum \cos^2 \frac{A}{2}\right)^4} \leq \sqrt[3]{\frac{1}{3} \left(2 + \frac{r}{2R}\right)^4} \leq \sqrt[3]{\frac{1}{3} \left(\frac{9}{4}\right)^4} = \frac{9}{4} \sqrt[3]{\frac{1}{3} \cdot \frac{9}{4}} = \frac{9}{4} \sqrt[3]{\frac{3}{4}}.$$

Am folosit mai sus: $\sum \cos^2 \frac{A}{2} = 2 + \frac{r}{2R} \leq \frac{9}{4}$.

Remarca.

În ΔABC

$$\sum \tan^2 \frac{A}{2} \sqrt[3]{\tan \frac{B}{2} \tan \frac{C}{2}} \leq \frac{R}{r} \sqrt[3]{\frac{R}{3r}}.$$

Marin Chirciu

Soluție.

Lema

If $x, y, z > 0$ then

$$\sum x^2 \sqrt[3]{yz} \leq \sqrt[3]{\frac{1}{3} \left(\sum x^2 \right)^4}.$$

Folosind **Lema** pentru $(x, y, z) = \left(\tan \frac{A}{2}, \tan \frac{B}{2}, \tan \frac{C}{2} \right)$ obținem:

$$\sum \tan^2 \frac{A}{2} \sqrt[3]{\tan \frac{B}{2} \tan \frac{C}{2}} \stackrel{\text{Lema}}{\leq} \sqrt[3]{\frac{1}{3} \left(\sum \tan^2 \frac{A}{2} \right)^4} \leq \sqrt[3]{\frac{1}{3} \left(\frac{(4R+r)^2 - p^2}{p^2} \right)^4} \leq \sqrt[3]{\frac{1}{3} \left(\frac{R}{r} \right)^4} = \frac{R}{r} \sqrt[3]{\frac{R}{3r}}.$$

Am folosit mai sus:

$$\sum \tan^2 \frac{A}{2} = \frac{(4R+r)^2 - p^2}{p^2} = \frac{(4R+r)^2}{p^2} - 1 \stackrel{\text{Gerretsen}}{\leq} \frac{(4R+r)^2}{r(4R+r)^2} - 1 = \frac{R+r}{r} - 1 = \frac{R}{r}.$$

Egalitatea are loc dacă triunghiul este echilateral.

Remarca.

În ΔABC

$$\sum \cot^2 \frac{A}{2} \sqrt[3]{\cot \frac{B}{2} \cot \frac{C}{2}} \leq \sqrt[3]{\frac{1}{3} \left(\frac{2R}{r} - 1 \right)^8}.$$

Marin Chirciu

Soluție.

Lema

If $x, y, z > 0$ then

$$\sum x^2 \sqrt[3]{yz} \leq \sqrt[3]{\frac{1}{3} \left(\sum x^2 \right)^4}.$$

Folosind **Lema** pentru $(x, y, z) = \left(\cot \frac{A}{2}, \cot \frac{B}{2}, \cot \frac{C}{2} \right)$ obținem:

$$\sum \cot^2 \frac{A}{2} \sqrt[3]{\cot \frac{B}{2} \cot \frac{C}{2}} \stackrel{\text{Lema}}{\leq} \sqrt[3]{\frac{1}{3} \left(\sum \cot^2 \frac{A}{2} \right)^4} \leq \sqrt[3]{\frac{1}{3} \left(\frac{p^2 - 2r^2 - 8Rr}{r^2} \right)^4} \leq \sqrt[3]{\frac{1}{3} \left(\left(\frac{2R}{r} - 1 \right)^2 \right)^4} = \\ = \sqrt[3]{\frac{1}{3} \left(\frac{2R}{r} - 1 \right)^8}.$$

Am folosit mai sus:

$$\sum \tan^2 \frac{A}{2} = \frac{p^2 - 2r^2 - 8Rr}{r^2} \stackrel{\text{Gerretsen}}{\leq} \frac{4R^2 + 4Rr + 3r^2 - 2r^2 - 8Rr}{r^2} = \frac{4R^2 - 4Rr + r^2}{r^2} = \\ = \frac{(2R - r)^2}{r^2} = \left(\frac{2R}{r} - 1 \right)^2$$

Egalitatea are loc dacă triunghiul este echilateral.

Remarca.

În ΔABC

$$\sum \sec^2 \frac{A}{2} \sqrt[3]{\sec \frac{B}{2} \sec \frac{C}{2}} \leq \sqrt[3]{\frac{1}{3} \left(2 + \frac{R}{r} \right)^8}.$$

Marin Chirciu

Soluție.

Lema

If $x, y, z > 0$ then

$$\sum x^2 \sqrt[3]{yz} \leq \sqrt[3]{\frac{1}{3} \left(\sum x^2 \right)^4}.$$

Folosind **Lema** pentru $(x, y, z) = \left(\sec \frac{A}{2}, \sec \frac{B}{2}, \sec \frac{C}{2} \right)$ obținem:

$$\sum \sec^2 \frac{A}{2} \sqrt[3]{\sec \frac{B}{2} \sec \frac{C}{2}} \stackrel{\text{Lema}}{\leq} \sqrt[3]{\frac{1}{3} \left(\sum \sec^2 \frac{A}{2} \right)^4} \leq \sqrt[3]{\frac{1}{3} \left(\frac{p^2 + (4R+r)^2}{p^2} \right)^4} \leq \sqrt[3]{\frac{1}{3} \left(\left(2 + \frac{R}{r} \right)^2 \right)^4} = \\ = \sqrt[3]{\frac{1}{3} \left(2 + \frac{R}{r} \right)^8}.$$

Am folosit mai sus:

$$\sum \sec^2 \frac{A}{2} = \sum \frac{1}{\cos^2 \frac{A}{2}} = \frac{p^2 + (4R+r)^2}{p^2} = 1 + \frac{(4R+r)^2}{p^2} \stackrel{\text{Gerretsen}}{\leq} 1 + \frac{(4R+r)^2}{r(4R+r)^2} = 2 + \frac{R}{r}.$$

Remarca.In ΔABC

$$\sum \csc^2 \frac{A}{2} \sqrt[3]{\csc \frac{B}{2} \csc \frac{C}{2}} \leq 4 \sqrt[3]{\frac{4}{3} \left(\frac{R^2}{r^2} - 1 \right)^4}.$$

Marin Chirciu

Soluție.**Lema**If $x, y, z > 0$ then

$$\sum x^2 \sqrt[3]{yz} \leq \sqrt[3]{\frac{1}{3} \left(\sum x^2 \right)^4}.$$

Folosind **Lema** pentru $(x, y, z) = \left(\csc \frac{A}{2}, \csc \frac{B}{2}, \csc \frac{C}{2} \right)$ obținem:

$$\begin{aligned} \sum \csc^2 \frac{A}{2} \sqrt[3]{\csc \frac{B}{2} \csc \frac{C}{2}} &\stackrel{\text{Lema}}{\leq} \sqrt[3]{\frac{1}{3} \left(\sum \csc^2 \frac{A}{2} \right)^4} \leq \sqrt[3]{\frac{1}{3} \left(\frac{p^2 + r^2 - 8Rr}{r^2} \right)^4} \leq \sqrt[3]{\frac{1}{3} \left(4 \left(\frac{R^2}{r^2} - 1 \right) \right)^4} = \\ &= \sqrt[3]{\frac{4^4}{3} \left(\frac{R^2}{r^2} - 1 \right)^4} = 4 \sqrt[3]{\frac{4}{3} \left(\frac{R^2}{r^2} - 1 \right)^4}. \end{aligned}$$

Am folosit mai sus:

$$\begin{aligned} \sum \csc^2 \frac{A}{2} &= \sum \frac{1}{\sin^2 \frac{A}{2}} = \frac{p^2 + r^2 - 8Rr}{r^2} \stackrel{\text{Gerretsen}}{\leq} \frac{4R^2 + 4Rr + 3r^2 + r^2 - 8Rr}{r^2} = \frac{4R^2 - 4Rr + 4r^2}{r^2} = \\ &= \frac{4(R^2 - Rr + r^2)}{r^2} \stackrel{\text{Euler}}{\leq} \frac{4(R^2 - r^2)}{r^2} = 4 \left(\frac{R^2}{r^2} - 1 \right). \end{aligned}$$

Aplicatia94.G441. In ΔABC

$$\sum a \sum a^2 \geq 2 \sum (b+c) h_a^2.$$

Nguyen Viet Hung, Vietnam, Recreații Matematice 1/2023

Remarca.

În ΔABC

$$36r^2 p \leq \sum(b+c)h_a^2 \leq 9R^2 p.$$

Soluție.**Lema**

În ΔABC

$$\sum(b+c)h_a^2 = \frac{p[p^2(p^2 + 2r^2 - 10Rr) + r^2(8R^2 + 6Rr + r^2)]}{2R^2}.$$

Inegalitatea din dreapta.

$$\begin{aligned} \sum(b+c)h_a^2 &= \frac{p[p^2(p^2 + 2r^2 - 10Rr) + r^2(8R^2 + 6Rr + r^2)]}{2R^2} \stackrel{\text{Gerretsen}}{\leq} \\ &\stackrel{\text{Gerretsen}}{\leq} \frac{p[(4R^2 + 4Rr + 3r^2)(4R^2 + 4Rr + 3r^2 + 2r^2 - 10Rr) + r^2(8R^2 + 6Rr + r^2)]}{2R^2} = \\ &= \frac{p(16R^4 - 8R^3r + 16R^2r^2 + 8Rr^3 + 16r^4)}{2R^2} = \frac{4p(2R^4 - R^3r + 2R^2r^2 + Rr^3 + 2r^4)}{R^2} \stackrel{\text{Euler}}{\leq} \\ &\stackrel{\text{Euler}}{\leq} \frac{4p \cdot \frac{9R^4}{4}}{R^2} = 9R^2 p. \end{aligned}$$

Am folosit mai sus:

$$\begin{aligned} 2R^4 - R^3r + 2R^2r^2 + Rr^3 + 2r^4 &\leq \frac{9R^4}{4} \Leftrightarrow R^4 + 4R^3r - 8R^2r^2 - 4Rr^3 - 8r^4 \geq 0 \Leftrightarrow \\ &\Leftrightarrow (R - 2r)(R^3 + 6R^2r + 4Rr^2 + 4r^3) \geq 0, \text{ evident din inegalitatea lui Euler } R \geq 2r. \end{aligned}$$

Inegalitatea din stânga.

$$\begin{aligned} \sum(b+c)h_a^2 &= \frac{p[p^2(p^2 + 2r^2 - 10Rr) + r^2(8R^2 + 6Rr + r^2)]}{2R^2} \stackrel{\text{Gerretsen}}{\geq} \\ &\stackrel{\text{Gerretsen}}{\geq} \frac{p[(16Rr - 5r^2)(16Rr - 5r^2 + 2r^2 - 10Rr) + r^2(8R^2 + 6Rr + r^2)]}{2R^2} = \\ &= \frac{pr^2(104R^2 - 72Rr + 16r^2)}{2R^2} = \frac{4pr^2(13R^2 - 9Rr + 2r^2)}{R^2} \stackrel{\text{Euler}}{\geq} \frac{4pr^2 \cdot 9R^2}{R^2} = 36pr^2 \end{aligned}$$

Am folosit mai sus

$$13R^2 - 9Rr + 2r^2 \geq 9R^2 \Leftrightarrow 4R^2 - 9Rr + 2r^2 \geq 0 \Leftrightarrow (R - 2r)(4R - r) \geq 0, \text{ vezi } R \geq 2r.$$

Remarca.

În ΔABC

$$18Rrp \leq \sum(b+c)r_a^2 \leq \frac{9R^3p}{2r}.$$

Soluție.**Lema**

În ΔABC

$$\sum(b+c)r_a^2 = 2p(8R^2 + 6Rr + r^2 - p^2).$$

Inegalitatea din dreapta.

$$\begin{aligned} \sum(b+c)r_a^2 &= 2p(8R^2 + 6Rr + r^2 - p^2) \stackrel{\text{Gerretsen}}{\leq} 2p(8R^2 + 6Rr + r^2 - 16Rr + 5r^2) = \\ &= 4p(4R^2 - 5Rr + 3r^2) \stackrel{\text{Euler}}{\leq} 4p \cdot \frac{9R^3}{8r} = \frac{9R^3p}{2r}. \end{aligned}$$

Am folosit mai sus:

$$\begin{aligned} 4R^2 - 5Rr + 3r^2 \leq \frac{9R^3}{8r} &\Leftrightarrow 9R^3 - 32R^2r + 40Rr^2 - 24r^3 \geq 0 \Leftrightarrow \\ &\Leftrightarrow (R - 2r)(9R^2 - 14Rr + 12r^2) \geq 0, \text{ evident din inegalitatea lui Euler } R \geq 2r. \end{aligned}$$

Inegalitatea din stânga.

$$\begin{aligned} \sum(b+c)r_a^2 &= 2p(8R^2 + 6Rr + r^2 - p^2) \stackrel{\text{Gerretsen}}{\geq} 2p(8R^2 + 6Rr + r^2 - 4R^2 - 4Rr - 3r^2) = \\ &= 4p(2R^2 + Rr - r^2) \stackrel{\text{Euler}}{\geq} 4p \cdot \frac{9Rr}{2} = 18Rrp. \end{aligned}$$

Am folosit mai sus:

$$2R^2 + Rr - r^2 \geq \frac{9Rr}{2} \Leftrightarrow 4R^2 - 7Rr - 2r^2 \geq 0 \Leftrightarrow (R - 2r)(4R + r) \geq 0, \text{ vezi } R \geq 2r.$$

Remarca.

În ΔABC

$$\sum(b+c)h_a^2 \leq \sum(b+c)r_a^2.$$

Marin Chirciu

Soluție.

Folosind **Lemele** de mai sus avem sumele

$$\sum(b+c)h_a^2 = \frac{p[p^2(p^2 + 2r^2 - 10Rr) + r^2(8R^2 + 6Rr + r^2)]}{2R^2} \text{ și}$$

$$\sum(b+c)r_a^2 = 2p(8R^2 + 6Rr + r^2 - p^2).$$

Inegalitatea se scrie:

$$\frac{p[p^2(p^2 + 2r^2 - 10Rr) + r^2(8R^2 + 6Rr + r^2)]}{2R^2} \leq 2p(8R^2 + 6Rr + r^2 - p^2) \Leftrightarrow$$

$$\Leftrightarrow p^2(p^2 + 2r^2 - 10Rr + 4R^2) \leq 32R^4 + 24R^3r - 4R^2r^2 - 6Rr^3 - r^4,$$

care rezultă din inegalitatea lui Gerretsen $p^2 \leq 4R^2 + 4Rr + 3r^2$.

Rămâne să arătăm că:

$$(4R^2 + 4Rr + 3r^2)(4R^2 + 4Rr + 3r^2 + 2r^2 - 10Rr + 4R^2) \leq 32R^4 + 24R^3r - 4R^2r^2 - 6Rr^3 - r^4 \Leftrightarrow$$

$$2R^3 - 3R^2r - Rr^2 - 2r^3 \geq 0 \Leftrightarrow (R - 2r)(2R^2 + Rr + r^2) \geq 0, \text{vezi } R \geq 2r.$$

Remarca.

În ΔABC

$$36r^2p \leq \sum(b+c)h_a^2 \leq \sum(b+c)r_a^2 \leq \frac{9R^3p}{2r}.$$

Marin Chirciu

Remarca.

În ΔABC

$$36r^2p \leq \sum(b+c)m_a^2 \leq \frac{9R^3p}{2r}.$$

Soluție.

Lema

În ΔABC

$$\sum(b+c)m_a^2 = \frac{1}{2}p(5p^2 - 11r^2 - 26Rr).$$

Demonstratie.

Inegalitatea din dreapta.

$$\sum(b+c)m_a^2 = \frac{1}{2}p(5p^2 - 11r^2 - 26Rr) \stackrel{\text{Gerretsen}}{\leq} \frac{1}{2}p(5(4R^2 + 4Rr + 3r^2) - 11r^2 - 26Rr) =$$

$$= p(10R^2 - 3Rr + 2r^2) \stackrel{Euler}{\leq} p \cdot \frac{9R^3}{2r} = \frac{9R^3 p}{2r}.$$

Am folosit mai sus:

$$\begin{aligned} 10R^2 - 3Rr + 2r^2 &\leq \frac{9R^3}{2r} \Leftrightarrow 9R^3 - 20R^2r + 6Rr^2 - 4r^3 \geq 0 \Leftrightarrow \\ &\Leftrightarrow (R - 2r)(9R^2 - 2Rr + 2r^2) \geq 0, \text{ evident din inegalitatea lui Euler } R \geq 2r. \end{aligned}$$

Inegalitatea din stânga.

$$\begin{aligned} \sum(b+c)m_a^2 &= \frac{1}{2} p(5p^2 - 11r^2 - 26Rr) \stackrel{Gerretsen}{\geq} \frac{1}{2} p(5(16Rr - 5r^2) - 11r^2 - 26Rr) = \\ &= pr(27R - 18r) \stackrel{Euler}{\geq} pr \cdot 36r = 36r^2 p. \end{aligned}$$

Remarca.

În ΔABC

$$36r^2 p \leq \sum(b+c)l_a^2 \leq \frac{9R^3 p}{2r}.$$

Marin Chirciu

Soluție.

Lema

În ΔABC

$$\sum(b+c)l_a^2 = 2p \cdot \frac{p^2(p^2 + 2r^2 - 4Rr) + r^3(4R + r)}{p^2 + r^2 + 2Rr}.$$

Inegalitatea din dreapta.

$$\begin{aligned} \sum(b+c)l_a^2 &= 2p \cdot \frac{p^2(p^2 + 2r^2 - 4Rr) + r^3(4R + r)}{p^2 + r^2 + 2Rr} \stackrel{Gerretsen}{\leq} \\ &\leq 2p \cdot \frac{(4R^2 + 4Rr + 3r^2)(4R^2 + 4Rr + 3r^2 + 2r^2 - 4Rr) + r^3(4R + r)}{16Rr - 5r^2 + r^2 + 2Rr} = \\ &= 2p \cdot \frac{8(2R^4 + 2R^3r + 4R^2r^2 + 3Rr^3 + 2r^4)}{2r(9R - 2r)} \stackrel{Euler}{\leq} 16p \cdot \frac{1}{2r} \cdot \frac{9R^3}{16} = \frac{9R^3 p}{2r}. \end{aligned}$$

Am folosit mai sus:

$$\frac{2R^4 + 2R^3r + 4R^2r^2 + 3Rr^3 + 2r^4}{9R - 2r} \leq \frac{9R^3}{16} \Leftrightarrow 49R^4 - 50R^3r - 64R^2r^2 - 48Rr^3 - 32r^4 \geq 0 \Leftrightarrow$$

$\Leftrightarrow (R - 2r)(49R^3 + 48R^2r + 32Rr^2 + 16r^3) \geq 0$, evident din inegalitatea lui Euler $R \geq 2r$.

Inegalitatea din stânga.

$$\begin{aligned} \sum(b+c)l_a^2 &= 2p \cdot \frac{p^2(p^2 + 2r^2 - 4Rr) + r^3(4R + r)}{p^2 + r^2 + 2Rr} \stackrel{\text{Gerretsen}}{\geq} \\ &\stackrel{\text{Gerretsen}}{\geq} 2p \cdot \frac{(16Rr - 5r^2)(16Rr - 5r^2 + 2r^2 - 4Rr) + r^3(4R + r)}{4R^2 + 4Rr + 3r^2 + r^2 + 2Rr} = 8pr^2 \cdot \frac{24R^2 - 13Rr + 2r^2}{2R^2 + 3Rr + 2r^2} \stackrel{\text{Euler}}{\geq} \\ &\stackrel{\text{Euler}}{\geq} 8pr^2 \cdot \frac{9}{2} = 36r^2p. \\ \frac{24R^2 - 13Rr + 2r^2}{2R^2 + 3Rr + 2r^2} &\geq \frac{9}{2} \Leftrightarrow 30R^2 - 53Rr - 14r^2 \geq 0 \Leftrightarrow (R - 2r)(30R + 7r) \geq 0, \text{ vazu } R \geq 2r. \end{aligned}$$

Remarca.

În ΔABC

$$36r^2p \leq \sum(b+c)s_a^2 \leq \frac{9R^3p}{2r}.$$

Marin Chirciu

Soluție.

Folosind $h_a \leq s_a \leq m_a$ și inegalitățile de mai sus $\sum(b+c)m_a^2 \leq \frac{9R^3p}{2r}$, $36r^2p \leq \sum(b+c)h_a^2$,

rezultă concluzia $36r^2p \leq \sum(b+c)s_a^2 \leq \frac{9R^3p}{2r}$.

Aplicația95.

If $a, b, c > 0$, $ab + bc + ca = 3$ then

$$\sum \frac{2+b}{1+a^2} \geq \frac{9}{2}.$$

Imad Zak, Lebanon, Mathematical Inequalities 2/2023

Soluție

Lema

If $a, b, c > 0$ then

$$\frac{2+b}{1+a^2} \geq 2-a+b-\frac{1}{2}ab.$$

Demonstratie

$$\frac{1}{1+a^2} = 1 - \frac{a^2}{1+a^2} \geq 1 - \frac{a^2}{2a} = 1 - \frac{a}{2} \Rightarrow \frac{2+b}{1+a^2} \geq (2+b) \left(1 - \frac{a}{2}\right) = 2-a+b-\frac{1}{2}ab.$$

$$LHS = \sum \frac{2+b}{1+a^2} \stackrel{\text{Lema}}{\geq} \sum \left(2-a+b-\frac{1}{2}ab\right) = 6 - \frac{1}{2} \sum bc = 6 - \frac{1}{2} \cdot 3 = \frac{9}{2} = RHS.$$

Remarca.

In ΔABC

$$\sum \frac{2 + \sqrt{3} \tan \frac{B}{2}}{1 + 3 \tan^2 \frac{A}{2}} \geq \frac{9}{2}.$$

Marin Chirciu

Solutie**Lema**

If $x, y, z > 0$, $xy + yz + zx = 3$ then

$$\sum \frac{2+y}{1+x^2} \geq \frac{9}{2}.$$

Demonstratie

$$\frac{1}{1+x^2} = 1 - \frac{x^2}{1+x^2} \geq 1 - \frac{x^2}{2x} = 1 - \frac{x}{2} \Rightarrow \frac{2+y}{1+x^2} \geq (2+y) \left(1 - \frac{x}{2}\right) = 2-x+y-\frac{1}{2}xy.$$

$$LHS = \sum \frac{2+y}{1+x^2} \geq \sum \left(2-x+y-\frac{1}{2}xy\right) = 6 - \frac{1}{2} \sum yz = 6 - \frac{1}{2} \cdot 3 = \frac{9}{2} = RHS.$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1 \Leftrightarrow \sum \sqrt{3} \tan \frac{B}{2} \cdot \sqrt{3} \tan \frac{C}{2} = 3$.

Facem substituția $\left(\sqrt{3} \tan \frac{A}{2}, \sqrt{3} \tan \frac{B}{2}, \sqrt{3} \tan \frac{C}{2}\right) = (x, y, z)$ în **Lema** de mai sus.

$$\text{Rezultă: } \sum \frac{2 + \sqrt{3} \tan \frac{B}{2}}{1 + 3 \tan^2 \frac{A}{2}} \geq \frac{9}{2}.$$

Remarca.

If $a, b, c > 0$, $a+b+c=3$ then

$$\sum \frac{2+b}{1+a^2} \geq \frac{9}{2}.$$

Marin Chirciu

Soluție

Lema

If $a, b, c > 0$ then

$$\frac{2+b}{1+a^2} \geq 2-a+b-\frac{1}{2}ab.$$

Demonstratie

$$\frac{1}{1+a^2} = 1 - \frac{a^2}{1+a^2} \geq 1 - \frac{a^2}{2a} = 1 - \frac{a}{2} \Rightarrow \frac{2+b}{1+a^2} \geq (2+b) \left(1 - \frac{a}{2}\right) = 2-a+b-\frac{1}{2}ab.$$

$$\sum \frac{2+b}{1+a^2} \stackrel{\text{Lema}}{\geq} \sum \left(2-a+b-\frac{1}{2}ab\right) = 6 - \frac{1}{2} \sum bc = 6 - \frac{1}{2} \cdot \frac{1}{3} (\sum a)^2 = 6 - \frac{1}{2} \cdot \frac{1}{3} \cdot 3^2 = \frac{9}{2}.$$

Remarca.

In $\triangle ABC$

$$\sum \frac{2+\frac{3r}{r_b}}{1+\left(\frac{3r}{r_a}\right)^2} \geq \frac{9}{2}.$$

Marin Chirciu

Soluție

Lema

If $x, y, z > 0, x+y+z=3$ then

$$\sum \frac{2+y}{1+x^2} \geq \frac{9}{2}.$$

Demonstratie

$$\frac{1}{1+x^2} = 1 - \frac{x^2}{1+x^2} \geq 1 - \frac{x^2}{2x} = 1 - \frac{x}{2} \Rightarrow \frac{2+y}{1+x^2} \geq (2+y) \left(1 - \frac{x}{2}\right) = 2-x+y-\frac{1}{2}xy.$$

Obținem:

$$\sum \frac{2+y}{1+x^2} \geq \sum \left(2-x+y-\frac{1}{2}xy \right) = 6 - \frac{1}{2} \sum yz = 6 - \frac{1}{2} \cdot \frac{1}{3} (\sum x)^2 = 6 - \frac{1}{2} \cdot \frac{1}{3} \cdot 3^2 = \frac{9}{2}$$

Cu identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1 \Leftrightarrow \frac{3r}{r_a} + \frac{3r}{r_b} + \frac{3r}{r_c} = 3$ facem substituția

$$\left(\frac{3r}{r_a}, \frac{3r}{r_b}, \frac{3r}{r_c} \right) = (x, y, z) \text{ în Lema de mai sus. Rezultă: } \sum \frac{\frac{2+3r}{r_b}}{1+\left(\frac{3r}{r_a}\right)^2} \geq \frac{9}{2}.$$

Remarca.

În ΔABC

$$\sum \frac{\frac{2+3r}{h_b}}{1+\left(\frac{3r}{h_a}\right)^2} \geq \frac{9}{2}.$$

Marin Chirciu

Soluție

Lema

If $x, y, z > 0, x + y + z = 3$ then

$$\sum \frac{2+y}{1+x^2} \geq \frac{9}{2}.$$

Demonstratie

$$\frac{1}{1+x^2} = 1 - \frac{x^2}{1+x^2} \geq 1 - \frac{x^2}{2x} = 1 - \frac{x}{2} \Rightarrow \frac{2+y}{1+x^2} \geq (2+y) \left(1 - \frac{x}{2} \right) = 2-x+y-\frac{1}{2}xy.$$

$$\sum \frac{2+y}{1+x^2} \geq \sum \left(2-x+y-\frac{1}{2}xy \right) = 6 - \frac{1}{2} \sum yz = 6 - \frac{1}{2} \cdot \frac{1}{3} (\sum x)^2 = 6 - \frac{1}{2} \cdot \frac{1}{3} \cdot 3^2 = \frac{9}{2}$$

Cu identitatea în triunghi $\frac{1}{h_a} + \frac{1}{h_b} + \frac{1}{h_c} = \frac{1}{r} \Leftrightarrow \frac{r}{h_a} + \frac{r}{h_b} + \frac{r}{h_c} = 1 \Leftrightarrow \frac{3r}{h_a} + \frac{3r}{h_b} + \frac{3r}{h_c} = 3$ facem substituția

$$\left(\frac{3r}{h_a}, \frac{3r}{h_b}, \frac{3r}{h_c} \right) = (x, y, z) \text{ în Lema de mai sus. Rezultă: } \sum \frac{\frac{2+3r}{h_b}}{1+\left(\frac{3r}{h_a}\right)^2} \geq \frac{9}{2}.$$

Aplicația96.

În acute ΔABC

$$\sum m_a \sqrt{\cot A} > 6r.$$

Vasile Mircea Popa, RMM 2/2023

Soluție

Tripletele (m_a, m_b, m_c) și $(\sqrt{\cot A}, \sqrt{\cot B}, \sqrt{\cot C})$ în acute sunt la fel ordonate.

Cu inegalitatea lui Chebyshev obținem:

$$LHS = \sum m_a \sqrt{\cot A} \stackrel{Chebyshev}{\geq} \frac{1}{3} \sum m_a \sum \sqrt{\cot A} > \frac{1}{3} \cdot 9r \cdot 2 = 6r = RHS.$$

Am folosit mai sus $\sum m_a \geq 9r$ și $\sum \sqrt{\cot A} > 2$, care rezultă din:

Cu substituția $(x, y, z) = (\cot A, \cot B, \cot C)$, $xy + yz + zx = 1$ avem:

$$\begin{aligned} \sqrt{x} + \sqrt{y} + \sqrt{z} &\stackrel{AM-GM}{\geq} 2\sqrt{\sqrt{x}(\sqrt{y} + \sqrt{z})} \Rightarrow \\ \left(\frac{\sqrt{x} + \sqrt{y} + \sqrt{z}}{2}\right)^4 &\geq x(\sqrt{y} + \sqrt{z})^2 = x(y + z + 2\sqrt{yz}) > xy + yz + zx = 1. \end{aligned}$$

Remarca.

În acute ΔABC

$$\sum m_a \cot A \geq 3\sqrt{3}r.$$

Marin Chirciu

Soluție

Tripletele (m_a, m_b, m_c) și $(\cot A, \cot B, \cot C)$ în acute sunt la fel ordonate.

Cu inegalitatea lui Chebyshev obținem:

$$LHS = \sum m_a \cot A \stackrel{Chebyshev}{\geq} \frac{1}{3} \sum m_a \sum \cot A \geq \frac{1}{3} \cdot 9r \cdot \sqrt{3} = 3\sqrt{3}r = RHS.$$

Am folosit $\sum m_a \geq 9r$ și $\sum \cot A \geq 3\sqrt{3}$, care rezultă din $\sum \cot A = \frac{p^2 - r^2 - 4Rr}{2pr} \geq 3\sqrt{3}$.

Remarca.

În acute ΔABC

$$\sum h_a \cot A \geq 3\sqrt{3}r.$$

Marin Chirciu

Soluție

Tripletele (h_a, h_b, h_c) și $(\cot A, \cot B, \cot C)$ în acute sunt la fel ordonate.

Cu inegalitatea lui Chebyshev obținem:

$$LHS = \sum h_a \cot A \stackrel{\text{Chebyshev}}{\geq} \frac{1}{3} \sum h_a \sum \cot A \geq \frac{1}{3} \cdot 9r \cdot \sqrt{3} = 3\sqrt{3}r = RHS.$$

Am folosit $\sum h_a \geq 9r$ și $\sum \cot A \geq 3\sqrt{3}$, care rezultă din $\sum \cot A = \frac{p^2 - r^2 - 4Rr}{2pr} \geq 3\sqrt{3}$.

Remarca.

În acute ΔABC

$$\sum w_a \cot A \geq 3\sqrt{3}r.$$

Marin Chirciu

Soluție

Tripletele (w_a, w_b, w_c) și $(\cot A, \cot B, \cot C)$ în acute sunt la fel ordonate.

Cu inegalitatea lui Chebyshev obținem:

$$LHS = \sum w_a \cot A \stackrel{\text{Chebyshev}}{\geq} \frac{1}{3} \sum w_a \sum \cot A \geq \frac{1}{3} \cdot 9r \cdot \sqrt{3} = 3\sqrt{3}r = RHS.$$

Am folosit $\sum w_a \geq 9r$ și $\sum \cot A \geq 3\sqrt{3}$, care rezultă din $\sum \cot A = \frac{p^2 - r^2 - 4Rr}{2pr} \geq 3\sqrt{3}$.

Remarca.

În acute ΔABC

$$\sum s_a \cot A \geq 3\sqrt{3}r.$$

Marin Chirciu

Soluție

Tripletele (s_a, s_b, s_c) și $(\cot A, \cot B, \cot C)$ în acute sunt la fel ordonate.

Cu inegalitatea lui Chebyshev obținem:

$$LHS = \sum s_a \cot A \stackrel{\text{Chebyshev}}{\geq} \frac{1}{3} \sum s_a \sum \cot A \geq \frac{1}{3} \cdot 9r \cdot \sqrt{3} = 3\sqrt{3}r = RHS.$$

Am folosit $\sum w_a \geq 9r$ și $\sum \cot A \geq 3\sqrt{3}$, care rezultă din $\sum \cot A = \frac{p^2 - r^2 - 4Rr}{2pr} \geq 3\sqrt{3}$.

Remarca

In acute ΔABC

$$\sum r_a \cot A \geq 3\sqrt{3}r.$$

Marin Chirciu

Soluție

Tripletele (r_a, r_b, r_c) și $(\cot A, \cot B, \cot C)$ în acute sunt la fel ordonate.

Cu inegalitatea lui Chebyshev obținem:

$$LHS = \sum r_a \cot A \stackrel{\text{Chebyshev}}{\geq} \frac{1}{3} \sum r_a \sum \cot A \geq \frac{1}{3} \cdot 9r \cdot \sqrt{3} = 3\sqrt{3}r = RHS.$$

Am folosit $\sum r_a \geq 9r$ și $\sum \cot A \geq 3\sqrt{3}$, care rezultă din $\sum \cot A = \frac{p^2 - r^2 - 4Rr}{2pr} \geq 3\sqrt{3}$.

Remarca.

In acute ΔABC

$$\sum m_a \cos A \geq 3r \left(1 + \frac{r}{R}\right).$$

Marin Chirciu

Soluție

Tripletele (m_a, m_b, m_c) și $(\cos A, \cos B, \cos C)$ în acute sunt la fel ordonate.

Cu inegalitatea lui Chebyshev obținem:

$$LHS = \sum m_a \cos A \stackrel{\text{Chebyshev}}{\geq} \frac{1}{3} \sum m_a \sum \cos A \geq \frac{1}{3} \cdot 9r \cdot \left(1 + \frac{r}{R}\right) = 3r \left(1 + \frac{r}{R}\right) = RHS.$$

Am folosit mai sus $\sum m_a \geq 9r$ și $\sum \cos A = 1 + \frac{r}{R}$.

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Remarca.

In acute ΔABC

$$\sum h_a \cos A \geq 3r \left(1 + \frac{r}{R}\right).$$

Marin Chirciu

Soluție

Tripletele (h_a, h_b, h_c) și $(\cos A, \cos B, \cos C)$ în acute sunt la fel ordonate.

Cu inegalitatea lui Chebyshev obținem:

$$LHS = \sum h_a \cos A \stackrel{\text{Chebyshev}}{\geq} \frac{1}{3} \sum h_a \sum \cos A \geq \frac{1}{3} \cdot 9r \cdot \left(1 + \frac{r}{R}\right) = 3r \left(1 + \frac{r}{R}\right) = RHS.$$

Am folosit mai sus $\sum h_a \geq 9r$ și $\sum \cos A = 1 + \frac{r}{R}$.

Remarca.

În acute ΔABC

$$\sum w_a \cos A \geq 3r \left(1 + \frac{r}{R}\right).$$

Marin Chirciu

Soluție

Tripletele (w_a, w_b, w_c) și $(\cos A, \cos B, \cos C)$ în acute sunt la fel ordonate.

Cu inegalitatea lui Chebyshev obținem:

$$LHS = \sum w_a \cos A \stackrel{\text{Chebyshev}}{\geq} \frac{1}{3} \sum w_a \sum \cos A \geq \frac{1}{3} \cdot 9r \cdot \left(1 + \frac{r}{R}\right) = 3r \left(1 + \frac{r}{R}\right) = RHS.$$

Am folosit mai sus $\sum w_a \geq 9r$ și $\sum \cos A = 1 + \frac{r}{R}$.

Remarca.

În acute ΔABC

$$\sum s_a \cos A \geq 3r \left(1 + \frac{r}{R}\right).$$

Marin Chirciu

Soluție

Tripletele (s_a, s_b, s_c) și $(\cos A, \cos B, \cos C)$ în acute sunt la fel ordonate.

Cu inegalitatea lui Chebyshev obținem:

$$LHS = \sum s_a \cos A \stackrel{\text{Chebyshev}}{\geq} \frac{1}{3} \sum s_a \sum \cos A \geq \frac{1}{3} \cdot 9r \cdot \left(1 + \frac{r}{R}\right) = 3r \left(1 + \frac{r}{R}\right) = RHS.$$

Am folosit mai sus $\sum s_a \geq 9r$ și $\sum \cos A = 1 + \frac{r}{R}$.

Remarca.

În acute ΔABC

$$\sum r_a \cos A \geq 3r \left(1 + \frac{r}{R}\right).$$

Marin Chirciu

Soluție

Tripletele (r_a, r_b, r_c) și $(\cos A, \cos B, \cos C)$ în acute sunt la fel ordonate.

Cu inegalitatea lui Chebyshev obținem:

$$LHS = \sum r_a \cos A \stackrel{\text{Chebyshev}}{\geq} \frac{1}{3} \sum r_a \sum \cos A \geq \frac{1}{3} \cdot 9r \cdot \left(1 + \frac{r}{R}\right) = 3r \left(1 + \frac{r}{R}\right) = RHS.$$

Am folosit mai sus $\sum r_a \geq 9r$ și $\sum \cos A = 1 + \frac{r}{R}$.

Aplicația97.

În ΔABC

$$\sum \frac{w_a(w_b^2 + w_c^2)}{w_a^2 + w_b w_c} \geq 9r.$$

Zaza Mzhavanadze, Georgia, RMM 2/2023

Soluție

Lema

Îf $x, y, z > 0$

$$\sum \frac{x(y^2 + z^2)}{x^2 + yz} \geq 3\sqrt[3]{xyz}.$$

$$\sum \frac{x(y^2 + z^2)}{x^2 + yz} \stackrel{CBS}{\geq} \sum \frac{x(y^2 + z^2)}{\sqrt{(x^2 + y^2)(x^2 + z^2)}} \stackrel{AM-GM}{\geq} 3\sqrt[3]{\prod \frac{x(y^2 + z^2)}{\sqrt{(x^2 + y^2)(x^2 + z^2)}}} = 3\sqrt[3]{xyz}.$$

Folosind **Lema** pentru $(x, y, z) = (w_a, w_b, w_c)$ obținem:

$$LHS = \sum \frac{w_a(w_b^2 + w_c^2)}{w_a^2 + w_b w_c} \stackrel{\text{Lema}}{\geq} 3\sqrt[3]{\prod w_a} \geq 3\sqrt[3]{27r^3} = 9r = RHS, \text{ vezi } \prod w_a \geq 27r^3.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Remarca.

În ΔABC

$$\sum \frac{h_a(h_b^2 + h_c^2)}{h_a^2 + h_b h_c} \geq 9r.$$

Marin Chirciu

Soluție

Lema

Îf $x, y, z > 0$

$$\sum \frac{x(y^2 + z^2)}{x^2 + yz} \geq 3\sqrt[3]{xyz}.$$

Folosind **Lema** pentru $(x, y, z) = (h_a, h_b, h_c)$ obținem:

$$LHS = \sum \frac{h_a(h_b^2 + h_c^2)}{h_a^2 + h_b h_c} \stackrel{\text{Lema}}{\geq} 3\sqrt[3]{\prod h_a} \geq 3\sqrt[3]{27r^3} = 9r = RHS, \text{vezi } \prod h_a \geq 27r^3.$$

Remarca.

În ΔABC

$$\sum \frac{m_a(m_b^2 + m_c^2)}{m_a^2 + m_b m_c} \geq 9r.$$

Marin Chirciu

Soluție

Lema

Îf $x, y, z > 0$

$$\sum \frac{x(y^2 + z^2)}{x^2 + yz} \geq 3\sqrt[3]{xyz}.$$

Folosind **Lema** pentru $(x, y, z) = (m_a, m_b, m_c)$ obținem:

$$LHS = \sum \frac{m_a(m_b^2 + m_c^2)}{m_a^2 + m_b m_c} \stackrel{\text{Lema}}{\geq} 3\sqrt[3]{\prod m_a} \geq 3\sqrt[3]{27r^3} = 9r = RHS, \text{vezi } \prod m_a \geq 27r^3.$$

Remarca.

În ΔABC

$$\sum \frac{s_a(s_b^2 + s_c^2)}{s_a^2 + s_b s_c} \geq 9r.$$

Marin Chirciu

Soluție**Lema**

Dacă $x, y, z > 0$

$$\sum \frac{x(y^2 + z^2)}{x^2 + yz} \geq 3\sqrt[3]{xyz}.$$

Folosind **Lema** pentru $(x, y, z) = (s_a, s_b, s_c)$ obținem:

$$LHS = \sum \frac{s_a(s_b^2 + s_c^2)}{s_a^2 + s_b s_c} \stackrel{\text{Lema}}{\geq} 3\sqrt[3]{\prod s_a} \geq 3\sqrt[3]{27r^3} = 9r = RHS, \text{vezi } \prod s_a \geq 27r^3.$$

Remarca.

În ΔABC

$$\sum \frac{r_a(r_b^2 + r_c^2)}{r_a^2 + r_b r_c} \geq 9r.$$

Marin Chirciu

Soluție**Lema**

Dacă $x, y, z > 0$

$$\sum \frac{x(y^2 + z^2)}{x^2 + yz} \geq 3\sqrt[3]{xyz}.$$

Folosind **Lema** pentru $(x, y, z) = (r_a, r_b, r_c)$ obținem:

$$LHS = \sum \frac{r_a(r_b^2 + r_c^2)}{r_a^2 + r_b r_c} \stackrel{\text{Lema}}{\geq} 3\sqrt[3]{\prod r_a} \geq 3\sqrt[3]{27r^3} = 9r = RHS, \text{vezi } \prod r_a \geq 27r^3.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Aplicația98.

În ΔABC

$$\sum \frac{m_a^2 + m_b m_c}{m_a^5(m_b + m_c)} \geq \frac{16}{27R^4}.$$

Zaza Mzhavanadze, Georgia, RMM 2/2023

Soluție**Lema**

If $x, y, z > 0$

$$\sum \frac{x^2 + yz}{x^5(y+z)} \geq \frac{3^5}{(x+y+z)^4}.$$

Demonstrație

$$\begin{aligned} \sum \frac{x^2 + yz}{x^5(y+z)} &\stackrel{AM-GM}{\geq} \sum \frac{2x\sqrt{yz}}{x^5(y+z)} = \sum \frac{2\sqrt{yz}}{x^4(y+z)} \stackrel{AM-GM}{\geq} 2 \cdot 3 \sqrt[3]{\prod \frac{\sqrt{yz}}{x^4(y+z)}} = \frac{6}{xyz\sqrt[3]{\prod (y+z)}} \stackrel{AM-GM}{\geq} \\ &\stackrel{AM-GM}{\geq} \frac{6}{\left(\frac{x+y+z}{3}\right)^3 \frac{\sum (y+z)}{3}} = \frac{6}{\frac{1}{3^3} (\sum x)^3 \frac{2\sum x}{3}} = \frac{3^5}{(\sum x)^4}. \end{aligned}$$

Folosind **Lema** pentru $(x, y, z) = (m_a, m_b, m_c)$ obținem:

$$LHS = \sum \frac{m_a^2 + m_b m_c}{m_a^5(m_b + m_c)} \stackrel{Lema}{\geq} \frac{3^5}{(\sum m_a)^4} \geq \frac{3^5}{\left(\frac{9R}{2}\right)^4} = \frac{16}{27R^4} = RHS.$$

$$\text{Am folosit mai sus } \sum m_a \stackrel{Leuenberger}{\leq} 4R + r \stackrel{Euler}{\leq} \frac{9R}{2}.$$

Remarca.

In ΔABC

$$\sum \frac{h_a^2 + h_b h_c}{h_a^5(h_b + h_c)} \geq \frac{16}{27R^4}.$$

Marin Chirciu

Soluție

Lema

If $x, y, z > 0$

$$\sum \frac{x^2 + yz}{x^5(y+z)} \geq \frac{3^5}{(x+y+z)^4}.$$

Folosind **Lema** pentru $(x, y, z) = (h_a, h_b, h_c)$ obținem:

$$LHS = \sum \frac{h_a^2 + h_b h_c}{h_a^5(h_b + h_c)} \stackrel{Lema}{\geq} \frac{3^5}{(\sum h_a)^4} \geq \frac{3^5}{\left(\frac{9R}{2}\right)^4} = \frac{16}{27R^4} = RHS.$$

$$\text{Am folosit mai sus } \sum h_a = \frac{p^2 + r^2 + 4Rr}{2R} \stackrel{Gerretsen}{\leq} 4R + r \stackrel{Euler}{\leq} \frac{9R}{2}.$$

Remarca.

In ΔABC

$$\sum \frac{w_a^2 + w_b w_c}{w_a^5 (w_b + w_c)} \geq \frac{16}{27R^4}.$$

Marin Chirciu

Soluție**Lema**

If $x, y, z > 0$

$$\sum \frac{x^2 + yz}{x^5 (y + z)} \geq \frac{3^5}{(x + y + z)^4}.$$

Folosind **Lema** pentru $(x, y, z) = (w_a, w_b, w_c)$ obținem:

$$LHS = \sum \frac{w_a^2 + w_b w_c}{w_a^5 (w_b + w_c)} \stackrel{\text{Lema}}{\geq} \frac{3^5}{(\sum w_a)^4} \geq \frac{3^5}{\left(\frac{9R}{2}\right)^4} = \frac{16}{27R^4} = RHS.$$

Am folosit mai sus $\sum w_a \leq \sum m_a \stackrel{\text{Leuenberger}}{\leq} 4R + r \stackrel{\text{Euler}}{\leq} \frac{9R}{2}$.

Remarca.

In ΔABC

$$\sum \frac{s_a^2 + s_b s_c}{s_a^5 (s_b + s_c)} \geq \frac{16}{27R^4}.$$

Marin Chirciu

Soluție**Lema**

If $x, y, z > 0$

$$\sum \frac{x^2 + yz}{x^5 (y + z)} \geq \frac{3^5}{(x + y + z)^4}.$$

Folosind **Lema** pentru $(x, y, z) = (s_a, s_b, s_c)$ obținem:

$$LHS = \sum \frac{s_a^2 + s_b s_c}{s_a^5 (s_b + s_c)} \stackrel{\text{Lema}}{\geq} \frac{3^5}{(\sum s_a)^4} \geq \frac{3^5}{\left(\frac{9R}{2}\right)^4} = \frac{16}{27R^4} = RHS.$$

Am folosit mai sus $\sum s_a \leq \sum m_a \stackrel{\text{Leuenberger}}{\leq} 4R + r \stackrel{\text{Euler}}{\leq} \frac{9R}{2}$.

Remarca.

În ΔABC

$$\sum \frac{r_a^2 + r_b r_c}{r_a^5 (r_b + r_c)} \geq \frac{16}{27R^4}.$$

Marin Chirciu

Soluție**Lema**

Îf $x, y, z > 0$

$$\sum \frac{x^2 + yz}{x^5 (y + z)} \geq \frac{3^5}{(x + y + z)^4}.$$

Folosind **Lema** pentru $(x, y, z) = (r_a, r_b, r_c)$ obținem:

$$LHS = \sum \frac{r_a^2 + r_b r_c}{r_a^5 (r_b + r_c)} \stackrel{\text{Lema}}{\geq} \frac{3^5}{(\sum r_a)^4} \geq \frac{3^5}{\left(\frac{9R}{2}\right)^4} = \frac{16}{27R^4} = RHS.$$

Am folosit mai sus $\sum r_a = 4R + r \stackrel{\text{Euler}}{\leq} \frac{9R}{2}$.

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Aplicația99.

Îf $a, b, c > 0$

$$\sum \frac{a^8 (a^2 + bc)}{(b + c)^{10}} \geq \frac{3}{512}, n \in \mathbf{N}.$$

Zaza Mzhavanadze, Georgia, RMM 2/2023

Soluție**Lema**

Îf $x, y, z > 0$ and $n \in \mathbf{N}$ then

$$\sum \frac{x^8 (x^2 + yz)}{(y + z)^{10}} \geq \left(\frac{x}{y + z} \right)^9.$$

Soluție

$$\frac{x^8(x^2 + yz)}{(y+z)^{10}} = \frac{x^8}{(y+z)^{10}}(x-y)(x-z) + \left(\frac{x}{y+z}\right)^9, \quad (1).$$

Tripletele (x, y, z) și $\left(\frac{x^8}{(y+z)^{10}}, \frac{y^8}{(z+x)^{10}}, \frac{z^8}{(x+y)^{10}}\right)$ sunt la fel ordonate.

Are loc inegalitatea lui Schur generalizată: $\sum \frac{x^8}{(y+z)^{10}}(x-y)(x-z) \geq 0, n \in \mathbf{N}, \quad (2).$

Din (1) și (2) obținem: $\sum \frac{x^8(x^2 + yz)}{(y+z)^{10}} \geq \sum \left(\frac{x}{y+z}\right)^9.$

Folosind **Lema** pentru $(x, y, z) = (a, b, c)$ obținem:

$$\sum \frac{a^8(a^2 + bc)}{(b+c)^{10}} \geq \sum \left(\frac{a}{b+c}\right)^9 \stackrel{\text{Holder}}{\geq} \frac{\left(\sum \frac{a}{b+c}\right)^9}{3^8} \stackrel{\text{Nesbitt}}{\geq} \frac{\left(\frac{3}{2}\right)^9}{3^8} = \frac{3}{2^9}.$$

Remarca.

În ΔABC

$$\sum \frac{a^n(a^2 + bc)}{(b+c)^{n+2}} \geq \frac{3}{2^n}, n \in \mathbf{N}.$$

Marin Chirciu

Soluție

Lema

If $x, y, z > 0$ and $n \in \mathbf{N}$ then

$$\sum \frac{x^n(x^2 + yz)}{(y+z)^{n+2}} \geq \left(\frac{x}{y+z}\right)^{n+1}.$$

Folosind **Lema** pentru $(x, y, z) = (a, b, c)$ obținem:

$$\sum \frac{a^n(a^2 + bc)}{(b+c)^{n+2}} \geq \sum \left(\frac{a}{b+c}\right)^{n+1} \stackrel{\text{Holder}}{\geq} \frac{\left(\sum \frac{a}{b+c}\right)^{n+1}}{3^n} \stackrel{\text{Nesbitt}}{\geq} \frac{\left(\frac{3}{2}\right)^{n+1}}{3^n} = \frac{3}{2^{n+1}}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Remarca.

În ΔABC

$$\sum \frac{h_a^n(h_a^2 + h_b h_c)}{(h_b + h_c)^{n+2}} \geq \frac{3}{2^n}, n \in \mathbb{N}.$$

Marin Chirciu

Soluție

Lema

If $x, y, z > 0$ and $n \in \mathbb{N}$ then

$$\sum \frac{x^n(x^2 + yz)}{(y+z)^{n+2}} \geq \left(\frac{x}{y+z} \right)^{n+1}.$$

Demonstratie.

$$\frac{x^n(x^2 + yz)}{(y+z)^{n+2}} = \frac{x^n}{(y+z)^{n+2}}(x-y)(x-z) + \left(\frac{x}{y+z} \right)^{n+1}, (1).$$

Tripletele (x, y, z) și $\left(\frac{x^n}{(y+z)^{n+2}}, \frac{y^n}{(z+x)^{n+2}}, \frac{z^n}{(x+y)^{n+2}} \right)$ sunt la fel ordonate.

Are loc inegalitatea lui Schur generalizată: $\sum \frac{x^n}{(y+z)^{n+2}}(x-y)(x-z) \geq 0, n \in \mathbb{N}, (2)$.

$$\text{Din (1) și (2) obținem: } \sum \frac{x^n(x^2 + yz)}{(y+z)^{n+2}} \geq \sum \left(\frac{x}{y+z} \right)^{n+1}.$$

Folosind **Lema** pentru $(x, y, z) = (h_a, h_b, h_c)$ obținem:

$$\sum \frac{h_a^n(h_a^2 + h_b h_c)}{(h_b + h_c)^{n+2}} \geq \sum \left(\frac{h_a}{h_b + h_c} \right)^{n+1} \stackrel{\text{Holder}}{\geq} \frac{\left(\sum \frac{h_a}{h_b + h_c} \right)^{n+1}}{3^n} \stackrel{\text{Nesbitt}}{\geq} \frac{\left(\frac{3}{2} \right)^{n+1}}{3^n} = \frac{3}{2^{n+1}}.$$

Remarca.

In ΔABC

$$\sum \frac{w_a^n(w_a^2 + w_b w_c)}{(w_b + w_c)^{n+2}} \geq \frac{3}{2^n}, n \in \mathbb{N}.$$

Marin Chirciu

Soluție

Lema

If $x, y, z > 0$ and $n \in \mathbb{N}$ then

$$\sum \frac{x^n(x^2 + yz)}{(y+z)^{n+2}} \geq \left(\frac{x}{y+z} \right)^{n+1}.$$

Folosind **Lema** pentru $(x, y, z) = (w_a, w_b, w_c)$ obținem:

$$\sum \frac{w_a^n(w_a^2 + w_b w_c)}{(w_b + w_c)^{n+2}} \geq \sum \left(\frac{w_a}{w_b + w_c} \right)^{n+1} \stackrel{\text{Holder}}{\geq} \frac{\left(\sum \frac{w_a}{w_b + w_c} \right)^{n+1}}{3^n} \stackrel{\text{Nesbitt}}{\geq} \frac{\left(\frac{3}{2} \right)^{n+1}}{3^n} = \frac{3}{2^{n+1}}.$$

Egali

Remarca.

In ΔABC

$$\sum \frac{m_a^n(m_a^2 + m_b m_c)}{(m_b + m_c)^{n+2}} \geq \frac{3}{2^n}, n \in \mathbb{N}.$$

Marin Chirciu

Soluție

Lema

If $x, y, z > 0$ and $n \in \mathbb{N}$ then

$$\sum \frac{x^n(x^2 + yz)}{(y+z)^{n+2}} \geq \left(\frac{x}{y+z} \right)^{n+1}.$$

Folosind **Lema** pentru $(x, y, z) = (m_a, m_b, m_c)$ obținem:

$$\sum \frac{m_a^n(m_a^2 + m_b m_c)}{(m_b + m_c)^{n+2}} \geq \sum \left(\frac{m_a}{m_b + m_c} \right)^{n+1} \stackrel{\text{Holder}}{\geq} \frac{\left(\sum \frac{m_a}{m_b + m_c} \right)^{n+1}}{3^n} \stackrel{\text{Nesbitt}}{\geq} \frac{\left(\frac{3}{2} \right)^{n+1}}{3^n} = \frac{3}{2^{n+1}}.$$

Remarca.

In ΔABC

$$\sum \frac{s_a^n(s_a^2 + s_b s_c)}{(s_b + s_c)^{n+2}} \geq \frac{3}{2^n}, n \in \mathbb{N}.$$

Marin Chirciu

Soluție

Lema

If $x, y, z > 0$ and $n \in \mathbb{N}$ then

$$\sum \frac{x^n(x^2 + yz)}{(y+z)^{n+2}} \geq \left(\frac{x}{y+z} \right)^{n+1}.$$

Folosind **Lema** pentru $(x, y, z) = (s_a, s_b, s_c)$ obținem:

$$\sum \frac{s_a^n(s_a^2 + s_b s_c)}{(s_b + s_c)^{n+2}} \geq \sum \left(\frac{s_a}{s_b + s_c} \right)^{n+1} \stackrel{\text{Holder}}{\geq} \frac{\left(\sum \frac{s_a}{s_b + s_c} \right)^{n+1}}{3^n} \stackrel{\text{Nesbitt}}{\geq} \frac{\left(\frac{3}{2} \right)^{n+1}}{3^n} = \frac{3}{2^{n+1}}.$$

Remarca.

In ΔABC

$$\sum \frac{r_a^n(r_a^2 + r_b r_c)}{(r_b + r_c)^{n+2}} \geq \frac{3}{2^n}, n \in \mathbf{N}.$$

Marin Chirciu

Soluție

Lema

If $x, y, z > 0$ and $n \in \mathbf{N}$ then

$$\sum \frac{x^n(x^2 + yz)}{(y+z)^{n+2}} \geq \left(\frac{x}{y+z} \right)^{n+1}.$$

Folosind **Lema** pentru $(x, y, z) = (r_a, r_b, r_c)$ obținem:

$$\sum \frac{r_a^n(r_a^2 + r_b r_c)}{(r_b + r_c)^{n+2}} \geq \sum \left(\frac{r_a}{r_b + r_c} \right)^{n+1} \stackrel{\text{Holder}}{\geq} \frac{\left(\sum \frac{r_a}{r_b + r_c} \right)^{n+1}}{3^n} \stackrel{\text{Nesbitt}}{\geq} \frac{\left(\frac{3}{2} \right)^{n+1}}{3^n} = \frac{3}{2^{n+1}}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Aplicația100.

In ΔABC , G -centroid, R_1, R_2, R_3 -circumradii of $\Delta GBC, \Delta GCA, \Delta GAB$. Show that

$$\sum \frac{m_b m_c}{bc} = \frac{3}{4R} (R_1 + R_2 + R_3).$$

Ertan Yildirim, Turkey, RMM 2/2023

Soluție

Lema

In ΔABC , G -centroid, R_1 -circumradius of ΔGBC

$$R_1 = \frac{am_b m_c}{3S}.$$

Demonstratie

Folosind $R = \frac{abc}{4S}$ în ΔGBC obținem: $R_1 = \frac{GB \cdot GC \cdot BC}{4[GBC]} = \frac{\frac{2}{3}m_b \cdot \frac{2}{3}m_c \cdot a}{4 \cdot \frac{S}{3}} = \frac{am_b m_c}{3S}$.

$$R_1 + R_2 + R_3 = \sum \frac{am_b m_c}{3S} = \sum \frac{am_b m_c}{3 \cdot \frac{abc}{4R}} = \frac{4R}{3} \sum \frac{m_b m_c}{bc} \Rightarrow \sum \frac{m_b m_c}{bc} = \frac{3}{4R} (R_1 + R_2 + R_3).$$

Remarca.

In ΔABC , G -centroid, R_1, R_2, R_3 -circumradii of $\Delta GBC, \Delta GCA, \Delta GAB$. Show that

$$\frac{24r^3}{R} \leq R_1 R_2 + R_2 R_3 + R_3 R_1 \leq \frac{3R^5}{8r^3}.$$

Marin Chirciu

Soluție**Lema**

In ΔABC , G -centroid, R_1 -circumradii of ΔGBC

$$R_1 = \frac{am_b m_c}{3S}.$$

Inegalitatea din dreapta.

$$R_1 R_2 + R_2 R_3 + R_3 R_1 = \frac{m_a m_b m_c}{9S^2} \sum bcm_a \stackrel{Panaitopol}{\leq} \frac{\frac{Rp^2}{2}}{9p^2 r^2} \cdot \frac{R^2 p^2}{r} = \frac{R^3 p^2}{18r^3} \stackrel{Mitrinovic}{\leq} \frac{R^3 \cdot \frac{27R^2}{4}}{18r^3} = \frac{3R^5}{8r^3}.$$

Am folosit mai sus:

$$\sum bcm_a \stackrel{Panaitopol}{\leq} \sum bc \frac{Rp}{a} = Rp \sum \frac{bc}{a} = Rp \frac{\sum b^2 c^2}{abc} \stackrel{Goldstone}{\leq} Rp \frac{4R^2 p^2}{4Rrp} = \frac{R^2 p^2}{r}$$

Inegalitatea din stânga.

$$R_1 R_2 + R_2 R_3 + R_3 R_1 = \frac{m_a m_b m_c}{9S^2} \sum bcm_a \stackrel{rp^2}{\geq} \frac{rp^2}{9p^2 r^2} \cdot \frac{216r^4}{R} = \frac{24r^3}{R}$$

Am folosit mai sus:

$$rp^2 \leq m_a m_b m_c \leq \frac{Rp^2}{2} \text{ și } 9r \leq m_a + m_b + m_c \leq \frac{9R}{2}.$$

$$\begin{aligned} \sum b c m_a &\geq \sum b c h_a = \sum b c \cdot \frac{2S}{a} = 2S \sum \frac{bc}{a} = 2S \sum \frac{b^2 c^2}{abc} \stackrel{\text{Goldstone}}{\leq} 2S \cdot \frac{16r^2 p^2}{4RS} = \frac{8r^2 p^2}{R} \stackrel{\text{Mitrinovic}}{\leq} \\ &\stackrel{\text{Mitrinovic}}{\leq} \frac{8r^2 \cdot 27r^4}{R} = \frac{216r^4}{R}. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Remarca.

In ΔABC , G -centroid, R_1, R_2, R_3 -circumradii of $\Delta GBC, \Delta GCA, \Delta GAB$. Show that

$$12r^2 \leq R_1^2 + R_2^2 + R_3^2 \leq \frac{3R^7}{32r^5}.$$

Marin Chirciu

Soluție

Lema

In ΔABC , G -centroid, R_1 -circumradius of ΔGBC

$$R_1 = \frac{am_b m_c}{3S}.$$

$$R_1^2 + R_2^2 + R_3^2 = \sum \left(\frac{am_b m_c}{3S} \right)^2 = \frac{1}{9S^2} \sum a^2 m_b^2 m_c^2.$$

Inegalitatea din dreapta.

$$\begin{aligned} R_1^2 + R_2^2 + R_3^2 &= \frac{1}{9S^2} \sum a^2 m_b^2 m_c^2 \leq \frac{1}{9S^2} \sum a^2 \left(\frac{Rp}{b} \right)^2 \left(\frac{Rp}{c} \right)^2 = \frac{R^4 p^4}{9p^2 r^2} \sum \frac{a^2}{b^2 c^2} = \frac{R^4 p^2}{9r^2} \cdot \frac{\sum a^4}{a^2 b^2 c^2} = \\ &= \frac{R^4 p^2}{9r^2} \cdot \frac{\sum a^4}{16R^2 r^2 p^2} = \frac{R^2}{144r^4} \cdot \sum a^4 \leq \frac{R^2}{144r^4} \cdot \frac{27R^5}{2r} = \frac{3R^7}{32r^5}. \end{aligned}$$

Am folosit mai sus:

$$m_a \leq \frac{Rp}{a}, (\text{Panaitopol}), \sum a^4 \leq (4R + r)^2 \cdot \frac{2R^3}{3r} \leq \frac{27R^5}{2r}.$$

Inegalitatea din stânga.

$$R_1^2 + R_2^2 + R_3^2 = \frac{1}{9S^2} \sum a^2 m_b^2 m_c^2 \geq \frac{1}{9S^2} \sum a^2 p(p-b)p(p-c) = \frac{p^2}{9p^2 r^2} \sum a^2 (p-b)(p-c) =$$

$$=\frac{1}{9r^2} \cdot 4p^2r(R-r) = \frac{4p^2r(R-r)}{9r^2} \geq \frac{4 \cdot 27r^2 \cdot r(R-r)}{9r^2} = 12r(R-r) \geq 12r \cdot r = 12r^2.$$

Am folosit mai sus:

$$m_a^2 \geq p(p-a) \text{ și } \sum a^2(p-b)(p-c) = 4p^2r(R-r).$$

Remarca.

In ΔABC , G -centroid, R_1, R_2, R_3 -circumradii of $\Delta GBC, \Delta GCA, \Delta GAB$. Show that

$$\frac{12r^2}{R^3} \leq \frac{1}{R_1} + \frac{1}{R_2} + \frac{1}{R_3} \leq \frac{3R}{4r^2}.$$

Marin Chirciu

Soluție

Lema

In ΔABC , G -centroid, R_1 -circumradius of ΔGBC

$$R_1 = \frac{am_b m_c}{3S}.$$

Folosind **Lema** obținem:

$$\frac{1}{R_1} + \frac{1}{R_2} + \frac{1}{R_3} = \sum \frac{3S}{am_b m_c} = 3S \frac{\sum bcm_a}{abcm_a m_b m_c} = \frac{3S}{4RS m_a m_b m_c} \sum bcm_a = \frac{3}{4R m_a m_b m_c} \sum bcm_a.$$

Inegalitatea din dreapta.

$$\begin{aligned} \frac{1}{R_1} + \frac{1}{R_2} + \frac{1}{R_3} &= \frac{3}{4R m_a m_b m_c} \sum bcm_a \leq \frac{3}{4R m_a m_b m_c} \sum bc \frac{Rp}{a} = \frac{3p}{4m_a m_b m_c} \sum \frac{bc}{a} \leq \\ &\leq \frac{3p}{4 \cdot rp^2} \cdot \frac{Rp}{r} = \frac{3R}{4r^2}. \end{aligned}$$

Am folosit mai sus:

$$m_a \leq \frac{Rp}{a}, (\text{Panaitopol}), m_a m_b m_c \geq rp^2 \text{ și } \sum \frac{bc}{a} = \frac{\sum b^2 c^2}{abc} \stackrel{\text{Goldstone}}{\leq} \frac{4R^2 p^2}{4Rrp} = \frac{Rp}{r}.$$

Inegalitatea din stânga.

$$\begin{aligned} \frac{1}{R_1} + \frac{1}{R_2} + \frac{1}{R_3} &= \frac{3}{4R m_a m_b m_c} \sum bcm_a \geq \frac{3}{4R m_a m_b m_c} \sum bch_a = \frac{3}{4R m_a m_b m_c} \sum bc \cdot \frac{2S}{a} = \\ &= \frac{3S}{2R m_a m_b m_c} \sum \frac{bc}{a} \geq \frac{3rp}{2R \cdot \frac{Rp^2}{2}} \cdot \frac{4rp}{R} = \frac{12r^2}{R^3} \end{aligned}$$

Am folosit mai sus:

$$m_a m_b m_c \leq \frac{Rp^2}{2} \text{ și } \sum \frac{bc}{a} = \frac{\sum b^2 c^2}{abc} \stackrel{\text{Goldstone}}{\geq} \frac{16r^2 p^2}{4Rrp} = \frac{4rp}{R}.$$

Remarca.

In ΔABC , G -centroid, R_1, R_2, R_3 -circumradii of $\Delta GBC, \Delta GCA, \Delta GAB$. Show that

$$\frac{48r^4}{R^6} \leq \frac{1}{R_1 R_2} + \frac{1}{R_2 R_3} + \frac{1}{R_3 R_1} \leq \frac{3R^2}{16r^4}.$$

Marin Chirciu

Soluție

Lema

In ΔABC , G -centroid, R_1 -circumradius of ΔGBC

$$R_1 = \frac{am_b m_c}{3S}.$$

Folosind **Lema** obținem:

$$\frac{1}{R_1 R_2} + \frac{1}{R_2 R_3} + \frac{1}{R_3 R_1} = \sum \frac{3S}{bm_c m_a} \frac{3S}{cm_a m_b} = \frac{9S}{4R} \cdot \frac{\sum am_b m_c}{(m_a m_b m_c)^2}.$$

Inegalitatea din dreapta.

$$\frac{1}{R_1 R_2} + \frac{1}{R_2 R_3} + \frac{1}{R_3 R_1} = \frac{9S}{4R} \cdot \frac{\sum am_b m_c}{(m_a m_b m_c)^2} \leq \frac{9rp}{4R} \cdot \frac{1}{(rp^2)^2} \cdot \frac{9R^3 p}{4r} = \frac{81R^2}{16r^2 p^2} \leq \frac{81R^2}{16r^2 \cdot 27r^2} = \frac{3R^2}{16r^4}.$$

Am folosit mai sus:

$$\sum am_b m_c \stackrel{\text{Panaitopol}}{\leq} \sum a \frac{Rp}{b} \frac{Rp}{c} = R^2 p^2 \sum \frac{a}{bc} = R^2 p^2 \frac{\sum a^2}{abc} \stackrel{\text{Leibniz}}{\leq} R^2 p^2 \cdot \frac{9R}{4rp} = \frac{9R^3 p}{4r}.$$

$$m_a \leq \frac{Rp}{a}, (\text{Panaitopol}), m_a m_b m_c \geq rp^2 \text{ și } \sum \frac{a}{bc} = \frac{\sum a^2}{abc} \stackrel{\text{Leibniz}}{\leq} \frac{9R^2}{4Rrp} = \frac{9R}{4rp}.$$

Inegalitatea din stânga.

$$\frac{1}{R_1 R_2} + \frac{1}{R_2 R_3} + \frac{1}{R_3 R_1} = \frac{9S}{4R} \cdot \frac{\sum am_b m_c}{(m_a m_b m_c)^2} \geq \frac{9rp}{4R} \cdot \frac{1}{\left(\frac{Rp^2}{2}\right)^2} \cdot \frac{36r^3 p}{R} = \frac{81r^4}{R^4 p^2} \geq \frac{4 \cdot 81r^4}{R^4 \cdot \frac{27R^2}{4}} = \frac{48r^4}{R^6}.$$

Am folosit mai sus:

$$\sum am_b m_c \stackrel{m_a \geq h_a}{\geq} \sum ah_b h_c = \sum a \frac{2S}{b} \frac{2S}{c} = 4S^2 \sum \frac{a}{bc} \geq 4p^2 r^2 \cdot \frac{9r}{Rp} = \frac{36r^3 p}{R};$$

$$\sum \frac{a}{bc} = \sum \frac{a^2}{abc} \stackrel{\text{Neuberg}}{\geq} \frac{36r^2}{4Rrp} = \frac{9r}{Rp} \text{ și } m_a m_b m_c \leq \frac{Rp^2}{2}.$$

Remarca.

In ΔABC , G -centroid, R_1, R_2, R_3 -circumradii of $\Delta GBC, \Delta GCA, \Delta GAB$. Show that

$$\frac{48r^4}{R^6} \leq \frac{1}{R_1^2} + \frac{1}{R_2^2} + \frac{1}{R_3^2} \leq \frac{9R^2}{16r^4} - \frac{6}{R^2}.$$

Marin Chirciu

Soluție

Lema

In ΔABC , G -centroid, R_1 -circumradii of ΔGBC

$$R_1 = \frac{am_b m_c}{3S}.$$

$$\frac{1}{R_1^2} + \frac{1}{R_2^2} + \frac{1}{R_3^2} = \sum \left(\frac{3S}{am_b m_c} \right)^2 = 9S^2 \sum \frac{1}{(am_b m_c)^2} = 9S^2 \cdot \frac{\sum b^2 c^2 m_a^2}{(abc)^2 (m_a m_b m_c)^2}.$$

Inegalitatea din dreapta.

$$\begin{aligned} \frac{1}{R_1^2} + \frac{1}{R_2^2} + \frac{1}{R_3^2} &= 9S^2 \cdot \frac{\sum b^2 c^2 m_a^2}{(abc)^2 (m_a m_b m_c)^2} \leq \frac{9p^2 r^2}{16R^2 r^2 p^2} \cdot \frac{1}{(rp^2)^2} \cdot \frac{R^2 p^2 (R^2 p^2 - 72r^4)}{r^2} = \\ &= \frac{9(R^2 p^2 - 72r^4)}{16r^4 p^2} = \frac{9}{16r^2} \left(\frac{R^2}{r^2} - \frac{72r^2}{p^2} \right) \leq \frac{9}{16r^2} \left(\frac{R^2}{r^2} - \frac{72r^2}{27R^2} \right) = \frac{9}{16r^2} \left(\frac{R^2}{r^2} - \frac{32r^2}{3R^2} \right) = \\ &= \frac{3(3R^4 - 32r^4)}{16R^2 r^4} = \frac{9R^2}{16r^4} - \frac{6}{R^2}. \end{aligned}$$

Am folosit mai sus:

$$m_a m_b m_c \geq rp^2, \sum b^2 c^2 m_a^2 \leq \frac{R^2 p^2 (R^2 p^2 - 72r^4)}{r^2}, \text{vezi:}$$

$$\sum b^2 c^2 m_a^2 \stackrel{\text{Panaitopol}}{\leq} \sum b^2 c^2 \frac{R^2 p^2}{a^2} = R^2 p^2 \sum \frac{b^2 c^2}{a^2} \leq R^2 p^2 \cdot \frac{R^2 p^2 - 72r^4}{r^2} = \frac{R^2 p^2 (R^2 p^2 - 72r^4)}{r^2}.$$

$$\sum \frac{b^2 c^2}{a^2} = \frac{\sum b^4 c^4}{a^2 b^2 c^2} \stackrel{\text{Goldstone}}{\leq} \frac{16R^2 p^2 (R^2 p^2 - 72r^4)}{16R^2 r^2 p^2} = \frac{R^2 p^2 - 72r^4}{r^2}.$$

$$\begin{aligned} \sum b^4 c^4 &= (\sum b^2 c^2)^2 - 2a^2 b^2 c^2 \sum a^2 \stackrel{\text{Goldstone}}{\leq} (4R^2 p^2)^2 - 2 \cdot 16R^2 r^2 p^2 \cdot 36r^2 = \\ &= 16R^2 p^2 (R^2 p^2 - 72r^4). \end{aligned}$$

Inegalitatea din stânga.

$$\frac{1}{R_1^2} + \frac{1}{R_2^2} + \frac{1}{R_3^2} = 9S^2 \cdot \frac{\sum b^2 c^2 m_a^2}{(abc)^2 (m_a m_b m_c)^2} \geq \frac{9p^2 r^2}{16R^2 r^2 p^2} \cdot \frac{1}{\left(\frac{Rp^2}{2}\right)^2} \cdot 144r^4 p^2 = \frac{36r^4}{R^4 p^2} \stackrel{\text{Mitrinovic}}{\geq}$$

$$\stackrel{\text{Mitrinovic}}{\geq} \frac{324r^4}{R^4 \cdot \frac{27R^2}{4}} = \frac{48r^4}{R^6}.$$

Am folosit mai sus:

$$m_a m_b m_c \leq \frac{Rp^2}{2}, \sum b^2 c^2 m_a^2 \geq 144r^4 p^2, \text{vezi:}$$

$$\sum b^2 c^2 m_a^2 \geq \sum b^2 c^2 h_a^2 = \sum b^2 c^2 \frac{4S^2}{a^2} = 4S^2 \sum \frac{b^2 c^2}{a^2} \geq 4r^2 p^2 \cdot 36r^2 = 144r^4 p^2;$$

$$\sum \frac{b^2 c^2}{a^2} = \frac{\sum b^4 c^4}{a^2 b^2 c^2} \stackrel{\text{Goldstone}}{\geq} \frac{576R^2 r^4 p^2}{16R^2 r^2 p^2} = 36r^2;$$

$$\sum b^4 c^4 \geq a^2 b^2 c^2 \sum a^2 \stackrel{\text{Neuberg}}{\geq} 16R^2 r^2 p^2 \cdot 36r^2 = 576R^2 r^4 p^2;$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

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Art 5200

1 Decembrie 2023

4. O inegalitate și aplicații în triunghi

De Gheorghe Ghiță, Buzău

Articolul prezintă o inegalitate și aplicații ale acesteia în special pentru triunghi.

Propoziție

$a, b, c, x, y, z > 0 \Rightarrow$

$$\frac{ax+bz+cy}{a^2} + \frac{by+cx+az}{b^2} + \frac{cz+ay+bx}{c^2} \geq (x+y+z) \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} \right). \quad (1)$$

Gheorghe Ghiță, Buzău

Soluție. $\sum \frac{ax+bz+cy}{a^2} \geq \sum x \sum \frac{1}{a} \Leftrightarrow \sum \left(\frac{x}{a} + \frac{bz+cy}{a^2} \right) \geq \sum x \sum \frac{1}{a} \Leftrightarrow \sum \frac{bz+cy}{a^2} \geq \sum x \sum \frac{1}{a} - \sum \frac{x}{a} \Leftrightarrow \sum \frac{bz+cy}{a^2} \geq \sum \frac{\sum x}{a} - \sum \frac{x}{a} \Leftrightarrow \sum \frac{bz+cy}{a^2} \geq \sum \frac{\sum x-x}{a} = \sum \frac{y+z}{a} \Leftrightarrow \sum \frac{bz+cy}{a^2} - \sum \frac{y+z}{a} \geq 0 \Leftrightarrow \sum \left(\frac{bz+cy}{a^2} - \frac{y+z}{a} \right) \geq 0 \Leftrightarrow \sum x \left(\frac{b}{c^2} + \frac{c}{b^2} - \frac{1}{b} - \frac{1}{c} \right) \geq 0 \Leftrightarrow \sum x \frac{(b+c)(b-c)^2}{b^2 c^2} \geq 0.$

Egalitatea are loc dacă și numai dacă $a = b = c$.

Corolar. $a, b, c, x, y, z > 0 \Rightarrow$

$$\frac{ax + bz + cy}{a^2} + \frac{by + cx + az}{b^2} + \frac{cz + ay + bx}{c^2} \geq \frac{9(x + y + z)}{a + b + c} \quad (2)$$

$$\frac{ax + bz + cy}{a^2} + \frac{by + cx + az}{b^2} + \frac{cz + ay + bx}{c^2} \stackrel{(1)}{\geq} (x + y + z) \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} \right) \stackrel{MA-MH}{\geq} \frac{9(x + y + z)}{a + b + c}.$$

Lemă. $\Delta ABC \Rightarrow$

$$\cos \frac{A}{2} + \cos \frac{B}{2} + \cos \frac{C}{2} \geq \frac{2pr}{R^2}.$$

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Demonstrație. $\sum \cos \frac{A}{2} = \sum \sqrt{\frac{p(p-a)}{bc}} = \sum \sqrt{\frac{2p}{abc} \cdot \frac{a(p-a)}{2}} = \sqrt{\frac{2p}{abc}} \sum \sqrt{\frac{a}{2}(p-a)} \stackrel{MA-MG}{\geq} \sqrt{\frac{2p}{4pRr}} \cdot \sum \frac{\frac{2a(p-a)}{2}}{\frac{a}{2}+p-a} = \sqrt{\frac{1}{2Rr}}.$

$\sum \frac{2a(p-a)}{2p-a} \stackrel{Euler}{\geq} \frac{2}{R} \sum \frac{a(p-a)}{b+c} = \frac{2}{R} \left(p \sum \frac{a}{b+c} - \sum \frac{a^2}{b+c} \right) \stackrel{(1)}{\cong} \frac{2}{R} \left(p \cdot \frac{2(p^2-r^2-Rr)}{p^2+r^2+2Rr} - \frac{2p(p^2-4Rr-3r^2)}{p^2+r^2+2Rr} \right) = \frac{4pr(3R+2r)}{R(p^2+r^2+2Rr)} \geq \frac{2pr}{R^2} \Leftrightarrow$

Gerretsen

$6R^2 + 2Rr - r^2 \geq p^2$, adevărată, deoarece $p^2 \stackrel{(1)}{\leq} 4R^2 + 4Rr + 3r^2$ și $4R^2 + 4Rr + 3r^2 \leq 6R^2 + 2Rr - r^2 \Leftrightarrow (R-2r)(R+r) \geq 0$;

$$(1): \sum \frac{a}{b+c} = \frac{2(p^2-r^2-Rr)}{p^2+r^2+2Rr}, \sum \frac{a^2}{b+c} = \frac{4p^2(p^2-4Rr-3r^2)}{2p(p^2+r^2+2Rr)}.$$

Aplicații

A1. $a, b, c > 0 \Rightarrow$

$$(a + b + c) \left(\frac{1}{a^2} + \frac{1}{b^2} + \frac{1}{c^2} \right) \geq 3 \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} \right).$$

Soluția1. Se aplică (1) pentru $x = y = z$.

Egalitatea are loc dacă și numai dacă $a = b = c$.

Soluția2. $a, b, c > 0 \Rightarrow x = b + c, y = c + a, z = a + b$ sunt laturile unui triunghi, $\sum a = \frac{\Sigma x}{2} = s$ (semiperimetru)

$$a = \frac{-x + y + z}{2}, b = \frac{x - y + z}{2}, c = \frac{x + y - z}{2}, s = a + b + c, a = s - x, b = s - y, c = s - z;$$

$$abc = (s - x)(s - y)(s - z) = r^2 s, \sum a = \sum \frac{x + y + z}{2} = p, \sum ab = r(4R + r), \sum a^2 = s^2 - 8Rr - 2r^2$$

$$\sum \frac{1}{a} = \frac{4R + r}{pr}, \sum \frac{1}{a^2} = \frac{(\sum ab)^2 - abc \sum a}{(abc)^2} = \frac{(4R + r)^2 - 2p^2}{p^2 r^2}$$

$$(a + b + c) \left(\frac{1}{a^2} + \frac{1}{b^2} + \frac{1}{c^2} \right) \geq 3 \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} \right) \Leftrightarrow (R - 2r)(2R + r) \geq 0.$$

A2. $a, b, c > 0 \Rightarrow$

$$\frac{2bc}{a^2} + \frac{2ca}{b^2} + \frac{2ab}{c^2} + 3 \geq (a + b + c) \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} \right)$$

Soluție. Se aplică (1) pentru $(x, y, z) = (a, b, c)$.

Egalitatea are loc dacă și numai dacă $a = b = c$.

A3. $a, b, c > 0 \Rightarrow$

$$\frac{b^2 + bc + c^2}{a} + \frac{c^2 + ca + a^2}{b} + \frac{a^2 + ab + b^2}{c} \geq abc \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} \right)^2$$

Soluție. Se aplică (1) pentru $(x, y, z) = \left(\frac{1}{a}, \frac{1}{b}, \frac{1}{c} \right)$.

Egalitatea are loc dacă și numai dacă $a = b = c$.

A4. $a, b, c > 0 \Rightarrow$

$$\frac{b^2 + bc + c^2}{a} + \frac{c^2 + ca + a^2}{b} + \frac{a^2 + ab + b^2}{c} \geq (ab + bc + ca) \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} \right)$$

Soluție. Se aplică (1) pentru $(x, y, z) = (bc, ca, ab)$.

Egalitatea are loc dacă și numai dacă $a = b = c$.

A5. $a, b, c > 0 \Rightarrow$

$$\frac{a^{n+1} + b^n c + bc^n}{a^2} + \frac{b^{n+1} + a^n c + ca^n}{b^2} + \frac{c^{n+1} + a^n b + ab^n}{c^2} \geq (a^n + b^n + c^n) \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} \right)$$

Soluție. Se aplică (1) pentru $(x, y, z) = (a^n, b^n, c^n), n \geq 0$.

Egalitatea are loc dacă și numai dacă $a = b = c$.

A6. $a, b, c > 0 \Rightarrow$

$$\begin{aligned} & \frac{ka^2 + 2kbc + 2nab + nc^2}{a^2} + \frac{kb^2 + 2kca + 2nbc + na^2}{b^2} + \frac{kc^2 + 2kab + 2nca + nc^2}{c^2} \\ & \geq (n+k)(a+b+c) \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} \right) \end{aligned}$$

Soluție. Se aplică (1) pentru $(x, y, z) = (ka + nb, kb + nc, kc + na)$.

Egalitatea are loc dacă și numai dacă $a = b = c$.

A7. $\Delta ABC \Rightarrow$

$$\frac{ah_a + bh_c + ch_b}{a^2} + \frac{bh_b + ch_a + ah_c}{b^2} + \frac{ch_c + ah_b + bh_a}{c^2} \geq \frac{9\sqrt{3}r}{R}.$$

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Soluție. Pentru $(x, y, z) = (h_a, h_b, h_c)$ atunci:

$$\frac{ah_a + bh_c + ch_b}{a^2} + \frac{bh_b + ch_a + ah_c}{b^2} + \frac{ch_c + ah_b + bh_a}{c^2} \stackrel{(2)}{\geq} \frac{9(h_a + h_b + h_c)}{a+b+c} \stackrel{h_a \geq 9r}{\geq} \frac{81r}{2p} \stackrel{Mitrinovic}{\geq} \frac{9\sqrt{3}r}{R}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A8. $\Delta ABC \Rightarrow$

$$\frac{am_a + bm_c + cm_b}{a^2} + \frac{bm_b + cm_a + am_c}{b^2} + \frac{cm_c + am_b + bm_a}{c^2} \geq \frac{9\sqrt{3}r}{R}$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (m_a, m_b, m_c)$ atunci:

$$\begin{aligned} & \frac{am_a + bm_c + cm_b}{a^2} + \frac{bm_b + cm_a + am_c}{b^2} \\ & + \frac{cm_c + am_b + bm_a}{c^2} \stackrel{(2)}{\geq} \frac{9(m_a + m_b + m_c)}{a+b+c} \stackrel{m_a \geq 9r}{\geq} \frac{81r}{2p} \stackrel{Mitrinovic}{\geq} \frac{9\sqrt{3}r}{R}. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A9. $\Delta ABC \Rightarrow$

$$\frac{ar_a + br_c + cr_b}{a^2} + \frac{br_b + cr_a + ar_c}{b^2} + \frac{cr_c + ar_b + br_a}{c^2} \geq \frac{9\sqrt{3}r}{R}$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (r_a, r_b, r_c)$ atunci:

$$\begin{aligned} & \frac{ar_a + br_c + cr_b}{a^2} + \frac{br_b + cr_a + ar_c}{b^2} \\ & + \frac{cr_c + ar_b + br_a}{c^2} \stackrel{(2)}{\geq} \frac{9(r_a + r_b + r_c)}{a + b + c} \stackrel{\Sigma r_a = 4R + r}{=} \frac{9(4R + r)}{2p} \stackrel{\text{Euler}}{\geq} \frac{81r}{2p} \stackrel{\text{Mitrinovic}}{\geq} \frac{9\sqrt{3}r}{R}. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A10. $\Delta ABC \Rightarrow$

$$\frac{aw_a + bw_c + cw_b}{a^2} + \frac{bw_b + cw_a + aw_c}{b^2} + \frac{cw_c + aw_b + bw_a}{c^2} \geq \frac{9\sqrt{3}r}{R}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (w_a, w_b, w_c)$ atunci:

$$\frac{aw_a + bw_c + cw_b}{a^2} + \frac{bw_b + cw_a + aw_c}{b^2} + \frac{cw_c + aw_b + bw_a}{c^2} \stackrel{(2)}{\geq} \frac{9(w_a + w_b + w_c)}{a + b + c} \stackrel{\Sigma w_a \geq 9r}{=} \frac{81r}{2p} \stackrel{\text{Mitrinovic}}{\geq} \frac{9\sqrt{3}r}{R}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A11. $\Delta ABC \Rightarrow$

$$\frac{as_a + bs_c + cs_b}{a^2} + \frac{bw_b + cw_a + aw_c}{b^2} + \frac{cw_c + aw_b + bw_a}{c^2} \geq \frac{9\sqrt{3}r}{R}$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (s_a, s_b, s_c)$ atunci:

$$\frac{as_a + bs_c + cs_b}{a^2} + \frac{bs_b + cs_a + as_c}{b^2} + \frac{cs_c + as_b + bs_a}{c^2} \stackrel{(2)}{\geq} \frac{9(s_a + s_b + s_c)}{a + b + c} \stackrel{\Sigma s_a \geq 9r}{=} \frac{81r}{2p} \stackrel{\text{Mitrinovic}}{\geq} \frac{9\sqrt{3}r}{R}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A12. $\Delta ABC \Rightarrow$

$$\frac{asinA + bsinC + csinB}{a^2} + \frac{bsinB + csinA + asinC}{b^2} + \frac{csinC + asinB + bsinA}{c^2} \geq \frac{9}{2R}$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (\sin A, \sin B, \sin C)$ atunci:

$$\frac{asinA + bsinC + csinB}{a^2} + \frac{bsinB + csinA + asinC}{b^2} + \frac{csinC + asinB + bsinA}{c^2} \stackrel{(2)}{\geq} \frac{9(sinA + sinB + sinC)}{a+b+c} \stackrel{\Sigma sinA = \frac{p}{R}}{\cong} \frac{9}{2R}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A13. $\Delta ABC \Rightarrow$

$$\frac{asin\frac{A}{2} + bsin\frac{C}{2} + csin\frac{B}{2}}{a^2} + \frac{bsin\frac{B}{2} + csin\frac{A}{2} + asin\frac{C}{2}}{b^2} + \frac{csin\frac{C}{2} + asin\frac{B}{2} + bsin\frac{A}{2}}{c^2} \geq \frac{3\sqrt{3}}{2R}$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = \left(\sin\frac{A}{2}, \sin\frac{B}{2}, \sin\frac{C}{2}\right)$:

$$\begin{aligned} & \frac{asin\frac{A}{2} + bsin\frac{C}{2} + csin\frac{B}{2}}{a^2} + \frac{bsin\frac{B}{2} + csin\frac{A}{2} + asin\frac{C}{2}}{b^2} + \frac{csin\frac{C}{2} + asin\frac{B}{2} + bsin\frac{A}{2}}{c^2} \stackrel{(2)}{\geq} \frac{9\left(\sin\frac{A}{2} + \sin\frac{B}{2} + \sin\frac{C}{2}\right)}{a+b+c} \\ & \stackrel{\text{Jensen}}{\geq} \frac{27}{4p} \stackrel{\text{Mitrović}}{\geq} \frac{3\sqrt{3}}{2R} \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A14. $\Delta ABC \Rightarrow$

$$\frac{acos\frac{A}{2} + bcos\frac{C}{2} + ccos\frac{B}{2}}{a^2} + \frac{bcos\frac{B}{2} + ccos\frac{A}{2} + acos\frac{C}{2}}{b^2} + \frac{ccos\frac{C}{2} + acos\frac{B}{2} + bcos\frac{A}{2}}{c^2} \geq \frac{9r}{R^2}$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = \left(\cos\frac{A}{2}, \cos\frac{B}{2}, \cos\frac{C}{2}\right)$ atunci:

$$\frac{acos\frac{A}{2} + bcos\frac{C}{2} + ccos\frac{B}{2}}{a^2} + \frac{bcos\frac{B}{2} + ccos\frac{A}{2} + acos\frac{C}{2}}{b^2} + \frac{ccos\frac{C}{2} + acos\frac{B}{2} + bcos\frac{A}{2}}{c^2} \stackrel{(2)}{\geq} \frac{9\left(\cos\frac{A}{2} + \cos\frac{B}{2} + \cos\frac{C}{2}\right)}{a+b+c}$$

$$\stackrel{\text{Lemă}}{\geq} \frac{9\frac{2pr}{R^2}}{2p} = \frac{9r}{R^2}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A15. $\Delta ABC \Rightarrow$

$$\frac{atg\frac{A}{2} + btg\frac{C}{2} + ctg\frac{B}{2}}{a^2} + \frac{btg\frac{B}{2} + ctg\frac{A}{2} + atg\frac{C}{2}}{b^2} + \frac{ctg\frac{C}{2} + atg\frac{B}{2} + btg\frac{A}{2}}{c^2} \geq \frac{6r}{R^2}$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = \left(\tg \frac{A}{2}, \tg \frac{B}{2}, \tg \frac{C}{2}\right)$ atunci:

$$\frac{\atg \frac{A}{2} + \btg \frac{C}{2} + \ctg \frac{B}{2}}{a^2} + \frac{\btg \frac{B}{2} + \ctg \frac{A}{2} + \atg \frac{C}{2}}{b^2} + \frac{\ctg \frac{C}{2} + \atg \frac{B}{2} + \btg \frac{A}{2}}{c^2} \stackrel{(2)}{\geq} \frac{9 \left(\tg \frac{A}{2} + \tg \frac{B}{2} + \tg \frac{C}{2} \right)}{a+b+c} \stackrel{\Sigma \tg \frac{A}{2} = \frac{4R+r}{p}}{\stackrel{Euler}{\geq}} \frac{9(4R+r)}{2p^2} \stackrel{Mitrinovic}{\geq} \frac{81r}{2p^2} \stackrel{6r}{\geq} \frac{R^2}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A16. $\Delta ABC \Rightarrow$

$$\frac{\actg \frac{A}{2} + \bctg \frac{C}{2} + \cctg \frac{B}{2}}{a^2} + \frac{\bctg \frac{B}{2} + \cctg \frac{A}{2} + \actg \frac{C}{2}}{b^2} + \frac{\cctg \frac{C}{2} + \actg \frac{B}{2} + \bctg \frac{A}{2}}{c^2} \geq \frac{9}{2r}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = \left(\ctg \frac{A}{2}, \ctg \frac{B}{2}, \ctg \frac{C}{2}\right)$ atunci:

$$\frac{\actg \frac{A}{2} + \bctg \frac{C}{2} + \cctg \frac{B}{2}}{a^2} + \frac{\bctg \frac{B}{2} + \cctg \frac{A}{2} + \actg \frac{C}{2}}{b^2} + \frac{\cctg \frac{C}{2} + \actg \frac{B}{2} + \bctg \frac{A}{2}}{c^2} \stackrel{(2)}{\geq} \frac{9 \left(\ctg \frac{A}{2} + \ctg \frac{B}{2} + \ctg \frac{C}{2} \right)}{a+b+c}$$

$$\stackrel{\Sigma \ctg \frac{A}{2} = \frac{p}{r}}{\stackrel{9p}{\geq}} \frac{9p}{2pr} = \frac{9}{2r}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A17. $\Delta ABC \Rightarrow$

$$\frac{h_a m_a + h_b m_c + h_c m_b}{h_a^2} + \frac{h_b m_b + h_c m_a + h_a m_c}{h_b^2} + \frac{h_c m_c + h_b m_a + h_a m_b}{h_c^2} \geq 9$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (m_a, m_b, m_c)$ și $(a, b, c) = (h_a, h_b, h_c)$ atunci:

$$\frac{h_a m_a + h_b m_c + h_c m_b}{h_a^2} + \frac{h_b m_b + h_c m_a + h_a m_c}{h_b^2} + \frac{h_c m_c + h_b m_a + h_a m_b}{h_c^2} \stackrel{(2)}{\geq} \frac{9(m_a + m_b + m_c)}{h_a + h_b + h_c} \stackrel{\Sigma m_a \geq 9r; \Sigma h_a \leq \frac{9R}{2}}{\stackrel{\Sigma m_a \geq 9r; \Sigma h_a \leq \frac{9R}{2}}{\geq}} 9.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A18. $\Delta ABC \Rightarrow$

$$\frac{h_a r_a + h_b r_c + h_c r_b}{h_a^2} + \frac{h_b r_b + h_c r_a + h_a r_c}{h_b^2} + \frac{h_c r_c + h_b r_a + h_a r_b}{h_c^2} \geq 9$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (r_a, r_b, r_c)$ și $(a, b, c) = (h_a, h_b, h_c)$ atunci:

$$\frac{h_a r_a + h_b r_c + h_c r_b}{h_a^2} + \frac{h_b r_b + h_c r_a + h_a r_c}{h_b^2} + \frac{h_c r_c + h_b r_a + h_a r_b}{h_c^2} \stackrel{(1)}{\geq} (r_a + r_b + r_c) \left(\frac{1}{h_a} + \frac{1}{h_b} + \frac{1}{h_c} \right) \stackrel{\sum r_a \geq 9r; \sum \frac{1}{h_a} = \frac{1}{r}}{\geq} 9.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A19. $\Delta ABC \Rightarrow$

$$\frac{h_a w_a + h_b w_c + h_c w_b}{h_a^2} + \frac{h_b w_b + h_c w_a + h_a w_c}{h_b^2} + \frac{h_c w_c + h_b w_a + h_a w_b}{h_c^2} \geq 9$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (w_a, w_b, w_c)$ și $(a, b, c) = (h_a, h_b, h_c)$ atunci:

$$\frac{h_a w_a + h_b w_c + h_c w_b}{h_a^2} + \frac{h_b w_b + h_c w_a + h_a w_c}{h_b^2} + \frac{h_c w_c + h_b w_a + h_a w_b}{h_c^2} \stackrel{(1)}{\geq} (w_a + w_b + w_c) \left(\frac{1}{h_a} + \frac{1}{h_b} + \frac{1}{h_c} \right)$$

$$\stackrel{\sum w_a \geq 9r; \sum \frac{1}{h_a} = \frac{1}{r}}{\geq} 9r \cdot \frac{1}{r} = 9.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A20. $\Delta ABC \Rightarrow$

$$\frac{h_a s_a + h_b s_c + h_c s_b}{h_a^2} + \frac{h_b s_b + h_c s_a + h_a s_c}{h_b^2} + \frac{h_c s_c + h_b s_a + h_a s_b}{h_c^2} \geq 9$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (s_a, s_b, s_c)$ și $(a, b, c) = (h_a, h_b, h_c)$ atunci:

$$\frac{h_a s_a + h_b s_c + h_c s_b}{h_a^2} + \frac{h_b s_b + h_c s_a + h_a s_c}{h_b^2} + \frac{h_c s_c + h_b s_a + h_a s_b}{h_c^2} \stackrel{(1)}{\geq} (s_a + s_b + s_c) \left(\frac{1}{h_a} + \frac{1}{h_b} + \frac{1}{h_c} \right) \stackrel{\sum s_a \geq 9r; \sum \frac{1}{h_a} = \frac{1}{r}}{\geq} 9r \cdot \frac{1}{r} = 9.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A21. $\Delta ABC \Rightarrow$

$$\frac{h_a \sin A + h_b \sin C + h_c \sin B}{h_a^2} + \frac{h_b \sin B + h_c \sin A + h_a \sin C}{h_b^2} + \frac{h_c \sin C + h_b \sin A + h_a \sin B}{h_c^2} \geq 9$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (\sin A, \sin B, \sin C)$ și $(a, b, c) = (h_a, h_b, h_c)$ atunci:

$$\frac{h_a \sin A + h_b \sin C + h_c \sin B}{h_a^2} + \frac{h_b \sin B + h_c \sin A + h_a \sin C}{h_b^2} + \frac{h_c \sin C + h_a \sin B + h_b \sin A}{h_c^2} \stackrel{(1)}{\geq}$$

$$(\sin A + \sin B + \sin C) \left(\frac{1}{h_a} + \frac{1}{h_b} + \frac{1}{h_c} \right) \stackrel{\sum \frac{1}{h_a} = \frac{1}{r}}{\leq} \frac{p}{Rr} \stackrel{Mitrinovic}{\leq} \frac{3\sqrt{3}}{R}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A22. $\Delta ABC \Rightarrow$

$$\frac{h_a \sin \frac{A}{2} + h_b \sin \frac{C}{2} + h_c \sin \frac{B}{2}}{h_a^2} + \frac{h_b \sin \frac{B}{2} + h_c \sin \frac{A}{2} + h_a \sin \frac{C}{2}}{h_b^2} + \frac{h_c \sin \frac{C}{2} + h_a \sin \frac{B}{2} + h_b \sin \frac{A}{2}}{h_c^2} \geq \frac{3}{2r}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = \left(\sin \frac{A}{2}, \sin \frac{B}{2}, \sin \frac{C}{2} \right)$ și $(a, b, c) = (h_a, h_b, h_c)$ atunci:

$$\frac{h_a \sin \frac{A}{2} + h_b \sin \frac{C}{2} + h_c \sin \frac{B}{2}}{h_a^2} + \frac{h_b \sin \frac{B}{2} + h_c \sin \frac{A}{2} + h_a \sin \frac{C}{2}}{h_b^2} + \frac{h_c \sin \frac{C}{2} + h_a \sin \frac{B}{2} + h_b \sin \frac{A}{2}}{h_c^2} \stackrel{(1)}{\geq}$$

$$\left(\sin \frac{A}{2} + \sin \frac{B}{2} + \sin \frac{C}{2} \right) \left(\frac{1}{h_a} + \frac{1}{h_b} + \frac{1}{h_c} \right) \stackrel{\sum \frac{1}{h_a} = \frac{1}{r}}{\geq} \frac{3}{2} \cdot \frac{1}{r} = \frac{3}{2r}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A23. $\Delta ABC \Rightarrow$

$$\frac{h_a \cos \frac{A}{2} + h_b \cos \frac{C}{2} + h_c \cos \frac{B}{2}}{h_a^2} + \frac{h_b \cos \frac{B}{2} + h_c \cos \frac{A}{2} + h_a \cos \frac{C}{2}}{h_b^2} + \frac{h_c \cos \frac{C}{2} + h_a \cos \frac{B}{2} + h_b \cos \frac{A}{2}}{h_c^2} \geq \frac{6\sqrt{3}r}{R^2}.$$

Gheorghe Ghiță, Buzău

Soluție. Se aplică (*) pentru $(x, y, z) = \left(\cos \frac{A}{2}, \cos \frac{B}{2}, \cos \frac{C}{2} \right)$ și $(a, b, c) = (h_a, h_b, h_c)$:

$$\frac{h_a \cos \frac{A}{2} + h_b \cos \frac{C}{2} + h_c \cos \frac{B}{2}}{h_a^2} + \frac{h_b \cos \frac{B}{2} + h_c \cos \frac{A}{2} + h_a \cos \frac{C}{2}}{h_b^2} + \frac{h_c \cos \frac{C}{2} + h_a \cos \frac{B}{2} + h_b \cos \frac{A}{2}}{h_c^2} \stackrel{(1)}{\geq}$$

$$\left(\cos \frac{A}{2} + \cos \frac{B}{2} + \cos \frac{C}{2} \right) \left(\frac{1}{h_a} + \frac{1}{h_b} + \frac{1}{h_c} \right) \stackrel{\sum \frac{1}{h_a} = \frac{1}{r}}{\geq} \frac{2pr}{R^2} \cdot \frac{1}{r} = \frac{2p}{R^2} \stackrel{Mitrinovic}{\geq} \frac{6\sqrt{3}r}{R^2}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A24. $\Delta ABC \Rightarrow$

$$\frac{h_a \operatorname{tg} \frac{A}{2} + h_b \operatorname{tg} \frac{C}{2} + h_c \operatorname{tg} \frac{B}{2}}{h_a^2} + \frac{h_b \operatorname{tg} \frac{B}{2} + h_c \operatorname{tg} \frac{A}{2} + h_a \operatorname{tg} \frac{C}{2}}{h_b^2} + \frac{h_c \operatorname{tg} \frac{C}{2} + h_a \operatorname{tg} \frac{B}{2} + h_b \operatorname{tg} \frac{A}{2}}{h_c^2} \geq \frac{9}{p}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = \left(\operatorname{tg} \frac{A}{2}, \operatorname{tg} \frac{B}{2}, \operatorname{tg} \frac{C}{2} \right)$ și $(a, b, c) = (h_a, h_b, h_c)$ atunci:

$$\frac{h_a \operatorname{tg} \frac{A}{2} + h_b \operatorname{tg} \frac{C}{2} + h_c \operatorname{tg} \frac{B}{2}}{h_a^2} + \frac{h_b \operatorname{tg} \frac{B}{2} + h_c \operatorname{tg} \frac{A}{2} + h_a \operatorname{tg} \frac{C}{2}}{h_b^2} + \frac{h_c \operatorname{tg} \frac{C}{2} + h_a \operatorname{tg} \frac{B}{2} + h_b \operatorname{tg} \frac{A}{2}}{h_c^2} \stackrel{(1)}{\geq}$$

$$\left(\operatorname{tg} \frac{A}{2} + \operatorname{tg} \frac{B}{2} + \operatorname{tg} \frac{C}{2} \right) \left(\frac{1}{h_a} + \frac{1}{h_b} + \frac{1}{h_c} \right) \stackrel{\Sigma \frac{1}{h_a} = \frac{1}{r}}{\geq} \frac{4R + r}{p} \cdot \frac{1}{r} \stackrel{\text{Euler}}{\geq} \frac{9}{p}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A25. $\Delta ABC \Rightarrow$

$$\frac{h_a \operatorname{ctg} \frac{A}{2} + h_b \operatorname{ctg} \frac{C}{2} + h_c \operatorname{ctg} \frac{B}{2}}{h_a^2} + \frac{h_b \operatorname{ctg} \frac{B}{2} + h_c \operatorname{ctg} \frac{A}{2} + h_a \operatorname{ctg} \frac{C}{2}}{h_b^2} + \frac{h_c \operatorname{ctg} \frac{C}{2} + h_a \operatorname{ctg} \frac{B}{2} + h_b \operatorname{ctg} \frac{A}{2}}{h_c^2} \geq \frac{3\sqrt{3}}{r}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = \left(\operatorname{ctg} \frac{A}{2}, \operatorname{ctg} \frac{B}{2}, \operatorname{ctg} \frac{C}{2} \right)$ și $(a, b, c) = (h_a, h_b, h_c)$ atunci:

$$\frac{h_a \operatorname{ctg} \frac{A}{2} + h_b \operatorname{ctg} \frac{C}{2} + h_c \operatorname{ctg} \frac{B}{2}}{h_a^2} + \frac{h_b \operatorname{ctg} \frac{B}{2} + h_c \operatorname{ctg} \frac{A}{2} + h_a \operatorname{ctg} \frac{C}{2}}{h_b^2} + \frac{h_c \operatorname{ctg} \frac{C}{2} + h_a \operatorname{ctg} \frac{B}{2} + h_b \operatorname{ctg} \frac{A}{2}}{h_c^2} \stackrel{(1)}{\geq}$$

$$\left(\operatorname{ctg} \frac{A}{2} + \operatorname{ctg} \frac{B}{2} + \operatorname{ctg} \frac{C}{2} \right) \left(\frac{1}{h_a} + \frac{1}{h_b} + \frac{1}{h_c} \right) \stackrel{\Sigma \frac{1}{h_a} = \frac{1}{r}}{\geq} \frac{p}{r^2} \stackrel{\text{Mitrinovic}}{\geq} \frac{3\sqrt{3}}{r}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A26. $\Delta ABC \Rightarrow$

$$\frac{am_a + cm_b + mb_c}{m_a^2} + \frac{bm_b + am_c + cm_a}{m_b^2} + \frac{cm_c + bm_a + am_b}{m_c^2} \geq \frac{12\sqrt{3}r}{R}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (a, b, c)$ și $(a, b, c) = (m_a, m_b, m_c)$ atunci:

$$\frac{am_a + cm_b + mb_c}{m_a^2} + \frac{bm_b + am_c + cm_a}{m_b^2} + r \frac{cm_c + bm_a + am_b}{m_c^2} \stackrel{(1)}{\geq} (a + b + c) \left(\frac{1}{m_a} + \frac{1}{m_b} + \frac{1}{m_c} \right) \stackrel{\sum \frac{1}{m_a} \geq \frac{2}{R}}{\geq} \frac{4p}{R}$$

Mitrinovic $\sum \frac{12\sqrt{3}r}{R}$.

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A27. $\Delta ABC \Rightarrow$

$$\frac{m_a h_a + m_b h_c + m_c h_b}{m_a^2} + \frac{m_b h_b + m_c h_a + m_a h_c}{m_b^2} + \frac{m_c h_c + m_a h_b + m_b h_a}{m_c^2} \geq \frac{18r}{R}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (h_a, h_b, h_c)$ și $(a, b, c) = (m_a, m_b, m_c)$ atunci:

$$\frac{m_a h_a + m_b h_c + m_c h_b}{m_a^2} + \frac{m_b h_b + m_c h_a + m_a h_c}{m_b^2} + \frac{m_c h_c + m_a h_b + m_b h_a}{m_c^2} \stackrel{(1)}{\geq} (h_a + h_b + h_c) \left(\frac{1}{m_a} + \frac{1}{m_b} + \frac{1}{m_c} \right)$$

$$\begin{matrix} \sum h_a \geq 9r; \\ \sum \frac{1}{m_a} \geq \frac{2}{R} \end{matrix} \sum \frac{18r}{R}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A28. $\Delta ABC \Rightarrow$

$$\frac{m_a r_a + m_b r_c + m_c r_b}{m_a^2} + \frac{m_b r_b + m_c r_a + m_a r_c}{m_b^2} + \frac{m_c r_c + m_a r_b + m_b r_a}{m_c^2} \geq \frac{18r}{R}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (r_a, r_b, r_c)$ și $(a, b, c) = (m_a, m_b, m_c)$ atunci:

$$\begin{aligned} & \frac{m_a r_a + m_b r_c + m_c r_b}{m_a^2} + \frac{m_b r_b + m_c r_a + m_a r_c}{m_b^2} \\ & + \frac{m_c r_c + m_a r_b + m_b r_a}{m_c^2} \stackrel{(1)}{\geq} (r_a + r_b + r_c) \left(\frac{1}{m_a} + \frac{1}{m_b} + \frac{1}{m_c} \right) \stackrel{\sum r_a \geq 9r; \sum \frac{1}{m_a} \geq \frac{2}{R}}{\geq} \frac{18r}{R}. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A29. $\Delta ABC \Rightarrow$

$$\frac{m_a w_a + m_b w_c + m_c w_b}{m_a^2} + \frac{m_b w_b + m_c w_a + m_a w_c}{m_b^2} + \frac{m_c w_c + m_a w_b + m_b w_a}{m_c^2} \geq \frac{18r}{R}$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (w_a, w_b, w_c)$ și $(a, b, c) = (m_a, m_b, m_c)$:

$$\frac{m_a w_a + m_b w_c + m_c w_b}{m_a^2} + \frac{m_b w_b + m_c w_a + m_a w_c}{m_b^2} + \frac{m_c w_c + m_a w_b + m_b w_a}{m_c^2} \stackrel{(1)}{\geq} (w_a + w_b + w_c) \left(\frac{1}{m_a} + \frac{1}{m_b} + \frac{1}{m_c} \right)$$

$$\begin{aligned} & \sum w_a \geq 9r; \\ & \sum \frac{1}{m_a} \geq \frac{2}{R} \\ & \stackrel{(1)}{\geq} \frac{18r}{R}. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A30. $\Delta ABC \Rightarrow$

$$\frac{m_a s_a + m_b s_c + m_c s_b}{m_a^2} + \frac{m_b s_b + m_c s_a + m_a s_c}{m_b^2} + \frac{m_c s_c + m_a s_b + m_b s_a}{m_c^2} \geq \frac{18r}{R}$$

Gheorghe Ghiță, Buzău

Soluție. Se aplică (*) pentru $(x, y, z) = (s_a, s_b, s_c)$ și $(a, b, c) = (m_a, m_b, m_c)$:

$$\begin{aligned} & \frac{m_a s_a + m_b s_c + m_c s_b}{m_a^2} + \frac{m_b s_b + m_c s_a + m_a s_c}{m_b^2} \\ & + \frac{m_c s_c + m_a s_b + m_b s_a}{m_c^2} \stackrel{(1)}{\geq} (s_a + s_b + s_c) \left(\frac{1}{m_a} + \frac{1}{m_b} + \frac{1}{m_c} \right) \stackrel{\sum w_a \geq 9r; \sum \frac{1}{m_a} \geq \frac{2}{R}}{\geq} \frac{18r}{R}. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A31. $\Delta ABC \Rightarrow$

$$\frac{m_a \sin A + m_b \sin C + m_c \sin B}{m_a^2} + \frac{m_b \sin B + m_c \sin A + m_a \sin C}{m_b^2} + \frac{m_c \sin C + m_a \sin B + m_b \sin A}{m_c^2} \geq \frac{6\sqrt{3}r}{R^2}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (\sin A, \sin B, \sin C)$ și $(a, b, c) = (m_a, m_b, m_c)$ atunci:

$$\begin{aligned} & \frac{m_a \sin A + m_b \sin C + m_c \sin B}{m_a^2} + \frac{m_b \sin B + m_c \sin A + m_a \sin C}{m_b^2} + \frac{m_c \sin C + m_a \sin B + m_b \sin A}{m_c^2} \stackrel{(1)}{\geq} \\ & (m_a \sin A + m_b \sin C + m_c \sin B) \left(\frac{1}{m_a} + \frac{1}{m_b} + \frac{1}{m_c} \right) \stackrel{\sum \sin A = \frac{p}{R}; \sum \frac{1}{m_a} \geq \frac{2}{R}}{\geq} \frac{2p}{R^2} \stackrel{Mitrinovic}{\leq} \frac{6\sqrt{3}r}{R^2}. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A32. $\Delta ABC \Rightarrow$

$$\frac{m_a \sin \frac{A}{2} + m_b \sin \frac{C}{2} + m_c \sin \frac{B}{2}}{m_a^2} + \frac{m_b \sin \frac{B}{2} + m_c \sin \frac{A}{2} + m_a \sin \frac{C}{2}}{m_b^2} + \frac{m_c \sin \frac{C}{2} + m_a \sin \frac{B}{2} + m_b \sin \frac{A}{2}}{m_c^2} \geq \frac{3}{R}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (\sin \frac{A}{2}, \sin \frac{B}{2}, \sin \frac{C}{2})$ și $(a, b, c) = (m_a, m_b, m_c)$ atunci:

$$\frac{m_a \sin \frac{A}{2} + m_b \sin \frac{C}{2} + m_c \sin \frac{B}{2}}{m_a^2} + \frac{m_b \sin \frac{B}{2} + m_c \sin \frac{A}{2} + m_a \sin \frac{C}{2}}{m_b^2} + \frac{m_c \sin \frac{C}{2} + m_a \sin \frac{B}{2} + m_b \sin \frac{A}{2}}{m_c^2} \stackrel{(1)}{\geq}$$

$$\left(\sin \frac{A}{2} + \sin \frac{B}{2} + \sin \frac{C}{2} \right) \left(\frac{1}{m_a} + \frac{1}{m_b} + \frac{1}{m_c} \right) \stackrel{\substack{\text{Jensen} \\ \sum \frac{1}{m_a} \geq \frac{2}{R}}} {\geq} \frac{3}{R}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A33. $\Delta ABC \Rightarrow$

$$\frac{m_a \cos \frac{A}{2} + m_b \cos \frac{C}{2} + m_c \cos \frac{B}{2}}{m_a^2} + \frac{m_b \cos \frac{B}{2} + m_c \cos \frac{A}{2} + m_a \cos \frac{C}{2}}{m_b^2} + \frac{m_c \cos \frac{C}{2} + m_a \cos \frac{B}{2} + m_b \cos \frac{A}{2}}{m_c^2} \geq \frac{12\sqrt{3}r^2}{R^3}$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (\cos \frac{A}{2}, \cos \frac{B}{2}, \cos \frac{C}{2})$ și $(a, b, c) = (m_a, m_b, m_c)$ atunci:

$$\frac{m_a \cos \frac{A}{2} + m_b \cos \frac{C}{2} + m_c \cos \frac{B}{2}}{m_a^2} + \frac{m_b \cos \frac{B}{2} + m_c \cos \frac{A}{2} + m_a \cos \frac{C}{2}}{m_b^2} + \frac{m_c \cos \frac{C}{2} + m_a \cos \frac{B}{2} + m_b \cos \frac{A}{2}}{m_c^2} \stackrel{(1)}{\geq}$$

$$\left(\cos \frac{A}{2} + \cos \frac{B}{2} + \cos \frac{C}{2} \right) \left(\frac{1}{m_a} + \frac{1}{m_b} + \frac{1}{m_c} \right) \stackrel{\substack{\text{Lema;} \\ \sum \frac{1}{m_a} \geq \frac{2}{R}}} {\geq} \frac{4pr}{R^3} \stackrel{\text{Mitrinovic}}{\geq} \frac{12\sqrt{3}r^2}{R^3}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A34. $\Delta ABC \Rightarrow$

$$\frac{m_a \operatorname{tg} \frac{A}{2} + m_b \operatorname{tg} \frac{C}{2} + m_c \operatorname{tg} \frac{B}{2}}{m_a^2} + \frac{m_b \operatorname{tg} \frac{B}{2} + m_c \operatorname{tg} \frac{A}{2} + m_a \operatorname{tg} \frac{C}{2}}{m_b^2} + \frac{m_c \operatorname{tg} \frac{C}{2} + m_a \operatorname{tg} \frac{B}{2} + m_b \operatorname{tg} \frac{A}{2}}{m_c^2} \geq \frac{4\sqrt{3}r}{R^2}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (\operatorname{tg} \frac{A}{2}, \operatorname{tg} \frac{B}{2}, \operatorname{tg} \frac{C}{2})$ și $(a, b, c) = (m_a, m_b, m_c)$ atunci:

$$\frac{m_a \operatorname{tg} \frac{A}{2} + m_b \operatorname{tg} \frac{C}{2} + m_c \operatorname{tg} \frac{B}{2}}{m_a^2} + \frac{m_b \operatorname{tg} \frac{B}{2} + m_c \operatorname{tg} \frac{A}{2} + m_a \operatorname{tg} \frac{C}{2}}{m_b^2} + \frac{m_c \operatorname{tg} \frac{C}{2} + m_a \operatorname{tg} \frac{B}{2} + m_b \operatorname{tg} \frac{A}{2}}{m_c^2} \stackrel{(1)}{\geq}$$

$$\left(\operatorname{tg} \frac{A}{2} + \operatorname{tg} \frac{B}{2} + \operatorname{tg} \frac{C}{2} \right) \left(\frac{1}{m_a} + \frac{1}{m_b} + \frac{1}{m_c} \right) \stackrel{\sum_{m_a} \frac{1}{2} \geq \frac{2}{R}}{\geq} \frac{2(4R+r)}{pR} \stackrel{\text{Euler}}{\geq} \frac{18r}{pR} \stackrel{\text{Mitrinovic}}{\geq} \frac{4\sqrt{3}r}{R^2}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A35. $\Delta ABC \Rightarrow$

$$\frac{m_a \operatorname{ctg} \frac{A}{2} + m_b \operatorname{ctg} \frac{C}{2} + m_c \operatorname{ctg} \frac{B}{2}}{m_a^2} + \frac{m_b \operatorname{ctg} \frac{B}{2} + m_c \operatorname{ctg} \frac{A}{2} + m_a \operatorname{ctg} \frac{C}{2}}{m_b^2} + \frac{m_c \operatorname{ctg} \frac{C}{2} + m_a \operatorname{ctg} \frac{B}{2} + m_b \operatorname{ctg} \frac{A}{2}}{m_c^2} \geq \frac{6\sqrt{3}}{R}$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (\operatorname{ctg} \frac{A}{2}, \operatorname{ctg} \frac{B}{2}, \operatorname{ctg} \frac{C}{2})$ și $(a, b, c) = (m_a, m_b, m_c)$ atunci:

$$\frac{m_a \operatorname{ctg} \frac{A}{2} + m_b \operatorname{ctg} \frac{C}{2} + m_c \operatorname{ctg} \frac{B}{2}}{m_a^2} + \frac{m_b \operatorname{ctg} \frac{B}{2} + m_c \operatorname{ctg} \frac{A}{2} + m_a \operatorname{ctg} \frac{C}{2}}{m_b^2} + \frac{m_c \operatorname{ctg} \frac{C}{2} + m_a \operatorname{ctg} \frac{B}{2} + m_b \operatorname{ctg} \frac{A}{2}}{m_c^2} \stackrel{(1)}{\geq}$$

$$\left(\operatorname{ctg} \frac{A}{2} + \operatorname{ctg} \frac{B}{2} + \operatorname{ctg} \frac{C}{2} \right) \left(\frac{1}{m_a} + \frac{1}{m_b} + \frac{1}{m_c} \right) \stackrel{\sum_{m_a} \frac{1}{2} \geq \frac{2}{R}}{\geq} \frac{2p}{Rr} \stackrel{\text{Mitrinovic}}{\geq} \frac{6\sqrt{3}}{R}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A36. $\Delta ABC \Rightarrow$

$$\frac{ar_a + cr_b + br_c}{r_a^2} + \frac{br_b + ar_c + cr_a}{r_b^2} + \frac{cr_c + br_a + ar_b}{r_c^2} \geq 6\sqrt{3}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (a, b, c)$ și $(a, b, c) = (r_a, r_b, r_c)$ atunci:

$$\frac{ar_a + cr_b + br_c}{r_a^2} + \frac{br_b + ar_c + cr_a}{r_b^2} + \frac{cr_c + br_a + ar_b}{r_c^2} \stackrel{(1)}{\geq} (a+b+c) \left(\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} \right) \stackrel{\sum_{r_a} \frac{1}{2} = \frac{1}{r}}{\geq} \frac{2p}{r} \stackrel{\text{Mitrinovic}}{\geq} 6\sqrt{3}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A37. $\Delta ABC \Rightarrow$

$$\frac{r_a h_a + r_b h_c + r_c h_b}{r_a^2} + \frac{r_b h_b + r_c h_a + r_a h_c}{r_b^2} + \frac{r_c h_c + r_a h_b + r_b h_a}{r_c^2} \geq 9.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (h_a, h_b, h_c)$ și $(a, b, c) = (r_a, r_b, r_c)$ atunci:

$$\frac{r_a h_a + r_b h_c + r_c h_b}{r_a^2} + \frac{r_b h_b + r_c h_a + r_a h_c}{r_b^2} + \frac{r_c h_c + r_a h_b + r_b h_a}{r_c^2} \stackrel{(1)}{\geq} (h_a + h_b + h_c) \left(\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} \right) \stackrel{\sum_{r_a}^{h_a \geq 9r;} \sum_{r_a}^{\frac{1}{r_a} = \frac{1}{r}}}{\geq} 9.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A38. $\Delta ABC \Rightarrow$

$$\frac{r_a m_a + r_b m_c + r_c m_b}{r_a^2} + \frac{r_b m_b + r_c m_a + r_a m_c}{r_b^2} + \frac{r_c m_c + r_a m_b + r_b m_a}{r_c^2} \geq 9.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (m_a, m_b, m_c)$ și $(a, b, c) = (r_a, r_b, r_c)$ atunci:

$$\frac{r_a m_a + r_b m_c + r_c m_b}{r_a^2} + \frac{r_b m_b + r_c m_a + r_a m_c}{r_b^2} + \frac{r_c m_c + r_a m_b + r_b m_a}{r_c^2} \stackrel{(1)}{\geq} (m_a + m_b + m_c) \left(\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} \right) \stackrel{\sum_{r_a}^{m_a \geq 9r;} \sum_{r_a}^{\frac{1}{r_a} = \frac{1}{r}}}{\geq} 9.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A39. $\Delta ABC \Rightarrow$

$$\frac{r_a w_a + r_b w_c + r_c w_b}{r_a^2} + \frac{r_b w_b + r_c w_a + r_a w_c}{r_b^2} + \frac{r_c w_c + r_a w_b + r_b w_a}{r_c^2} \geq 9.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (w_a, w_b, w_c)$ și $(a, b, c) = (r_a, r_b, r_c)$ atunci:

$$\frac{r_a w_a + r_b w_c + r_c w_b}{r_a^2} + \frac{r_b w_b + r_c w_a + r_a w_c}{r_b^2} + \frac{r_c w_c + r_a w_b + r_b w_a}{r_c^2} \stackrel{(1)}{\geq} (w_a + w_b + w_c) \left(\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} \right) \stackrel{\sum_{r_a}^{w_a \geq 9r;} \sum_{r_a}^{\frac{1}{r_a} = \frac{1}{r}}}{\geq} 9.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A40. $\Delta ABC \Rightarrow$

$$\frac{r_a s_a + r_b s_c + r_c s_b}{r_a^2} + \frac{r_b s_b + r_c s_a + r_a s_c}{r_b^2} + \frac{r_c s_c + r_a s_b + r_b s_a}{r_c^2} \geq 9.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (s_a, s_b, s_c)$ și $(a, b, c) = (r_a, r_b, r_c)$ atunci:

$$\frac{r_a s_a + r_b s_c + r_c s_b}{r_a^2} + \frac{r_b s_b + r_c s_a + r_a s_c}{r_b^2} + \frac{r_c s_c + r_a s_b + r_b s_a}{r_c^2} \stackrel{(1)}{\geq} (s_a + s_b + s_c) \left(\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} \right) \stackrel{\sum_{r_a}^{s_a \geq 9r;} \sum_{r_a}^{\frac{1}{r_a} = \frac{1}{r}}}{\geq} 9.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A41. $\Delta ABC \Rightarrow$

$$\frac{r_a \sin A + r_b \sin C + r_c \sin B}{r_a^2} + \frac{r_b \sin B + r_c \sin A + r_a \sin C}{r_b^2} + \frac{r_c \sin C + r_a \sin B + r_b \sin A}{r_c^2} \geq \frac{3\sqrt{3}}{R}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (\sin A, \sin B, \sin C)$ și $(a, b, c) = (r_a, r_b, r_c)$ atunci:

$$\begin{aligned} \frac{r_a \sin A + r_b \sin C + r_c \sin B}{r_a^2} + \frac{r_b \sin B + r_c \sin A + r_a \sin C}{r_b^2} + \frac{r_c \sin C + r_a \sin B + r_b \sin A}{r_c^2} &\stackrel{(1)}{\geq} \\ (\sin A + \sin B + \sin C) \left(\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} \right) &\stackrel{\Sigma \frac{1}{r_a} = \frac{1}{r}; \Sigma \frac{1}{r_b} = \frac{1}{r}}{\leq} \frac{p}{Rr} \stackrel{\text{Mitrinovic}}{\geq} \frac{3\sqrt{3}}{R}. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A42. $\Delta ABC \Rightarrow$

$$\frac{r_a \sin \frac{A}{2} + r_b \sin \frac{C}{2} + r_c \sin \frac{B}{2}}{r_a^2} + \frac{r_b \sin \frac{B}{2} + r_c \sin \frac{A}{2} + r_a \sin \frac{C}{2}}{r_b^2} + \frac{r_c \sin \frac{C}{2} + r_a \sin \frac{B}{2} + r_b \sin \frac{A}{2}}{r_c^2} \geq \frac{3}{2r}$$

Gheorghe Ghiță

Soluție. Pentru $(x, y, z) = \left(\sin \frac{A}{2}, \sin \frac{B}{2}, \sin \frac{C}{2}\right)$ și $(a, b, c) = (r_a, r_b, r_c)$

$$\begin{aligned} \frac{r_a \sin \frac{A}{2} + r_b \sin \frac{C}{2} + r_c \sin \frac{B}{2}}{r_a^2} + \frac{r_b \sin \frac{B}{2} + r_c \sin \frac{A}{2} + r_a \sin \frac{C}{2}}{r_b^2} + \frac{r_c \sin \frac{C}{2} + r_a \sin \frac{B}{2} + r_b \sin \frac{A}{2}}{r_c^2} &\stackrel{(1)}{\geq} \\ \left(\sin \frac{A}{2} + \sin \frac{B}{2} + \sin \frac{C}{2} \right) \left(\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} \right) &\stackrel{\text{Jensen; } \Sigma \frac{1}{r_a} = \frac{1}{r}}{\geq} \frac{3}{2r}. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A43. $\Delta ABC \Rightarrow$

$$\frac{r_a \cos \frac{A}{2} + r_b \cos \frac{C}{2} + r_c \cos \frac{B}{2}}{r_a^2} + \frac{r_b \cos \frac{B}{2} + r_c \cos \frac{A}{2} + r_a \cos \frac{C}{2}}{r_b^2} + \frac{r_c \cos \frac{C}{2} + r_a \cos \frac{B}{2} + r_b \cos \frac{A}{2}}{r_c^2} \geq \frac{6\sqrt{3}r}{R^2}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = \left(\cos \frac{A}{2}, \cos \frac{B}{2}, \cos \frac{C}{2}\right)$ și $(a, b, c) = (r_a, r_b, r_c)$ atunci:

$$\frac{r_a \cos \frac{A}{2} + r_b \cos \frac{C}{2} + r_c \cos \frac{B}{2}}{r_a^2} + \frac{r_b \cos \frac{B}{2} + r_c \cos \frac{A}{2} + r_a \cos \frac{C}{2}}{r_b^2} + \frac{r_c \cos \frac{C}{2} + r_a \cos \frac{B}{2} + r_b \cos \frac{A}{2}}{r_c^2} \stackrel{(1)}{\geq}$$

Lema;
 $\sum_{r_a=1}^{\frac{1}{r}} \sum_{r_b=1}^{\frac{1}{r}} \sum_{r_c=1}^{\frac{1}{r}}$

$$\left(\cos \frac{A}{2} + \cos \frac{B}{2} + \cos \frac{C}{2} \right) \left(\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} \right) \stackrel{(2)}{\geq} \frac{2p}{R^2} \stackrel{Mitrinovic}{\geq} \frac{6\sqrt{3}r}{R^2}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A44. $\Delta ABC \Rightarrow$

$$\frac{r_a \tan \frac{A}{2} + r_b \tan \frac{C}{2} + r_c \tan \frac{B}{2}}{r_a^2} + \frac{r_b \tan \frac{B}{2} + r_c \tan \frac{A}{2} + r_a \tan \frac{C}{2}}{r_b^2} + \frac{r_c \tan \frac{C}{2} + r_a \tan \frac{B}{2} + r_b \tan \frac{A}{2}}{r_c^2} \geq \frac{2\sqrt{3}}{r}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = \left(\tan \frac{A}{2}, \tan \frac{B}{2}, \tan \frac{C}{2} \right)$ și $(a, b, c) = (r_a, r_b, r_c)$ atunci:

$$\frac{r_a \tan \frac{A}{2} + r_b \tan \frac{C}{2} + r_c \tan \frac{B}{2}}{r_a^2} + \frac{r_b \tan \frac{B}{2} + r_c \tan \frac{A}{2} + r_a \tan \frac{C}{2}}{r_b^2} + \frac{r_c \tan \frac{C}{2} + r_a \tan \frac{B}{2} + r_b \tan \frac{A}{2}}{r_c^2} \stackrel{(1)}{\geq}$$

$\Sigma \tan \frac{A}{2} = \frac{4R+r}{p};$
 $\sum_{r_a=1}^{\frac{1}{r}} \sum_{r_b=1}^{\frac{1}{r}} \sum_{r_c=1}^{\frac{1}{r}}$

$$\left(\tan \frac{A}{2} + \tan \frac{B}{2} + \tan \frac{C}{2} \right) \left(\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} \right) \stackrel{(2)}{\geq} \frac{4R+r}{pr} \stackrel{Euler}{\geq} \frac{9}{p} \stackrel{Mitrinovic}{\geq} \frac{2\sqrt{3}}{r}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A45. $\Delta ABC \Rightarrow$

$$\frac{r_a \operatorname{ctg} \frac{A}{2} + r_b \operatorname{ctg} \frac{C}{2} + r_c \operatorname{ctg} \frac{B}{2}}{r_a^2} + \frac{r_b \operatorname{ctg} \frac{B}{2} + r_c \operatorname{ctg} \frac{A}{2} + r_a \operatorname{ctg} \frac{C}{2}}{r_b^2} + \frac{r_c \operatorname{ctg} \frac{C}{2} + r_a \operatorname{ctg} \frac{B}{2} + r_b \operatorname{ctg} \frac{A}{2}}{r_c^2} \geq \frac{3\sqrt{3}}{r}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = \left(\operatorname{ctg} \frac{A}{2}, \operatorname{ctg} \frac{B}{2}, \operatorname{ctg} \frac{C}{2} \right)$ și $(a, b, c) = (r_a, r_b, r_c)$

$$\frac{r_a \operatorname{ctg} \frac{A}{2} + r_b \operatorname{ctg} \frac{C}{2} + r_c \operatorname{ctg} \frac{B}{2}}{r_a^2} + \frac{r_b \operatorname{ctg} \frac{B}{2} + r_c \operatorname{ctg} \frac{A}{2} + r_a \operatorname{ctg} \frac{C}{2}}{r_b^2} + \frac{r_c \operatorname{ctg} \frac{C}{2} + r_a \operatorname{ctg} \frac{B}{2} + r_b \operatorname{ctg} \frac{A}{2}}{r_c^2} \stackrel{(1)}{\geq}$$

$\Sigma \operatorname{ctg} \frac{A}{2} = \frac{p}{r};$
 $\sum_{r_a=1}^{\frac{1}{r}} \sum_{r_b=1}^{\frac{1}{r}} \sum_{r_c=1}^{\frac{1}{r}}$

$$\left(\operatorname{ctg} \frac{A}{2} + \operatorname{ctg} \frac{B}{2} + \operatorname{ctg} \frac{C}{2} \right) \left(\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} \right) \stackrel{(2)}{\geq} \frac{p}{r^2} \stackrel{Mitrinovic}{\geq} \frac{3\sqrt{3}}{r}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A46. $\Delta ABC \Rightarrow$

$$\frac{aw_a + cw_b + bw_c}{w_a^2} + \frac{bw_b + aw_c + cw_a}{w_b^2} + \frac{cw_c + bw_a + aw_b}{w_c^2} \geq \frac{12\sqrt{3}r}{R}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (a, b, c)$ și $(a, b, c) = (w_a, w_b, w_c)$ atunci:

$$\frac{aw_a + cw_b + bw_c}{w_a^2} + \frac{bw_b + aw_c + cw_a}{w_b^2} + \frac{cw_c + bw_a + aw_b}{w_c^2} \stackrel{(1)}{\geq} (a+b+c) \left(\frac{1}{w_a} + \frac{1}{w_b} + \frac{1}{w_c} \right) \stackrel{\sum_{w_a \geq R}}{\geq} \frac{4p}{R} \stackrel{Mitrinovic}{\leq} \frac{12\sqrt{3}r}{R}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A47. $\Delta ABC \Rightarrow$

$$\frac{w_a h_a + w_b h_c + w_c h_b}{w_a^2} + \frac{w_b h_b + w_c h_a + w_a h_c}{w_b^2} + \frac{w_c h_c + w_a h_b + w_b h_a}{w_c^2} \geq \frac{18r}{R}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (h_a, h_b, h_c)$ și $(a, b, c) = (w_a, w_b, w_c)$ atunci:

$$\frac{w_a h_a + w_b h_c + w_c h_b}{w_a^2} + \frac{w_b h_b + w_c h_a + w_a h_c}{w_b^2} + \frac{w_c h_c + w_a h_b + w_b h_a}{w_c^2} \stackrel{(1)}{\geq} (h_a + h_b + h_c) \left(\frac{1}{w_a} + \frac{1}{w_b} + \frac{1}{w_c} \right) \stackrel{\sum h_a \geq 9r;}{\geq} \frac{18r}{R}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A48. $\Delta ABC \Rightarrow$

$$\frac{w_a m_a + w_b m_c + w_c m_b}{w_a^2} + \frac{w_b m_b + w_c m_a + w_a m_c}{w_b^2} + \frac{w_c m_c + w_a m_b + w_b m_a}{w_c^2} \geq \frac{18r}{R}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (m_a, m_b, m_c)$ și $(a, b, c) = (w_a, w_b, w_c)$ atunci:

$$\frac{w_a m_a + w_b m_c + w_c m_b}{w_a^2} + \frac{w_b m_b + w_c m_a + w_a m_c}{w_b^2} + \frac{w_c m_c + w_a m_b + w_b m_a}{w_c^2} \stackrel{(1)}{\geq} (m_a + m_b + m_c) \left(\frac{1}{w_a} + \frac{1}{w_b} + \frac{1}{w_c} \right)$$

$$\sum_{\substack{m_a \geq 9r; \\ \sum \frac{1}{w_a} \geq \frac{2}{R}}} \frac{18r}{R}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A49. $\Delta ABC \Rightarrow$

$$\frac{w_a r_a + w_b r_c + w_c r_b}{w_a^2} + \frac{w_b r_b + w_c r_a + w_a r_c}{w_b^2} + \frac{w_c r_c + w_a r_b + w_b r_a}{w_c^2} \geq \frac{18r}{R}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (r_a, r_b, r_c)$ și $(a, b, c) = (w_a, w_b, w_c)$ atunci:

$$\frac{w_a r_a + w_b r_c + w_c r_b}{w_a^2} + \frac{w_b r_b + w_c r_a + w_a r_c}{w_b^2} + \frac{w_c r_c + w_a r_b + w_b r_a}{w_c^2} \stackrel{(1)}{\geq} (r_a + r_b + r_c) \left(\frac{1}{w_a} + \frac{1}{w_b} + \frac{1}{w_c} \right) \stackrel{\sum r_a \geq 9r; \sum \frac{1}{w_a} \geq \frac{2}{R}}{\geq} \frac{18r}{R}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A50. $\Delta ABC \Rightarrow$

$$\frac{w_a s_a + w_b s_c + w_c s_b}{w_a^2} + \frac{w_b s_b + w_c s_a + w_a s_c}{w_b^2} + \frac{w_c s_c + w_a s_b + w_b s_a}{w_c^2} \geq \frac{18r}{R}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (s_a, s_b, s_c)$ și $(a, b, c) = (w_a, w_b, w_c)$ atunci:

$$\frac{w_a s_a + w_b s_c + w_c s_b}{w_a^2} + \frac{w_b s_b + w_c s_a + w_a s_c}{w_b^2} + \frac{w_c s_c + w_a s_b + w_b s_a}{w_c^2} \stackrel{(1)}{\geq} (s_a + s_b + s_c) \left(\frac{1}{w_a} + \frac{1}{w_b} + \frac{1}{w_c} \right) \stackrel{\sum s_a \geq 9r; \sum \frac{1}{w_a} \geq \frac{2}{R}}{\geq} \frac{18r}{R}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A51. $\Delta ABC \Rightarrow$

$$\frac{w_a \sin A + w_b \sin C + w_c \sin B}{w_a^2} + \frac{w_b \sin B + w_c \sin A + w_a \sin C}{w_b^2} + \frac{w_c \sin C + w_a \sin B + w_b \sin A}{w_c^2} \geq \frac{6\sqrt{3}r}{R^2}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (\sin A, \sin B, \sin C)$ și $(a, b, c) = (w_a, w_b, w_c)$ atunci:

$$\frac{w_a \sin A + w_b \sin C + w_c \sin B}{w_a^2} + \frac{w_b \sin B + w_c \sin A + w_a \sin C}{w_b^2} + \frac{w_c \sin C + w_a \sin B + w_b \sin A}{w_c^2} \stackrel{(1)}{\geq}$$

$$(sinA + sinB + sinC) \left(\frac{1}{w_a} + \frac{1}{w_b} + \frac{1}{w_c} \right) \stackrel{\sum \frac{1}{w_a} \geq \frac{2}{R}}{\geq} \frac{2p}{R^2} \stackrel{Mitrinovic}{\geq} \frac{6\sqrt{3}r}{R^2}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A52. $\Delta ABC \Rightarrow$

$$\frac{w_a \sin \frac{A}{2} + w_b \sin \frac{C}{2} + w_c \sin \frac{B}{2}}{w_a^2} + \frac{w_b \sin \frac{B}{2} + w_c \sin \frac{A}{2} + w_a \sin \frac{C}{2}}{w_b^2} + \frac{w_c \sin \frac{C}{2} + w_a \sin \frac{B}{2} + w_b \sin \frac{A}{2}}{w_c^2} \geq \frac{3}{R}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (\sin \frac{A}{2}, \sin \frac{B}{2}, \sin \frac{C}{2})$ și $(a, b, c) = (w_a, w_b, w_c)$ atunci:

$$\frac{w_a \sin \frac{A}{2} + w_b \sin \frac{C}{2} + w_c \sin \frac{B}{2}}{w_a^2} + \frac{w_b \sin \frac{B}{2} + w_c \sin \frac{A}{2} + w_a \sin \frac{C}{2}}{w_b^2} + \frac{w_c \sin \frac{C}{2} + w_a \sin \frac{B}{2} + w_b \sin \frac{A}{2}}{w_c^2} \stackrel{(1)}{\geq}$$

$$\left(\sin \frac{A}{2} + \sin \frac{B}{2} + \sin \frac{C}{2} \right) \left(\frac{1}{w_a} + \frac{1}{w_b} + \frac{1}{w_c} \right) \stackrel{\sum \frac{1}{w_a} \geq \frac{2}{R}}{\geq} \frac{3}{R}.$$

Jensen;

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A53. $\Delta ABC \Rightarrow$

$$\frac{w_a \cos \frac{A}{2} + w_b \cos \frac{C}{2} + w_c \cos \frac{B}{2}}{w_a^2} + \frac{w_b \cos \frac{B}{2} + w_c \cos \frac{A}{2} + w_a \cos \frac{C}{2}}{w_b^2} + \frac{w_c \cos \frac{C}{2} + w_a \cos \frac{B}{2} + w_b \cos \frac{A}{2}}{w_c^2} \geq \frac{12\sqrt{3}r^2}{R^3}$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (\cos \frac{A}{2}, \cos \frac{B}{2}, \cos \frac{C}{2})$ și $(a, b, c) = (w_a, w_b, w_c)$ atunci:

$$\frac{w_a \cos \frac{A}{2} + w_b \cos \frac{C}{2} + w_c \cos \frac{B}{2}}{w_a^2} + \frac{w_b \cos \frac{B}{2} + w_c \cos \frac{A}{2} + w_a \cos \frac{C}{2}}{w_b^2} + \frac{w_c \cos \frac{C}{2} + w_a \cos \frac{B}{2} + w_b \cos \frac{A}{2}}{w_c^2} \stackrel{(1)}{\geq}$$

$$\left(\cos \frac{A}{2} + \cos \frac{B}{2} + \cos \frac{C}{2} \right) \left(\frac{1}{w_a} + \frac{1}{w_b} + \frac{1}{w_c} \right) \stackrel{\sum \frac{1}{w_a} \geq \frac{2}{R}}{\geq} \frac{4pr}{R^3} \stackrel{Mitrinovic}{\geq} \frac{12\sqrt{3}r^2}{R^3}.$$

Lema;

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A54. $\Delta ABC \Rightarrow$

$$\frac{w_a \operatorname{tg} \frac{A}{2} + w_b \operatorname{tg} \frac{C}{2} + w_c \operatorname{tg} \frac{B}{2}}{w_a^2} + \frac{w_b \operatorname{tg} \frac{B}{2} + w_c \operatorname{tg} \frac{A}{2} + w_a \operatorname{tg} \frac{C}{2}}{w_b^2} + \frac{w_c \operatorname{tg} \frac{C}{2} + w_a \operatorname{tg} \frac{B}{2} + w_b \operatorname{tg} \frac{A}{2}}{w_c^2} \geq \frac{4\sqrt{3}r}{R}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = \left(\tg \frac{A}{2}, \tg \frac{B}{2}, \tg \frac{C}{2}\right)$ și $(a, b, c) = (w_a, w_b, w_c)$ atunci:

$$\frac{w_a \tg \frac{A}{2} + w_b \tg \frac{C}{2} + w_c \tg \frac{B}{2}}{w_a^2} + \frac{w_b \tg \frac{B}{2} + w_c \tg \frac{A}{2} + w_a \tg \frac{C}{2}}{w_b^2} + \frac{w_c \tg \frac{C}{2} + w_a \tg \frac{B}{2} + w_b \tg \frac{A}{2}}{w_c^2} \stackrel{(1)}{\geq}$$

$$\left(\tg \frac{A}{2} + \tg \frac{B}{2} + \tg \frac{C}{2} \right) \left(\frac{1}{w_a} + \frac{1}{w_b} + \frac{1}{w_c} \right) \stackrel{\sum_{w_a} \frac{1}{w_a} \geq \frac{2}{R}}{\leq} \frac{8R + 2r}{pR} \stackrel{\text{Euler}}{\leq} \frac{18r}{pR} \stackrel{\text{Mitrinovic}}{\leq} \frac{4\sqrt{3}r}{R}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A55. $\Delta ABC \Rightarrow$

$$\frac{w_a \ctg \frac{A}{2} + w_b \ctg \frac{C}{2} + w_c \ctg \frac{B}{2}}{w_a^2} + \frac{w_b \ctg \frac{B}{2} + w_c \ctg \frac{A}{2} + w_a \ctg \frac{C}{2}}{w_b^2} + \frac{w_c \ctg \frac{C}{2} + w_a \ctg \frac{B}{2} + w_b \ctg \frac{A}{2}}{w_c^2} \geq \frac{6\sqrt{3}}{R}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = \left(\ctg \frac{A}{2}, \ctg \frac{B}{2}, \ctg \frac{C}{2}\right)$ și $(a, b, c) = (w_a, w_b, w_c)$ atunci:

$$\frac{w_a \ctg \frac{A}{2} + w_b \ctg \frac{C}{2} + w_c \ctg \frac{B}{2}}{w_a^2} + \frac{w_b \ctg \frac{B}{2} + w_c \ctg \frac{A}{2} + w_a \ctg \frac{C}{2}}{w_b^2} + \frac{w_c \ctg \frac{C}{2} + w_a \ctg \frac{B}{2} + w_b \ctg \frac{A}{2}}{w_c^2} \stackrel{(1)}{\geq}$$

$$\left(\ctg \frac{A}{2} + \ctg \frac{B}{2} + \ctg \frac{C}{2} \right) \left(\frac{1}{w_a} + \frac{1}{w_b} + \frac{1}{w_c} \right) \stackrel{\sum_{w_a} \frac{1}{w_a} \geq \frac{2}{R}}{\geq} \frac{2p}{Rr} \stackrel{\text{Mitrinovic}}{\geq} \frac{6\sqrt{3}}{R}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A56. $\Delta ABC \Rightarrow$

$$\frac{as_a + cs_b + bs_c}{s_a^2} + \frac{bs_b + as_c + cs_a}{s_b^2} + \frac{cs_c + bs_a + as_b}{s_c^2} \geq \frac{12\sqrt{3}r}{R}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (a, b, c)$ și $(a, b, c) = (s_a, s_b, s_c)$ atunci:

$$\frac{as_a + cs_b + bs_c}{s_a^2} + \frac{bs_b + as_c + cs_a}{s_b^2} + \frac{cs_c + bs_a + as_b}{s_c^2} \stackrel{(1)}{\geq} (a + b + c) \left(\frac{1}{s_a} + \frac{1}{s_b} + \frac{1}{s_c} \right) \stackrel{\sum_{s_a} \frac{1}{s_a} \geq \frac{2}{R}}{\geq} \frac{4p}{R} \stackrel{\text{Mitrinovic}}{\geq} \frac{12\sqrt{3}r}{R}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A57. $\Delta ABC \Rightarrow$

$$\frac{s_a h_a + s_b h_c + s_c h_b}{s_a^2} + \frac{s_b h_b + s_c h_a + s_a h_c}{s_b^2} + \frac{s_c h_c + s_a h_b + s_b h_a}{s_c^2} \geq \frac{18r}{R}.$$

Gheorghe Ghiță, Buzău, Buzău

Soluție. Pentru $(x, y, z) = (h_a, h_b, h_c)$ și $(a, b, c) = (s_a, s_b, s_c)$ atunci:

$$\frac{s_a h_a + s_b h_c + s_c h_b}{s_a^2} + \frac{s_b h_b + s_c h_a + s_a h_c}{s_b^2} + \frac{s_c h_c + s_a h_b + s_b h_a}{s_c^2} \stackrel{(1)}{\geq} (h_a + h_b + h_c) \left(\frac{1}{s_a} + \frac{1}{s_b} + \frac{1}{s_c} \right) \stackrel{\sum h_a \geq 9r; \sum \frac{1}{s_a} \geq \frac{2}{R}}{\geq} \frac{18r}{R}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A58. $\Delta ABC \Rightarrow$

$$\frac{s_a m_a + s_b m_c + s_c m_b}{s_a^2} + \frac{s_b m_b + s_c m_a + s_a m_c}{s_b^2} + \frac{s_c m_c + s_a m_b + s_b m_a}{s_c^2} \geq \frac{18r}{R}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (m_a, m_b, m_c)$ și $(a, b, c) = (s_a, s_b, s_c)$ atunci:

$$\begin{aligned} & \frac{s_a m_a + s_b m_c + s_c m_b}{s_a^2} + \frac{s_b m_b + s_c m_a + s_a m_c}{s_b^2} \\ & + \frac{s_c m_c + s_a m_b + s_b m_a}{s_c^2} \stackrel{(1)}{\geq} (m_a + m_b + m_c) \left(\frac{1}{s_a} + \frac{1}{s_b} + \frac{1}{s_c} \right) \stackrel{\sum m_a \geq 9r; \sum \frac{1}{s_a} \geq \frac{2}{R}}{\geq} \\ & = \frac{18r}{R}. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A59. $\Delta ABC \Rightarrow$

$$\frac{s_a r_a + s_b r_c + s_c r_b}{s_a^2} + \frac{s_b r_b + s_c r_a + s_a r_c}{s_b^2} + \frac{s_c r_c + s_a r_b + s_b r_a}{s_c^2} \geq \frac{18r}{R}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (r_a, r_b, r_c)$ și $(a, b, c) = (s_a, s_b, s_c)$ atunci:

$$\frac{s_a r_a + s_b r_c + s_c r_b}{s_a^2} + \frac{s_b r_b + s_c r_a + s_a r_c}{s_b^2} + \frac{s_c r_c + s_a r_b + s_b r_a}{s_c^2} \stackrel{(1)}{\geq} (r_a + r_b + r_c) \left(\frac{1}{s_a} + \frac{1}{s_b} + \frac{1}{s_c} \right) \stackrel{\sum r_a \geq 9r; \sum \frac{1}{s_a} \geq \frac{2}{R}}{\geq} = \frac{18r}{R}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A60. $\Delta ABC \Rightarrow$

$$\frac{s_a w_a + s_b w_c + s_c w_b}{s_a^2} + \frac{s_b w_b + s_c w_a + s_a w_c}{s_b^2} + \frac{s_c w_c + s_a w_b + s_b w_a}{s_c^2} \geq \frac{18r}{R}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (w_a, w_b, w_c)$ și $(a, b, c) = (s_a, s_b, s_c)$ atunci:

$$\begin{aligned} & \frac{s_a w_a + s_b w_c + s_c w_b}{s_a^2} + \frac{s_b w_b + s_c w_a + s_a w_c}{s_b^2} \\ & + \frac{s_c w_c + s_a w_b + s_b w_a}{s_c^2} \stackrel{(1)}{\geq} (w_a + w_b + w_c) \left(\frac{1}{s_a} + \frac{1}{s_b} + \frac{1}{s_c} \right) \stackrel{\sum w_a \geq 9r; \sum \frac{1}{s_a} \geq \frac{2}{R}}{\geq} \frac{18r}{R}. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A61. $\Delta ABC \Rightarrow$

$$\frac{s_a \sin A + s_b \sin C + s_c \sin B}{s_a^2} + \frac{s_b \sin B + s_c \sin A + s_a \sin C}{s_b^2} + \frac{s_c \sin C + s_a \sin B + s_b \sin A}{s_c^2} \geq \frac{6\sqrt{3}r}{R^2}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (\sin A, \sin B, \sin C)$ și $(a, b, c) = (s_a, s_b, s_c)$ atunci:

$$\begin{aligned} & \frac{s_a \sin A + s_b \sin C + s_c \sin B}{s_a^2} + \frac{s_b \sin B + s_c \sin A + s_a \sin C}{s_b^2} + \frac{s_c \sin C + s_a \sin B + s_b \sin A}{s_c^2} \stackrel{(1)}{\geq} \\ & (s_a \sin A + s_b \sin B + s_c \sin C) \left(\frac{1}{s_a} + \frac{1}{s_b} + \frac{1}{s_c} \right) \stackrel{\sum \sin A = \frac{p}{R}; \sum \frac{1}{s_a} \geq \frac{2}{R}}{\geq} = \frac{2p}{R^2} \stackrel{Mitrinovic}{\geq} \frac{6\sqrt{3}r}{R^2}. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A62. $\Delta ABC \Rightarrow$

$$\frac{s_a \sin \frac{A}{2} + s_b \sin \frac{C}{2} + s_c \sin \frac{B}{2}}{s_a^2} + \frac{s_b \sin \frac{B}{2} + s_c \sin \frac{A}{2} + s_a \sin \frac{C}{2}}{s_b^2} + \frac{s_c \sin \frac{C}{2} + s_a \sin \frac{B}{2} + s_b \sin \frac{A}{2}}{s_c^2} \geq \frac{3}{R}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = \left(\sin \frac{A}{2}, \sin \frac{B}{2}, \sin \frac{C}{2} \right)$ și $(a, b, c) = (s_a, s_b, s_c)$ atunci:

$$\frac{s_a \sin \frac{A}{2} + s_b \sin \frac{C}{2} + s_c \sin \frac{B}{2}}{s_a^2} + \frac{s_b \sin \frac{B}{2} + s_c \sin \frac{A}{2} + s_a \sin \frac{C}{2}}{s_b^2} + \frac{s_c \sin \frac{C}{2} + s_a \sin \frac{B}{2} + s_b \sin \frac{A}{2}}{s_c^2} \stackrel{(1)}{\geq}$$

$$\left(\sin \frac{A}{2} + \sin \frac{B}{2} + \sin \frac{C}{2}\right) \left(\frac{1}{s_a} + \frac{1}{s_b} + \frac{1}{s_c}\right) \stackrel{\text{Jensen; } \sum_{s_a} \geq \frac{2}{R}}{\geq} = \frac{3}{R}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A63. $\Delta ABC \Rightarrow$

$$\frac{s_a \cos \frac{A}{2} + s_b \cos \frac{C}{2} + s_c \cos \frac{B}{2}}{s_a^2} + \frac{s_b \cos \frac{B}{2} + s_c \cos \frac{A}{2} + s_a \cos \frac{C}{2}}{s_b^2} + \frac{s_c \cos \frac{C}{2} + s_a \cos \frac{B}{2} + s_b \cos \frac{A}{2}}{s_c^2} \geq \frac{12\sqrt{3}r^2}{R^3}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = \left(\cos \frac{A}{2}, \cos \frac{B}{2}, \cos \frac{C}{2}\right)$ și $(a, b, c) = (s_a, s_b, s_c)$ atunci:

$$\frac{s_a \cos \frac{A}{2} + s_b \cos \frac{C}{2} + s_c \cos \frac{B}{2}}{s_a^2} + \frac{s_b \cos \frac{B}{2} + s_c \cos \frac{A}{2} + s_a \cos \frac{C}{2}}{s_b^2} + \frac{s_c \cos \frac{C}{2} + s_a \cos \frac{B}{2} + s_b \cos \frac{A}{2}}{s_c^2} \stackrel{(1)}{\leq}$$

$$\left(\cos \frac{A}{2} + \cos \frac{B}{2} + \cos \frac{C}{2}\right) \left(\frac{1}{s_a} + \frac{1}{s_b} + \frac{1}{s_c}\right) \stackrel{\text{Lema; } \sum_{s_a} \geq \frac{2}{R}}{\geq} \frac{12\sqrt{3}r^2}{R^3}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A64. $\Delta ABC \Rightarrow$

$$\frac{s_a \operatorname{tg} \frac{A}{2} + s_b \operatorname{tg} \frac{C}{2} + s_c \operatorname{tg} \frac{B}{2}}{s_a^2} + \frac{s_b \operatorname{tg} \frac{B}{2} + s_c \operatorname{tg} \frac{A}{2} + s_a \operatorname{tg} \frac{C}{2}}{s_b^2} + \frac{s_c \operatorname{tg} \frac{C}{2} + s_a \operatorname{tg} \frac{B}{2} + s_b \operatorname{tg} \frac{A}{2}}{s_c^2} \geq \frac{4\sqrt{3}r}{3R^2}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = \left(\operatorname{tg} \frac{A}{2}, \operatorname{tg} \frac{B}{2}, \operatorname{tg} \frac{C}{2}\right)$ și $(a, b, c) = (s_a, s_b, s_c)$ atunci:

$$\frac{s_a \operatorname{tg} \frac{A}{2} + s_b \operatorname{tg} \frac{C}{2} + s_c \operatorname{tg} \frac{B}{2}}{s_a^2} + \frac{s_b \operatorname{tg} \frac{B}{2} + s_c \operatorname{tg} \frac{A}{2} + s_a \operatorname{tg} \frac{C}{2}}{s_b^2} + \frac{s_c \operatorname{tg} \frac{C}{2} + s_a \operatorname{tg} \frac{B}{2} + s_b \operatorname{tg} \frac{A}{2}}{s_c^2} \stackrel{(1)}{\leq}$$

$$\left(\operatorname{tg} \frac{A}{2} + \operatorname{tg} \frac{B}{2} + \operatorname{tg} \frac{C}{2}\right) \left(\frac{1}{s_a} + \frac{1}{s_b} + \frac{1}{s_c}\right) \stackrel{\Sigma \operatorname{tg} \frac{A}{2} = \frac{4R+r}{p}; \sum_{s_a} \geq \frac{2}{R}}{\geq} \frac{8R+2r}{pR} \stackrel{\text{Euler}}{\geq} \frac{18r}{pR} \stackrel{\text{Mitrinovic}}{\geq} \frac{4\sqrt{3}r}{3R^2}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A65. $\Delta ABC \Rightarrow$

$$\frac{s_a \operatorname{ctg} \frac{A}{2} + s_b \operatorname{ctg} \frac{C}{2} + s_c \operatorname{ctg} \frac{B}{2}}{s_a^2} + \frac{s_b \operatorname{ctg} \frac{B}{2} + s_c \operatorname{ctg} \frac{A}{2} + s_a \operatorname{ctg} \frac{C}{2}}{s_b^2} + \frac{s_c \operatorname{ctg} \frac{C}{2} + s_a \operatorname{ctg} \frac{B}{2} + s_b \operatorname{ctg} \frac{A}{2}}{s_c^2} \geq \frac{6\sqrt{3}}{R}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = \left(\operatorname{ctg} \frac{A}{2}, \operatorname{ctg} \frac{B}{2}, \operatorname{ctg} \frac{C}{2}\right)$ și $(a, b, c) = (s_a, s_b, s_c)$ atunci:

$$\frac{s_a \operatorname{ctg} \frac{A}{2} + s_b \operatorname{ctg} \frac{C}{2} + s_c \operatorname{ctg} \frac{B}{2}}{s_a^2} + \frac{s_b \operatorname{ctg} \frac{B}{2} + s_c \operatorname{ctg} \frac{A}{2} + s_a \operatorname{ctg} \frac{C}{2}}{s_b^2} + \frac{s_c \operatorname{ctg} \frac{C}{2} + s_a \operatorname{ctg} \frac{B}{2} + s_b \operatorname{ctg} \frac{A}{2}}{s_c^2} \stackrel{(1)}{\geq}$$

$$\left(\operatorname{ctg} \frac{A}{2} + \operatorname{ctg} \frac{B}{2} + \operatorname{ctg} \frac{C}{2} \right) \left(\frac{1}{s_a} + \frac{1}{s_b} + \frac{1}{s_c} \right) \stackrel{\sum \operatorname{ctg} \frac{A}{2} = p; \sum \frac{1}{s_a} \geq \frac{2}{R}}{\geq} \frac{2p}{Rr} \stackrel{\text{Mitrinovic}}{\geq} \frac{6\sqrt{3}}{R}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A66. $\Delta ABC \Rightarrow$

$$\frac{h_a \sin A + h_c \sin B + h_b \sin C}{\sin^2 A} + \frac{h_b \sin B + h_a \sin C + h_c \sin A}{\sin^2 B} + \frac{h_c \sin C + h_b \sin A + h_a \sin B}{\sin^2 C} \geq 18\sqrt{3}r.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (h_a, h_b, h_c)$ și $(a, b, c) = (\sin A, \sin B, \sin C)$ atunci:

$$\frac{h_a \sin A + h_c \sin B + h_b \sin C}{\sin^2 A} + \frac{h_b \sin B + h_a \sin C + h_c \sin A}{\sin^2 B} + \frac{h_c \sin C + h_b \sin A + h_a \sin B}{\sin^2 C} \stackrel{(1)}{\geq}$$

$$(h_a + h_b + h_c) \left(\frac{1}{\sin A} + \frac{1}{\sin B} + \frac{1}{\sin C} \right) \stackrel{\sum h_a \geq 9r; \sum \frac{1}{\sin A} \geq \frac{9R}{p}}{\geq} \frac{81Rr}{p} \stackrel{\text{Mitrinovic}}{\geq} 18\sqrt{3}r.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A67. $\Delta ABC \Rightarrow$

$$\frac{m_a \sin A + m_c \sin B + m_b \sin C}{\sin^2 A} + \frac{m_b \sin B + m_a \sin C + m_c \sin A}{\sin^2 B} + \frac{m_c \sin C + m_b \sin A + m_a \sin B}{\sin^2 C} \geq 18\sqrt{3}r.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (m_a, m_b, m_c)$ și $(a, b, c) = (\sin A, \sin B, \sin C)$ atunci:

$$\frac{m_a \sin A + m_c \sin B + m_b \sin C}{\sin^2 A} + \frac{m_b \sin B + m_a \sin C + m_c \sin A}{\sin^2 B} + \frac{m_c \sin C + m_b \sin A + m_a \sin B}{\sin^2 C} \stackrel{(1)}{\geq}$$

$$(m_a + m_b + m_c) \left(\frac{1}{\sin A} + \frac{1}{\sin B} + \frac{1}{\sin C} \right) \stackrel{\sum m_a \geq 9r; \sum \frac{1}{\sin A} \geq \frac{9R}{p}}{\geq} \frac{81Rr}{p} \stackrel{\text{Mitrinovic}}{\geq} 18\sqrt{3}r.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A68. $\Delta ABC \Rightarrow$

$$\frac{r_a \sin A + r_c \sin B + r_b \sin C}{\sin^2 A} + \frac{r_b \sin B + r_a \sin C + r_c \sin A}{\sin^2 B} + \frac{r_c \sin C + r_b \sin A + r_a \sin B}{\sin^2 C} \geq 18\sqrt{3}r.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (r_a, r_b, r_c)$ și $(a, b, c) = (\sin A, \sin B, \sin C)$ atunci:

$$\begin{aligned} \frac{r_a \sin A + r_c \sin B + r_b \sin C}{\sin^2 A} + \frac{r_b \sin B + r_a \sin C + r_c \sin A}{\sin^2 B} + \frac{r_c \sin C + r_b \sin A + r_a \sin B}{\sin^2 C} &\stackrel{(1)}{\geq} \\ (r_a + r_b + r_c) \left(\frac{1}{\sin A} + \frac{1}{\sin B} + \frac{1}{\sin C} \right) &\stackrel{\sum r_a = 4R + r;}{\stackrel{\sum \frac{1}{\sin A} \geq \frac{9R}{p}}{\geq}} \frac{9R(4R + r)}{p} \stackrel{\text{Euler}}{\geq} \frac{81Rr}{p} \stackrel{\text{Mitrinovic}}{\geq} 18\sqrt{3}r. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A69. $\Delta ABC \Rightarrow$

$$\frac{w_a \sin A + w_c \sin B + w_b \sin C}{\sin^2 A} + \frac{w_b \sin B + w_a \sin C + w_c \sin A}{\sin^2 B} + \frac{w_c \sin C + w_b \sin A + w_a \sin B}{\sin^2 C} \geq 18\sqrt{3}r.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (w_a, w_b, w_c)$ și $(a, b, c) = (\sin A, \sin B, \sin C)$ atunci:

$$\begin{aligned} \frac{w_a \sin A + w_c \sin B + w_b \sin C}{\sin^2 A} + \frac{w_b \sin B + w_a \sin C + w_c \sin A}{\sin^2 B} + \frac{w_c \sin C + w_b \sin A + w_a \sin B}{\sin^2 C} &\stackrel{(1)}{\geq} \\ (w_a + w_b + w_c) \left(\frac{1}{\sin A} + \frac{1}{\sin B} + \frac{1}{\sin C} \right) &\stackrel{\sum w_a \geq 9r;}{\stackrel{\sum \frac{1}{\sin A} \geq \frac{9R}{p}}{\geq}} \frac{81Rr}{p} \stackrel{\text{Mitrinovic}}{\geq} 18\sqrt{3}r. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A70. $\Delta ABC \Rightarrow$

$$\frac{s_a \sin A + s_c \sin B + s_b \sin C}{\sin^2 A} + \frac{s_b \sin B + s_a \sin C + s_c \sin A}{\sin^2 B} + \frac{s_c \sin C + s_b \sin A + s_a \sin B}{\sin^2 C} \geq 18\sqrt{3}r.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (s_a, s_b, s_c)$ și $(a, b, c) = (\sin A, \sin B, \sin C)$ atunci:

$$\begin{aligned} \frac{s_a \sin A + s_c \sin B + s_b \sin C}{\sin^2 A} + \frac{s_b \sin B + s_a \sin C + s_c \sin A}{\sin^2 B} + \frac{s_c \sin C + s_b \sin A + s_a \sin B}{\sin^2 C} &\stackrel{(1)}{\geq} \\ (s_a + s_b + s_c) \left(\frac{1}{\sin A} + \frac{1}{\sin B} + \frac{1}{\sin C} \right) &\stackrel{\sum s_a \geq 9r;}{\stackrel{\sum \frac{1}{\sin A} \geq \frac{9R}{p}}{\geq}} \frac{81Rr}{p} \stackrel{\text{Mitrinovic}}{\geq} 18\sqrt{3}r. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A71. $\Delta ABC \Rightarrow$

$$\begin{aligned} & \frac{\sin \frac{A}{2} \sin A + \sin \frac{C}{2} \sin B + \sin \frac{B}{2} \sin C}{\sin^2 A} + \frac{\sin \frac{B}{2} \sin B + \sin \frac{A}{2} \sin C + \sin \frac{C}{2} \sin A}{\sin^2 B} \\ & + \frac{\sin \frac{C}{2} \sin C + \sin \frac{B}{2} \sin A + \sin \frac{A}{2} \sin B}{\sin^2 C} \geq 6\sqrt{3}. \end{aligned}$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = \left(\sin \frac{A}{2}, \sin \frac{B}{2}, \sin \frac{C}{2}\right)$ și $(a, b, c) = (\sin A, \sin B, \sin C)$ atunci:

$$\begin{aligned} & \frac{\sin \frac{A}{2} \sin A + \sin \frac{C}{2} \sin B + \sin \frac{B}{2} \sin C}{\sin^2 A} + \frac{\sin \frac{B}{2} \sin B + \sin \frac{A}{2} \sin C + \sin \frac{C}{2} \sin A}{\sin^2 B} + \\ & \frac{\sin \frac{C}{2} \sin C + \sin \frac{B}{2} \sin A + \sin \frac{A}{2} \sin B}{\sin^2 C} \stackrel{(1)}{\geq} \left(\sin \frac{A}{2} + \sin \frac{B}{2} + \sin \frac{C}{2}\right) \left(\frac{1}{\sin A} + \frac{1}{\sin B} + \frac{1}{\sin C}\right) \\ & + \frac{1}{\sin C} \stackrel{\text{Jensen; } \sum \frac{1}{\sin A} \geq \frac{9R}{p}}{\geq} \frac{27R}{2p} \stackrel{\text{Mitrinovic}}{\geq} 6\sqrt{3}. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A72. $\Delta ABC \Rightarrow$

$$\begin{aligned} & \frac{\cos \frac{A}{2} \sin A + \cos \frac{C}{2} \sin B + \cos \frac{B}{2} \sin C}{\sin^2 A} + \frac{\cos \frac{B}{2} \sin B + \cos \frac{A}{2} \sin C + \cos \frac{C}{2} \sin A}{\sin^2 B} \\ & + \frac{\cos \frac{C}{2} \sin C + \cos \frac{B}{2} \sin A + \cos \frac{A}{2} \sin B}{\sin^2 C} \geq \frac{18r}{R}. \end{aligned}$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = \left(\cos \frac{A}{2}, \cos \frac{B}{2}, \cos \frac{C}{2}\right)$ și $(a, b, c) = (\sin A, \sin B, \sin C)$ atunci:

$$\begin{aligned} & \frac{\cos \frac{A}{2} \sin A + \cos \frac{C}{2} \sin B + \cos \frac{B}{2} \sin C}{\sin^2 A} + \frac{\cos \frac{B}{2} \sin B + \cos \frac{A}{2} \sin C + \cos \frac{C}{2} \sin A}{\sin^2 B} \\ & + \frac{\cos \frac{C}{2} \sin C + \cos \frac{B}{2} \sin A + \cos \frac{A}{2} \sin B}{\sin^2 C} \stackrel{(1)}{\geq} \left(\cos \frac{A}{2} + \cos \frac{B}{2} + \cos \frac{C}{2}\right) \left(\frac{1}{\sin A} + \frac{1}{\sin B} + \frac{1}{\sin C}\right) \\ & \stackrel{\text{Lema; } \sum \frac{1}{\sin A} \geq \frac{9R}{p}}{\geq} \frac{18r}{R}. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A73. $\Delta ABC \Rightarrow$

$$\begin{aligned} & \frac{\tg \frac{A}{2} \sin A + \tg \frac{C}{2} \sin B + \tg \frac{B}{2} \sin C}{\sin^2 A} + \frac{\tg \frac{B}{2} \sin B + \tg \frac{A}{2} \sin C + \tg \frac{C}{2} \sin A}{\sin^2 B} + \frac{\tg \frac{C}{2} \sin C + \tg \frac{B}{2} \sin A + \tg \frac{A}{2} \sin B}{\sin^2 C} \\ & \geq \frac{12r}{R}. \end{aligned}$$

Gheorghe Ghiță, Buzău

Soluție. Se aplică (*) pentru $(x, y, z) = (\tg \frac{A}{2}, \tg \frac{B}{2}, \tg \frac{C}{2})$ și $(a, b, c) = (\sin A, \sin B, \sin C)$:

$$\begin{aligned} & \frac{\tg \frac{A}{2} \sin A + \tg \frac{C}{2} \sin B + \tg \frac{B}{2} \sin C}{\sin^2 A} + \frac{\tg \frac{B}{2} \sin B + \tg \frac{A}{2} \sin C + \tg \frac{C}{2} \sin A}{\sin^2 B} + \frac{\tg \frac{C}{2} \sin C + \tg \frac{B}{2} \sin A + \tg \frac{A}{2} \sin B}{\sin^2 C} \\ & \stackrel{(1)}{\geq} \left(\tg \frac{A}{2} + \tg \frac{B}{2} + \tg \frac{C}{2} \right) \left(\frac{1}{\sin A} + \frac{1}{\sin B} + \frac{1}{\sin C} \right) \stackrel{\sum \tg \frac{A}{2} = \frac{4R+r}{p};}{\sum \frac{1}{\sin A} \geq \frac{9R}{p}} \stackrel{\sum \frac{1}{\sin A} \geq \frac{9R}{p}}{\geq} \frac{9R(4R+r)}{p^2} \stackrel{\text{Euler}}{\geq} \frac{81Rr}{p^2} \stackrel{\text{Mitinovic}}{\geq} \frac{12r}{R}. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A74. $\Delta ABC \Rightarrow$

$$\begin{aligned} & \frac{\ctg \frac{A}{2} \sin A + \ctg \frac{C}{2} \sin B + \ctg \frac{B}{2} \sin C}{\sin^2 A} + \frac{\ctg \frac{B}{2} \sin B + \ctg \frac{A}{2} \sin C + \ctg \frac{C}{2} \sin A}{\sin^2 B} + \\ & \frac{\ctg \frac{C}{2} \sin C + \ctg \frac{B}{2} \sin A + \ctg \frac{A}{2} \sin B}{\sin^2 C} \geq 18. \end{aligned}$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (\ctg \frac{A}{2}, \ctg \frac{B}{2}, \ctg \frac{C}{2})$ și $(a, b, c) = (\sin A, \sin B, \sin C)$ atunci:

$$\begin{aligned} & \frac{\ctg \frac{A}{2} \sin A + \ctg \frac{C}{2} \sin B + \ctg \frac{B}{2} \sin C}{\sin^2 A} + \frac{\ctg \frac{B}{2} \sin B + \ctg \frac{A}{2} \sin C + \ctg \frac{C}{2} \sin A}{\sin^2 B} + \\ & \frac{\ctg \frac{C}{2} \sin C + \ctg \frac{B}{2} \sin A + \ctg \frac{A}{2} \sin B}{\sin^2 C} \stackrel{(1)}{\geq} \left(\ctg \frac{A}{2} + \ctg \frac{B}{2} + \ctg \frac{C}{2} \right) \left(\frac{1}{\sin A} + \frac{1}{\sin B} + \frac{1}{\sin C} \right) \stackrel{\sum \ctg \frac{A}{2} = \frac{p}{r};}{\sum \frac{1}{\sin A} \geq \frac{9R}{p}} \stackrel{\sum \frac{1}{\sin A} \geq \frac{9R}{p}}{\geq} \frac{9R}{r} \stackrel{\text{Eu.ler}}{\geq} 18 \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A75. $\Delta ABC \Rightarrow$

$$\frac{a \sin \frac{A}{2} + c \sin \frac{B}{2} + b \sin \frac{C}{2}}{\sin^2 \frac{A}{2}} + \frac{b \sin \frac{B}{2} + a \sin \frac{C}{2} + c \sin \frac{A}{2}}{\sin^2 \frac{B}{2}} + \frac{c \sin \frac{C}{2} + b \sin \frac{A}{2} + a \sin \frac{B}{2}}{\sin^2 \frac{C}{2}} \geq 36\sqrt{3}r.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (a, b, c)$ și $(a, b, c) = \left(\sin \frac{A}{2}, \sin \frac{B}{2}, \sin \frac{C}{2}\right)$ atunci:

$$\begin{aligned} & \frac{a \sin \frac{A}{2} + c \sin \frac{B}{2} + b \sin \frac{C}{2}}{\sin^2 \frac{A}{2}} + \frac{b \sin \frac{B}{2} + a \sin \frac{C}{2} + c \sin \frac{A}{2}}{\sin^2 \frac{B}{2}} + \frac{c \sin \frac{C}{2} + b \sin \frac{A}{2} + a \sin \frac{B}{2}}{\sin^2 \frac{C}{2}} \stackrel{(1)}{\geq} \\ & (a+b+c) \left(\frac{1}{\sin \frac{A}{2}} + \frac{1}{\sin \frac{B}{2}} + \frac{1}{\sin \frac{C}{2}} \right) \stackrel{\sum \frac{1}{\sin^2 \frac{A}{2}} \geq 6}{\geq} 12p \stackrel{Mitrinovic}{\geq} 36\sqrt{3}r. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A76. $\Delta ABC \Rightarrow$

$$\frac{h_a \sin \frac{A}{2} + h_c \sin \frac{B}{2} + h_b \sin \frac{C}{2}}{\sin^2 \frac{A}{2}} + \frac{h_b \sin \frac{B}{2} + h_a \sin \frac{C}{2} + h_c \sin \frac{A}{2}}{\sin^2 \frac{B}{2}} + \frac{h_c \sin \frac{C}{2} + h_b \sin \frac{A}{2} + h_a \sin \frac{B}{2}}{\sin^2 \frac{C}{2}} \geq 54r.$$

Gheorghe Ghiță, Buzău

Soluție. Se aplică (*) pentru $(x, y, z) = (h_a, h_b, h_c)$ și $(a, b, c) = \left(\sin \frac{A}{2}, \sin \frac{B}{2}, \sin \frac{C}{2}\right)$:

$$\begin{aligned} & \frac{h_a \sin \frac{A}{2} + h_c \sin \frac{B}{2} + h_b \sin \frac{C}{2}}{\sin^2 \frac{A}{2}} + \frac{h_b \sin \frac{B}{2} + h_a \sin \frac{C}{2} + h_c \sin \frac{A}{2}}{\sin^2 \frac{B}{2}} + \frac{h_c \sin \frac{C}{2} + h_b \sin \frac{A}{2} + h_a \sin \frac{B}{2}}{\sin^2 \frac{C}{2}} \stackrel{(1)}{\geq} \\ & (h_a + h_b + h_c) \left(\frac{1}{\sin \frac{A}{2}} + \frac{1}{\sin \frac{B}{2}} + \frac{1}{\sin \frac{C}{2}} \right) \stackrel{\sum \frac{1}{\sin^2 \frac{A}{2}} \geq 6; \sum h_a \geq 9r}{\geq} 54r. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A77. $\Delta ABC \Rightarrow$

$$\frac{m_a \sin \frac{A}{2} + m_c \sin \frac{B}{2} + m_b \sin \frac{C}{2}}{\sin^2 \frac{A}{2}} + \frac{m_b \sin \frac{B}{2} + m_a \sin \frac{C}{2} + m_c \sin \frac{A}{2}}{\sin^2 \frac{B}{2}} + \frac{m_c \sin \frac{C}{2} + m_b \sin \frac{A}{2} + m_a \sin \frac{B}{2}}{\sin^2 \frac{C}{2}} \geq 54r.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (m_a, m_b, m_c)$ și $(a, b, c) = \left(\sin \frac{A}{2}, \sin \frac{B}{2}, \sin \frac{C}{2}\right)$ atunci:

$$\frac{m_a \sin \frac{A}{2} + m_c \sin \frac{B}{2} + m_b \sin \frac{C}{2}}{\sin^2 \frac{A}{2}} + \frac{m_b \sin \frac{B}{2} + m_a \sin \frac{C}{2} + m_c \sin \frac{A}{2}}{\sin^2 \frac{B}{2}} + \frac{m_c \sin \frac{C}{2} + m_b \sin \frac{A}{2} + m_a \sin \frac{B}{2}}{\sin^2 \frac{C}{2}} \stackrel{(1)}{\geq}$$

$$(m_a + m_b + m) \left(\frac{1}{\sin \frac{A}{2}} + \frac{1}{\sin \frac{B}{2}} + \frac{1}{\sin \frac{C}{2}} \right)^{\sum m_a \geq 9r} \stackrel{\sum \frac{1}{\sin \frac{A}{2}} \geq 6;}{\geq} 54r.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A78. $\Delta ABC \Rightarrow$

$$\frac{r_a \sin \frac{A}{2} + r_c \sin \frac{B}{2} + r_b \sin \frac{C}{2}}{\sin^2 \frac{A}{2}} + \frac{r_b \sin \frac{B}{2} + r_a \sin \frac{C}{2} + r_c \sin \frac{A}{2}}{\sin^2 \frac{B}{2}} + \frac{r_c \sin \frac{C}{2} + r_b \sin \frac{A}{2} + r_a \sin \frac{B}{2}}{\sin^2 \frac{C}{2}} \geq 54r.$$

Gheorghe Ghiță, Buzău

Soluție. Se aplică (*) pentru $(x, y, z) = (r_a, r_b, r_c)$ și $(a, b, c) = \left(\sin \frac{A}{2}, \sin \frac{B}{2}, \sin \frac{C}{2}\right)$:

$$\frac{r_a \sin \frac{A}{2} + r_c \sin \frac{B}{2} + r_b \sin \frac{C}{2}}{\sin^2 \frac{A}{2}} + \frac{r_b \sin \frac{B}{2} + r_a \sin \frac{C}{2} + r_c \sin \frac{A}{2}}{\sin^2 \frac{B}{2}} + \frac{r_c \sin \frac{C}{2} + r_b \sin \frac{A}{2} + r_a \sin \frac{B}{2}}{\sin^2 \frac{C}{2}} \stackrel{(1)}{\geq}$$

$$(r_a + r_b + r_c) \left(\frac{1}{\sin \frac{A}{2}} + \frac{1}{\sin \frac{B}{2}} + \frac{1}{\sin \frac{C}{2}} \right)^{\sum \frac{1}{\sin \frac{A}{2}} \geq 6} \stackrel{\sum r_a = 4R + r;}{\geq} 6(4R + r) \stackrel{\text{Euler}}{\geq} 54r.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A79. $\Delta ABC \Rightarrow$

$$\frac{w_a \sin \frac{A}{2} + w_c \sin \frac{B}{2} + w_b \sin \frac{C}{2}}{\sin^2 \frac{A}{2}} + \frac{w_b \sin \frac{B}{2} + w_a \sin \frac{C}{2} + w_c \sin \frac{A}{2}}{\sin^2 \frac{B}{2}} + \frac{w_c \sin \frac{C}{2} + w_b \sin \frac{A}{2} + w_a \sin \frac{B}{2}}{\sin^2 \frac{C}{2}} \geq 54r.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (w_a, w_b, w_c)$ și $(a, b, c) = \left(\sin \frac{A}{2}, \sin \frac{B}{2}, \sin \frac{C}{2}\right)$ atunci:

$$\frac{w_a \sin \frac{A}{2} + w_c \sin \frac{B}{2} + w_b \sin \frac{C}{2}}{\sin^2 \frac{A}{2}} + \frac{w_b \sin \frac{B}{2} + w_a \sin \frac{C}{2} + w_c \sin \frac{A}{2}}{\sin^2 \frac{B}{2}} + \frac{w_c \sin \frac{C}{2} + w_b \sin \frac{A}{2} + w_a \sin \frac{B}{2}}{\sin^2 \frac{C}{2}} \stackrel{(1)}{\geq}$$

$$(w_a + w_b + w_c) \left(\frac{1}{\sin \frac{A}{2}} + \frac{1}{\sin \frac{B}{2}} + \frac{1}{\sin \frac{C}{2}} \right)^{\sum \frac{1}{\sin \frac{A}{2}} \geq 6; \sum w_a \geq 9r} \stackrel{\sum w_a \geq 9r}{\geq} 54r.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A80. $\Delta ABC \Rightarrow$

$$\frac{s_a \sin \frac{A}{2} + s_c \sin \frac{B}{2} + s_b \sin \frac{C}{2}}{\sin^2 \frac{A}{2}} + \frac{s_b \sin \frac{B}{2} + s_a \sin \frac{C}{2} + s_c \sin \frac{A}{2}}{\sin^2 \frac{B}{2}} + \frac{s_c \sin \frac{C}{2} + s_b \sin \frac{A}{2} + s_a \sin \frac{B}{2}}{\sin^2 \frac{C}{2}} \geq 54r.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (s_a, s_b, s_c)$ și $(a, b, c) = \left(\sin \frac{A}{2}, \sin \frac{B}{2}, \sin \frac{C}{2}\right)$ atunci:

$$\begin{aligned} & \frac{s_a \sin \frac{A}{2} + s_c \sin \frac{B}{2} + s_b \sin \frac{C}{2}}{\sin^2 \frac{A}{2}} + \frac{s_b \sin \frac{B}{2} + s_a \sin \frac{C}{2} + s_c \sin \frac{A}{2}}{\sin^2 \frac{B}{2}} + \frac{s_c \sin \frac{C}{2} + s_b \sin \frac{A}{2} + s_a \sin \frac{B}{2}}{\sin^2 \frac{C}{2}} \stackrel{(1)}{\geq} \\ & (s_a + s_b + s_c) \left(\frac{1}{\sin \frac{A}{2}} + \frac{1}{\sin \frac{B}{2}} + \frac{1}{\sin \frac{C}{2}} \right) \stackrel{\sum \frac{1}{\sin \frac{A}{2}} \geq 6; \sum s_a \geq 9r}{\geq} 54r. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A81. $\Delta ABC \Rightarrow$

$$\begin{aligned} & \frac{\sin A \sin \frac{A}{2} + \sin C \sin \frac{B}{2} + \sin B \sin \frac{C}{2}}{\sin^2 \frac{A}{2}} + \frac{\sin B \sin \frac{B}{2} + \sin A \sin \frac{C}{2} + \sin C \sin \frac{A}{2}}{\sin^2 \frac{B}{2}} + \\ & \frac{\sin C \sin \frac{C}{2} + \sin B \sin \frac{A}{2} + \sin A \sin \frac{B}{2}}{\sin^2 \frac{C}{2}} \geq \frac{18\sqrt{3}r}{R}. \end{aligned}$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (\sin A, \sin B, \sin C)$ și $(a, b, c) = \left(\sin \frac{A}{2}, \sin \frac{B}{2}, \sin \frac{C}{2}\right)$ atunci:

$$\begin{aligned} & \frac{\sin A \sin \frac{A}{2} + \sin C \sin \frac{B}{2} + \sin B \sin \frac{C}{2}}{\sin^2 \frac{A}{2}} + \frac{\sin B \sin \frac{B}{2} + \sin A \sin \frac{C}{2} + \sin C \sin \frac{A}{2}}{\sin^2 \frac{B}{2}} + \\ & \frac{\sin C \sin \frac{C}{2} + \sin B \sin \frac{A}{2} + \sin A \sin \frac{B}{2}}{\sin^2 \frac{C}{2}} \stackrel{\sum \sin A = \frac{p}{R}}{\geq} (s_a + s_b + s_c) \left(\frac{1}{\sin \frac{A}{2}} + \frac{1}{\sin \frac{B}{2}} + \frac{1}{\sin \frac{C}{2}} \right) \stackrel{\sum \frac{1}{\sin \frac{A}{2}} \geq 6}{\geq} \frac{6p}{R} \stackrel{\text{Mitrinovic}}{\geq} \frac{18\sqrt{3}r}{R}. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A82. $\Delta ABC \Rightarrow$

$$\frac{\cos \frac{A}{2} \sin \frac{A}{2} + \cos \frac{C}{2} \sin \frac{B}{2} + \cos \frac{B}{2} \sin \frac{C}{2}}{\sin^2 \frac{A}{2}} + \frac{\cos \frac{B}{2} \sin \frac{B}{2} + \cos \frac{A}{2} \sin \frac{C}{2} + \cos \frac{C}{2} \sin \frac{A}{2}}{\sin^2 \frac{B}{2}} + \frac{\cos \frac{C}{2} \sin \frac{C}{2} + \cos \frac{B}{2} \sin \frac{A}{2} + \cos \frac{A}{2} \sin \frac{B}{2}}{\sin^2 \frac{C}{2}} \geq \frac{72\sqrt{3}r^3}{R^3}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (\cos \frac{A}{2}, \cos \frac{B}{2}, \cos \frac{C}{2})$ și $(a, b, c) = (\sin \frac{A}{2}, \sin \frac{B}{2}, \sin \frac{C}{2})$ atunci:

$$\frac{\cos \frac{A}{2} \sin \frac{A}{2} + \cos \frac{C}{2} \sin \frac{B}{2} + \cos \frac{B}{2} \sin \frac{C}{2}}{\sin^2 \frac{A}{2}} + \frac{\cos \frac{B}{2} \sin \frac{B}{2} + \cos \frac{A}{2} \sin \frac{C}{2} + \cos \frac{C}{2} \sin \frac{A}{2}}{\sin^2 \frac{B}{2}} +$$

$$\frac{\cos \frac{C}{2} \sin \frac{C}{2} + \cos \frac{B}{2} \sin \frac{A}{2} + \cos \frac{A}{2} \sin \frac{B}{2}}{\sin^2 \frac{C}{2}} \stackrel{(1)}{\leq} \left(\cos \frac{A}{2} + \cos \frac{B}{2} + \cos \frac{C}{2} \right) \left(\frac{1}{\sin \frac{A}{2}} + \frac{1}{\sin \frac{B}{2}} + \frac{1}{\sin \frac{C}{2}} \right) \stackrel{\sum \frac{1}{\sin^2 \frac{A}{2}} \geq 6}{\geq}$$

$$\frac{12pr}{R^2} \stackrel{\text{Mitrinovic}}{\geq} \frac{36\sqrt{3}r^2}{R^2}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A83. $\Delta ABC \Rightarrow$

$$\frac{\sin \frac{A}{2} \operatorname{tg} \frac{A}{2} + \sin \frac{B}{2} \operatorname{tg} \frac{C}{2} + \sin \frac{C}{2} \operatorname{tg} \frac{B}{2}}{\sin^2 \frac{A}{2}} + \frac{\sin \frac{B}{2} \operatorname{tg} \frac{B}{2} + \sin \frac{C}{2} \operatorname{tg} \frac{A}{2} + \sin \frac{A}{2} \operatorname{tg} \frac{C}{2}}{\sin^2 \frac{B}{2}} +$$

$$\frac{\sin \frac{C}{2} \operatorname{tg} \frac{C}{2} + \sin \frac{A}{2} \operatorname{tg} \frac{B}{2} + \sin \frac{B}{2} \operatorname{tg} \frac{A}{2}}{\sin^2 \frac{C}{2}} \geq \frac{12\sqrt{3}r}{R}.$$

Gheorghe Ghiță, Buzău

Soluție. Se aplică (*) pentru $(x, y, z) = (\operatorname{tg} \frac{A}{2}, \operatorname{tg} \frac{B}{2}, \operatorname{tg} \frac{C}{2})$ și $(a, b, c) = (\sin \frac{A}{2}, \sin \frac{B}{2}, \sin \frac{C}{2})$:

$$\frac{\sin \frac{A}{2} \operatorname{tg} \frac{A}{2} + \sin \frac{B}{2} \operatorname{tg} \frac{C}{2} + \sin \frac{C}{2} \operatorname{tg} \frac{B}{2}}{\sin^2 \frac{A}{2}} + \frac{\sin \frac{B}{2} \operatorname{tg} \frac{B}{2} + \sin \frac{C}{2} \operatorname{tg} \frac{A}{2} + \sin \frac{A}{2} \operatorname{tg} \frac{C}{2}}{\sin^2 \frac{B}{2}} +$$

$$\frac{\sin \frac{C}{2} \operatorname{tg} \frac{C}{2} + \sin \frac{A}{2} \operatorname{tg} \frac{B}{2} + \sin \frac{B}{2} \operatorname{tg} \frac{A}{2}}{\sin^2 \frac{C}{2}} \stackrel{(1)}{\geq} \left(\operatorname{tg} \frac{A}{2} + \operatorname{tg} \frac{B}{2} + \operatorname{tg} \frac{C}{2} \right) \left(\frac{1}{\sin \frac{A}{2}} + \frac{1}{\sin \frac{B}{2}} + \frac{1}{\sin \frac{C}{2}} \right) \stackrel{\sum \frac{1}{\sin^2 \frac{A}{2}} \geq 6}{\geq} \frac{6(4R+r)}{p}$$

Euler; Mitrinovic

$$\stackrel{\Sigma}{\geq} \frac{12\sqrt{3}r}{R}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A84. $\Delta ABC \Rightarrow$

$$\frac{\sin \frac{A}{2} \operatorname{ctg} \frac{A}{2} + \sin \frac{B}{2} \operatorname{ctg} \frac{C}{2} + \sin \frac{C}{2} \operatorname{ctg} \frac{B}{2}}{\sin^2 \frac{A}{2}} + \frac{\sin \frac{B}{2} \operatorname{ctg} \frac{B}{2} + \sin \frac{C}{2} \operatorname{ctg} \frac{A}{2} + \sin \frac{A}{2} \operatorname{ctg} \frac{C}{2}}{\sin^2 \frac{B}{2}} +$$

$$\frac{\sin \frac{C}{2} \operatorname{ctg} \frac{C}{2} + \sin \frac{A}{2} \operatorname{ctg} \frac{B}{2} + \sin \frac{B}{2} \operatorname{ctg} \frac{A}{2}}{\sin^2 \frac{C}{2}} \geq \frac{18\sqrt{3}r}{R}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (\operatorname{ctg} \frac{A}{2}, \operatorname{ctg} \frac{B}{2}, \operatorname{ctg} \frac{C}{2})$ și $(a, b, c) = (\sin \frac{A}{2}, \sin \frac{B}{2}, \sin \frac{C}{2})$ atunci:

$$\frac{\sin \frac{A}{2} \operatorname{ctg} \frac{A}{2} + \sin \frac{B}{2} \operatorname{ctg} \frac{C}{2} + \sin \frac{C}{2} \operatorname{ctg} \frac{B}{2}}{\sin^2 \frac{A}{2}} + \frac{\sin \frac{B}{2} \operatorname{ctg} \frac{B}{2} + \sin \frac{C}{2} \operatorname{ctg} \frac{A}{2} + \sin \frac{A}{2} \operatorname{ctg} \frac{C}{2}}{\sin^2 \frac{B}{2}} +$$

$$\frac{\sin \frac{C}{2} \operatorname{ctg} \frac{C}{2} + \sin \frac{A}{2} \operatorname{ctg} \frac{B}{2} + \sin \frac{B}{2} \operatorname{ctg} \frac{A}{2}}{\sin^2 \frac{C}{2}} \stackrel{(1)}{\geq} \left(\operatorname{ctg} \frac{A}{2} + \operatorname{ctg} \frac{B}{2} + \operatorname{ctg} \frac{C}{2} \right) \left(\frac{1}{\sin \frac{A}{2}} + \frac{1}{\sin \frac{B}{2}} \right)$$

$$+ \frac{1}{\sin \frac{C}{2}} \stackrel{\sum \operatorname{ctg} \frac{A}{2} = \frac{p}{R}}{\geq} \frac{6p}{R} \stackrel{\text{Mitrinovic}}{\geq}$$

$$\frac{18\sqrt{3}r}{R}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A85. $\Delta ABC \Rightarrow$

$$\frac{a\cos\frac{A}{2} + c\cos\frac{B}{2} + b\cos\frac{C}{2}}{\cos^2\frac{A}{2}} + \frac{b\cos\frac{B}{2} + a\cos\frac{C}{2} + c\cos\frac{A}{2}}{\cos^2\frac{B}{2}} + \frac{c\cos\frac{C}{2} + b\cos\frac{A}{2} + a\cos\frac{B}{2}}{\cos^2\frac{C}{2}} \geq 24r.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (a, b, c)$ și $(a, b, c) = (\cos\frac{A}{2}, \cos\frac{B}{2}, \cos\frac{C}{2})$ atunci:

$$\frac{a\cos\frac{A}{2} + c\cos\frac{B}{2} + b\cos\frac{C}{2}}{\cos^2\frac{A}{2}} + \frac{b\cos\frac{B}{2} + a\cos\frac{C}{2} + c\cos\frac{A}{2}}{\cos^2\frac{B}{2}} + \frac{c\cos\frac{C}{2} + b\cos\frac{A}{2} + a\cos\frac{B}{2}}{\cos^2\frac{C}{2}} \stackrel{(1)}{\geq}$$

$$(a+b+c) \left(\frac{1}{\cos\frac{A}{2}} + \frac{1}{\cos\frac{B}{2}} + \frac{1}{\cos\frac{C}{2}} \right) \stackrel{\sum \frac{1}{\cos\frac{A}{2}} \geq 2\sqrt{3}}{\geq} 4p\sqrt{3} \geq 24r.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A86. $\Delta ABC \Rightarrow$

$$\frac{h_a\cos\frac{A}{2} + h_c\cos\frac{B}{2} + h_b\cos\frac{C}{2}}{\cos^2\frac{A}{2}} + \frac{h_b\cos\frac{B}{2} + h_c\cos\frac{C}{2} + h_a\cos\frac{A}{2}}{\cos^2\frac{B}{2}} + \frac{h_c\cos\frac{C}{2} + h_b\cos\frac{A}{2} + h_a\cos\frac{B}{2}}{\cos^2\frac{C}{2}} \geq 18\sqrt{3}r.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (h_a, h_b, h_c)$ și $(a, b, c) = (\cos\frac{A}{2}, \cos\frac{B}{2}, \cos\frac{C}{2})$ atunci:

$$\frac{h_a\cos\frac{A}{2} + h_c\cos\frac{B}{2} + h_b\cos\frac{C}{2}}{\cos^2\frac{A}{2}} + \frac{h_b\cos\frac{B}{2} + h_c\cos\frac{C}{2} + h_a\cos\frac{A}{2}}{\cos^2\frac{B}{2}} + \frac{h_c\cos\frac{C}{2} + h_b\cos\frac{A}{2} + h_a\cos\frac{B}{2}}{\cos^2\frac{C}{2}} \stackrel{(1)}{\geq}$$

$$(h_a + h_b + h_c) \left(\frac{1}{\cos\frac{A}{2}} + \frac{1}{\cos\frac{B}{2}} + \frac{1}{\cos\frac{C}{2}} \right) \stackrel{\sum h_a \geq 9r; \sum \frac{1}{\cos\frac{A}{2}} \geq 2\sqrt{3}}{\geq} 18\sqrt{3}r.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A87. $\Delta ABC \Rightarrow$

$$\frac{m_a\cos\frac{A}{2} + m_c\cos\frac{B}{2} + m_b\cos\frac{C}{2}}{\cos^2\frac{A}{2}} + \frac{m_b\cos\frac{B}{2} + m_c\cos\frac{C}{2} + m_a\cos\frac{A}{2}}{\cos^2\frac{B}{2}} + \frac{m_c\cos\frac{C}{2} + m_b\cos\frac{A}{2} + m_a\cos\frac{B}{2}}{\cos^2\frac{C}{2}} \geq 18\sqrt{3}r.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (m_a, m_b, m_c)$ și $(a, b, c) = (\cos\frac{A}{2}, \cos\frac{B}{2}, \cos\frac{C}{2})$ atunci:

$$\frac{m_a \cos \frac{A}{2} + m_c \cos \frac{B}{2} + m_b \cos \frac{C}{2}}{\cos^2 \frac{A}{2}} + \frac{m_b \cos \frac{B}{2} + m_a \cos \frac{C}{2} + m_x \cos \frac{A}{2}}{\cos^2 \frac{B}{2}} + \frac{m_c \cos \frac{C}{2} + m_b \cos \frac{A}{2} + m_a \cos \frac{B}{2}}{\cos^2 \frac{C}{2}} \stackrel{(1)}{\leq}$$

$$(m_a + m_b + m_c) \left(\frac{1}{\cos \frac{A}{2}} + \frac{1}{\cos \frac{B}{2}} + \frac{1}{\cos \frac{C}{2}} \right) \stackrel{\sum \frac{1}{\cos^2 \frac{A}{2}} \geq 2\sqrt{3}}{\stackrel{\Sigma m_a \geq 9r;}{\stackrel{\Sigma \frac{1}{\cos^2 \frac{A}{2}} \geq 2\sqrt{3}}{\geq}}} 18\sqrt{3}r.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A88. $\Delta ABC \Rightarrow$

$$\frac{r_a \cos \frac{A}{2} + r_c \cos \frac{B}{2} + r_b \cos \frac{C}{2}}{\cos^2 \frac{A}{2}} + \frac{r_b \cos \frac{B}{2} + r_a \cos \frac{C}{2} + r_c \cos \frac{A}{2}}{\cos^2 \frac{B}{2}} + \frac{r_c \cos \frac{C}{2} + r_b \cos \frac{A}{2} + r_a \cos \frac{B}{2}}{\cos^2 \frac{C}{2}} \geq 18\sqrt{3}r.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (r_a, r_b, r_c)$ și $(a, b, c) = (\cos \frac{A}{2}, \cos \frac{B}{2}, \cos \frac{C}{2})$ atunci:

$$\frac{r_a \cos \frac{A}{2} + r_c \cos \frac{B}{2} + r_b \cos \frac{C}{2}}{\cos^2 \frac{A}{2}} + \frac{r_b \cos \frac{B}{2} + r_a \cos \frac{C}{2} + r_c \cos \frac{A}{2}}{\cos^2 \frac{B}{2}} + \frac{r_c \cos \frac{C}{2} + r_b \cos \frac{A}{2} + r_a \cos \frac{B}{2}}{\cos^2 \frac{C}{2}} \stackrel{(1)}{\leq}$$

$$(r_a + r_b + r_c) \left(\frac{1}{\cos \frac{A}{2}} + \frac{1}{\cos \frac{B}{2}} + \frac{1}{\cos \frac{C}{2}} \right) \stackrel{\sum \frac{1}{\cos^2 \frac{A}{2}} \geq 2\sqrt{3}}{\stackrel{\sum r_a = 4R + r;}{\stackrel{\Sigma \frac{1}{\cos^2 \frac{A}{2}} \geq 2\sqrt{3}}{\geq}}} 2(4R + r)\sqrt{3} \stackrel{\text{Euler}}{\stackrel{\Sigma r_a = 4R + r;}{\stackrel{\Sigma \frac{1}{\cos^2 \frac{A}{2}} \geq 2\sqrt{3}}{\geq}}} 18\sqrt{3}r.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A89. $\Delta ABC \Rightarrow$

$$\frac{w_a \cos \frac{A}{2} + w_c \cos \frac{B}{2} + w_b \cos \frac{C}{2}}{\cos^2 \frac{A}{2}} + \frac{w_b \cos \frac{B}{2} + w_a \cos \frac{C}{2} + w_c \cos \frac{A}{2}}{\cos^2 \frac{B}{2}} + \frac{w_c \cos \frac{C}{2} + w_b \cos \frac{A}{2} + w_a \cos \frac{B}{2}}{\cos^2 \frac{C}{2}} \geq 18\sqrt{3}r.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (w_a, w_b, w_c)$ și $(a, b, c) = (\cos \frac{A}{2}, \cos \frac{B}{2}, \cos \frac{C}{2})$ atunci:

$$\frac{w_a \cos \frac{A}{2} + w_c \cos \frac{B}{2} + w_b \cos \frac{C}{2}}{\cos^2 \frac{A}{2}} + \frac{w_b \cos \frac{B}{2} + w_a \cos \frac{C}{2} + w_c \cos \frac{A}{2}}{\cos^2 \frac{B}{2}} + \frac{w_c \cos \frac{C}{2} + w_b \cos \frac{A}{2} + w_a \cos \frac{B}{2}}{\cos^2 \frac{C}{2}} \stackrel{(1)}{\leq}$$

$$(w_a + w_b + w_c) \left(\frac{1}{\cos \frac{A}{2}} + \frac{1}{\cos \frac{B}{2}} + \frac{1}{\cos \frac{C}{2}} \right) \stackrel{\sum_{w_a \geq 9r; \cos^2 \frac{A}{2} \geq 2\sqrt{3}}}{\geq} 18\sqrt{3}r.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A90. $\Delta ABC \Rightarrow$

$$\frac{s_a \cos \frac{A}{2} + s_c \cos \frac{B}{2} + s_b \cos \frac{C}{2}}{\cos^2 \frac{A}{2}} + \frac{s_b \cos \frac{B}{2} + s_a \cos \frac{C}{2} + s_c \cos \frac{A}{2}}{\cos^2 \frac{B}{2}} + \frac{s_c \cos \frac{C}{2} + s_b \cos \frac{A}{2} + s_a \cos \frac{B}{2}}{\cos^2 \frac{C}{2}} \geq 18\sqrt{3}r.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (s_a, s_b, s_c)$ și $(a, b, c) = \left(\cos \frac{A}{2}, \cos \frac{B}{2}, \cos \frac{C}{2}\right)$ atunci:

$$\frac{s_a \cos \frac{A}{2} + s_c \cos \frac{B}{2} + s_b \cos \frac{C}{2}}{\cos^2 \frac{A}{2}} + \frac{s_b \cos \frac{B}{2} + s_a \cos \frac{C}{2} + s_c \cos \frac{A}{2}}{\cos^2 \frac{B}{2}} + \frac{s_c \cos \frac{C}{2} + s_b \cos \frac{A}{2} + s_a \cos \frac{B}{2}}{\cos^2 \frac{C}{2}} \stackrel{(1)}{\geq}$$

$$(s_a + s_b + s_c) \left(\frac{1}{\cos \frac{A}{2}} + \frac{1}{\cos \frac{B}{2}} + \frac{1}{\cos \frac{C}{2}} \right) \stackrel{\sum_{s_a \geq 9r; \cos^2 \frac{A}{2} \geq 2\sqrt{3}}}{\geq} 18\sqrt{3}r.$$

A91. $\Delta ABC \Rightarrow$

$$\frac{\sin A \cos \frac{A}{2} + \sin C \cos \frac{B}{2} + \sin B \cos \frac{C}{2}}{\cos^2 \frac{A}{2}} + \frac{\sin B \cos \frac{B}{2} + \sin A \cos \frac{C}{2} + \sin C \cos \frac{A}{2}}{\cos^2 \frac{B}{2}}$$

$$+ \frac{\sin C \cos \frac{C}{2} + \sin B \cos \frac{A}{2} + \sin A \cos \frac{B}{2}}{\cos^2 \frac{C}{2}}$$

$$\geq 18r.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (\sin A, \sin B, \sin C)$ și $(a, b, c) = \left(\cos \frac{A}{2}, \cos \frac{B}{2}, \cos \frac{C}{2}\right)$ atunci:

$$\frac{\sin A \cos \frac{A}{2} + \sin C \cos \frac{B}{2} + \sin B \cos \frac{C}{2}}{\cos^2 \frac{A}{2}} + \frac{\sin B \cos \frac{B}{2} + \sin A \cos \frac{C}{2} + \sin C \cos \frac{A}{2}}{\cos^2 \frac{B}{2}}$$

$$+ \frac{\sin C \cos \frac{C}{2} + \sin B \cos \frac{A}{2} + \sin A \cos \frac{B}{2}}{\cos^2 \frac{C}{2}}$$

$$\stackrel{(1)}{\geq} (\sin A + \sin B + \sin C) \left(\frac{1}{\cos^2 \frac{A}{2}} + \frac{1}{\cos^2 \frac{B}{2}} + \frac{1}{\cos^2 \frac{C}{2}} \right) \stackrel{\sum \frac{1}{\cos^2 \frac{A}{2}} \geq 2\sqrt{3}}{\geq} \frac{2\sqrt{3}p}{R} \stackrel{Mitrinovic}{\geq} 18r.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Gheorghe Ghiță, Buzău

A92. $\Delta ABC \Rightarrow$

$$\frac{\tg \frac{A}{2} \cos \frac{A}{2} + \tg \frac{C}{2} \cos \frac{B}{2} + \tg \frac{B}{2} \cos \frac{C}{2}}{\cos^2 \frac{A}{2}} + \frac{\tg \frac{B}{2} \cos \frac{B}{2} + \tg \frac{A}{2} \cos \frac{C}{2} + \tg \frac{C}{2} \cos \frac{A}{2}}{\cos^2 \frac{B}{2}} + \frac{\tg \frac{C}{2} \cos \frac{C}{2} + \tg \frac{B}{2} \cos \frac{A}{2} + \tg \frac{A}{2} \cos \frac{B}{2}}{\cos^2 \frac{C}{2}} \geq \frac{12r}{R}.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = \left(\tg \frac{A}{2}, \tg \frac{B}{2}, \tg \frac{C}{2} \right)$ și $(a, b, c) = \left(\cos \frac{A}{2}, \cos \frac{B}{2}, \cos \frac{C}{2} \right)$ atunci:

$$\begin{aligned} & \frac{\tg \frac{A}{2} \cos \frac{A}{2} + \tg \frac{C}{2} \cos \frac{B}{2} + \tg \frac{B}{2} \cos \frac{C}{2}}{\cos^2 \frac{A}{2}} + \frac{\tg \frac{B}{2} \cos \frac{B}{2} + \tg \frac{A}{2} \cos \frac{C}{2} + \tg \frac{C}{2} \cos \frac{A}{2}}{\cos^2 \frac{B}{2}} + \\ & + \frac{\tg \frac{C}{2} \cos \frac{C}{2} + \tg \frac{B}{2} \cos \frac{A}{2} + \tg \frac{A}{2} \cos \frac{B}{2}}{\cos^2 \frac{C}{2}} \stackrel{(1)}{\geq} \left(\tg \frac{A}{2} + \tg \frac{B}{2} + \tg \frac{C}{2} \right) \left(\frac{1}{\cos \frac{A}{2}} + \frac{1}{\cos \frac{B}{2}} \right. \\ & \quad \left. + \frac{1}{\cos \frac{C}{2}} \right) \stackrel{\sum \tg \frac{A}{2} = \frac{4R+r}{p}}{\geq} \frac{2(4R+r)\sqrt{3}}{p} \\ & \stackrel{Euler}{\geq} \frac{18\sqrt{3}r}{p} \stackrel{Mitrinovic}{\geq} \frac{12r}{R}. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Gheorghe Ghiță, Buzău

A93. $\Delta ABC \Rightarrow$

$$\frac{\ctg \frac{A}{2} \cos \frac{A}{2} + \ctg \frac{C}{2} \cos \frac{B}{2} + \ctg \frac{B}{2} \cos \frac{C}{2}}{\cos^2 \frac{A}{2}} + \frac{\ctg \frac{B}{2} \cos \frac{B}{2} + \ctg \frac{A}{2} \cos \frac{C}{2} + \ctg \frac{C}{2} \cos \frac{A}{2}}{\cos^2 \frac{B}{2}} +$$

$$\frac{\operatorname{ctg} \frac{C}{2} \cos \frac{C}{2} + \operatorname{ctg} \frac{B}{2} \cos \frac{A}{2} + \operatorname{ctg} \frac{A}{2} \cos \frac{B}{2}}{\cos^2 \frac{C}{2}} \geq 18.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (\operatorname{ctg} \frac{A}{2}, \operatorname{ctg} \frac{B}{2}, \operatorname{ctg} \frac{C}{2})$ și $(a, b, c) = (\cos \frac{A}{2}, \cos \frac{B}{2}, \cos \frac{C}{2})$ atunci:

$$\frac{\operatorname{ctg} \frac{A}{2} \cos \frac{A}{2} + \operatorname{ctg} \frac{C}{2} \cos \frac{B}{2} + \operatorname{ctg} \frac{B}{2} \cos \frac{C}{2}}{\cos^2 \frac{A}{2}} + \frac{\operatorname{ctg} \frac{B}{2} \cos \frac{B}{2} + \operatorname{ctg} \frac{A}{2} \cos \frac{C}{2} + \operatorname{ctg} \frac{C}{2} \cos \frac{A}{2}}{\cos^2 \frac{B}{2}} +$$

$$\frac{\operatorname{ctg} \frac{C}{2} \cos \frac{C}{2} + \operatorname{ctg} \frac{B}{2} \cos \frac{A}{2} + \operatorname{ctg} \frac{A}{2} \cos \frac{B}{2}}{\cos^2 \frac{C}{2}} \stackrel{(1)}{\geq} \left(\operatorname{ctg} \frac{A}{2} + \operatorname{ctg} \frac{B}{2} + \operatorname{ctg} \frac{C}{2} \right) \left(\frac{1}{\cos \frac{A}{2}} + \frac{1}{\cos \frac{B}{2}} + \frac{1}{\cos \frac{C}{2}} \right) \stackrel{\Sigma \operatorname{ctg} \frac{A}{2} = \frac{p}{r}}{\geq} \stackrel{\Sigma \frac{1}{\cos^2 \frac{A}{2}} \geq 2\sqrt{3}}{\geq}$$

$$\frac{2\sqrt{3}p}{r} \stackrel{Mitrinovic}{\geq} 18.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A94. $\Delta ABC \Rightarrow$

$$\operatorname{ctg}^2 \frac{A}{2} \left(\operatorname{atg} \frac{A}{2} + \operatorname{ctg} \frac{B}{2} + \operatorname{btg} \frac{C}{2} \right) + \operatorname{ctg}^2 \frac{B}{2} \left(\operatorname{btg} \frac{B}{2} + \operatorname{atg} \frac{C}{2} + \operatorname{ctg} \frac{A}{2} \right) + \operatorname{ctg}^2 \frac{C}{2} \left(\operatorname{ctg} \frac{C}{2} + \operatorname{btg} \frac{A}{2} + \operatorname{atg} \frac{B}{2} \right) \geq 54r.$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (a, b, c)$ și $(a, b, c) = \left(\operatorname{tg} \frac{A}{2}, \operatorname{tg} \frac{B}{2}, \operatorname{tg} \frac{C}{2} \right)$ atunci:

$$\operatorname{ctg}^2 \frac{A}{2} \left(\operatorname{atg} \frac{A}{2} + \operatorname{ctg} \frac{B}{2} + \operatorname{btg} \frac{C}{2} \right) + \operatorname{ctg}^2 \frac{B}{2} \left(\operatorname{btg} \frac{B}{2} + \operatorname{atg} \frac{C}{2} + \operatorname{ctg} \frac{A}{2} \right) + \operatorname{ctg}^2 \frac{C}{2} \left(\operatorname{ctg} \frac{C}{2} + \operatorname{btg} \frac{A}{2} + \operatorname{atg} \frac{B}{2} \right)$$

$$= \frac{\operatorname{atg} \frac{A}{2} + \operatorname{ctg} \frac{B}{2} + \operatorname{btg} \frac{C}{2}}{\operatorname{tg}^2 \frac{A}{2}} + \frac{\operatorname{btg} \frac{B}{2} + \operatorname{atg} \frac{C}{2} + \operatorname{ctg} \frac{A}{2}}{\operatorname{tg}^2 \frac{B}{2}} + \frac{\operatorname{ctg} \frac{C}{2} + \operatorname{btg} \frac{A}{2} + \operatorname{atg} \frac{B}{2}}{\operatorname{tg}^2 \frac{C}{2}} \stackrel{(1)}{\geq} (a + b + c) \left(\frac{1}{\operatorname{tg} \frac{A}{2}} + \frac{1}{\operatorname{tg} \frac{B}{2}} + \frac{1}{\operatorname{tg} \frac{C}{2}} \right)$$

$$= (a + b + c) \left(\operatorname{ctg} \frac{A}{2} + \operatorname{ctg} \frac{B}{2} + \operatorname{ctg} \frac{C}{2} \right) \stackrel{\operatorname{tg} \frac{A}{2} = \frac{p}{r}}{\geq} \frac{2p^2}{r} \stackrel{Mitrinovic}{\geq} 54r.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A95. $\Delta ABC \Rightarrow$

$$\begin{aligned} & \operatorname{ctg}^2 \frac{A}{2} \left(h_a \operatorname{tg} \frac{A}{2} + h_c \operatorname{tg} \frac{B}{2} + h_b \operatorname{tg} \frac{C}{2} \right) + \operatorname{ctg}^2 \frac{B}{2} \left(h_b \operatorname{tg} \frac{B}{2} + h_a \operatorname{tg} \frac{C}{2} + h_c \operatorname{tg} \frac{A}{2} \right) + \operatorname{ctg}^2 \frac{C}{2} \left(h_c \operatorname{tg} \frac{C}{2} + h_b \operatorname{tg} \frac{A}{2} + h_a \operatorname{tg} \frac{B}{2} \right) \\ & \geq 27\sqrt{3}r. \end{aligned}$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (h_a, h_b, h_c)$ și $(a, b, c) = \left(\operatorname{tg} \frac{A}{2}, \operatorname{tg} \frac{B}{2}, \operatorname{tg} \frac{C}{2} \right)$ atunci:

$$\begin{aligned} & \operatorname{ctg}^2 \frac{A}{2} \left(h_a \operatorname{tg} \frac{A}{2} + h_c \operatorname{tg} \frac{B}{2} + h_b \operatorname{tg} \frac{C}{2} \right) + \operatorname{ctg}^2 \frac{B}{2} \left(h_b \operatorname{tg} \frac{B}{2} + h_a \operatorname{tg} \frac{C}{2} + h_c \operatorname{tg} \frac{A}{2} \right) + \operatorname{ctg}^2 \frac{C}{2} \left(h_c \operatorname{tg} \frac{C}{2} + h_b \operatorname{tg} \frac{A}{2} + h_a \operatorname{tg} \frac{B}{2} \right) \\ & = \frac{h_a \operatorname{tg} \frac{A}{2} + h_c \operatorname{tg} \frac{B}{2} + h_b \operatorname{tg} \frac{C}{2}}{\operatorname{tg}^2 \frac{A}{2}} + \frac{h_b \operatorname{tg} \frac{B}{2} + h_a \operatorname{tg} \frac{C}{2} + h_c \operatorname{tg} \frac{A}{2}}{\operatorname{tg}^2 \frac{B}{2}} + \frac{h_c \operatorname{tg} \frac{C}{2} + h_b \operatorname{tg} \frac{A}{2} + h_a \operatorname{tg} \frac{B}{2}}{\operatorname{tg}^2 \frac{C}{2}} \stackrel{(1)}{\leq} \\ & (h_a + h_b + h_c) \left(\frac{1}{\operatorname{tg} \frac{A}{2}} + \frac{1}{\operatorname{tg} \frac{B}{2}} + \frac{1}{\operatorname{tg} \frac{C}{2}} \right) \stackrel{\sum_{h_a \geq 9r; \operatorname{tg} \frac{A}{2} = \frac{p}{r}}}{\leq} 9p \stackrel{;Mitrinovic}{\leq} 27\sqrt{3}r. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A96. $\Delta ABC \Rightarrow$

$$\begin{aligned} & \operatorname{ctg}^2 \frac{A}{2} \left(m_a \operatorname{tg} \frac{A}{2} + m_c \operatorname{tg} \frac{B}{2} + m_b \operatorname{tg} \frac{C}{2} \right) + \operatorname{ctg}^2 \frac{B}{2} \left(m_b \operatorname{tg} \frac{B}{2} + m_a \operatorname{tg} \frac{C}{2} + m_c \operatorname{tg} \frac{A}{2} \right) \\ & + \operatorname{ctg}^2 \frac{C}{2} \left(m_c \operatorname{tg} \frac{C}{2} + m_b \operatorname{tg} \frac{A}{2} + m_a \operatorname{tg} \frac{B}{2} \right) \geq 27\sqrt{3}r. \end{aligned}$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (m_a, m_b, m_c)$ și $(a, b, c) = \left(\operatorname{tg} \frac{A}{2}, \operatorname{tg} \frac{B}{2}, \operatorname{tg} \frac{C}{2} \right)$ atunci:

$$\begin{aligned} & \operatorname{ctg}^2 \frac{A}{2} \left(m_a \operatorname{tg} \frac{A}{2} + m_c \operatorname{tg} \frac{B}{2} + m_b \operatorname{tg} \frac{C}{2} \right) + \operatorname{ctg}^2 \frac{B}{2} \left(m_b \operatorname{tg} \frac{B}{2} + m_a \operatorname{tg} \frac{C}{2} + m_c \operatorname{tg} \frac{A}{2} \right) + \\ & \operatorname{ctg}^2 \frac{C}{2} \left(m_c \operatorname{tg} \frac{C}{2} + m_b \operatorname{tg} \frac{A}{2} + m_a \operatorname{tg} \frac{B}{2} \right) = \\ & \frac{m_a \operatorname{tg} \frac{A}{2} + m_c \operatorname{tg} \frac{B}{2} + m_b \operatorname{tg} \frac{C}{2}}{\operatorname{tg}^2 \frac{A}{2}} + \frac{m_b \operatorname{tg} \frac{B}{2} + m_a \operatorname{tg} \frac{C}{2} + m_c \operatorname{tg} \frac{A}{2}}{\operatorname{tg}^2 \frac{B}{2}} + \frac{m_c \operatorname{tg} \frac{C}{2} + m_b \operatorname{tg} \frac{A}{2} + m_a \operatorname{tg} \frac{B}{2}}{\operatorname{tg}^2 \frac{C}{2}} \stackrel{(1)}{\leq} \\ & (m_a + m_b + m_c) \left(\frac{1}{\operatorname{tg} \frac{A}{2}} + \frac{1}{\operatorname{tg} \frac{B}{2}} + \frac{1}{\operatorname{tg} \frac{C}{2}} \right) \stackrel{\sum_{m_a \geq 9r; \operatorname{tg} \frac{A}{2} = \frac{p}{r}}}{\geq} 9p \stackrel{;Mitrinovic}{\geq} 27\sqrt{3}r. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A97. $\Delta ABC \Rightarrow$

$$\begin{aligned} & ctg^2 \frac{A}{2} \left(r_a \tg \frac{A}{2} + r_c \tg \frac{B}{2} + r_b \tg \frac{C}{2} \right) + ctg^2 \frac{B}{2} \left(r_b \tg \frac{B}{2} + r_a \tg \frac{C}{2} + r_c \tg \frac{A}{2} \right) + ctg^2 \frac{C}{2} \left(r_c \tg \frac{C}{2} + r_b \tg \frac{A}{2} + r_a \tg \frac{B}{2} \right) \geq \\ & 27\sqrt{3}r. \end{aligned}$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (r_a, r_b, r_c)$ și $(a, b, c) = \left(\tg \frac{A}{2}, \tg \frac{B}{2}, \tg \frac{C}{2} \right)$ atunci:

$$\begin{aligned} & ctg^2 \frac{A}{2} \left(r_a \tg \frac{A}{2} + r_c \tg \frac{B}{2} + r_b \tg \frac{C}{2} \right) + ctg^2 \frac{B}{2} \left(r_b \tg \frac{B}{2} + r_a \tg \frac{C}{2} + r_c \tg \frac{A}{2} \right) + ctg^2 \frac{C}{2} \left(r_c \tg \frac{C}{2} + r_b \tg \frac{A}{2} + r_a \tg \frac{B}{2} \right) = \\ & \frac{r_a \tg \frac{A}{2} + r_c \tg \frac{B}{2} + r_b \tg \frac{C}{2}}{\tg^2 \frac{A}{2}} + \frac{r_b \tg \frac{B}{2} + r_a \tg \frac{C}{2} + r_c \tg \frac{A}{2}}{\tg^2 \frac{B}{2}} + \frac{r_c \tg \frac{C}{2} + r_b \tg \frac{A}{2} + r_a \tg \frac{B}{2}}{\tg^2 \frac{C}{2}} \stackrel{(1)}{\geq} \\ & (r_a + r_b + r_c) \left(\frac{1}{\tg \frac{A}{2}} + \frac{1}{\tg \frac{B}{2}} + \frac{1}{\tg \frac{C}{2}} \right) \stackrel{\begin{array}{l} \sum r_a \geq 9r; \\ \sum \frac{1}{\tg \frac{A}{2}} = p \\ \sum \frac{1}{\tg \frac{B}{2}} = r \end{array}}{\geq} 9p \stackrel{Mitrinovic}{\geq} 27\sqrt{3}r. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A98. $\Delta ABC \Rightarrow$

$$\begin{aligned} & ctg^2 \frac{A}{2} \left(w_a \tg \frac{A}{2} + w_c \tg \frac{B}{2} + w_b \tg \frac{C}{2} \right) + ctg^2 \frac{B}{2} \left(w_b \tg \frac{B}{2} + w_a \tg \frac{C}{2} + w_c \tg \frac{A}{2} \right) \\ & + ctg^2 \frac{C}{2} \left(w_c \tg \frac{C}{2} + w_b \tg \frac{A}{2} + w_a \tg \frac{B}{2} \right) \geq 27\sqrt{3}r. \end{aligned}$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (w_a, w_b, w_c)$ și $(a, b, c) = \left(\tg \frac{A}{2}, \tg \frac{B}{2}, \tg \frac{C}{2} \right)$ atunci:

$$\begin{aligned} & ctg^2 \frac{A}{2} \left(w_a \tg \frac{A}{2} + w_c \tg \frac{B}{2} + w_b \tg \frac{C}{2} \right) + ctg^2 \frac{B}{2} \left(w_b \tg \frac{B}{2} + w_a \tg \frac{C}{2} + w_c \tg \frac{A}{2} \right) \\ & + ctg^2 \frac{C}{2} \left(w_c \tg \frac{C}{2} + w_b \tg \frac{A}{2} + w_a \tg \frac{B}{2} \right) = \\ & \frac{w_a \tg \frac{A}{2} + w_c \tg \frac{B}{2} + w_b \tg \frac{C}{2}}{\tg^2 \frac{A}{2}} + \frac{w_b \tg \frac{B}{2} + w_a \tg \frac{C}{2} + w_c \tg \frac{A}{2}}{\tg^2 \frac{B}{2}} + \frac{w_c \tg \frac{C}{2} + w_b \tg \frac{A}{2} + w_a \tg \frac{B}{2}}{\tg^2 \frac{C}{2}} \stackrel{(1)}{\geq} \\ & (w_a + w_b + w_c) \left(\frac{1}{\tg \frac{A}{2}} + \frac{1}{\tg \frac{B}{2}} + \frac{1}{\tg \frac{C}{2}} \right) \stackrel{\begin{array}{l} \sum w_a \geq 9r; \\ \sum \frac{1}{\tg \frac{A}{2}} = p \\ \sum \frac{1}{\tg \frac{B}{2}} = r \end{array}}{\geq} 9p \stackrel{;Mitrinovic}{\geq} 27\sqrt{3}r. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

99. $\Delta ABC \Rightarrow$

$$\begin{aligned} ctg^2 \frac{A}{2} \left(s_a \operatorname{tg} \frac{A}{2} + s_c \operatorname{tg} \frac{B}{2} + s_b \operatorname{tg} \frac{C}{2} \right) + ctg^2 \frac{B}{2} \left(s_b \operatorname{tg} \frac{B}{2} + s_a \operatorname{tg} \frac{C}{2} + s_c \operatorname{tg} \frac{A}{2} \right) + ctg^2 \frac{C}{2} \left(s_c \operatorname{tg} \frac{C}{2} + s_a \operatorname{tg} \frac{A}{2} + r_a \operatorname{tg} \frac{B}{2} \right) \geq \\ 27\sqrt{3}r. \end{aligned}$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (s_a, s_b, s_c)$ și $(a, b, c) = \left(\operatorname{tg} \frac{A}{2}, \operatorname{tg} \frac{B}{2}, \operatorname{tg} \frac{C}{2} \right)$ atunci:

$$\begin{aligned} ctg^2 \frac{A}{2} \left(s_a \operatorname{tg} \frac{A}{2} + s_c \operatorname{tg} \frac{B}{2} + s_b \operatorname{tg} \frac{C}{2} \right) + ctg^2 \frac{B}{2} \left(s_b \operatorname{tg} \frac{B}{2} + s_a \operatorname{tg} \frac{C}{2} + s_c \operatorname{tg} \frac{A}{2} \right) + ctg^2 \frac{C}{2} \left(s_c \operatorname{tg} \frac{C}{2} + s_a \operatorname{tg} \frac{A}{2} + r_a \operatorname{tg} \frac{B}{2} \right) = \\ \frac{s_a \operatorname{tg} \frac{A}{2} + s_c \operatorname{tg} \frac{B}{2} + s_b \operatorname{tg} \frac{C}{2}}{\operatorname{tg}^2 \frac{A}{2}} + \frac{s_b \operatorname{tg} \frac{B}{2} + s_a \operatorname{tg} \frac{C}{2} + s_c \operatorname{tg} \frac{A}{2}}{\operatorname{tg}^2 \frac{B}{2}} + \frac{s_c \operatorname{tg} \frac{C}{2} + s_a \operatorname{tg} \frac{A}{2} + s_b \operatorname{tg} \frac{B}{2}}{\operatorname{tg}^2 \frac{C}{2}} \stackrel{(1)}{\leq} \\ (s_a + s_b + s_c) \left(\frac{1}{\operatorname{tg} \frac{A}{2}} + \frac{1}{\operatorname{tg} \frac{B}{2}} + \frac{1}{\operatorname{tg} \frac{C}{2}} \right) \stackrel{\substack{\sum s_a \geq 9r; \\ \sum \frac{1}{\operatorname{tg} \frac{A}{2}} = p \\ \sum \frac{1}{\operatorname{tg} \frac{A}{2}} = r}}{\geq} 9p \stackrel{\text{;Mitrinovic}}{\geq} 27\sqrt{3}r. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

100. $\Delta ABC \Rightarrow$

$$\begin{aligned} ctg^2 \frac{A}{2} \left(\sin A \operatorname{tg} \frac{A}{2} + \sin C \operatorname{tg} \frac{B}{2} + \sin B \operatorname{tg} \frac{C}{2} \right) + ctg^2 \frac{B}{2} \left(\sin B \operatorname{tg} \frac{B}{2} + \sin A \operatorname{tg} \frac{C}{2} + \sin C \operatorname{tg} \frac{A}{2} \right) + \\ ctg^2 \frac{C}{2} \left(\sin C \operatorname{tg} \frac{C}{2} + \sin B \operatorname{tg} \frac{A}{2} + \sin A \operatorname{tg} \frac{B}{2} \right) \geq \frac{27r}{R}. \end{aligned}$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (\sin A, \sin B, \sin C)$ și $(a, b, c) = \left(\operatorname{tg} \frac{A}{2}, \operatorname{tg} \frac{B}{2}, \operatorname{tg} \frac{C}{2} \right)$ atunci:

$$\begin{aligned} ctg^2 \frac{A}{2} \left(\sin A \operatorname{tg} \frac{A}{2} + \sin C \operatorname{tg} \frac{B}{2} + \sin B \operatorname{tg} \frac{C}{2} \right) + ctg^2 \frac{B}{2} \left(\sin B \operatorname{tg} \frac{B}{2} + \sin A \operatorname{tg} \frac{C}{2} + \sin C \operatorname{tg} \frac{A}{2} \right) + \\ ctg^2 \frac{C}{2} \left(\sin C \operatorname{tg} \frac{C}{2} + \sin B \operatorname{tg} \frac{A}{2} + \sin A \operatorname{tg} \frac{B}{2} \right) \\ = \frac{\sin A \operatorname{tg} \frac{A}{2} + \sin C \operatorname{tg} \frac{B}{2} + \sin B \operatorname{tg} \frac{C}{2}}{\operatorname{tg}^2 \frac{A}{2}} + \frac{\sin B \operatorname{tg} \frac{B}{2} + \sin A \operatorname{tg} \frac{C}{2} + \sin C \operatorname{tg} \frac{A}{2}}{\operatorname{tg}^2 \frac{B}{2}} + \end{aligned}$$

$$+\frac{\sin C \operatorname{tg} \frac{C}{2} + \sin B \operatorname{tg} \frac{A}{2} + \sin A \operatorname{tg} \frac{B}{2}}{\operatorname{tg}^2 \frac{C}{2}} \stackrel{(1)}{\geq} (\sin A + \sin B + \sin C) \left(\frac{1}{\operatorname{tg} \frac{A}{2}} + \frac{1}{\operatorname{tg} \frac{B}{2}} + \frac{1}{\operatorname{tg} \frac{C}{2}} \right) \stackrel{\sum \operatorname{tg} \frac{A}{2} = \frac{p}{r}}{\geq} \frac{p^2}{Rr} \stackrel{\text{Mitrinovic}}{\cong} \frac{27r}{R}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

101. $\Delta ABC \Rightarrow$

$$\begin{aligned} & \operatorname{ctg}^2 \frac{A}{2} \left(\sin \frac{A}{2} \operatorname{tg} \frac{A}{2} + \sin \frac{C}{2} \operatorname{tg} \frac{B}{2} + \sin \frac{B}{2} \operatorname{tg} \frac{C}{2} \right) + \operatorname{ctg}^2 \frac{B}{2} \left(\sin \frac{B}{2} \operatorname{tg} \frac{B}{2} + \sin \frac{A}{2} \operatorname{tg} \frac{C}{2} + \sin \frac{C}{2} \operatorname{tg} \frac{A}{2} \right) \\ & + \operatorname{ctg}^2 \frac{C}{2} \left(\sin \frac{C}{2} \operatorname{tg} \frac{C}{2} + \sin \frac{B}{2} \operatorname{tg} \frac{A}{2} + \sin \frac{A}{2} \operatorname{tg} \frac{B}{2} \right) \geq \frac{9\sqrt{3}}{2}. \end{aligned}$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = \left(\sin \frac{A}{2}, \sin \frac{B}{2}, \sin \frac{C}{2} \right)$ și $(a, b, c) = \left(\operatorname{tg} \frac{A}{2}, \operatorname{tg} \frac{B}{2}, \operatorname{tg} \frac{C}{2} \right)$ atunci:

$$\begin{aligned} & \operatorname{ctg}^2 \frac{A}{2} \left(\sin \frac{A}{2} \operatorname{tg} \frac{A}{2} + \sin \frac{C}{2} \operatorname{tg} \frac{B}{2} + \sin \frac{B}{2} \operatorname{tg} \frac{C}{2} \right) + \operatorname{ctg}^2 \frac{B}{2} \left(\sin \frac{B}{2} \operatorname{tg} \frac{B}{2} + \sin \frac{A}{2} \operatorname{tg} \frac{C}{2} + \sin \frac{C}{2} \operatorname{tg} \frac{A}{2} \right) + \\ & + \operatorname{ctg}^2 \frac{C}{2} \left(\sin \frac{C}{2} \operatorname{tg} \frac{C}{2} + \sin \frac{B}{2} \operatorname{tg} \frac{A}{2} + \sin \frac{A}{2} \operatorname{tg} \frac{B}{2} \right) = \frac{\sin \frac{A}{2} \operatorname{tg} \frac{A}{2} + \sin \frac{C}{2} \operatorname{tg} \frac{B}{2} + \sin \frac{B}{2} \operatorname{tg} \frac{C}{2}}{\operatorname{tg}^2 \frac{A}{2}} + \\ & \frac{\sin \frac{B}{2} \operatorname{tg} \frac{B}{2} + \sin \frac{A}{2} \operatorname{tg} \frac{C}{2} + \sin \frac{C}{2} \operatorname{tg} \frac{A}{2}}{\operatorname{tg}^2 \frac{B}{2}} + \frac{\sin \frac{C}{2} \operatorname{tg} \frac{C}{2} + \sin \frac{B}{2} \operatorname{tg} \frac{A}{2} + \sin \frac{A}{2} \operatorname{tg} \frac{B}{2}}{\operatorname{tg}^2 \frac{C}{2}} \stackrel{(1)}{\geq} \\ & \left(\sin \frac{A}{2} + \sin \frac{B}{2} + \sin \frac{C}{2} \right) \left(\frac{1}{\operatorname{tg} \frac{A}{2}} + \frac{1}{\operatorname{tg} \frac{B}{2}} + \frac{1}{\operatorname{tg} \frac{C}{2}} \right) \stackrel{\sum \operatorname{tg} \frac{A}{2} = \frac{3p}{2r}}{\cong} \frac{3p}{2r} \stackrel{\text{Mitrinovic}}{\geq} \frac{9\sqrt{3}}{2}. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

102. $\Delta ABC \Rightarrow$

$$\begin{aligned} & \operatorname{ctg}^2 \frac{A}{2} \left(\cos \frac{A}{2} \operatorname{tg} \frac{A}{2} + \cos \frac{C}{2} \operatorname{tg} \frac{B}{2} + \cos \frac{B}{2} \operatorname{tg} \frac{C}{2} \right) + \operatorname{ctg}^2 \frac{B}{2} \left(\cos \frac{B}{2} \operatorname{tg} \frac{B}{2} + \cos \frac{A}{2} \operatorname{tg} \frac{C}{2} + \cos \frac{C}{2} \operatorname{tg} \frac{A}{2} \right) \\ & + \operatorname{ctg}^2 \frac{C}{2} \left(\cos \frac{C}{2} \operatorname{tg} \frac{C}{2} + \cos \frac{B}{2} \operatorname{tg} \frac{A}{2} + \cos \frac{A}{2} \operatorname{tg} \frac{B}{2} \right) \geq \frac{54r^2}{R^2}. \end{aligned}$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = \left(\cos \frac{A}{2}, \cos \frac{B}{2}, \cos \frac{C}{2} \right)$ și $(a, b, c) = \left(\operatorname{tg} \frac{A}{2}, \operatorname{tg} \frac{B}{2}, \operatorname{tg} \frac{C}{2} \right)$ atunci:

$$\begin{aligned}
& \operatorname{ctg}^2 \frac{A}{2} \left(\cos \frac{A}{2} \operatorname{tg} \frac{A}{2} + \cos \frac{C}{2} \operatorname{tg} \frac{B}{2} + \cos \frac{B}{2} \operatorname{tg} \frac{C}{2} \right) + \operatorname{ctg}^2 \frac{B}{2} \left(\cos \frac{B}{2} \operatorname{tg} \frac{B}{2} + \cos \frac{A}{2} \operatorname{tg} \frac{C}{2} + \cos \frac{C}{2} \operatorname{tg} \frac{A}{2} \right) \\
& + \operatorname{ctg}^2 \frac{C}{2} \left(\cos \frac{C}{2} \operatorname{tg} \frac{C}{2} + \cos \frac{B}{2} \operatorname{tg} \frac{A}{2} + \cos \frac{A}{2} \operatorname{tg} \frac{B}{2} \right) = \frac{\cos \frac{A}{2} \operatorname{tg} \frac{A}{2} + \cos \frac{C}{2} \operatorname{tg} \frac{B}{2} + \cos \frac{B}{2} \operatorname{tg} \frac{C}{2}}{\operatorname{tg}^2 \frac{A}{2}} + \\
& \frac{\cos \frac{B}{2} \operatorname{tg} \frac{B}{2} + \cos \frac{A}{2} \operatorname{tg} \frac{C}{2} + \cos \frac{C}{2} \operatorname{tg} \frac{A}{2}}{\operatorname{tg}^2 \frac{B}{2}} + \frac{\cos \frac{C}{2} \operatorname{tg} \frac{C}{2} + \cos \frac{B}{2} \operatorname{tg} \frac{A}{2} + \cos \frac{A}{2} \operatorname{tg} \frac{B}{2}}{\operatorname{tg}^2 \frac{C}{2}} \stackrel{(1)}{\geq} \\
& \left(\cos \frac{A}{2} + \cos \frac{B}{2} + \cos \frac{C}{2} \right) \left(\frac{1}{\operatorname{tg} \frac{A}{2}} + \frac{1}{\operatorname{tg} \frac{B}{2}} + \frac{1}{\operatorname{tg} \frac{C}{2}} \right) \stackrel{\substack{\text{Lema;} \\ \Sigma \operatorname{ctg} \frac{A}{2} = p \\ \cong \\ R^2}}{\cong} \frac{2p^2}{R^2} \stackrel{\text{Mitrinovic}}{\cong} \frac{54r^2}{R^2}.
\end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

103. $\Delta ABC \Rightarrow$

$$\begin{aligned}
& \operatorname{ctg}^2 \frac{A}{2} \left(1 + \operatorname{ctg} \frac{C}{2} \operatorname{tg} \frac{B}{2} + \operatorname{ctg} \frac{B}{2} \operatorname{tg} \frac{C}{2} \right) + \operatorname{ctg}^2 \frac{B}{2} \left(1 + \operatorname{ctg} \frac{A}{2} \operatorname{tg} \frac{C}{2} + \operatorname{ctg} \frac{C}{2} \operatorname{tg} \frac{A}{2} \right) \\
& + \operatorname{ctg}^2 \frac{C}{2} \left(1 + \operatorname{ctg} \frac{B}{2} \operatorname{tg} \frac{A}{2} + \operatorname{ctg} \frac{A}{2} \operatorname{tg} \frac{B}{2} \right) \geq 27.
\end{aligned}$$

Gheorghe Ghiță, Buzău

Soluție. Pentru $(x, y, z) = (\operatorname{ctg} \frac{A}{2}, \operatorname{ctg} \frac{B}{2}, \operatorname{ctg} \frac{C}{2})$ și $(a, b, c) = (\operatorname{tg} \frac{A}{2}, \operatorname{tg} \frac{B}{2}, \operatorname{tg} \frac{C}{2})$ atunci:

$$\begin{aligned}
& \operatorname{ctg}^2 \frac{A}{2} \left(1 + \operatorname{ctg} \frac{C}{2} \operatorname{tg} \frac{B}{2} + \operatorname{ctg} \frac{B}{2} \operatorname{tg} \frac{C}{2} \right) + \operatorname{ctg}^2 \frac{B}{2} \left(1 + \operatorname{ctg} \frac{A}{2} \operatorname{tg} \frac{C}{2} + \operatorname{ctg} \frac{C}{2} \operatorname{tg} \frac{A}{2} \right) \\
& + \operatorname{ctg}^2 \frac{C}{2} \left(1 + \operatorname{ctg} \frac{B}{2} \operatorname{tg} \frac{A}{2} + \operatorname{ctg} \frac{A}{2} \operatorname{tg} \frac{B}{2} \right) = \frac{\operatorname{ctg} \frac{A}{2} \operatorname{tg} \frac{A}{2} + \operatorname{ctg} \frac{C}{2} \operatorname{tg} \frac{B}{2} + \operatorname{ctg} \frac{B}{2} \operatorname{tg} \frac{C}{2}}{\operatorname{tg}^2 \frac{A}{2}} + \\
& \frac{\operatorname{ctg} \frac{B}{2} \operatorname{tg} \frac{B}{2} + \operatorname{ctg} \frac{A}{2} \operatorname{tg} \frac{C}{2} + \operatorname{ctg} \frac{C}{2} \operatorname{tg} \frac{A}{2}}{\operatorname{tg}^2 \frac{B}{2}} + \frac{\operatorname{ctg} \frac{C}{2} \operatorname{tg} \frac{C}{2} + \operatorname{ctg} \frac{B}{2} \operatorname{tg} \frac{A}{2} + \operatorname{ctg} \frac{A}{2} \operatorname{tg} \frac{B}{2}}{\operatorname{tg}^2 \frac{C}{2}} \stackrel{(1)}{\geq} \\
& \left(\operatorname{ctg} \frac{A}{2} + \operatorname{ctg} \frac{B}{2} + \operatorname{ctg} \frac{C}{2} \right) \left(\frac{1}{\operatorname{tg} \frac{A}{2}} + \frac{1}{\operatorname{tg} \frac{B}{2}} + \frac{1}{\operatorname{tg} \frac{C}{2}} \right) = \left(\operatorname{ctg} \frac{A}{2} + \operatorname{ctg} \frac{B}{2} + \operatorname{ctg} \frac{C}{2} \right)^2 \stackrel{\substack{\Sigma \operatorname{ctg} \frac{A}{2} = p \\ r^2}}{\cong} \frac{p^2}{r^2} \stackrel{\text{Mitrinovic}}{\cong} 27.
\end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

104. $\Delta ABC \Rightarrow$

$$\begin{aligned}
& \operatorname{tg}^2 \frac{A}{2} \left(\operatorname{actg} \frac{A}{2} + \operatorname{cctg} \frac{B}{2} + \operatorname{cbtg} \frac{C}{2} \right) + \operatorname{tg}^2 \frac{B}{2} \left(\operatorname{bctg} \frac{B}{2} + \operatorname{actg} \frac{C}{2} + \operatorname{cctg} \frac{A}{2} \right) + \operatorname{tg}^2 \frac{C}{2} \left(\operatorname{cctg} \frac{C}{2} + \operatorname{bctg} \frac{A}{2} + \operatorname{actg} \frac{B}{2} \right) \geq \\
& 18r.
\end{aligned}$$

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Soluție. Pentru $(x, y, z) = (a, b, c)$ și $(a, b, c) = \left(\operatorname{ctg} \frac{A}{2}, \operatorname{ctg} \frac{B}{2}, \operatorname{ctg} \frac{C}{2}\right)$ atunci:

$$\begin{aligned} & \operatorname{tg}^2 \frac{A}{2} \left(\operatorname{actg} \frac{A}{2} + \operatorname{cctg} \frac{B}{2} + \operatorname{cbtg} \frac{C}{2} \right) + \operatorname{tg}^2 \frac{B}{2} \left(\operatorname{bctg} \frac{B}{2} + \operatorname{actg} \frac{C}{2} + \operatorname{cctg} \frac{A}{2} \right) + \operatorname{tg}^2 \frac{C}{2} \left(\operatorname{cctg} \frac{C}{2} + \operatorname{bctg} \frac{A}{2} + \operatorname{actg} \frac{B}{2} \right) = \\ & = \frac{\operatorname{actg} \frac{A}{2} + \operatorname{cctg} \frac{B}{2} + \operatorname{cbtg} \frac{C}{2}}{\operatorname{ctg}^2 \frac{A}{2}} + \frac{\operatorname{bctg} \frac{B}{2} + \operatorname{actg} \frac{C}{2} + \operatorname{cctg} \frac{A}{2}}{\operatorname{ctg}^2 \frac{B}{2}} + \frac{\operatorname{cctg} \frac{C}{2} + \operatorname{bctg} \frac{A}{2} + \operatorname{actg} \frac{B}{2}}{\operatorname{ctg}^2 \frac{C}{2}} \stackrel{(1)}{\leq} \\ & (a+b+c) \left(\frac{1}{\operatorname{ctg} \frac{A}{2}} + \frac{1}{\operatorname{ctg} \frac{B}{2}} + \frac{1}{\operatorname{ctg} \frac{C}{2}} \right) \stackrel{\sum_{\operatorname{ctg} \frac{A}{2} = \frac{4R+r}{p}}}{\cong} 8R + 2r \stackrel{\text{Mitrinovic}}{\geq} 18r. \end{aligned}$$

A105. $\Delta ABC \Rightarrow$

$$\begin{aligned} & \operatorname{tg}^2 \frac{A}{2} \left(h_a \operatorname{ctg} \frac{A}{2} + h_c \operatorname{ctg} \frac{B}{2} + h_b \operatorname{ctg} \frac{C}{2} \right) + \operatorname{tg}^2 \frac{B}{2} \left(h_b \operatorname{ctg} \frac{B}{2} + h_a \operatorname{ctg} \frac{C}{2} + h_c \operatorname{ctg} \frac{A}{2} \right) \\ & + \operatorname{tg}^2 \frac{C}{2} \left(h_c \operatorname{ctg} \frac{C}{2} + h_a \operatorname{ctg} \frac{A}{2} + h_b \operatorname{ctg} \frac{B}{2} \right) \geq \frac{18\sqrt{3}r}{R}. \end{aligned}$$

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Soluție. Pentru $(x, y, z) = (h_a, h_b, h_c)$ și $(a, b, c) = \left(\operatorname{ctg} \frac{A}{2}, \operatorname{ctg} \frac{B}{2}, \operatorname{ctg} \frac{C}{2}\right)$ atunci:

$$\begin{aligned} & \operatorname{tg}^2 \frac{A}{2} \left(h_a \operatorname{ctg} \frac{A}{2} + h_c \operatorname{ctg} \frac{B}{2} + h_b \operatorname{ctg} \frac{C}{2} \right) + \operatorname{tg}^2 \frac{B}{2} \left(h_b \operatorname{ctg} \frac{B}{2} + h_a \operatorname{ctg} \frac{C}{2} + h_c \operatorname{ctg} \frac{A}{2} \right) \\ & + \operatorname{tg}^2 \frac{C}{2} \left(h_c \operatorname{ctg} \frac{C}{2} + h_a \operatorname{ctg} \frac{A}{2} + h_b \operatorname{ctg} \frac{B}{2} \right) \\ & = \frac{h_a \operatorname{ctg} \frac{A}{2} + h_c \operatorname{ctg} \frac{B}{2} + h_b \operatorname{ctg} \frac{C}{2}}{\operatorname{ctg}^2 \frac{A}{2}} + \frac{h_b \operatorname{ctg} \frac{B}{2} + h_a \operatorname{ctg} \frac{C}{2} + h_c \operatorname{ctg} \frac{A}{2}}{\operatorname{ctg}^2 \frac{B}{2}} + \frac{h_c \operatorname{ctg} \frac{C}{2} + h_a \operatorname{ctg} \frac{A}{2} + h_b \operatorname{ctg} \frac{B}{2}}{\operatorname{ctg}^2 \frac{C}{2}} \stackrel{(1)}{\geq} \\ & (h_a + h_b + h_c) \left(\frac{1}{\operatorname{ctg} \frac{A}{2}} + \frac{1}{\operatorname{ctg} \frac{B}{2}} + \frac{1}{\operatorname{ctg} \frac{C}{2}} \right) \stackrel{\sum_{\operatorname{ctg} \frac{A}{2} = \frac{4R+r}{p}}}{\cong} \frac{9r(4R+r)}{p} \stackrel{\text{Euler}}{\cong} \frac{81r^2}{p} \stackrel{\text{Mitrinovic}}{\geq} \frac{18\sqrt{3}r}{R}. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A106. $\Delta ABC \Rightarrow$

$$\begin{aligned} & \operatorname{tg}^2 \frac{A}{2} \left(m_a \operatorname{ctg} \frac{A}{2} + m_c \operatorname{ctg} \frac{B}{2} + m_b \operatorname{ctg} \frac{C}{2} \right) + \operatorname{tg}^2 \frac{B}{2} \left(m_b \operatorname{ctg} \frac{B}{2} + m_a \operatorname{ctg} \frac{C}{2} + m_c \operatorname{ctg} \frac{A}{2} \right) \\ & + \operatorname{tg}^2 \frac{C}{2} \left(m_c \operatorname{ctg} \frac{C}{2} + m_a \operatorname{ctg} \frac{A}{2} + m_b \operatorname{ctg} \frac{B}{2} \right) \geq \frac{18\sqrt{3}r}{R}. \end{aligned}$$

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Soluție. Pentru $(x, y, z) = (m_a, m_b, m_c)$ și $(a, b, c) = \left(\operatorname{ctg} \frac{A}{2}, \operatorname{ctg} \frac{B}{2}, \operatorname{ctg} \frac{C}{2}\right)$ atunci:

$$\begin{aligned} & \operatorname{tg}^2 \frac{A}{2} \left(m_a \operatorname{ctg} \frac{A}{2} + m_c \operatorname{ctg} \frac{B}{2} + m_b \operatorname{ctg} \frac{C}{2} \right) + \operatorname{tg}^2 \frac{B}{2} \left(m_b \operatorname{ctg} \frac{B}{2} + m_a \operatorname{ctg} \frac{C}{2} + m_c \operatorname{ctg} \frac{A}{2} \right) + \\ & \operatorname{tg}^2 \frac{C}{2} \left(m_c \operatorname{ctg} \frac{C}{2} + m_a \operatorname{ctg} \frac{A}{2} + m_b \operatorname{ctg} \frac{B}{2} \right) = \\ & \frac{m_a \operatorname{ctg} \frac{A}{2} + m_c \operatorname{ctg} \frac{B}{2} + m_b \operatorname{ctg} \frac{C}{2}}{\operatorname{ctg}^2 \frac{A}{2}} + \frac{m_b \operatorname{ctg} \frac{B}{2} + m_a \operatorname{ctg} \frac{C}{2} + m_c \operatorname{ctg} \frac{A}{2}}{\operatorname{ctg}^2 \frac{B}{2}} + \frac{m_c \operatorname{ctg} \frac{C}{2} + m_a \operatorname{ctg} \frac{A}{2} + m_b \operatorname{ctg} \frac{B}{2}}{\operatorname{ctg}^2 \frac{C}{2}} \stackrel{(1)}{\leq} \\ & (m_a + m_b + m_c) \left(\frac{1}{\operatorname{ctg} \frac{A}{2}} + \frac{1}{\operatorname{ctg} \frac{B}{2}} + \frac{1}{\operatorname{ctg} \frac{C}{2}} \right) \stackrel{\sum_{\operatorname{ctg} \frac{A}{2} = \frac{4R+r}{p}}}{\leq} \frac{9r(4R+r)}{p} \stackrel{\text{Euler}}{\leq} \frac{81r^2}{p} \stackrel{\text{Mitrinovic}}{\leq} \frac{18\sqrt{3}r}{R}. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A107. $\Delta ABC \Rightarrow$

$$\begin{aligned} & \operatorname{tg}^2 \frac{A}{2} \left(r_a \operatorname{ctg} \frac{A}{2} + r_c \operatorname{ctg} \frac{B}{2} + r_b \operatorname{ctg} \frac{C}{2} \right) + \operatorname{tg}^2 \frac{B}{2} \left(r_b \operatorname{ctg} \frac{B}{2} + r_a \operatorname{ctg} \frac{C}{2} + r_c \operatorname{ctg} \frac{A}{2} \right) \\ & + \operatorname{tg}^2 \frac{C}{2} \left(r_c \operatorname{ctg} \frac{C}{2} + r_a \operatorname{ctg} \frac{A}{2} + r_b \operatorname{ctg} \frac{B}{2} \right) \geq \frac{18\sqrt{3}r}{R}. \end{aligned}$$

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Soluție. Pentru $(x, y, z) = (r_a, r_b, r_c)$ și $(a, b, c) = \left(\operatorname{ctg} \frac{A}{2}, \operatorname{ctg} \frac{B}{2}, \operatorname{ctg} \frac{C}{2}\right)$ atunci:

$$\begin{aligned} & \operatorname{tg}^2 \frac{A}{2} \left(r_a \operatorname{ctg} \frac{A}{2} + r_c \operatorname{ctg} \frac{B}{2} + r_b \operatorname{ctg} \frac{C}{2} \right) + \operatorname{tg}^2 \frac{B}{2} \left(r_b \operatorname{ctg} \frac{B}{2} + r_a \operatorname{ctg} \frac{C}{2} + r_c \operatorname{ctg} \frac{A}{2} \right) \\ & + \operatorname{tg}^2 \frac{C}{2} \left(r_c \operatorname{ctg} \frac{C}{2} + r_a \operatorname{ctg} \frac{A}{2} + r_b \operatorname{ctg} \frac{B}{2} \right) = \\ & \frac{r_a \operatorname{ctg} \frac{A}{2} + r_c \operatorname{ctg} \frac{B}{2} + r_b \operatorname{ctg} \frac{C}{2}}{\operatorname{ctg}^2 \frac{A}{2}} + \frac{r_b \operatorname{ctg} \frac{B}{2} + r_a \operatorname{ctg} \frac{C}{2} + r_c \operatorname{ctg} \frac{A}{2}}{\operatorname{ctg}^2 \frac{B}{2}} + \frac{r_c \operatorname{ctg} \frac{C}{2} + r_a \operatorname{ctg} \frac{A}{2} + r_b \operatorname{ctg} \frac{B}{2}}{\operatorname{ctg}^2 \frac{C}{2}} \stackrel{(1)}{\leq} \\ & (r_a + r_b + r_c) \left(\frac{1}{\operatorname{ctg} \frac{A}{2}} + \frac{1}{\operatorname{ctg} \frac{B}{2}} + \frac{1}{\operatorname{ctg} \frac{C}{2}} \right) \stackrel{\sum_{\operatorname{ctg} \frac{A}{2} = \frac{4R+r}{p}}}{\leq} \frac{9(4R+r)}{p} \stackrel{\text{Euler}}{\leq} \frac{81r}{p} \stackrel{\text{Mitrinovic}}{\leq} \frac{18\sqrt{3}r}{R}. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

A108. $\Delta ABC \Rightarrow$

$$\begin{aligned} & \operatorname{tg}^2 \frac{A}{2} \left(w_a \operatorname{ctg} \frac{A}{2} + w_c \operatorname{ctg} \frac{B}{2} + w_b \operatorname{ctg} \frac{C}{2} \right) + \operatorname{tg}^2 \frac{B}{2} \left(w_b \operatorname{ctg} \frac{B}{2} + w_a \operatorname{ctg} \frac{C}{2} + w_c \operatorname{ctg} \frac{A}{2} \right) \\ & + \operatorname{tg}^2 \frac{C}{2} \left(w_c \operatorname{ctg} \frac{C}{2} + w_c \operatorname{ctg} \frac{A}{2} + w_a \operatorname{ctg} \frac{B}{2} \right) \geq. \end{aligned}$$

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Soluție. Pentru $(x, y, z) = (w_a, w_b, w_c)$ și $(a, b, c) = \left(\operatorname{ctg} \frac{A}{2}, \operatorname{ctg} \frac{B}{2}, \operatorname{ctg} \frac{C}{2} \right)$ atunci:

$$\begin{aligned} & \operatorname{tg}^2 \frac{A}{2} \left(w_a \operatorname{ctg} \frac{A}{2} + w_c \operatorname{ctg} \frac{B}{2} + w_b \operatorname{ctg} \frac{C}{2} \right) + \operatorname{tg}^2 \frac{B}{2} \left(w_b \operatorname{ctg} \frac{B}{2} + w_a \operatorname{ctg} \frac{C}{2} + w_c \operatorname{ctg} \frac{A}{2} \right) \\ & + \operatorname{tg}^2 \frac{C}{2} \left(w_c \operatorname{ctg} \frac{C}{2} + w_c \operatorname{ctg} \frac{A}{2} + w_a \operatorname{ctg} \frac{B}{2} \right) = \\ & \frac{w_a \operatorname{ctg} \frac{A}{2} + w_c \operatorname{ctg} \frac{B}{2} + w_b \operatorname{ctg} \frac{C}{2}}{\operatorname{ctg}^2 \frac{A}{2}} + \frac{w_b \operatorname{ctg} \frac{B}{2} + w_a \operatorname{ctg} \frac{C}{2} + w_c \operatorname{ctg} \frac{A}{2}}{\operatorname{ctg}^2 \frac{B}{2}} + \frac{w_c \operatorname{ctg} \frac{C}{2} + w_c \operatorname{ctg} \frac{A}{2} + w_a \operatorname{ctg} \frac{B}{2}}{\operatorname{ctg}^2 \frac{C}{2}} \stackrel{(1)}{\geq} \\ & (w_a + w_b + w_c) \left(\frac{1}{\operatorname{ctg} \frac{A}{2}} + \frac{1}{\operatorname{ctg} \frac{B}{2}} + \frac{1}{\operatorname{ctg} \frac{C}{2}} \right) \stackrel{\sum_{\operatorname{ctg} \frac{A}{2} = \frac{4R+r}{p}}}{\geq} \frac{9(4R+r)}{p} \stackrel{\text{Euler}}{\geq} \frac{81r}{p} \stackrel{\text{Mitrinovic}}{\geq} \frac{18\sqrt{3}r}{R}. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

109. $\Delta ABC \Rightarrow$

$$\begin{aligned} & \operatorname{tg}^2 \frac{A}{2} \left(s_a \operatorname{ctg} \frac{A}{2} + s_c \operatorname{ctg} \frac{B}{2} + s_b \operatorname{ctg} \frac{C}{2} \right) + \operatorname{tg}^2 \frac{B}{2} \left(s_b \operatorname{ctg} \frac{B}{2} + s_a \operatorname{ctg} \frac{C}{2} + s_c \operatorname{ctg} \frac{A}{2} \right) \\ & + \operatorname{tg}^2 \frac{C}{2} \left(s_c \operatorname{ctg} \frac{C}{2} + s_c \operatorname{ctg} \frac{A}{2} + r_a \operatorname{ctg} \frac{B}{2} \right) \geq \end{aligned}$$

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Soluție. Pentru $(x, y, z) = (s_a, s_b, s_c)$ și $(a, b, c) = \left(\operatorname{ctg} \frac{A}{2}, \operatorname{ctg} \frac{B}{2}, \operatorname{ctg} \frac{C}{2} \right)$ atunci:

$$\begin{aligned} & \operatorname{tg}^2 \frac{A}{2} \left(s_a \operatorname{ctg} \frac{A}{2} + s_c \operatorname{ctg} \frac{B}{2} + s_b \operatorname{ctg} \frac{C}{2} \right) + \operatorname{tg}^2 \frac{B}{2} \left(s_b \operatorname{ctg} \frac{B}{2} + s_a \operatorname{ctg} \frac{C}{2} + s_c \operatorname{ctg} \frac{A}{2} \right) \\ & + \operatorname{tg}^2 \frac{C}{2} \left(s_c \operatorname{ctg} \frac{C}{2} + s_c \operatorname{ctg} \frac{A}{2} + r_a \operatorname{ctg} \frac{B}{2} \right) = \\ & \frac{s_a \operatorname{ctg} \frac{A}{2} + s_c \operatorname{ctg} \frac{B}{2} + s_b \operatorname{ctg} \frac{C}{2}}{\operatorname{ctg}^2 \frac{A}{2}} + \frac{s_b \operatorname{ctg} \frac{B}{2} + s_a \operatorname{ctg} \frac{C}{2} + s_c \operatorname{ctg} \frac{A}{2}}{\operatorname{ctg}^2 \frac{B}{2}} + \frac{s_c \operatorname{ctg} \frac{C}{2} + s_c \operatorname{ctg} \frac{A}{2} + s_a \operatorname{ctg} \frac{B}{2}}{\operatorname{ctg}^2 \frac{C}{2}} \stackrel{(1)}{\geq} \end{aligned}$$

$$(s_a + s_b + s_c) \left(\frac{1}{ctg \frac{A}{2}} + \frac{1}{ctg \frac{B}{2}} + \frac{1}{ctg \frac{C}{2}} \right) \stackrel{\sum_{ctg \frac{A}{2} = r}^{\sum s_a \geq 9r;}}{\geq} \frac{9(4R + r)}{p} \stackrel{Euler}{\geq} \frac{81r}{p} \stackrel{Mitrinovic}{\geq} \frac{18\sqrt{3}r}{R}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

110. $\Delta ABC \Rightarrow$

$$\begin{aligned} & \tg^2 \frac{A}{2} \left(\sin A ctg \frac{A}{2} + \sin C ctg \frac{B}{2} + \sin B ctg \frac{C}{2} \right) + \tg^2 \frac{B}{2} \left(\sin B ctg \frac{B}{2} + \sin A ctg \frac{C}{2} + \sin C ctg \frac{A}{2} \right) \\ & + \tg^2 \frac{C}{2} \left(\sin C ctg \frac{C}{2} + \sin B ctg \frac{A}{2} + \sin A ctg \frac{B}{2} \right) \geq \frac{9r}{R}. \end{aligned}$$

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Soluție. Pentru $(x, y, z) = (\sin A, \sin B, \sin C)$ și $(a, b, c) = \left(ctg \frac{A}{2}, ctg \frac{B}{2}, ctg \frac{C}{2} \right)$ atunci:

$$\tg^2 \frac{A}{2} \left(\sin A ctg \frac{A}{2} + \sin C ctg \frac{B}{2} + \sin B ctg \frac{C}{2} \right) + \tg^2 \frac{B}{2} \left(\sin B ctg \frac{B}{2} + \sin A ctg \frac{C}{2} + \sin C ctg \frac{A}{2} \right) +$$

$$\tg^2 \frac{C}{2} \left(\sin C ctg \frac{C}{2} + \sin B ctg \frac{A}{2} + \sin A ctg \frac{B}{2} \right)$$

$$= \frac{\sin A ctg \frac{A}{2} + \sin C ctg \frac{B}{2} + \sin B ctg \frac{C}{2}}{ctg^2 \frac{A}{2}} + \frac{\sin B ctg \frac{B}{2} + \sin A ctg \frac{C}{2} + \sin C ctg \frac{A}{2}}{ctg^2 \frac{B}{2}} +$$

$$\frac{\sin C ctg \frac{C}{2} + \sin B ctg \frac{A}{2} + \sin A ctg \frac{B}{2}}{ctg^2 \frac{C}{2}} \stackrel{(1)}{\geq} (\sin A + \sin B + \sin C) \left(\frac{1}{ctg \frac{A}{2}} + \frac{1}{ctg \frac{B}{2}} + \frac{1}{ctg \frac{C}{2}} \right) \stackrel{\sum_{ctg \frac{A}{2} = r}^{\sum \sin A = p}}{\geq} \frac{4R + r}{R} \stackrel{Euler}{\geq}$$

$$\frac{9r}{R}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

111. $\Delta ABC \Rightarrow$

$$\begin{aligned} & \tg^2 \frac{A}{2} \left(\sin \frac{A}{2} ctg \frac{A}{2} + \sin \frac{C}{2} ctg \frac{B}{2} + \sin \frac{B}{2} ctg \frac{C}{2} \right) + \tg^2 \frac{B}{2} \left(\sin \frac{B}{2} ctg \frac{B}{2} + \sin \frac{A}{2} ctg \frac{C}{2} + \sin \frac{C}{2} ctg \frac{A}{2} \right) \\ & + \tg^2 \frac{C}{2} \left(\sin \frac{C}{2} ctg \frac{C}{2} + \sin \frac{B}{2} ctg \frac{A}{2} + \sin \frac{A}{2} ctg \frac{B}{2} \right) \geq. \end{aligned}$$

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Soluție. Pentru $(x, y, z) = \left(\sin \frac{A}{2}, \sin \frac{B}{2}, \sin \frac{C}{2} \right)$ și $(a, b, c) = \left(ctg \frac{A}{2}, ctg \frac{B}{2}, ctg \frac{C}{2} \right)$ atunci:

$$\begin{aligned}
& \operatorname{tg}^2 \frac{A}{2} \left(\sin \frac{A}{2} \operatorname{ctg} \frac{A}{2} + \sin \frac{C}{2} \operatorname{ctg} \frac{B}{2} + \sin \frac{B}{2} \operatorname{ctg} \frac{C}{2} \right) + \operatorname{tg}^2 \frac{B}{2} \left(\sin \frac{B}{2} \operatorname{ctg} \frac{B}{2} + \sin \frac{A}{2} \operatorname{ctg} \frac{C}{2} + \sin \frac{C}{2} \operatorname{ctg} \frac{A}{2} \right) + \\
& + \operatorname{tg}^2 \frac{C}{2} \left(\sin \frac{C}{2} \operatorname{ctg} \frac{C}{2} + \sin \frac{B}{2} \operatorname{ctg} \frac{A}{2} + \sin \frac{A}{2} \operatorname{ctg} \frac{B}{2} \right) = \frac{\sin \frac{A}{2} \operatorname{tg} \frac{A}{2} + \sin \frac{C}{2} \operatorname{tg} \frac{B}{2} + \sin \frac{B}{2} \operatorname{tg} \frac{C}{2}}{\operatorname{ctg}^2 \frac{A}{2}} + \\
& \frac{\sin \frac{B}{2} \operatorname{ctg} \frac{B}{2} + \sin \frac{A}{2} \operatorname{ctg} \frac{C}{2} + \sin \frac{C}{2} \operatorname{ctg} \frac{A}{2}}{\operatorname{ctg}^2 \frac{B}{2}} + \frac{\sin \frac{C}{2} \operatorname{ctg} \frac{C}{2} + \sin \frac{B}{2} \operatorname{ctg} \frac{A}{2} + \sin \frac{A}{2} \operatorname{ctg} \frac{B}{2}}{\operatorname{ctg}^2 \frac{C}{2}} \stackrel{(1)}{\geq} \\
& \left(\sin \frac{A}{2} + \sin \frac{B}{2} + \sin \frac{C}{2} \right) \left(\frac{1}{\operatorname{ctg} \frac{A}{2}} + \frac{1}{\operatorname{ctg} \frac{B}{2}} + \frac{1}{\operatorname{ctg} \frac{C}{2}} \right) \stackrel{\sum \frac{1}{\operatorname{ctg} \frac{A}{2}} = \frac{4R+r}{p}}{\cong} \frac{3(4R+r)}{2p} \stackrel{\text{Euler}}{\geq} \frac{27r}{2p} \stackrel{\text{Mitrinovic}}{\geq} \frac{3\sqrt{3}r}{R}.
\end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

112. $\Delta ABC \Rightarrow$

$$\begin{aligned}
& \operatorname{tg}^2 \frac{A}{2} \left(\cos \frac{A}{2} \operatorname{ctg} \frac{A}{2} + \cos \frac{C}{2} \operatorname{ctg} \frac{B}{2} + \cos \frac{B}{2} \operatorname{ctg} \frac{C}{2} \right) + \operatorname{tg}^2 \frac{B}{2} \left(\cos \frac{B}{2} \operatorname{ctg} \frac{B}{2} + \cos \frac{A}{2} \operatorname{ctg} \frac{C}{2} + \cos \frac{C}{2} \operatorname{ctg} \frac{A}{2} \right) \\
& + \operatorname{tg}^2 \frac{C}{2} \left(\cos \frac{C}{2} \operatorname{ctg} \frac{C}{2} + \cos \frac{B}{2} \operatorname{ctg} \frac{A}{2} + \cos \frac{A}{2} \operatorname{ctg} \frac{B}{2} \right) \geq \frac{18r^2}{R^2}.
\end{aligned}$$

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Soluție. Pentru $(x, y, z) = \left(\cos \frac{A}{2}, \cos \frac{B}{2}, \cos \frac{C}{2} \right)$ și $(a, b, c) = \left(\operatorname{ctg} \frac{A}{2}, \operatorname{ctg} \frac{B}{2}, \operatorname{ctg} \frac{C}{2} \right)$ atunci:

$$\begin{aligned}
& \operatorname{tg}^2 \frac{A}{2} \left(\cos \frac{A}{2} \operatorname{ctg} \frac{A}{2} + \cos \frac{C}{2} \operatorname{ctg} \frac{B}{2} + \cos \frac{B}{2} \operatorname{ctg} \frac{C}{2} \right) + \operatorname{tg}^2 \frac{B}{2} \left(\cos \frac{B}{2} \operatorname{ctg} \frac{B}{2} + \cos \frac{A}{2} \operatorname{ctg} \frac{C}{2} + \cos \frac{C}{2} \operatorname{ctg} \frac{A}{2} \right) \\
& + \operatorname{tg}^2 \frac{C}{2} \left(\cos \frac{C}{2} \operatorname{ctg} \frac{C}{2} + \cos \frac{B}{2} \operatorname{ctg} \frac{A}{2} + \cos \frac{A}{2} \operatorname{ctg} \frac{B}{2} \right) = \frac{\cos \frac{A}{2} \operatorname{ctg} \frac{A}{2} + \cos \frac{C}{2} \operatorname{ctg} \frac{B}{2} + \cos \frac{B}{2} \operatorname{ctg} \frac{C}{2}}{\operatorname{ctg}^2 \frac{A}{2}} + \\
& \frac{\cos \frac{B}{2} \operatorname{ctg} \frac{B}{2} + \cos \frac{A}{2} \operatorname{ctg} \frac{C}{2} + \cos \frac{C}{2} \operatorname{ctg} \frac{A}{2}}{\operatorname{ctg}^2 \frac{B}{2}} + \frac{\cos \frac{C}{2} \operatorname{ctg} \frac{C}{2} + \cos \frac{B}{2} \operatorname{ctg} \frac{A}{2} + \cos \frac{A}{2} \operatorname{ctg} \frac{B}{2}}{\operatorname{ctg}^2 \frac{C}{2}} \stackrel{(1)}{\geq}
\end{aligned}$$

$$\begin{aligned}
& \left(\cos \frac{A}{2} + \cos \frac{B}{2} + \cos \frac{C}{2} \right) \left(\frac{1}{\operatorname{ctg} \frac{A}{2}} + \frac{1}{\operatorname{ctg} \frac{B}{2}} + \frac{1}{\operatorname{ctg} \frac{C}{2}} \right) \stackrel{\sum \frac{1}{\operatorname{ctg} \frac{A}{2}} = \frac{4R+r}{p}}{\cong} \frac{2r(4R+r)}{R^2} \stackrel{\text{Euler}}{\geq} \frac{18r^2}{R^2}.
\end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

113. $\Delta ABC \Rightarrow$

$$\begin{aligned} & \operatorname{tg}^2 \frac{A}{2} \left(1 + \operatorname{ctg} \frac{B}{2} \operatorname{tg} \frac{C}{2} + \operatorname{ctg} \frac{C}{2} \operatorname{tg} \frac{B}{2}\right) + \operatorname{tg}^2 \frac{B}{2} \left(1 + \operatorname{ctg} \frac{C}{2} \operatorname{tg} \frac{A}{2} + \operatorname{ctg} \frac{A}{2} \operatorname{tg} \frac{C}{2}\right) \\ & + \operatorname{tg}^2 \frac{C}{2} \left(1 + \operatorname{ctg} \frac{A}{2} \operatorname{tg} \frac{B}{2} + \operatorname{ctg} \frac{B}{2} \operatorname{tg} \frac{A}{2}\right) \\ & \geq \frac{6r^2}{R^2}. \end{aligned}$$

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Soluție. Pentru $(x, y, z) = \left(\operatorname{tg} \frac{A}{2}, \operatorname{tg} \frac{B}{2}, \operatorname{tg} \frac{C}{2}\right)$ și $(a, b, c) = \left(\operatorname{ctg} \frac{A}{2}, \operatorname{ctg} \frac{B}{2}, \operatorname{ctg} \frac{C}{2}\right)$ atunci:

$$\begin{aligned} & \operatorname{tg}^2 \frac{A}{2} \left(1 + \operatorname{ctg} \frac{B}{2} \operatorname{tg} \frac{C}{2} + \operatorname{ctg} \frac{C}{2} \operatorname{tg} \frac{B}{2}\right) + \operatorname{tg}^2 \frac{B}{2} \left(1 + \operatorname{ctg} \frac{C}{2} \operatorname{tg} \frac{A}{2} + \operatorname{ctg} \frac{A}{2} \operatorname{tg} \frac{C}{2}\right) \\ & + \operatorname{tg}^2 \frac{C}{2} \left(1 + \operatorname{ctg} \frac{A}{2} \operatorname{tg} \frac{B}{2} + \operatorname{ctg} \frac{B}{2} \operatorname{tg} \frac{A}{2}\right) \\ & = \frac{\operatorname{ctg} \frac{A}{2} \operatorname{tg} \frac{A}{2} + \operatorname{ctg} \frac{C}{2} \operatorname{tg} \frac{B}{2} + \operatorname{ctg} \frac{B}{2} \operatorname{tg} \frac{C}{2}}{\operatorname{ctg}^2 \frac{A}{2}} + \frac{\operatorname{ctg} \frac{B}{2} \operatorname{tg} \frac{B}{2} + \operatorname{ctg} \frac{C}{2} \operatorname{tg} \frac{A}{2} + \operatorname{ctg} \frac{A}{2} \operatorname{tg} \frac{C}{2}}{\operatorname{ctg}^2 \frac{B}{2}} + \\ & \frac{\operatorname{ctg} \frac{C}{2} \operatorname{tg} \frac{C}{2} + \operatorname{ctg} \frac{A}{2} \operatorname{tg} \frac{B}{2} + \operatorname{ctg} \frac{B}{2} \operatorname{tg} \frac{A}{2} + \operatorname{ctg} \frac{A}{2} \operatorname{tg} \frac{C}{2}}{\operatorname{ctg}^2 \frac{C}{2}} \stackrel{(1)}{\geq} \left(\operatorname{tg} \frac{A}{2} + \operatorname{tg} \frac{B}{2} + \operatorname{tg} \frac{C}{2}\right) \left(\frac{1}{\operatorname{ctg} \frac{A}{2}} + \frac{1}{\operatorname{ctg} \frac{B}{2}} + \frac{1}{\operatorname{ctg} \frac{C}{2}}\right) = \\ & \left(\operatorname{tg} \frac{A}{2} + \operatorname{tg} \frac{B}{2} + \operatorname{tg} \frac{C}{2}\right)^2 \stackrel{\Sigma \operatorname{tg} \frac{A}{2} = \frac{4R+r}{p}}{\cong} \frac{(4R+r)^2}{p^2} \stackrel{\text{Euler}}{\geq} \frac{81r^2}{p^2} \stackrel{\text{Mitrinovic}}{\geq} \frac{6r^2}{R^2}. \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

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